



**Utah
Parent
Center**

**Special needs,
extraordinary potential**

Community and Adult Education Classes: A Wonderful Option for Students with Disabilities

Lifelong learning is a new frontier for students with disabilities, especially those with moderate or significant disabilities, but the opportunities are there for all. Community Education classes offer a great opportunity for your student to develop new skills, deepen knowledge in key areas and pursue many varied interests.

Community Education Classes

Adult community education classes develop new skills, deepen knowledge and help students pursue new opportunities. They are provided at low cost by many colleges, school districts, libraries, USU Extensions, and other community organizations.

- Does your student like cooking, working on cars, music, recreation, art, photography, computers, or health and fitness? Check out the offerings and sign up for a class.
- Community education classes can give youth and young adults a sense of purpose and help youth and young adults with disabilities feel like they are moving forward and learning just like their peers.
- Your student might like to take the class with you, a DSPD service broker, a respite care provider, a friend or a sibling. This is a great way to get started or to explore interests.
- To find community education classes available in your area look up your local school districts, colleges, and libraries and search for “Community Education Classes”.

Adult Education Classes

Adult education empowers individuals to become self-sufficient, with skills necessary for future employment and personal successes. Classes assist adults with and without disabilities to become literate and obtain the knowledge and skills necessary for employment and self-sufficiency while completing a high

school education. For students with disabilities, accommodations can be made in the Adult Education Program.

Utah Adult Education is a program of instruction below college level for adults. Utah Adult Education includes:

- Adult High School Completion (AHSC/ASE) for those that need to finish high school
- Adult Basic Education (ABE) for those who need to build up basic academic skills
- English Language Learners classes (ELL)
- GED® preparation for those who would like to take the GED.
- Classes are typically low cost are located at schools and school districts throughout Utah.

Resources:

Community Education

We've provided a few Utah based Community Education resources to get you started. There are far too many to list here, so search within your own community to find your local resources.

Granite Peaks Community Education: <https://granite.augusoft.net/index.cfm?fuseaction=1010&&>

Dixie State Community Education: <https://ce.dixie.edu/>

USU Extension offers classes throughout Utah. Many are free. Calendar of upcoming classes: <http://extension.usu.edu/>

UPC webinar video about how to access different types of lifelong learning opportunities in Utah: <https://www.youtube.com/watch?v=UCXq1TDZkcM&t=4s>

Adult Education

Directory of Utah Adult Education Programs: <https://www.schools.utah.gov/file/0a78acbf-9c40-41fa-a53a-44d52ddff060>

List of possible accommodation ideas: <https://www.schools.utah.gov/file/8193fbfc-5056-4ad2-b94b-19988f6deb99>

For more information on adult education, visit the Utah State Board of Education website at: <https://www.schools.utah.gov/sas/aaed/adulteducation>