

Fall 2026

TU Tuesdays

FREE online workshops every 2nd Tuesday for youth with disabilities and their parents/guardians. New transition topics presented monthly 7-8pm.

August: 11th - Speak Up for Yourself
Confidence, Independence, Self-Advocacy



Citizenship & Advocacy

September: 8th - School, Jobs, & Life: Adulting 101
Skills, Life After High School, Readiness



Daily Life

October: 13th - Lead the Life You Want
Self-Determination, Planning, Independence



Community Living

November: 10th - Guardianship & Supported Decision Making
Safety, Security, Future Planning



Safety & Security

December: 8th - Getting Connected: Community Life & Friendships
Connection, Community, Friendships



Social & Spirituality



Each of these workshops will also be offered in Spanish. Scan the QR code or visit our website to learn more:
utahparentcenter.org/events

Register at
bit.ly/TUTuesday2627 to attend
one or all upcoming classes.

Spring 2027

TU Tuesdays

FREE online workshops every 2nd Tuesday for youth with disabilities and their parents/guardians. New transition topics presented monthly 7-8pm.

January: 12th - Talking Charge of Your Health
Waivers, Healthcare Changes, Navigation



Healthy Living

February: 9th - Know Your Power
Confidence, Independence, Self-Advocacy



Citizenship & Advocacy

March: 9th - Early Conversations about Graduation
Skills, Life After High School



Daily Life

April: 13th - Lead the Life You Want
Self-Determination, Planning, Independence



Community Living

May: 11th - Guardianship & Supported Decision Making
Safety, Security, Future Planning



Safety & Security

June: 8th - Getting Connected
Connection, Community, Friendships



Social & Spirituality



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