

NEWS

RESOURCES
WORKSHOPS
SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Tips for a Summer Staycation

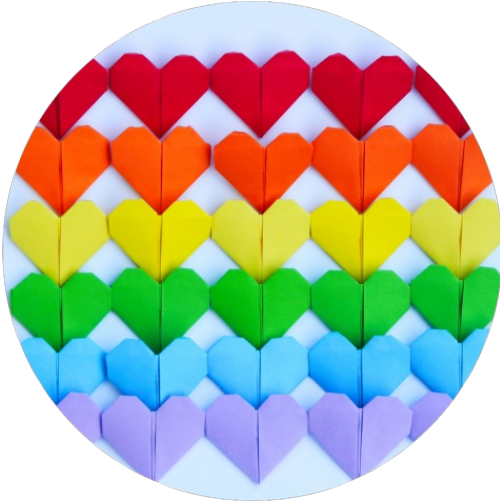
[TIPS HERE](#)



Navigating Friendship and Disability

[STRATEGIES HERE](#)

Intersecting Identities Whole-Person Support



[SEE DETAILS](#)



Understanding Fragile X Causes, Signs & Support

[WHAT TO KNOW](#)



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UPC Workshops July 2025

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While some classes may be specific about a regional area, school, or district, everyone is welcome.

Inclusive Education Myths & Facts

[SEE HERE](#)



Upcoming Community Events & Resources

CHECK THEM OUT



Visit our website

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