



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Surviving Sibling Conflict During Summer Break

STRATEGIES NOW



Safe Travels:
Vacationing with Kids
Who Have Allergies &
Asthma

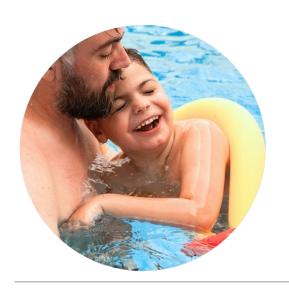
TIPS HERE

Confidence & Safety Early Body Education for



Your Child (Ages 6-8)

WHAT TO KNOW



School to Summer Routines, Regression & Resilience

STRATEGIES HERE



UPC Workshops June 2025

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

Teen Life Hacks to Learn This Summer

TRY NOW





Upcoming Community Events & Resources

CHECK THEM OUT











Visit our website

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