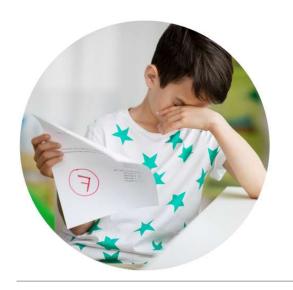




Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



When Mental Health Impacts Learning

LEARN HERE



Field Trips and Your Student with a Disability

EQUAL ACCESS



Community of Support Through Dance

SEE IMPACT



End-of-School Year FUN Ages 14+ to Try

TRY THESE



UPC Workshops May 2025

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

Summer Resource List Stay Busy This Summer

GUIDE HERE





Reducing Stigma of Mental Health Challenges

SUPPORT HERE



whUpcoming Community **Events & Resources**

CHECK THEM OUT











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