



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



When Mental Health Impacts Learning

[LEARN HERE](#)



Field Trips and Your Student with a Disability

[EQUAL ACCESS](#)

Celebrating a



Community of Support Through Dance

[SEE IMPACT](#)



End-of-School Year FUN Ages 14+ to Try

[TRY THESE](#)



 [SCAN ME](#)

UPC Workshops May 2025

[REGISTER NOW](#)

While some classes may be specific about a regional area, school, or district, everyone is welcome.

Summer Resource List Stay Busy This Summer

[GUIDE HERE](#)



Reducing Stigma of Mental Health Challenges

[SUPPORT HERE](#)



Upcoming Community Events & Resources

[CHECK THEM OUT](#)



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