

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



## Helping Loved Ones with Disabilities Navigate Dating

TIPS HERE



## Low Self-Esteem and Students with Disabilities

SIGNS & MORE

**IEPs for Teens:**



## Guiding Students Ages 14+

LEARN MORE



## What Siblings of Those with Disabilities Face at Home

SUPPORTS NOW



📱 SCAN ME

## UPC Workshops February 2025

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

## ABCs of Parental Advocacy Shaping Utah Policies

TIME IS NOW



## Upcoming Community Events & Resources

[CHECK THEM OUT](#)



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