

NEWS

RESOURCES
WORKSHOPS
SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Pre-school to Kinder IEP Prep Guide

[CHECKLIST HERE](#)



Goal-Setting for Children with Disabilities

[TIPS HERE](#)

Turning Caregiver Skills

into a Profession



LEARN MORE



Talking About Sexuality: A Message for Caregivers

LEARN HERE



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UPC Workshops January 2025

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

My Future, My Voice, My Choice: for Parents & Young Advocates

LEARN MORE



New Year Resources for Decision Making

[RESOURCES HERE](#)



Upcoming Community Events & Resources

[CHECK THEM OUT](#)



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