



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



## Pre-school to Kinder IEP Prep Guide

CHECKLIST HERE



# Goal-Setting for Children with Disabilities

TIPS HERE



#### into a Profession

**LEARN MORE** 



## **Talking About Sexuality:** A Message for Caregivers

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## **UPC Workshops January 2025**

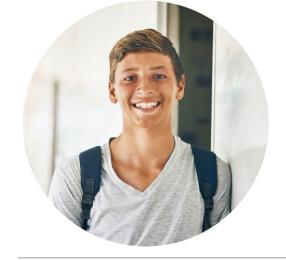
**REGISTER NOW** 

While some classes may be specific about a regional area, school, or district, everyone is welcome.

My Future, My Voice, My Choice:

for Parents & Young Advocates

**LEARN MORE** 





#### **New Year Resources** for Decision Making

RESOURCES HERE



#### **Upcoming Community Events & Resources**

**CHECK THEM OUT** 











Visit our website

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