

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Understanding School Attendance Problems

[READ HERE](#)



Animated Teen Mental Health Stories

[LEARN MORE](#)

"SPARK" an Autism Research Project



PROJECT DETAILS



Sibling Support for the Holidays

HELPFUL TIPS HERE



📱 SCAN ME

UPC Workshops December 2024

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

Disclosing Disability to Your Employer

WEIGHING THE RISKS



Upcoming Community Events & Resources

CHECK THEM OUT



Visit our website

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