

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Meet Melissa Teemant **Youth-In-Care Parent** **Consultant**

[READ HERE](#)



Cultivating Gratitude **While Caring for a Child** **with a Disability**

[LEARN MORE](#)

"The Silent Dinner" **vs the Inclusive Dinner**



SUPPORTS HERE



Navigating Complex Medical Systems Medical Home Portal

NEW ARCHIVE LINK



📱 SCAN ME

UPC Workshops November 2024

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.

Savvy Parent's Guide to Advocacy Not Getting the Grease?

CONSIDER THESE



Upcoming Community Events & Resources

[CHECK THEM OUT](#)



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