



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



Toilet Training
Required
for Kindergarten

LEARN MORE HERE



**Back to School Tips for Parents** 

TRY THESE

**Apps to Support Independent Living** 







# **Explore Mental Health**& Dual Diagnosis

**DETAILS HERE** 



### School Readiness for Deaf & Hard of Hearing Kids

TIPS HERE

New Facebook Page
Siblings Becoming
Caregivers

### WHY JOIN HERE





## UPC Workshops August 2024

### **REGISTER NOW**

While some classes may be specific about a regional area, school, or district, everyone is welcome.



## **Upcoming Community Events & Resources**

CHECK THEM OUT

2024 Annual Topgolf Charity Event















Visit our website

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