



# Math Matters

Did you know that you use math every day? If you do things like cook, balance a checkbook, use a map, shop, or use technology you are most likely using math. As a parent, our own attitudes about math can greatly shape our child's experiences with math. In our increasingly complex world, it is more important than ever that our children are proficient in math.

As parents, there are many resources available to help us understand why math matters, and what we can do to help our children be more successful. Supporting your child in math may seem overwhelming, but despite your own mathematical knowledge, you can support your child's math skills at home. Through using everyday math and simple learning activities parents have the power to make a difference in their child's learning. The following links contain information and simple ideas to get you started:

- [YouTube video which highlights the benefits of learning math](#)
- [Helping Your Child with Math Parent Booklet](#)
- [101 Simple Ways to Help Your Child with Math booklet](#)
- [An infographic containing at-home math ideas](#)
- ["A Parent's Guide to Help Children with Today's Math"](#)
- [How to Help Your Child with Math](#)