

PRE-EMPLOYMENT TRANSITION SERVICES

For Students with Disabilities

What are Pre-Employment Transition Services?

Pre-ETS represent the earliest set of services available to students with disabilities who are eligible or potentially eligible for Vocational Rehabilitation (VR) services. Pre-ETS are generally short-term in nature and can be an important step in the transition to employment. Pre-ETS are designed to help students identify career interests, which may be further explored through additional vocational rehabilitation services, such as transition services and other individualized VR services.

What are the Five Pre-ETS?

- 1. Job Exploration Counseling
- 2. Work-Based Learning Experiences
- 3. Counseling on Post Secondary
- 4. Workplace Readiness
- 5. Instruction in Self Advocacy

Who is eligible to participate?

- 1. Must be aged 14-21 (or 22 and still attending Post Secondary Education); and
- Eligible for and receiving services under the Individuals with Disabilities Education Act (IDEA), or is an individual with a disability for purposes of section 504.
- 3. Is enrolled in a secondary or postsecondary educational program

Who provides Pre-ETS services?

- 1. VR counselors and Pre-ETS instructors: USOR's inhouse staff can provide Pre-ETS for students with disabilities.
- 2. Pre-ETS contractors: The Utah State Office of Rehabilitation (USOR) has contracted with community partner agencies to provide Pre-ETS instruction for eligible and potentially eligible students, helping to ensure these services are available statewide.

*Refer to pages 6-8 for more information about our contracts

NOTE: Receiving Pre-ETS instruction provided by a USOR-sponsored contract is the beginning of a continuum of services USOR offers to students with disabilities. Students with disabilities do not need to be a USOR-vocational rehabilitation client to receive Pre-ETS through our contracts, but may apply for VR services at any time. Contractors will confirm that students meet criteria to participate in their services prior to commencing with services.





1. Job Exploration Counseling

Discussion or counseling of job exploring options intended to foster motivation, consideration of opportunities and informed decision-making.



2. Work-Based Learning Experiences

An educational approach that uses the workplace or real work to provide students with the knowledge and skills that will help them connect school experiences to real-life work activities and future career opportunities. These opportunities are meant to engage, motivate and augment the learning process.



3. Counseling on Post Secondary

Students gain an awareness of the wide range of career pathway options and labor market realities and projections. Students explore how skill development and knowledge relate to future opportunities in postsecondary Education (PSE) settings and employment.

4. Workplace Readiness

Workplace Readiness skills encompass the abilities that help employees learn how to interact with supervisors and co-workers. They help reinforce the importance of timeliness and build an understanding of how we are perceived by others.

5. Instruction in Self Advocacy

Self-advocacy includes instruction regarding an individual's ability to effectively communicate, convey, negotiate or assert his/her own interests and/or desires. Emphasis is on taking responsibility for communicating one's needs and desires in a straightforward manner to others.



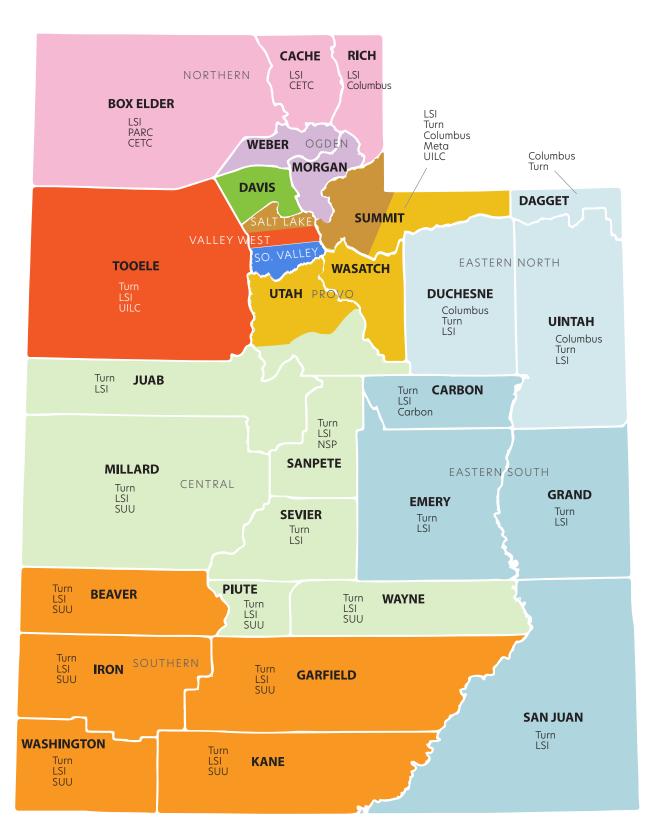
Pre-ETS contractors

provide an intro to Pre-ETS and help USOR ensure services are available to students with disabilities. They make referrals to USOR when a student can benefit from full transition services or needs additional support from a VR counselor.

Pre-ETS instructors provide Pre-ETS to eligible and potentially eligible students with disabilities. They work with local school staff to provide Pre-ETS instruction in a school setting. Pre-ETS instructors meet with students in the classroom as well as individually and connect eligible students with work-based learning experiences when needed. They provide job readiness instruction in schools, in partnership with the teacher or school counselor. Pre-ETS Instructors may attend an IEP/504/other school meeting at a school if a VR counselor is unavailable.

VR counselors provide support for eligible students with disabilities to ensure a smooth transition to independent adulthood. In addition, VR counselors can provide vocational counseling and guidance, vocational training, on-the-job training, employment supports, assistive technology, transition coordination, work adjustment training, IEP/504/other school meetings/events, and career exploration counseling. Since Pre-ETS offered through our contracts and Pre-ETS instructors are a "light touch" it is recommended that a student apply for VR and if eligible, work with a VR counselor if additional support is needed to transition to employment and independence. Note: An eligible student working with a VR counselor can still access services provided by the Pre-ETS contracts.

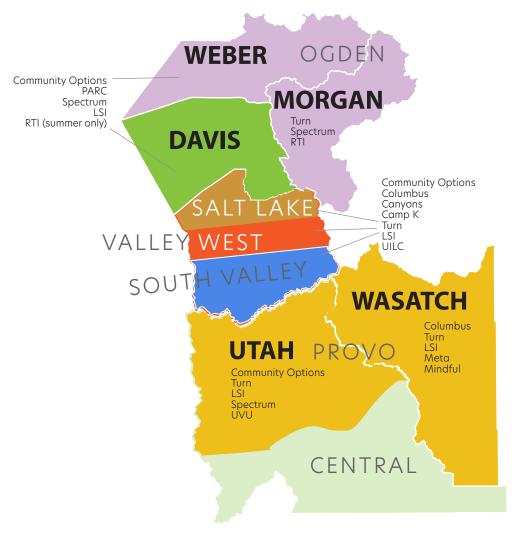
Which Pre-ETS Service Providers Are Best For Me?



Service Areas of Pre-ETS Providers

Wasatch Front Inset*

*Bloom and PCG statewide



VR Districts Contact Information

| | 435-787-3480 | SOUTH VALLEY | |
|-------------|--------------|--------------|--------------|
| OGDEN | 801-395-7020 | PROVO | 801-806-0950 |
| DAVIS | 385-489-6015 | CENTRAL | 801-465-8384 |
| SALT LAKE | 801-238-4560 | EASTERN | 435-789-0273 |
| VALLEY WEST | 801-9578200 | SOUTHERN | 435-673-5091 |

Contracted Community Partner Agencies

The following is a list of contracts serving students with all disability types in various parts of the state. Please refer to the map for more details on providers in your area.

| BLOOM CONSULTING Lillian Hogan 406-831-0906 Ihogan@bloomconsultingco.com | At Bloom Consulting, we are dedicated to serving students with disabilities in summer camps that cover all 5 Pre-ETS core areas with our curriculum 'On the Right Track'. We give students the setting to practice these skills with each other, our trainers, and out in the community. Reach out to Lillian Hogan, our National Director, to see when we could start a summer camp in your area |
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| CACHE EMPLOYMENT & TRAINING CENTER (CETC) Jan Farr 435-752-7952 jan@cetcsupports.org | CETC offers all 5 Pre-ETS to students with disabilities in their schools, in their local community, and virtually as needed. During the school year, we focus on work-based learning experiences and provide additional workplace readiness training as needed so that students are successful in these work experiences. During the summer, students have the opportunity to explore future careers, learn about self-advocacy, and receive work readiness training to prepare them for a successful work-based learning experience. We work closely with the student, parents, and school personnel to ensure an enriching experience. |
| CAMP KOSTOPULOS (CAMP K) Mircea Divricean Tel: 801-582-0700 ext.103 mdivricean@campk.org | Camp Kostopulos will provide a unique summer learning experience for students with disabilities, to gain the skills necessary to enter the workforce. In addition to the classroom-based training, it will also include hands-on experience in a real work environment in a fun, outdoor and inclusive setting. Camp K will provide all 5 Pre-ETS |
| CANYONS SCHOOL DISTRICT Spencer Hansen Office: 801-826-5335 Spencer.Hansen@canyonsdistrict. org | The Canyons School District Pre-ETS Partnership provides Pre-ETS services to qualifying Secondary and Post-Secondary students in the Canyons School District. Services include individual and small/large group instruction in Pre-ETS services: Tiered Work Based Learning Experiences with Locally Developed Employers, Career and Job Readiness Counseling aligned with client strengths and abilities, instruction on Self-Advocacy/Self-Awareness and guidance on Comprehensive Post-Secondary Education options. We work in partnership with students, families, businesses, caregivers, and adult agencies to provide customized employment opportunities to our clients that are tailored to their individual needs |
| CARBON SCHOOL DISTRICT Amy Bell 435-637-9150 bella@carbonschools.org | Carbon School District will provide job exploration counseling and pre- employment skills development to assist students prepare for a paid, community based work experience. Experiences will be determined on an individual basis and individualized to the student's interests and skill level. Carbon SD will serve students with disabilities who are juniors/seniors, enrolled in the intensive resource intervention class, or enrolled post high program through Carbon SD. |

| COLUMBUS COMMUNITY CENTER (Columbus) Lori Ransom 801-232-5605 Iransom@columbusserves.org | Columbus works with participants to pair them with a Pre-ETS specialist who helps students determine their strengths, interests, and needs. The Pre-ETS specialist will explore each student's interest field, in order to set up short internships or explore post-secondary options. Pre-ETS provided: job exploration counseling, work-based learning experiences, counseling on post secondary, workplace readiness, and instruction in self-advocacy. |
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| COMMUNITY OPTIONS Shannon Wilkins 801-878-9427 shannon.wilkins@comop.org | Community Options provides students with vocational education and social skill development to prepare them for future opportunities for competitive employment and/or post-secondary education. Community Options will provide students with real world, hands-on training through a unique opportunity to explore a number of different career paths. Programs are customized to fit the needs and preferences of those participating. CO will provide all 5 Pre-ETS during the summer and target work based learning experiences throughout the year. |
| LSI Dani Williams (801) 425-0095 dani.williams@lsiwins.com | Logistic Specialities, Inc provides personalized one-on-one mentoring through career advocates and partnerships with local employers. The program is designed to help students explore career options and prepare for the transition from high school to either college, trade school, military, or the world of work. Pre-ETS Provided: job exploration counseling, work-based learning experiences, counseling on post secondary, workplace readiness, and instruction in self-advocacy. |
| META-MINDFUL CONNECTIONS Jacki Burnham (435) 503-4959 balanced@metamindfulconnection.com | Meta-Mindful Connection assists students with disabilities with job exploration counseling and a community based, paid work based learning experience. Our program is developed to offer students the resources to be ready for any of life's opportunities. We apply mindfulness in everything we do, we believe mindset is the difference in every success. |
| NORTH SANPETE SCHOOL DISTRICT (NSP) Heather Hafen 435-813-2873 heather.hafen@nsanpete.org | North Sanpete School District will provide secondary education students enrolled at NSSD with the 5 Pre-ETS, including work based learning experiences. Students will receive training in financial literacy, communication, leadership and work ethics. Pre-ETS offered: job exploration counseling, work-based learning experiences, counseling on post secondary, workplace readiness, and instruction in self-advocacy. |
| PARC Abbie Rubalcava 801-423-3922 info@parc-ut.org | PARCs' program offers students the opportunity to explore and experience career options by providing job exploration counseling and the opportunity for paid work-based learning experiences. PARC's program will help students gain knowledge, skills, and confidence while providing them with work experience. Pre-ETS services provided: Job Exploration Counseling and Work-based learning experiences. |
| PUBLIC CONSULTING GROUP (PCG) Heidi Brett-Baker hbrettbaker@pcgus.com 317- 912-3515 | PCG's Playbook platform provides high-quality, customized Pre-ETS driven by an individual needs assessment and ongoing coaching. The curriculum builds knowledge and skills through interactive content and engaging videos designed to meet the needs of students at varying levels. Instructors provide ongoing support and feedback as they progress through the curriculum. Summer programming, spanning one-to-six-week experiences totaling 20- 40 hours is provided based on the needs and preferences of the student. All program options include self-paced learning, live synchronous sessions, and individualized coaching. Example lesson topics in the curriculum include financial literacy, career exploration, job preparation, and self-care, among others. |

| ROADS TO INDEPENDENCE (RTI) Amanda Willard 801-612-3215 amanda@roadstoind.org | We will provide an exciting and robust youth summer program, for youth in Morgan, Weber, and Davis Counties. Group classes will include the 5 core Pre- ETS services, including a work based learning experience. During the spring and fall Semesters we will be providing lessons in the 5 core Pre-ETS services to students in Morgan County. Pre-ETS provided: job exploration counseling, work-based learning experiences, counseling on post secondary, workplace readiness, and instruction in self-advocacy. |
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| SOUTHERN UTAH UNIVERSITY (SUU) Justie Martinez 435-586-7926 justiemartinez@suu.edu | SUU provides individualized one-on-one peer mentoring for self-advocacy, post secondary educational training and workplace readiness advice and instruction for students enrolled at SUU. Supplemental professional development and job skill training is also offered to pre-intern students as well as work-based internship learning opportunities for students with disabilities enrolled at SUU. SUU will provide all 5 Pre-ETS. |
| SPECTRUM ACADEMY (Spectrum) McDevan Carling 801-936-7045 mcarling@spectrumcharter.org | The Spectrum Academy Pre-ETS partnership will focus on older secondary school students enrolled at Spectrum in completing a work experience while still enrolled in high school. Students will work with a Pre-ETS coach to prepare for interviews and the workplace with soft skills and employer expectations. They will then work with local employers in part-time, entry-level jobs outside of school hours with ongoing communication and employee support for 10 to 12 weeks. Pre-ETS provided: job exploration counseling, work-based learning experiences, workplace readiness, and instruction in self advocacy. |
| TURN COMMUNITY SERVICES (Turn) Selena Harris 801-358-6494 selenaharris@turncommunityservices.org | TURN Community Services will provide students with one-on-one assistance to explore their skills and interests and how to match them with career pathways. TURN will emphasize developing a paid work-based learning experience, and provide soft skill instruction, support, and guidance in any areas that pertain to gaining and maintaining employment. Turn will provide all 5 Pre-ETS. |
| UTAH INDEPENDENT LIVING CENTER (ULIC) Kathy Self 801-466-5565 Ext. 211 kself@uilc.org | UILC's experienced staff will provide a fun and educational youth summer program. This Salt Lake based program is open to youth from Tooele, Salt Lake, and Summit Counties. Instruction is offered in a classroom setting. Students will work with a Pre-ETS instructor to master skills such as: resume building, interviewing, first impressions, understanding a paycheck, soft skills for employment, making a healthy lunch and many others. Our programs encourage and support students learning to advocate their needs and goals. Pre-ETS provided: workplace readiness, and instruction in self advocacy. |
| UTAH VALLEY UNIVERSITY (UVU) Adrie Green 801-863-7459 agreen@uvu.edu | UVU's Peer Mentoring Program is designed for students enrolled at UVU who would like additional support as they adjust to college life while developing skills and tools for success. Peers will meet one on one with a mentor each week for a full school year to set and follow up on goals, build self-advocacy skills and explore campus resources. The program also hosts bi-monthly group skill building sessions where students in the program can meet together to learn about resources, plan for future goals, and build additional skills. |



Need help contacting a Pre-ETS provider? Call 801-887-9500 and ask for a Pre-ETS Program Specialist. To learn more about services or how to apply, visit jobs.utah.gov/usor/students. Email: vrtransition@utah.gov