



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



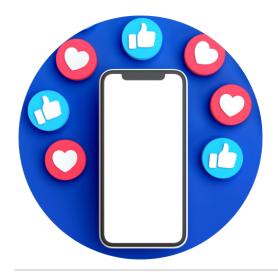
Indoor Activities for Winter Blues

TAKE A LOOK



What is Early Hearing Detection & Intervention





Social Media & Mental Health Impact

TEEN PERSPECTIVE HERE

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Utah Medicaid Waivers Empowering Individuals with Disabilities

LEARN MORE HERE



Disability Advocacy Give a Voice

EMPOWER HERE



UPC Workshops January 2024



While some classes may be specific about a regional area, school, or district, everyone is welcome.



Upcoming Community Events & Resources

CHECK THEM OUT



Visit our website

Utah Parent Center | 5296 S Commerce Drive, Suite 302, Murray, UT 84107

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