

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



## **"I Get to Talk at My IEP Meeting?"** **Prepare Your Student NOW**

[TAKE A LOOK](#)



## **Navigating Healthcare Transitions** **with Healthcare Notebooks**

[LEARN MORE HERE](#)

## **What Are Transition IEP Components?**

## 9th Grade - Post-High



**TRANSITION**  
UNIVERSITY

[PREPARE NOW](#)



 [SCAN ME](#)

### **UPC Workshops** September 2023

[REGISTER NOW](#)

While some classes may be specific about a regional area, school, or district, everyone is welcome.



### **Suicide Prevention** Mental Health Challenges & Youth with Disabilities

[RISK FACTORS HERE](#)

### **Say YES to EI** The Importance of Early Intervention

[TIPS HERE](#)



## Upcoming Community Events & Resources

CHECK THEM OUT



Visit our website

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