

Parent Training & Information

Parent Workshops 2023-2024

Surviving the School Year: Communication and Problem Solving

Wednesday, August 9th 6:30–8:30 PM

Principles of effective communication and collaborative problem-solving, and opportunities to practice these skills.

TU Tuesday: Transition IEP, Student Led meetings & Post High*

Tuesday, September 12th 6-8 PM

Learn about leading the Transition IEP, tracking your graduation credits, what assessments are helpful, and how to involve Agency Partners.

Education is for Everyone: Barriers to Inclusion

Wednesday, Sept 20th 12 – 1 PM

Join us to learn how you, as a parent, can also work with the school to break down barriers to inclusion for your student at school.

Does My Child Need Special Education?

Tuesday, October 17th 6:30-8 PM

Join us to hear about the evaluation process and obligations schools have for evaluating students that they suspect have special learning needs. We'll also discuss how a child exits out of special education and services and supports at school.

Special Education and State Testing

Wednesday, October 25th 6:30 – 8 PM

Is your child taking the same tests as other students? Are there different tests to consider? Join us to better understand Utah's educational standards, including special education and state tests.

The Good, the Bad and the Best: Address Challenging Behavior

Thursday, November 29th 6:30 – 8 PM

Student Behavior is an important component in learning and well-being. Join us to learn about multiple resources for families and educators to help improve behavior using positive practices.

The Shift from High School to Post- High

Wednesday, November 29th 6:30–8 PM

Will your child be attending a post-high program through your district or charter? are you wondering how it will be different from high school? Have you ever heard of post-high? Please join us for a workshop that explains what post-high is all about!

Aim for the Stars: High Expectations in post-secondary education

Wednesday, December 6th 6:30–8 PM

Youth with disabilities have desires, goals and ideas for their future. Join us to discuss the different programs and avenues available to pursue those dreams beyond their public school years. You will learn about Disability Resource Centers and how they can help in post-secondary settings.

**These classes are also offered in Spanish. Visit our events calendar for more information.*

Please note that these workshops are offered online, and to see more event details and register for these and other events, please visit our events calendar at www.utahparentcenter.org/events



Questions? Call the Utah Parent
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at info@utahparentcenter.org

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TU Tuesday:

All about Self Advocacy*

Tuesday, January 9th 6-8 PM

We will be discussing how to advocate for those with disabilities, learning how to self-advocate, voting rights, and disability legislative efforts

Anxiety at School: How to get Help

Wednesday, January 17th 7 – 8 PM

Join us and other families to learn about strategies and resources to help your child and family with next steps after a new diagnosis.

Parent as Partners in the IEP Process*

Tuesday, January 23th 6:30 – 8 PM

Parents are important members of the IEP team. This workshop will help parents understand their role, rights and responsibilities in the IEP process. Parents will also learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student(s).

TU Tuesday:

Transition IEP, Student Led meetings & Post High*

Tuesday, February 13th 6-8 PM

Want to learn how to lead your own IEP? We are talking about leading the Transition IEP, tracking your graduation credits, what assessments are helpful, and how to involve outside agency partners.

Summer School v. Extended School Year*

Tuesday, March 5th 7 – 8 PM

Come learn about summer education options that might be a good fit for your child, as well as how to have good vacation and break time well spent.

**These classes are also offered in Spanish. Visit our events calendar for more information.*

Why is my child behaving this way at school?*

Thursday, March 14th 6:30 – 8 PM

Join us to understand what your student may be communicating through both positive and negative behaviors. Come learn how to work with the school by addressing these behaviors and ultimately supporting your child in learning new skills for success at school and also in the home.

TU Tuesday:

Live the Life You Want*

Tuesday, April 9th 6-8 PM

This is a hands-on virtual workshop for planning your future. Join us for a step-by-step discussion using person-centered planning tools to create goals and to help you achieve the life you want.

Supporting Students on the Autism Spectrum

Wednesday, April 10th 12 – 1 PM

If your student is on the Autism Spectrum, join us to learn about the different resources available in public schools to help in their educational progress.

Helping the Struggling Student*

Monday, May 20th 6:30 – 8 PM

Learn how the education system works and what safety nets have been put into place to help your child. You'll learn what to do if your child struggles in school to help them succeed.



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