



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



School Anxiety Coping Strategies for Students

TAKE A LOOK



Social Relationship & Dating Ideas, Tips & Supports

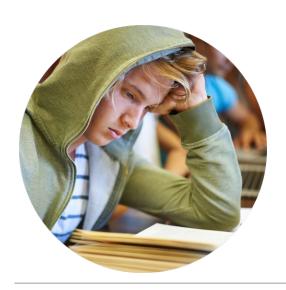
PREPARE NOW



August 2023

REGISTER NOW

While some classes may be specific about a regional area, school, or district, everyone is welcome.



Empowering the Struggling Student Through Special Education

HERE'S HOW



Breaking Barriers
Embracing
Neurodiversity

STEPS HERE

Back to School Guide Supporting DHH Families & More

TIPS HERE





Upcoming Community Events & Resources

CHECK THEM OUT











Visit our website

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