

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



## **School Anxiety** Coping Strategies for Students

TAKE A LOOK



## **Social Relationship & Dating** Ideas, Tips & Supports

PREPARE NOW

**UPC Workshops**

**August 2023**



 **SCAN ME**

**REGISTER NOW**

While some classes may be specific about a regional area, school, or district, everyone is welcome.



**Empowering the  
Struggling Student  
Through Special Education**

**HERE'S HOW**



**Breaking Barriers  
Embracing  
Neurodiversity**

**STEPS HERE**

**Back to School Guide  
Supporting DHH  
Families & More**

**TIPS HERE**



## Upcoming Community Events & Resources

CHECK THEM OUT



Visit our website

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