

Disability Specific Housing



DISABILITY SPECIFIC HOUSING

Living Independently

When young adults live independently, they live by themselves or with roommates in a house or apartment. In this living arrangement, little or no help is necessary. If help is needed, it is given by family members or adult service providers through visits or telephone contacts.



DISABILITY SPECIFIC HOUSING

Living with Family

Many young adults live with their parents while attending school, looking for a job, or working. Living at home may be an appropriate short-term option for young adults with disabilities. Some families, however, may not have the capability to care for their young adult child or relative as they live at home permanently. In this situation, future living arrangements may need to be discussed and planned. Young adults who live with their families should be encouraged to develop or improve independent living skills such as housekeeping, shopping, washing clothes, and budgeting.

Alternatively, some families may choose to have their young adult child or relative with high-support needs live at home throughout adulthood. If additional medical care is needed, nursing services are available for in-home care.

DISABILITY SPECIFIC HOUSING

Supported or Assisted Living

Supported living provides services to individuals while they live in a home or an apartment independently. Limited supports are available; however, this type of living promotes community life and independence. This option is most suitable for individuals with minimal support needs.

Intermediate Care Facility

An intermediate care facility provides 24-hour care for individuals who, through an illness or disability, require ongoing nursing and medical services. These medical services must be provided by a registered or licensed practical nurse or doctor. DSPD has a list of the various provider resources funded by them.

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Supervised Living Arrangements

The purpose of supervised living arrangements, such as supervised apartments, is to offer a structured living situation for individuals who, because of their disability, need some support or supervision. Young adults in supervised living arrangements receive continued assistance and training in independent living skills such as meal planning, use of community resources, and money management. Supervision of the young adult is usually provided by personnel from a local adult service provider or agency. This person is trained in working with young adults who have disabilities.

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Residential Care Facility

The purpose of supervised living arrangements, such as supervised apartments, is to offer a structured living situation for individuals who, because of their disabilities. Residential care facilities include group homes that offer help to young adults who cannot live independently but are capable of spending time in the community with a minimum amount of supervision. Community resources are used for recreation, medical, or social services. The staff works with the young adults to develop independent living skills. Group home staff are employed by a local agency or adult service provider and are trained in working with adults who have disabilities.

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Family Life Home or Adult Foster Care

A professional parent or host home is a private household that offers protective social living for individuals who are unable to live independently. The family offers the young adult room and board. Opportunities for participation in social, educational, and recreational activities within the community are also provided by the family life home. The state pays the family to care for the young adult.



Assistance Options:

Utah Rent Relief

Emergency rental assistance to help renters with rent and utilities if affected by Covid-19.

To apply, visit rentrelief.utah.gov

Department of Housing and Urban Development (HUD)

Under HUD, low-income individuals with a disability are eligible for public housing programs, rental assistance or subsidized housing, and Section 8. Select individuals may also qualify for emergency housing.

For more information, visit: https://www.hud.gov/topics/rental_assistance

Division of Services for People with Disabilities (DSPS)

DSPD can provide financial coverage of Residential Services and ICFs to individuals with disabilities.

For more information, visit: <https://dspd.utah.gov/>

Medicaid

Medicaid is able to pay for housing/care at certain levels of care facilities.

For more information, visit: <https://medicaid.utah.gov/medicaid-long-term-care-and-waiver-programs/>

Your local housing authority

Local administrative agency for housing assistance programs.

To find your nearest housing authority, visit www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_UT.pdf

Websites to Find Low Income or Accessible Housing:

Box Elder County

[Low Income Apartments in Box Elder County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Cache County

[Low Income Apartments in Cache County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Logan County

[Low Income Apartments in Logan, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Rich County

[Low Income Apartments in Rich County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Juab County

[Low Income Apartments in Juab County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Millard County

[Low Income Apartments in Millard County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Piute County

[Low Income Apartments in Piute County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Sanpete County

[Low Income Apartments in Sanpete County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Sevier County

[Low Income Apartments in Sevier County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Wayne County

[Low Income Apartments in Wayne County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Davis County

[Low Income Apartments in Davis County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Salt Lake County

[Housing Connect Properties - Housing Connect](#)
[Affordable Housing Resources | Housing Stability \(slc.gov\)](#)

San Juan County

[Low Income Apartments in San Juan County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Carbon County

[Low Income Apartments in Carbon County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Emery County

[Low Income Apartments in Emery County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Grand County

[Low Income Apartments in Grand County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Beaver County

[Low Income Apartments in Beaver County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Garfield County

[Low Income Apartments in Garfield County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)
[Garfield County Housing Authority – Empowering People – Strengthening Communities \(garfieldhousing.com\)](#)

Iron County

[Low Income Apartments in Iron County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Kane County

[Low Income Apartments in Kane County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Washington County

[Low Income Apartments in Washington County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Summit County

[Low Income Apartments in Summit County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)
[Affordable/Workforce Housing | Summit County, UT - Official Website](#)

Tooele County

[Low Income Apartments in Tooele County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)
[Tooele County Housing Authority - Tooele Elderly/Disabled Housing - Tooele \(tooeleco.org\)](#)

Daggett County

[Low Income Apartments in Daggett County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Uintah County

[Low Income Apartments in Uintah County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Duchesne County

[Low Income Apartments in Duchesne County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Utah County

[Special Needs | Housing Authority of Utah County \(housinguc.org\)](https://housinguc.org)

[Low Income Apartments in Utah County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

Wasatch County

[Low Income Apartments in Wasatch County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

[Home - Wasatch County Housing Authority \(wasatchcha.com\)](https://wasatchcha.com)

Weber/Morgan County

[Weber Housing Authority \(webercountyutah.gov\)](https://webercountyutah.gov)

[Low Income Apartments in Weber County, Utah \(affordablehousingonline.com\)](https://affordablehousingonline.com)

COVID-19 Resource Guide

Additional county-specific information can be found at
<https://utahparentcenter.org/wp-content/uploads/2022/05/CHW-Guide-Book.docx-1.pdf>

Who to Contact for Additional Information

Utah Parent Center (UPC) utahparentcenter.org

<https://utahparentcenter.org/covid-19-resources-to-stay-healthy/>

211 211utah.org