

NEWS

RESOURCES

WORKSHOPS

SUPPORTS



Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!



## Ages 0-5 The Importance of Play Therapy

[TAKE A LOOK](#)



## Ages 9-13 The Importance of Hobbies

[READ MORE HERE](#)

Age 14+



## Entrepreneurship & Creative Job Options

[FIND OUT](#)



## ABLE ACCOUNTS Achieving a Better Life Experience

[MORE HERE](#)



## Mother's Day Memes The Importance of Humor

[LAUGH NOW](#)

## UPC Workshops May 2022

[REGISTER NOW](#)



SCAN ME

While some classes may be specific about a regional area, school, or district, everyone is welcome.



**2•1•1 Resources**  
Another Community Connection

[CHECK THEM OUT](#)



**UPC Summer Resource**  
2022 Guide

[ACCESS HERE](#)

**Upcoming Community**  
Events & Resources

[LEARN HERE](#)



The Utah Parent Center receives many requests to distribute or advertise research and research surveys to our constituency through our email list. We have set up a web page to provide links to those opportunities for those who may be interested in participating. Click [here](#) to be re-directed to the site page.



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