Welcome to the UPC Parent Press! Each month you will find carefully crafted information and resources on a variety of disability topics guaranteed to help you and your family navigate community resources, advocacy and much more. See what we are working on this month!

**Building Resiliency**
Teaching for All Ages

**Finding Career Interests**
Pre-Ets for Ages 14-21

**UPC Workshops**
January 2022
While some classes may be specific about a regional area, school, or district, everyone is welcome.

Birth Defects Prevention
Raising Awareness

Advocating with YOUR Legislators
Join These Upcoming Opportunities

Occupational Therapy
School vs Clinic-Based Services
The Utah Parent Center receives many requests to distribute or advertise research and research surveys to our constituency through our email list. We have set up a web page to provide links to those opportunities for those who may be interested in participating. Click here to be re-directed to the site page.