

Summer Resources and Activities

Special 2021 Edition



This list of activities for children, youth, and young adults with disabilities and special health care needs is compiled by the staff at the Utah Parent Center. This year's list also highlights the impact that COVID 19 may have on programs and activities as well as introduces online and home-based activities that may be fun for your family.



Utah Parent Center

Bringing Hope, Opening Doors, Elevating Inclusion

UTAH PARENT CENTER INFORMATION DISCLAIMER

The Utah Parent Center's mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. **Readers are responsible to investigate resources to determine if appropriate when making informed decisions.** Permission to reprint the information herein is granted with complete attribution.

Table of Contents:

Table of Contents:	2
Cache, Box Elder & Rich Counties	3
Davis, Morgan and Weber Counties	5
Salt Lake County	9
Summit County	18
Tooele County	19
Juab, Millard, Piute, Sanpete, Sevier, & Wayne (Six County Association)	24
Beaver, Iron, Garfield, Kane and Washington Counties	25
STATEWIDE	26
Classes/Camps (Non Disability Specific)	32
Community Education	39
Canyons Community Education	39
Free and Low Cost Activity Ideas	39
From Home – Online/Virtual Opportunities	44



Cache, Box Elder & Rich Counties

Common Ground Outdoor Adventures: Provides adaptive equipment and support which enable people with disabilities to participate in outdoor recreation alongside their peers. In-person and virtual activities available.



Website: www.cgadventures.org

Phone: (435) 713-0288

Location: Logan

Age: All ages

Email: alex.cgoa@gmail.com

COVID-19 information: During these ever-changing times, CGOA remains committed to providing activities to our clients in any way we can. We are working hard to adapt to new and exciting platforms. We are excited to introduce our new digital activities, where all of us can still get together, make memories, and stay engaged in our wonderful community. Our activities will be hosted on Zoom and Facebook Live. Check out our calendar for more information! These activities are a resource for all of us to stay active, whether we are able to meet in person or not. Please share the activities with your friends and family, the more the merrier!
<http://cgadventures.org/programs/digitalprograms/>

Stride Services (formerly the Developmental Skills Laboratory): Has a new name and logo, but the changes are a lot more than skin-deep. Stride Services (formerly the Developmental Skills Laboratory) provides services to youth and adults with developmental disabilities living in Cache Valley (Utah) and southern Idaho. Services focus on inclusion and integration, individualized support ensuring access to the community, independence, and productivity. Stride Services provides opportunities to seek employment in competitive integrated settings and adheres to the Home and Community-Based Settings Regulation requirements.

Website: <http://www.cpd.usu.edu/stride-services>

Phone: (435) 797-8528

Location: Logan (USU)

Email: drake.rasmussen@usu.edu

Age: Up to 21 years

COVID-19 information: Open on a case by case basis. Contact program for updates.

Logan Adaptive Aquatics: People with disabilities are welcome to come utilize the Logan Aquatic Center. Families are encouraged to come and swim with their loved ones. Lifeguard is on duty. Noodles and lifejackets are available. The leisure pool is wheelchair accessible.

Website:

https://www.loganutah.org/government/departments/parks_and_recreation/aquatic_center/adaptive_programs.php

Location: 451 South 500 West, Logan

Phone: (435) 716-9250

Cost and Duration: Vary based on program

COVID-19 information: In 2020 the aquatic center was closed for updates. The city of Logan looks forward to a grand reopening slated for May 2021.



Utah Parent Center Summer Resources & Activities 2021- Special Edition

OPTIONS for Independence: A nonresidential Independent Living Center where people with disabilities can gain more control and independence over their lives. They offer weekly activities throughout the year. Always call first.

Website: <http://www.optionsind.org/>

Phone: (435) 753-5353

Location: Logan & Brigham

Email: mkaneko@optionsind.org

Age: All ages

Cost and Duration: Vary based on program

COVID-19 information: Please be aware that all of OPTIONS' activities listed for 2021 are contingent on COVID-19 and instruction/mandates from the National, State and Local Governments. OPTIONS' first concern is your safety!

RISE Services Inc.: Offers afterschool and summer programs as well as day programs. Summer programs provide children with enjoyable recreational activities that include skill development. The programs have a high staff-to-child ratio.

Website: <http://www.riseservicesinc.org>

Email: utfsplacements@riseservicesinc.org

Phone: (435) 752-2405

Location: Logan

Covid-19 information: Open according to guidelines. For the people we support: RISE will be offering to provide these supports to you at home. This applies to all individuals regardless of if you live in a residential home with RISE, a residential home with another provider, or at your own home. Local RISE personnel can work with you to help arrange these supports.

Special Olympics- Golden Spikers: Year-round sports training and athletics competition for people with disabilities. Team practices in Brigham City and Tremonton, and welcome athletes of all ages from all over Box Elder County. Contact: Lara Krause

Website: <http://sout.org/golden-spikers/>

Age: All ages

E-mail: goldenspikers@gmail.com

Phone: 801-363-1111

Covid-19 information: All program schedules are tentative based on Covid-19 levels.

TOP Sports Activities: Addresses the recreational and leisure activities needs of children and youth with disabilities living in the Cache Valley area. Activities include: t-ball, basketball, soccer, bowling, and swimming.

Website: <http://cpd.usu.edu/services/top-sports-activities>

E-mail: ericaj174@yahoo.com

Phone: (435) 797-3727

Age: Swimming-all ages, others-start at age 2 ½

Covid-19 information: Check us out on Facebook for schedules, registration information, updates, and online activities. <https://www.facebook.com/cpdusu/>



Davis, Morgan and Weber Counties

Bear-O-Care: Offers year-round respite care services for children and adults with significant disabilities. Children will have a variety of activities to choose from. Every session has a Manager, Respite leaders, and volunteers from local high schools and universities. Depending on need, an RN or LPN can be onsite to administer medications, deliver g-tube feedings, or assist with other needs (please specify your needs in the registration form).

Website: <http://www.bearocare.org/>

Phone: (801) 419-4731

Ages: 6 through adulthood

Location: 355 E 400 S Ste.106, Bountiful

COVID-19 information: BOC is opening in phases for current clients & accepting inquiries for future attendees. Respite will not be provided at this time due to Covid-19. Please [contact us](#) if you are interested in learning more.

Clearfield City Recreation: A variety of activities including a Summer Recreate in the Park program and Friday Adventures. They do allow care/support personnel for the person with a disability to attend with them for free. Open from 8 a.m. to 5 p.m. The pool now has new equipment and more specific programs.

Recreation Manager: Jackie (801)-525-2794

Youth Leagues (soccer, baseball, basketball, pickle ball)

Recreation options vary throughout the year. Registration ages that fall within grade categories are determined by what grade your child will be as of August 31.

Website: <https://clearfield.city/parks-recreation/youth-sports-leagues/>

Cost: Private Pay

Location: 55 South State Street, Clearfield

COVID-19 information: Open based on safety guidelines. See website for details.

Freedom Riders: Freedom Riders is a non-profit equestrian program specifically designed for children with physical disabilities. Freedom Riders uses well-trained horses and specialized equipment to provide balance, coordination, endurance, and improve ambulatory skills to children with cerebral palsy and other physical challenges. Participants, with the help of dedicated volunteers, meet each week during the summer months to learn horsemanship skills as well as stretching exercises and games on horseback.

Website: <http://freedomridersutah.com/>

Location: Golden Spike Event Center 1000 N 1200 W St, Ogden

Contact Via Messenger: <https://www.facebook.com/FreedomRidersUtah/>

Covid-19 information: We are excited to move ahead with our 2021 program April 14 - July 27. We will be following COVID-19 guidelines. Check us out on Facebook for schedules, events, and updates. <https://www.facebook.com/FreedomRidersUtah/>



Utah Parent Center Summer Resources & Activities 2021- Special Edition

GiGi's Playhouse: An achievement center with 14 different programs for individuals of all ages with Down syndrome. Free programs as well as great volunteer opportunities available. Summer activities include Preschool Prep, Dance, and Summer Camp.

Email: layton@gigisplayhouse.org

Phone: (801) 784- 7429

Location: 1916 N 700 W #140, Layton



COVID-19 information: All in-person programming suspended until further notice. **Virtual programming available at Gigi's at Home- <https://gigisplayhouse.org/gigisathome/>

Hoofbeats to Healing: Hoofbeats to Healing is dedicated to providing therapeutic horseback riding, using an effective natural approach to horseback riding therapy. They work with a **variety** of different disabilities. Application needs to be done in person.

Website: www.hoofbeats.us

Phone: (801) 836-4325

Cost: Private Pay/ scholarships

Location: 5859 N Cottonwood Canyon Rd,

COVID-19 information: Open summer 2021. Contact program for details and updates.

I See You: This new organization's purpose is to help individuals and entire families with invisible illnesses. They will be hosting activities throughout the year, such as art therapy. To learn more visit their website, call, or e-mail Lisa. Like their Facebook page to receive info on events:

Facebook: <https://www.facebook.com/iseeyoufoundation/>

Location: Wasatch Front

Phone: (801) 410-1773

Website: www.iseeyoutah.org

Email: hoddi@iseeyoutah.org

Cost: Free

COVID-19 information: Support groups open. Contact program for details and updates.

LiL Flippers: Tumbling gym for children to experience a wide variety of activities using equipment made specifically for this age group. We have a group specifically for special needs. Call the office for details.

Website: www.lilflippers.com

Phone: (801) 593-8484

Age: Preschool (may req. Parent Involvement)

Location: 1246 W Flint Meadows Dr. #102, Kaysville

COVID-19 information: All classes will open with 4 enrolled children. Please check with the office to make sure the class you are interested in is open! To schedule your free trial class please call our office at 801-593-8484.

Ohana Day Center: Ohana is a unique day center for adults with cognitive and developmental disabilities. Members can anticipate and attend activities that are best suited for them by checking the planned weekly schedule. Summer activities include biking, hiking, fishing, swimming, canoeing, art specialists, music therapists, bowling, cultural studies, and life skills.

Website: www.ohanadaycenter.com

Phone: (801) 683-8986

Age: 18 yrs +

Location: 1492 S 800 W #E, Wood Cross

Cost: \$50.00 a day includes lunch. There are other activities for a discounted price.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Covid-19 information: Accepting new clients.

Rite Care Learning Centers: A therapist is paired with the child and parent for weekly sessions. The participation of the parent or other attending adult is essential. When the adult learns along with the child, the concepts taught can be reinforced at home.

Website: <https://www.ritecareutah.org/> **Phone:** (801) 486-0579

Location: 3755 S Washington Blvd Suite 1A, South Ogden

Covid-19 information: We are still here for you! RiteCare of Utah's therapists are working with you to meet your child's therapy goals. While we have made the difficult decision to suspend in-person treatment for now, we are happy to have the option to still do great therapy via telepractice. <https://www.ritecareutah.org/Ed/04/02/ritecare-of-utah-covid-19-update/>

Sky's Old School Martial Arts: Martial arts/ self-defense classes for anyone 5 yrs old and up. We also have special needs classes. We offer a special class for anyone that might need a little more help in class. This could be as little as short attention span, ADD, Impulse control, or could be anyone with Down syndrome, Autism, or anything else. Year-round classes, once a week, cost; \$50 monthly

Website: <https://sosma.ninja/>

Phone: (801) 686-1607

Location: 370 S 500 E Suite 170, Clearfield

Age: 5+

COVID-19 information: Open classes with limited numbers. Contact program for details.

South Davis Recreation Center Adaptive Swimming: This special needs program provides individual and personalized instruction based on experience and ability in the water. When possible, students are placed into regular classes and appropriate swim levels. This is a unique opportunity for those with special needs to learn how to swim. Offered year-round

Website: <http://www.southdavisrecreation.com/aquatic/adaptive-aquatics>

Phone: (801) 298-6220

Location: 550 N 200 W Bountiful

Cost: \$40 per session (2 x per week/ 4 weeks)

COVID-19 information: Classes cancelled. Facility open on a limited basis. Go to or call <https://southdavisrecreation.com/covid-facility-hours/> for updated information.

SwimKids: Where Fun & Safety Meet. With over 30 years'- worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim. Offering regular classes year-round.

Website: <https://www.swimkidsutah.com>

Email: kaysville@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Location: 2288 W 600 N, Kaysville

COVID-19 information: Classes open. Contact individual locations for more details



This icon indicates this program offers online/virtual options.

TURN Community Services, Inc.: Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. Turn accepts private pay and DSPD clients.

Website: www.turncommunityservices.org

Phone: (801) 820-5471

Location: 1906 W 1800 N, Clinton

Age: 6- 22 (specifically summer camp)

COVID-19 information: Summer camps cancelled. Contact for day program information.



North Ogden Summer Camps: Sports, science, and arts and crafts programs. Register online.

Website: <https://northogdenrecreation.sportsiteslabs.com/player#Root0>

Website: <https://www.northogdencity.com/parksrec/page/summer-camps>

Covid-19 information: Contact programs for updates and information.



Weber Summer Days: Building confidence, making memories, and forming life-long friendships are just a part of the fun to experience at Summer Day Camp! The YMCA's Summer Day Camp is a fun and unique experience that gives children and teens the opportunity to discover their full potential, play, learn something new and develop new skills that last a lifetime. Camp at the YMCA is all about learning outside of school, exploring and appreciating the outdoors, and leadership development at all ages!

Phone: 1.877.690.YMCA (9622) **Email:** ymca@ymcautah.org

Website: <https://ymcautah.org/summerdaycamp/webercounty>

Covid-19 information: Contact programs for updates and information.

Utah High School Cycling League's Elevate Program: In partnership with the NAC and the Utah High School Cycling League, a unique opportunity for any high school student with a disability to learn how to mountain bike with the goal of competing as a member of their school's mountain bike team. Email Tasha to register.

Website: <https://www.utahmtb.org/elevate-program/>

Email: tasha@utahmtb.org

Age: High school students

Covid-19 information: Contact programs for updates and information.



Salt Lake County

Adaptive Recreation Salt Lake County: SL County offers many adaptive rec programs. **Otters Swim Club** provides swimming instruction for kids and teens age 3yrs + with autism or intellectual disabilities. **Adaptive Swim Club 9** is for adults and youth age 15 yrs + with physical, visual, or intellectual disabilities. **Inclusive Swim Lessons, Water Polo, Archery, Baseball, Bowling, Hockey, and many more!** Locations vary across the SL valley visit website for details, registration, and cost of each program. Currently providing Adaptive Recreation on Facebook.



Facebook page: <https://www.facebook.com/SaltLakeCountyAdaptiveRecreation>

Website: <https://www.slco.org/adaptive/> **Phone:** (385) 468-1515

Location: Varies in SL County

COVID-19 information: Due to Covid precautions, programming is limited at this time. Visit us on our Facebook page <https://www.facebook.com/SaltLakeCountyAdaptiveRecreation> to keep in touch or contact us at (385) 468-1515 for the latest updates.

Angel Hands: AHF provides monthly social outings for our families of children with rare disorders. Many of our children do not go out in public due to their conditions or physical limitations. AHF has taken families to professional hockey, basketball, and baseball games. We have had private swimming parties, pizza parties, Christmas parties, fishing parties, picnics, taken kids snow skiing, and we also have gone to movies and the circus. Many of these events are luxuries that our families cannot afford due to the financial hardships brought on by the diseases. 2021 schedule available online.

Website: <http://angelshands.org/>

Location: 11152 Sunup Way, South Jordan, UT 84095

Covid-19 information: Our various committees are planning events, but we will have to follow county restrictions and recommendations. We are not hosting family activities until it is safe for mass gatherings. Contact for updates.

Art Access/VSA Utah: Art Access hosts two types of public workshops:

- Accessibility and Disability Justice Workshops
- Professional Development for Emerging Artists (coming this spring)

Website: www.accessart.org

Phone: (801) 328-0703

Location: 230 S 500 W #125, SLC

Covid-19 information: Very limited events/programs. We are looking forward to safer times when we can gather again in our workshop space! Email us at workshops@artaccessutah.org if you have any questions.



Utah Parent Center Summer Resources & Activities 2021- Special Edition

Bear-O-Care: Offers year-round respite care services for children and adults with significant disabilities. Children will have a variety of activities to choose from. Every session has a Manager, Respite leaders, and volunteers from local high schools and universities. Depending on need, an RN or LPN can be onsite to administer medications, deliver g-tube feedings, or assist with other needs (please specify your needs in the registration form).

Website: <http://www.bearocare.org/>

Phone: (801) 419-4731

Ages: 6 through adulthood

Location: 2464 W 12600 S Ste. 180 Riverton

Email: Trudi O'Brien trudibearocare@gmail.com

COVID-19 information: Not currently providing respite due to Covid-19. BOC is opening in phases for current clients & accepting inquiries for future attendees. Please [contact us](#) if you are interested in learning more

Boys and Girls Club: Programs for children of all abilities.

Website: <https://www.gslclubs.org/>

Age: Grades K-12

Murray: 244 E Myrtle Ave

801-484-0872

Sugar House: 968 E Sugarmont Dr

801-485-0101

COVID-19 information: <https://www.gslclubs.org/covid-19-safety-plan.html>

Camp Kostopulos: Offering year-round and Summer Camps for children, teens, and adults with physical, developmental, and intellectual disabilities. This upcoming Summer 2021, Camp K will continue to provide our big hit Day Camps (Monday-Friday), along with bringing a brand-new program to life— Summer Saturday Mini Day Camps— hosted on Saturdays! Our wonderful staff are excited to continue creating memorable experiences for our participants. We are very thankful to our families who are entrusting us with providing care to their loved ones during these unprecedented times.

Website: www.campk.org

Phone: (801) 582-0700

Location: 4180 E Emigration Canyon Rd.

Cost and Duration: Vary based on program

COVID-19 information: Since the pandemic hit our world, we are proud to have successfully kept Camp K open; following all health and safety guidelines, with no health issues and with zero documented evidence of any transmission of COVID-19 at Camp K. Camp Kostopulos' top priority is the health and safety of our campers and staff. After much consideration of the current situation regarding the COVID-19 pandemic and discussion with trusted medical professionals from the Health Department, we made the difficult decision not to host overnight camp programs in 2021.

Camp Takoda: Their mission is to provide a safe and effective summer treatment program to support children (ages 8-16) with invisible disabilities (ADD/ADHD, ASD, ODD, Anxiety, Depression, and other Executive Functioning Disorders) in the community. Scholarships available. Please call for payment information.

Website: <http://www.camptakoda.com/>

Phone: (801) 808-8947

Location: 1970 E. Lincoln Ln, Holladay

Age: 8-16

Covid-19 information: Contact program for details.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Columbus Community Services: Offers programs to provide transition services including social and interpersonal skills, skills to access the community, and employment skills. Serves families looking for community-based respite and supervised care for individuals who want to participate in structured activities that may or may not have DSPD services. The program operates from 8 a.m. to 3 p.m., Monday-Friday.

Website: <http://www.columbusserves.org/>

Age: 16-through adulthood

Phone: (801) 262-1552

Location: 3495 S West Temple SLC

COVID-19 information: For more information go to: <https://www.columbusserves.org/covid-19-announcement-update/>

Dancers with Disabilities: Our unique fine arts half-day camps will include dance, music, theatre, visual arts, and film. With our positive approach and engaging philosophy, this experience will be different from any other. Discover and celebrate your artistic capabilities! DSPD accepted.

Website: <https://tannerdance.utah.edu/programs/disabilities-programs-for-children-and-adults/>

Email: joni.wilson@utah.edu

Location: Tanner Dance (U of U)

Cost: \$144

Age: 5-18

COVID-19 information: Tanner Dance is now open for onsite classes, under a very thorough and rigorous health and safety plan. Read details regarding the re-opening plan here: <https://tannerdance.utah.edu/uncategorized/covid19/>

Girls on the Run: During the two weeks (broken into 2 weeks), girls entering 3rd – 5th grades will enjoy building friendships in a fun and inclusive setting that includes interactive games, being physically active, and expressing creativity through arts and crafts and storytelling. Camp GOTR provides a one-of-a-kind opportunity for girls to develop self-confidence, have fun with friends, and learn life skills they can use now and as they grow. Two Salt Lake City Locations

Website: www.girlsontherunutah.org

Cost: \$190.00

SLC: heidi@girlsontherunutah.org

Phone: 801-913-5584



COVID-19 information: May Programs available now! Online interaction available for registered participants. Go to: <https://www.girlsontherunutah.org/News/post/covid-19-information>

Eaton Alliance: Provides around-the-clock living solutions to people with Autism and other developmental disabilities in all aspects of life in a variety of programs. Programs include: residential, day programs, supported living, host homes, and professional parenting.

Website: www.eatonalliance.com

Phone: (801) 768-0608

Location: 825 N 300 W, Ste W107, SLC

Covid-19 information: Contact program for information.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Harmony Music Therapy: All ability music groups. Individual and group music therapy. Individual adapted music lessons. There are also adaptive musical instrument lessons.

Website: info@harmonymusictherapy.com

Phone: (801) 200-3273

Location: 8261 Viscounti Dr Sandy

Ages: All

Price: See website \$30 to \$125 per session

COVID-19 information: In-person lessons available, virtual lessons can be arranged. Contact program for more information.

Hydrotherapy with Liz Egan: Liz Egan provides hydrotherapy and has a wealth of experience helping children with special needs move, stretch, and relax using water therapy techniques.

Location: Cottonwood Heights Recreation Center

Cost: \$20 per half hour session

Phone: Liz Egan (801) 209-1521

COVID-19 information: Open for sessions. Program follows the Utah Health Dept. guidelines.

I See You Utah: This new organization's purpose is to help individuals and entire families with invisible illnesses. They will be hosting activities throughout the year, such as support groups, music therapy, and art therapy.

Location: Davis, Salt Lake & Utah Counties **Phone:** (801) 410-1773

Cost: Free

Website: www.iseeyoutah.org

COVID-19 information: Support groups open. Contact program for details.

Jewish Community Center Summer Camps: Enrolls children and teens with special needs into their summer camps program depending on the needs.

Website: <http://slcjcc.org>

Phone: (801) 581-0098

Age: entering 1st-10th grade

COVID-19 information: Summer camps open for 2021, call for details.

Just For Kids Pediatric Occupational Therapy: Provides occupational therapy services to children with sensory processing disorder, autism, and developmental delay. In the summer, Just for Kids provides intensive individual occupational therapy, social skills camp, writing camp, and field trips.

Website: www.otjustforkids.com

Email: Susan@otjustforkids.com

Phone: 801-231-9207

COVID-19 information: Open - Masks required, hand washing, hand sanitizing, and temperature is taken of all who enter our premises. Also, no bare feet and it's important for the client to wear clean socks with tread on the bottom. Everything is cleaned and sanitized between clients.

Lifelong Learning Center: Provides help for all participants ages 18+ to realize their individual and unique potential. Their day programs provide life skills, job skills, and social skills so students can achieve a greater degree of independence and participate more fully in society.

Phone: (801) 746-7251

Age: 18 and older

Location: 2440 South 900 West, SLC

COVID-19 information: Contact program for details.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Murray Greenhouse Foundation: Offers a solution for individuals with disabilities age 22 and older. Conceived as a safe and nurturing learning place whose cornerstone is their greenhouse. The foundation provides the teaching of individualized independent living skills and employment skills for people with disabilities. Space is limited.

Website: <http://www.murraygreenhouse.org/>

Phone: (801) 266-0669

Age: 22 and older

Location: 6366 S 900 E, Murray

COVID-19 information: Contact program for details.

Neighborhood House: Neighborhood House provides a safe, home-like environment for non-aggressive individuals 18 years and older who need supervised care during the day. Our programs ensure our clients receive the physical, mental and social services they need. We also have summer camps for children ages 6-14. Children with disabilities are welcome!

Website: <http://nhutah.org/>

Cost: Varies

Children's Campus: 1050 W 500 S

(801) 363-4589

Riverside Adult Day Center: 423 W 1100 W

(801) 363-4593

Cottonwood Adult Day Center: 1580 E Vine St

(801) 277-3264

COVID-19 information: Open for business based on the Utah Health Dept. guidelines.

Rite Care Learning Centers: A therapist is paired with the child and parent for weekly sessions. The participation of the parent or other attending adult is essential. When the adult learns along with the child, the concepts taught can be reinforced at home.

Website: <https://www.ritecareutah.org/>

Phone: (801) 486-0579

Location: 650 East South Temple, SLC

Email: sarah.farr@ritecareutah.org



Covid-19 information: We are still here for you! RiteCare of Utah's therapists are working with you to meet your child's therapy goals. We are beginning to take LIMITED in-person appointments outdoors at our Ogden clinic. Contact us for information regarding procedures and our Salt Lake clinic.

Sandy City Recreation: Sandy City Recreation offers spring sports and summer camps.

Phone: (801) 568-2900

Email: recreation@sandy.utah.gov

Website: https://sandyparksandrec.activityreg.com/ClientPage_t2.wcs

Covid-19 information: Face coverings will be required and social distancing enforced. Coaches will be responsible for a verbal symptom check of their players prior to each game and practice. Other precautions will be communicated as necessary leading up to the first games and practices. Sandy Recreation reserves the right to revise practice opportunities and/or game schedules as necessary throughout the COVID-19 pandemic. Sandy City also reserves the right to cancel the SEASON without notice based on the direction from the State of Utah or Salt Lake County Health Department.

SLCC Summer Reading Skills Program: Offers a 5-week long summer program for struggling reader's grades k-12. They provide individualized attention, group instruction, and engaging materials.

Website: <http://www.slcc.edu/continuinged/programs/youth-summer-reading.aspx>

Phone: (800) 964-8888

Age: Grades K-12

Location: Taylorsville, Sandy, West Jordan, and West Valley City

COVID-19 information: Open based on the Utah Dept. of Health guidelines.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Special Needs Scouts and Autism Spectrum Inclusive Scouts: Scout troop 1910 for boys ages 11+ (can help with paperwork for those who are close to 18 to prevent them from aging out of the program) who are on the spectrum or who have close ties to a boy in the troop (family member, etc.). Every Scout has at least one parent registered as a leader or as an active member of the troop committee. Additional Autism Spectrum troops will be starting soon in other areas of Salt Lake.

Phone: 801-440-5070

Email: john.garrett@scouting.org

Website: <https://scoutlander.com/publicsite/unithome.aspx?UID=34163>

Covid-19 information: Contact program for information.

Stable Place: Dedicated to improving the lives of people and horses. They work to create an environment where horses and people can help heal each other, regardless of physical, mental, or emotional challenges. Please contact and schedule a visit to this private residence. The address is not posted.

Website: <https://www.thestableplaceslc.com>

Email: info@thestableplaceslc.com

Location: West Valley City

Phone: (801) 860-3906

Covid-19 information: Contact program for information.

Superior Adaptive Swim School: S.A.S.S. teaches swimming lessons based around safety, survival, technique, and fun. S.A.S.S. instructors each have their own way of teaching children and focus individually on what their swimming needs are. Morning and evening private, semi-private, and group classes are available. All levels are covered. Swim therapy is also available.

Website: www.swimsass.com

Phone: (801) 637-7140

Main Office: 2012 S 1300 E, Salt Lake

Email: saps32@gmail.com

Location: varies, call or email for specific pool & class locations

COVID-19 information: Contact us if you want to set up classes for when we open back up again! Call to find out which recreation centers are open.

SwimKids: Where Fun & Safety Meet. With over 30 years' worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Email: holladay@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Holladay: 4679 S 2225 E Holladay

Sandy: 11916 S Woodridge Road

Sandy,

COVID-19 information: Classes open. Contact individual locations for more details

TOPSoccer: A Program of Utah Youth Soccer Association: Designed to bring the opportunity of learning and playing soccer to any boy or girl, ages 4-99 that has a mental or physical disability, to provide meaningful learning, development, and physical participation opportunities through soccer.

Website: <http://www.utahyouthsoccer.net/top-soccer>

Phone: (801) 307-5150

Age: All ages

COVID-19 information: Currently looking for players. Opening based on Utah Health Dept. guidelines. Contact county locations for details.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Tracy Aviary and Botanical Garden in Liberty Park: Tracy Aviary inspires curiosity and caring for birds and nature through education and conservation.

Website: <https://tracyaviary.org/> **Phone:** 801-596-8500

Location: 589 E. 1300 S., Salt Lake City, UT



Covid-19 information: Tracy Aviary's eight acres of gardens will help maintain social distancing practices.

Note: Our first priority is ensuring the safety of our guests and staff. We will be controlling the number of visitors on our grounds and taking other safety precautions including:

- Monitoring attendance and social distancing
- Online and Touch Free ticket purchasing
- Face coverings per Salt Lake County guidelines

We ask guests who have been in close contact with someone that has tested positive for COVID-19 or have any symptoms to kindly plan to visit at a later date.

The safety of our staff, guests, volunteers, and the birds in our care is always our top priority, so we will continue to closely monitor this evolving situation.

TRAILS (Technology Recreation and Independent Lifestyles): TRAILS is an outreach program designed specifically for persons with spinal cord injuries. They facilitate recreational activities to help individuals return to the community. The services they provide are available year-round, including skiing, hand cycling, kayaking, canoeing, swimming, wheelchair tennis, and more.

Website: <http://healthcare.utah.edu/rehab/support-services/trails.php>

Phone: (801) 581-2526

Location: University of Utah Health Care

Covid-19 information: One-on-one programming available. Call for more information.

TURN Community Services, Inc.: Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. Turn accepts private pay and DSPD clients.

Website: www.turncommunityservices.org **Phone:** (801) 359-8876

Location: 423 W 800 S, Suite A200

Age: 6- 22 (summer camp)

COVID-19 information: Programs open on a limited basis for existing clients. All public TURN Summer camps are canceled until further notice. Contact program for more information.

U Can Learn Center: Non-profit learning/tutoring center specializing in evaluating and treating the 'blockages' to learning, in particular, central auditory processing, visual processing, language delays, ADD and ADHD, and dyslexia, with locations in Murray and South Jordan.

Website: <http://ucanlearn.net>

Phone: (801) 308-1258

Location: 6375 S Highland Drive, #202, Salt Lake City

COVID-19 information: Call program for more information.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

U of U Reading Clinic: Offers Reading Assessment and Intervention, Professional Development, Mobile Reading Clinics, and Consultation Services. The clinic helps students become successful readers and is a resource for parents, teachers, and struggling readers, especially those students in grades one through three. Children who qualify for services are enrolled on a “first-come, first-served basis” when space is available. Programs are available in the summer.

Website: www.uurc.utah.edu

Location: 5242 S 480 W, Suite 100, Murray

Phone: (801) 265-3951

Email: uurc@ed.utah.edu

COVID-19 information: Call for more details or check online for updates.
<https://www.facebook.com/UofUReadingClinic>

Utah Independent Living Center: Dedicated to assisting persons with disabilities to achieve greater independence by providing services and activities to enhance independent living skills and promote the public’s understanding, accommodation, and acceptance of their rights, needs, and abilities. ASL Video Phone: 801-657-5220.

Website: www.uilc.org

Location: 3445 S Main St, Salt Lake City

Phone: (801) 466-5565

Cost and Duration: Vary based on program

Age: 14-22



COVID-19 Information: In light of concerns about the COVID-19 virus and current restrictions, the Utah Independent Living Center will be partially open to the public only for individual appointments with staff; please call to make an appointment. We are requesting that masks be worn while meeting at our building. Some classes will be held in person if there is enough interest. Most classes are held virtually via ZOOM meetings. Transportation will be very limited and not available for all classes. We are open and answering phones from 8:00 am to 4:00 pm including over the lunch hour.

Walking with KPeasey in Utah: Helping individuals complete endurance races from 5Ks to Marathons to various distances of triathlons. They pair each differently-abled athlete with an assistant. They also aid each athlete with obtaining equipment or coaching required to complete the race.

Website: www.kylepeasefoundation.org

Location: Salt Lake City

Covid-19 information: Races are still happening. Check websites for dates and to sign up!

Wasatch/Snowbird Adaptive Sports: Has many different programs Spring, Summer, & Fall including nature hikes, fishing, adaptive biking, Snowbird activities (Tram rides, bungee jumping, alpine slide, and Zip Rider rides), mine and water tunnel tours, GPS/orienteering classes, etc. Register online.

Website: <http://wasatchadaptivesports.org/summer-programs/>

Phone: (801) 933-2188

Email: info@wasatchadaptivesports.org

COVID-19 Information: In compliance with the recommended health guidelines in regards to COVID-19, programs will look a little different as we strive to social distance throughout lessons and to mitigate any risks that may contribute to the spreading of the virus.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

West Valley Family Fitness Center: Contact Parker Chapple for specific questions with Adaptive recreation programs.

Website: www.wvc-ut.gov/fitnesscenter

Location: 5415 W 3100 S West Valley

Phone: (801) 955-4000

COVID-19 information: State and County Covid protocols are all in place so you can enjoy the amenities of the facility. If you have additional questions, please email candace.whitaker@wvc.ut.gov

A mask is required to enter and exit the facility. Patrons can remove their mask once they begin working out. Equipment has been spaced 6 feet apart. To use areas like the basketball hoops or pool you will need to reserve a time slot at the front desk. We ask that you social distance to the best of your abilities.

Wheelchair Tennis Camp: Wheelchair activities are organized through Utah Tennis Association and Utah Wheelchair Tennis Committee members. Junior Wheelchair workouts are held weekly at Liberty Park during summer months. Adult clinics are held weekly throughout the year. Wheelchairs are available to borrow upon request. Utah annually hosts a national, week-long All-Comers wheelchair camp.

Website: <https://www.utahtennis.com/wheelchair-tennis>

Phone: (801) 944-8782 ext 112

Ages: Teens and adults

Location: Main office 2469 E. Fort Union Blvd Suite 104

COVID-19 Information: Covid safety measures in place for players and spectator's safety. To receive updates or to get more information, please contact Laurie Lambert by Email or call 801-944-8782 x112.

Zoo for You: Hogle Zoo offers hands-on animal classes for children with a variety of special needs. There are classes for children with autism, students that are deaf/blind, and children with general special needs. Cost includes an accompanying adult. Visit the website for details, times, and to purchase your admission.

Website: https://www.hoglezoo.org/education_programs/zoo_classes/

Phone: (801) 584-1700

Age: 6-22 (depending upon exhibit)

Covid-19 information: For a full list of temporary changes and requirements due to the COVID-19 virus, including state regulations, please visit the page below:

<https://www.hoglezoo.org/zoos-open/>

For online/virtual experiences: <https://www.hoglezoo.org/virtual-experiences/>



This icon indicates this program offers online/virtual options.

Summit County

National Ability Center (NAC): The NAC & Splore Utah has combined to offer the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences in a nurturing environment. Some of the programs available are day camps, swimming, horseback riding, and many more. Please visit their website for a complete listing of what is available.

Website: <http://discovernac.org/>

Phone: (435) 649-3991

Location: Park City

Ages: Vary based on program

Cost and Duration: Vary based on program

Covid-19 information: In-person outdoor programming and virtual programming available.

Note: Your health and safety are our first priority. We've consulted with healthcare professionals, other industry leaders, participants, staff, and more, and we are thrilled to welcome you back to limited in-person, outdoor programming. As we reopen, we will be continuing our commitment to care with a strategic, phased reopening plan. You'll find the same dedicated and caring NAC team you've come to know but things may look – and feel – a little bit different. To see what you can expect in the different phases of re-opening and what you can access from NAC at home go to: <https://discovernac.org/phase-two-programming-details/>

Summit Community Gardens: This activity is a community-based garden serving as a destination to gather, learn and grow! Summer camps offer the opportunity for children to learn about a different gardening theme each week with hands-on gardening activities – working in the garden, completing nature projects, learning about how plants grow, and having free time to play outside. This is an inclusive program with volunteers required to help those with disabilities get the most out of the camp experience.

Website: <https://www.summitcommunitygardens.org/summer-camps>

Phone: Solane 406-581-1060

Email: sloane@summitcommunitygardens.org

Location: 4056 Shadow Mountain Dr, Park City, UT 84098

Ages: 1st-6th grade

Cost and Duration: \$250 for week long camps; June-Aug

Covid 19 Information: Maintain at least 6 feet between yourself and other gardeners. Bring a mask to wear when others are in the garden. Cleaning protocols for tools and nozzle/spigots. If possible, bring your own tools from home.

C.A.S.T for Kids: This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating! Registration will begin late Spring. Contact Melanie Castillo for info or to register. Visit the website for a calendar and location of events.

Website: <https://castforkids.org/c-a-s-t-for-kids/>

Phone: 801-885-3486

Location: Soldier Creek Recreation Area, Heber City

Age: 5-17, caretakers must come to the event



This icon indicates this program offers online/virtual options.

COVID-19 information: Guidelines will be in place to stagger start times for participants, with precautions in place for safety and social distancing. Face masks are required. Date this year will be **Saturday, August 7, 2021.**

Tooele County

Utah Independent Living Center (Tooele Satellite): The UILC is a non-residential facility that provides services which enhance the independence of people with disabilities.

Website: www.uilc.org/

Phone: (435) 843-7353

Location: 52 N Main St, Tooele

Ages: 14-22

Cost and Duration: Vary based on program **Email:** Michelle_mgray@uilc.org



COVID-19 Information: In light of concerns about the COVID-19 virus and current restrictions, the Utah Independent Living Center will be partially open to the public only for individual appointments with staff; please call to make an appointment. We are requesting that masks be worn while meeting at our building. Some classes will be held in-person if there is enough interest. Most classes are held virtually via ZOOM meetings. Transportation will be very limited and not available for all classes. We are open and answering phones from 8:00 am to 4:00 pm including over the lunch hour. Limited Loan Bank service is available from 8:00 am until 3:30 pm. Please note: The Tooele location may not be offering a Summer Program for 2021. Please call the Utah Independent Living Center's Salt Lake location for more information.

Boys & Girls Club: Programs open to children of all abilities.

Website: <https://www.gslclubs.org/>

Age: Grades K-12

Location: 438 W 400 N

Phone: 435-843-5719

COVID-19 information: Call to check on Summer programs available at this location. **COVID-19 RESTRICTIONS & INFORMATION:** Due to the Coronavirus pandemic, we are implementing special safety procedures at our Clubs: Clubs are operating with limited enrollment. All youth must have their temperature taken and will not be admitted if they are ill. Parents must report if anyone in the household tests positive for COVID-19.

Camp Hobé: A special summer camp designed for children with cancer and their siblings, who are often forgotten in the cancer experience. Camp Hobé gives kids the opportunity to participate in camp activities just like children whose families are not affected by cancer. The camp program provides medical and psychosocial supervision to ensure children are safe both mentally and physically during camp. Camp is held each June. Sessions are usually held the middle two weeks of the month.

Website: www.campobekids.org

Phone: (801) 631-2742

Duration: 1 day/ 1 overnight/ 1 week

Location: Camp Wapiti, Tooele

Ages: 4-19

Cost: \$15- \$35

COVID-19 information: Please call to get current information on offerings for Summer 2021.

Tooele City: Tooele City Parks and Recreation Youth Services offers a variety of non-traditional recreation opportunities for youth and families of all ages. There are many offerings for children and families from Kraft clubs, activities in the park, as well as, a concert series for families.

Website: <https://tooelecity.org/city-departments/parks-recreation/youth-services/kids-youth-programs/>

Phone: (435) 843-2142

Duration: June- Aug



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Location: 90 North Main Street Tooele, UT 84074 **Ages:** 2-12

COVID-19 information: Please call to get current information.

Utah County

Adaptable Art: Students will get to make something to take home each day. This class is designed for special needs students. Art projects will be adapted so that each student will be successful. Let's make art special together! Parents are invited to stay in this class. Two classes - ages 4-7 and 8-15. The class will be an hour long. Times are to be announced but will be between 9 am and 2 pm.

Website: <http://spanishfork.org/dept/parkrec/arts/youthartsfestival.php>

Location: Spanish Fork High School

Phone: 801-804-4600

Email: yaf@sfcn.org

Cost: Free for kids with special needs

COVID-19 information: We will be following the state's current phased guidelines.

Participants should have their symptoms checked prior to each session. For minors, it will be the responsibility of the parent or guardian to do this. Participants or spectators should be kept home if they have any of the following COVID-19 symptoms: fever, cough, sore throat, chills, headache, muscle aches, shortness of breath, or decreased sense of smell or taste. For more information on program-specific adjustments, call the Recreation Office at 801.804.4600.

Boys & Girls Club: Programs open to children of all abilities.

Website: <https://www.gsclubs.org/>

Age: Grades K-12

Location: 60 E. 100 N., PRICE, UT 84501

Phone: 435-637-6066

COVID-19 information: Due to the Coronavirus pandemic, we are implementing special safety procedures at our Clubs. Only staff and Club members are allowed in the building.

Parents can call the Club or ring for service inside the first set of doors. All youth must have their temperature taken and will not be admitted to the Club if they are ill. Parents must report if anyone in the household tests positive for COVID-19.

Brigham Young University - Athletic Connection: This program connects BYU Student Athletes with individuals with Down Syndrome to learn skills through fun games and activities. The program usually meets at the UPC (University Parkway Center).

Website: <https://yserve.byu.edu/programs/athletic-connection>

Phone: Brian (208) 971-7191

Email: athleticconnection@byu.edu

Location: BYU Campus

Cost: Call for fee information

COVID-19 information: Contact program for updates.

C.A.S.T for Kids: This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating! Registration will begin late Spring. Contact Melanie Castillo for info or to register. Visit the website for a calendar and location of events.

Website: <https://castforkids.org/c-a-s-t-for-kids/>

Phone: 801-885-3486

Location: Soldier Creek Recreation Area, Heber City

Age: 5-17, caretakers must come to the event



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

COVID-19 information: Guidelines will be in place to stagger start times for participants, with precautions in place for safety and social distancing. Face masks are required. Date this year will be Saturday August 7, 2021.

Courage Reins Therapeutic Riding Center: Horseback riding lessons for all ages and abilities.

Website: www.couragereins.org

Phone: (801) 756-8900

Location: 5870 W 10400 N Highland

COVID-19 information: They are open and running on a modified schedule to allow for surfaces and equipment to be cleaned between clients. Clients are asked to wear a mask, if they are able to but will not be excluded if they are not able to. Family members and volunteers are asked to wear a mask. If a client needs a side walker, the family is asked to provide that and the side walker must be over 14 years old. The lessons are scheduled by the quarter.

The Dance Club: The Dance Club offers a free weekly dance class to those with both physical and cognitive disabilities. The classes help your little dancer to improve movement and rhythm. There is an open enrollment held Saturdays 10:00-11:00 am.

Website: <http://www.thedanceclub.com/special-needs.html>

Phone: (801) 224-4400

Location: :983 N State Orem, UT.

84057

COVID-19 information: Please call for current programing information.

Easter Seals GoodWill: Assists families in the Provo, Utah school district who have infants or toddlers ages birth to 3 years old with developmental delays and/or disabilities with a no-cost screening evaluation.

Website: <https://www.esgw.org/provo-early-intervention/>

Phone: (801) 852-4525

Location: 3550 N University Ave Suite 100-125, Provo UT 84604

COVID-19 information: Please call for current programing information.

Eaton Alliance: Provides around the clock living solutions to people with Autism and other developmental disabilities in all aspects of life in a variety of programs. Programs include: residential, day programs, supported living, host homes, and professional parenting.

Website: www.eatonalliance.com

Phone: (801) 766-8541

Location: 679 N 1500 W, Orem UT

COVID-19 information: Contact program for updates.

Hoofbeats to Healing: Hoofbeats to Healing is dedicated to providing therapeutic horseback riding, using an effective natural approach to horseback riding therapy. They work with a variety of different disabilities. For more information, check out their website.

Website: www.hoofbeats.us

Phone: (801) 836-4325 or

Email: Tamtrot@gmail.com



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Location: 1218 North 800 West, Saratoga Springs, UT

COVID-19 information: All programs are open. Call for details.

Kids Who Count: We offer one on one ABA therapy in home as well as here at the center in Salem, Utah. We typically work with individuals that are between the ages of 2 and 9 years of age with an Autism Spectrum Disorder Diagnosis. Our services are typically covered by most health insurance plans. We offer a free in home consultation to families who are interested in ABA therapy for individuals with ASD.

Website: <https://kidswhocount.org/>

Hours: Monday- Friday 9 am to 5 pm

Phone: (801)-423-3000

Location: 345 N. SR 198, Salem

COVID-19 information: Birth to 3 in home early intervention services. Autism services for 2 – 9 year olds are held in the center with temperatures being taken before each visit. The provider will wear a mask and the client is asked to wear a mask if they are able to.

Lehi Adaptive Programs: Adaptive programs designed and modified exclusively for patrons with disabilities of any age. Programs include: Zumba, volleyball, swimming, bowling, and basketball.

Website: <https://www.lehi-ut.gov/legacy-center/adaptive-programs/>

Phone: (385)201-1000

Location: Lehi Legacy Center

COVID-19 information: Contact program for details.

North Eastern Services: Supports opportunities for people to achieve independence, enhance self-esteem, and sustain a full quality of life. Programs include residential, day services, behavior supports, afterschool and summer programs, finance support, and supported living.

Website: www.nesutah.com

Phone: (801) 701-0872 for girls program in Lehi, (801) 426-4961 for boys program in Orem

COVID-19 information: Lehi – for clients receiving funding from Division of Services for People with Disabilities (DSPD), community outings may be limited. DSPD Covid protocol will be followed. They are not able to take private pay.

Orem - call for details.

Provo Recreation Adaptive Activities: Summer camp for special needs students. Camps include swimming, activities, and a weekly field trip. They are also offering adaptive tennis this summer for children 8-17 with physical or cognitive disabilities. They have new sports wheelchairs that are available for use if needed. They also offer adaptive swimming groups, yoga, soccer, Special Olympics, and more!

Website: <http://www.provo.org/departments/recreation/adaptive-programming>

Phone: (801) 852-6600

Ages: 6-12 for summer camps

COSTS: Fee Residents \$85/week, Non-Residents \$95/week

COVID-19 information: Masks required. Limited class sizes for Summer Camps.

Recreation and Rehabilitation Services (RAH): RAH helps individuals with disabilities rise to new heights of personal achievement and development. All activities and programs are designed to meet the needs and enhance the lives of participants. They also have day-timers groups, bowling, dinners, swimming, social skills, and special needs scouts. For ages 18- adult.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Website: <http://www.rahservices.org/>

Phone: (801) 374-8074

Location: 815 N. 800 W, Provo

COVID-19 information: You need to be a member to participate: contact RAH to complete the form, make sure you qualify and pay a yearly fee. Please call for current program offerings for Summer 2021.

Rise Services: Community based summer programs. Summer programs provide children with enjoyable and fun recreational activities that include skill development. The programs have a high staff-to-child ratio and offer a much-needed break for parents while their child is out of school for the summer. Our summer programs are supervised and directed by a highly skilled and credentialed team including our Licensed Clinical Social Worker. Structured programs focus on positive behavioral supports and behavior plans which are developed and directed by our Master's level behavioral team.

Website: <http://riseservicesinc.org/services/utah/> **Location:** 1358 W. Business Park Dr. Orem

Phone: 801-373-1197

Email: utfsplacements@riseservicesinc.org

COVID-19 information: Contact program for Summer 2021 offerings.

Special Olympics: Offers summer games where individuals with disabilities can compete in a variety of sports including things like cycling, track and field, soccer, and softball.

Website: <http://www.sout.org>

Phone: (801) 363-1111

Age: 8-Adulthood

COVID-19 information: All events are tentative based on COVID-19 levels. Some activities are offered virtually. Contact organization for program information.

SwimKids: Where Fun & Safety Meet. With over 30 years'- worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Email: pg@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Location: 550 W 220 S Street, PG

COVID-19 information: Limited class size, screening in place with temperature taking each time, chairs and touch points cleaned between lessons, parents asked to wear masks, and clients are asked to bring their own goggles. Please arrive only 5 min prior to the scheduled lesson.

TURN Community Services, Inc: Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. Turn accepts private pay and DSPD clients.

Website: www.turncommunityservices.org

Phone: (801) 343-3900

Location: 1921 N 1120 W, Provo

Age: 6- 22 (specifically summer camp)

COVID-19 information: At this time, all public TURN Events have been canceled. Please check the website for updated information.

Utah County Parks and Recreation Adapted Aquatics: Programs are provided year-round with swimming instruction for children with cognitive and physical disabilities.

Phone: Chad Barth (801) 229-7159 in Orem or

Joey Byington (801) 763-3084 in American Fork



This icon indicates this program offers online/virtual options.

COVID-19 information: Contact program for updates.

VIP Adaptive League: The VIP Special Needs Sports League in Mapleton City is a unique organization that serves children and adult's ages 5-22 who have any mental and/or physical disabilities. For the children involved, this program allows them the opportunity to participate in the great games of baseball, soccer, and basketball that all their friends and siblings are doing without feeling left out.

Website: <http://parksandrec.mapleton.org/information/vip-adaptive-league-info/>

Phone: (801) 806-9114

Email: parksandrec@mapleton.org

Age: 5-22 years

Location: Mapleton

Cost: \$15 per sport

COVID-19 information: Contact program for details.

Juab, Millard, Piute, Sanpete, Sevier, & Wayne (Six County Association)

Ability 1st: Ability 1st in Ephraim empowers people with disabilities to live independently through education and provides disability resource information.

Phone: (435) 283-4949



COVID-19 information: Virtual activities will be happening including virtual field trips. Information about Pre-ETS is also available along with Virtual job shadowing. Call the office for details in Juab and Sanpete Counties.

Learning Disabilities Association of Utah: Supports individuals with learning disabilities and the people who work with them;

Website: <https://ldaamerica.org/lda-chapters/utah/>

Phone: 801- 553-9156

COVID-19 information: Contact program for details.

TURN Community Services, Inc.: Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. Turn accepts private pay and DSPD clients.

Website: www.turncommunityservices.org **Age:** 6- 22 (summer camp)

Sevier: 167 W 100 S, Richfield

Phone: (435) 893-8787

COVID-19 information: Summer camps cancelled. Contact program for updates.



Beaver, Iron, Garfield, Kane and Washington Counties

C.A.S.T for Kids: This event is designed to provide children with disabilities, ages 5 – 17, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating! Contact Jarrett Edwards for info or to register. Visit the website for a calendar and location of events.

Website: <https://castforkids.org/c-a-s-t-for-kids/>

Phone: (719) 850-0618

Location: Lake Powell Page, Arizona

Age: 5-17, caretakers required

Email: jarrett@jarrettedwardsoutdoors.tv

Covid-19 Information: This event will not be held for 2021.

Girls on the Run: Girls entering 3rd – 5th grades will enjoy building friendships in a fun and inclusive setting that includes interactive games, being physically active, and expressing creativity through arts and crafts and storytelling. Camp GOTR provides a one-of-a-kind opportunity for girls to develop self-confidence, have fun with friends, and learn life skills they can use now and as they grow.

Website: www.gotrsouthernutah.org

Cost: \$150.00

St. George: melissa.miller@girlsontherun.org

Phone: 435-703-0299

Covid-19 Summer camps will be held for girls entering or exiting 3rd.-5th grade this year. Please visit www.girlsontherunutah.org/Camp-GOTR for summer camp information and dates.

Red Rock Center for Independence: Evening Respite program for adults; specific youth transition skills programs for ages 14-21. Children ages 5-13

Website: <https://www.rrci.org>

Phone: (435) 673-7501

Covid-19 The center is currently closed to the public due to the ongoing recommendations regarding Covid-19. They can still help through the phone (435) 673-7501 and email: rrci@rrci.org

SwimKids: Where Fun & Safety Meet. With over 30 years'- worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Email: info@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Location: 449 So Valley View Drive, St George

Covid-19 Information: Limited class size, screening in place with temperature taking each time, chairs and touch points cleaned between lessons, parents asked to wear masks, and clients are asked to bring their own goggles. Please arrive only 5 min prior to the scheduled lesson.

TURN Community Services, Inc.: Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. Turn accepts private pay and DSPD clients.

Website: www.turncommunityservices.org

Age: 6- 22 (summer camp)



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Iron: 44 W Harding Ave, Suite 101, Cedar City

Phone: (435) 586-1128

Washington: 523 E Sunland Drive, Suite #5A, St. George

Phone: (435) 673-5251

Covid-19 Information: Contact program for current Summer 2021 offerings.

STATEWIDE

Accessible Wildlife for People with Disabilities: The Utah Department of Natural Resources (DNR) encourages people with disabilities to take advantage of our natural resources. DNR's Divisions and other public and private agencies have developed parks, campgrounds, trail systems, fishing piers, and other programs to enable access to our natural resources throughout the state.

Website: <http://wildlife.utah.gov/disabled-access> **Age:** All Ages

Covid-19 information: Check with the county to see if there are any guidelines or directives:

<https://coronavirus.utah.gov/special-orders/>

Frequently Asked Questions: <https://wildlife.utah.gov/news/utah-wildlife-news/887-hunting-fishing-utah-covid-19.html>

Contact Local or Regional DWR: <https://wildlife.utah.gov/about-us/contact-dwr.html>

Adaptive Adventures: Based out of Boulder and Chicago, Adaptive Adventures has multiple Lake Powell adaptive water "sport weeks" where participants can enjoy fishing, kayaking, water skiing, boating, etc. Programs are for all ages and abilities.

Website: <https://adaptiveadventures.org/>

Email: Chris Chris@adaptiveadventures.org

Cost: Prices vary but price will include food, lodging, and equipment.

Covid-19 information:

Note: They have unfortunately had to cancel/postpone in person programming, but are providing online virtual programming to all. There will be Zoom based instructional programs, Webcasts, healthy happy hour, guest speakers, Friday night films, and more. Check out the Events Calendar and register:

<https://adaptiveadventures.z2systems.com/np/clients/adaptiveadventures/publicaccess/eventCalendarBig.jsp>

Autism on the Seas: Autism on the Seas has been in collaboration with Royal Caribbean International since 2007 in developing cruise vacation services to accommodate adults and families living with children with special needs, including but not limited to Autism, Asperger syndrome, Down syndrome, Tourette syndrome, cerebral palsy, and all cognitive, intellectual, and developmental disabilities. We provide cruises with our staff that assist adults and families in accommodating the typical cruise services, as well as providing specialized respite and private activities/sessions that allow our guests the use of the ships entertainment venues in an accommodated and assisted manner.

Website: www.autismontheseas.com

Phone: 1-800-516-5247

COVID-19 information: <https://autismontheseas.com/covid-19>

AYSO VIP Soccer – Where Everyone Plays®: Provides a quality soccer experience for children and adults with physical or mental disabilities that make it difficult to successfully participate on mainstream teams. VIP Buddies ensure that every player has a great AYSO experience.

Website: www.ayso.org/play/programs/



This icon indicates this program offers online/virtual options.

COVID-19 information: Contact your regional office:
<https://www.aysonational.org/Default.aspx?tabid=856037>

Best Buddies: Dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships and integrated employment.

Website: www.bestbuddiesutah.org



Covid-19 information: Virtual opportunities - <https://www.facebook.com/bestbuddiesut>

Camp Roger: Provides a residential summer camp with counselors trained in the needs of campers with disabilities. Other day and holiday camps are available.

Website: <http://www.ymcautah.org/camps>

Phone: (877) 690-9622

Age: 4-18

Covid-19 information: Covid-19 and Summer Camp- latest information here:
<https://ymcautah.org/administrative/the-latest-news-from-our-y-concerning-covid-19/>
check site - <http://www.ymcautah.org/camps> - for camp Schedule

Care About Childcare: Offers summer childcare guides for counties throughout the state. The website also helps match parents with childcare providers and has a link to locate free summer lunches and meals for kids under “Summer Activity Guides”

Website: <https://jobs.utah.gov/occ/cac.html>

Location: Utah

Covid-19 information: Check website for updates.

Common Ground Outdoor Adventure: Common Ground’s mission is to provide life-enhancing outdoor recreational opportunities for youth and adults with disabilities. Activities include canoeing, cycling, snowshoeing, skiing, hiking, climbing, and fishing with all necessary equipment provided.

Website: <http://cgadventures.org/>

Phone: (435) 713-0288

Location: Logan

Covid-19 information: Check website for updates.

Family to Family Network (FtoFN): The Family to Family Network (FtoFN) is a statewide family support network run by volunteers. It is designed to educate, strengthen, and support families of persons with disabilities, especially those who are on the waiting list or are in services with the Division of Services for People with Disabilities (DSPD). Network leaders are parents of individuals with special needs and link families to local resources, services, and disability-friendly events. Please see their Facebook page for information on events in your area, or contact the Utah Parent Center at 801-272-1051 to be added to their mailing list. The FtoFN is a project of the Utah Parent Center.

Website: <https://www.facebook.com/utahfamilytofamilynetwork/>

Covid-19 information: Contact program for details and virtual opportunities.





This icon indicates this program offers online/virtual options.

Hiking Utah Mountains: Enjoy the great outdoors as a family on wheelchair accessible trails. TrailLink has a list of accessible, paved hiking trails in Utah. Each trail will be short in length, surfaced for accessibility, and provide descriptions of the hike. You can look at the website or they all can be downloaded from your App Store (look for TrailLink).

Website: www.trailink.com/stateactivity/ut-wheelchair-accessible-trails.aspx

COVID-19 information: Contact program for details.

Leader Dogs for the Blind: Summer Experience Camp is for 16-17yr olds who are legally blind. To help teens prepare for the next stage of their lives, we offer leadership development, an introduction to guide dogs, and the opportunity to spend time with peers. GPS devices are incorporated throughout the week in a variety of useful environments, including a college campus. Campers also experience tandem biking, beep kickball, rock wall climbing and more!"

This free program combines fun activities with exploring mobility options like guide dog travel, discovering leadership skills and building friendships with peers facing similar challenges. Campers receive a free HumanWare GPS to help increase their travel independence. They also have the opportunity to learn about living and working with a guide dog. This year, Summer Experience Camp is open to teens ages 16 and 17 within a six-hour driving radius of the Leader Dogs for the Blind campus. For more information about how we are preparing for a safe camp, visit our website.

Website: <https://www.leaderdog.org/programs/summer-experience-camp/>

Address: Client Services Department P.O. Box 5000, Rochester, MI 48308-5000

Covid-19 information: Virtual Summer Experience Camp - Presented by AAA

Camp dates: Tuesday, June 22–Tuesday, June 29, 2021

Application deadline: Thursday, April 1

MDA Camp: MDA Summer Camp is a magical place where anything is possible — from swimming to zip-lining and horseback riding to dancing under a disco ball and gaining valuable life skills. Each summer, thousands of kids attend life-changing, overnight camps around the U.S. — at no cost to their families, thanks to our generous supporters.

Website: <https://www.mda.org/summer-camp>

Covid-19 information:

MDA Summer Camp Update - The Muscular Dystrophy Association's top priority is the health and safety of our campers, volunteers, and staff. After much consideration of the current and forecasted situation regarding the coronavirus (COVID-19) pandemic and discussion with trusted medical professionals, MDA has made the difficult decision not to hold in-person summer camp programs in 2021.

While we are confident that this is the right decision for the safety of our community, we join campers, volunteers, and camper families in feeling disappointed. We understand the MDA camp community looks forward to these life-changing weeks at camp every year, and this decision was not made lightly. While there is no way to replace being together at in-person camp, we remain committed to bringing fun to campers while helping them stay connected through virtual programming.



<https://www.mda.org/virtual-camp>

Megaplex: Offers a sensory friendly summer movie series for children. All sensory friendly showings will be at 10:30 am. Just \$10.00 for 10 weeks!

Website: <https://www.megaplextheatres.com/i/kidsmovies>

Phone: Call your local theater for details

Covid-19 information:

Kids Summer Movie Program Update:

We plan to offer our popular Kids Summer Movie program in the future. We will also continue to provide the best family-friendly entertainment options available when the situation permits. We look forward to seeing you back at Megaplex Theatres soon.

National Ability Center: National Ability Center is definitely worth the drive up to Park City. They offer just about every kind of outdoor recreational activity a person could do (including: rock climbing, swimming, archery, sledge hockey, cycling, water-skiing, kayaking, wakeboarding, paddle board, snowboarding, snowshoeing, and Nordic skiing, (to name some activities). It empowers individuals of all abilities by building self-esteem, confidence, and lifetime skills through sport, recreation, and educational programs. Forms and a complete list of programs can be found on their website.

Contact Information: www.discovernac.org

Location: Park City, UT

Phone: 435.649.3991 x 625



Covid-19 information: Rentals and Virtual programming available, also limited in-person outdoor programming

Note: Your health and safety are our first priority. We've consulted with healthcare professionals, other industry leaders, participants, staff and more, and we are thrilled to welcome you back to limited in-person, outdoor programming. As we reopen, we will be continuing our commitment to care with a strategic, phased reopening plan. You'll find the same dedicated and caring NAC team you've come to know but things may look – and feel – a little bit different. To see what you can expect in the different phases of re-opening and what you can access from NAC at home go to: <https://discovernac.org/phase-i-programming-details/>

National Parks and Federal Recreation Lands: Free Access Pass is a lifetime pass for U.S. citizens or permanent residents with permanent disabilities. The pass provides access to, and use of, Federal recreation sites that charge an Entrance or Standard Amenity. The pass admits the pass holder and passengers in a non-commercial vehicle at per vehicle fee areas and pass holder + 3 adults, not to exceed 4 adults, at per person fee areas (children under 16 are admitted free). The pass can only be obtained in person at the park.

Website: <https://www.nps.gov/planyourvisit/passes.htm>

COVID-19 Response Face masks are required on NPS-administered lands where physical distancing cannot be maintained and in all NPS buildings and facilities. Park operations vary based on local public health conditions. Before visiting, please check the park website to determine its operating status. Additional details are available at www.nps.gov/coronavirus. Please recreate responsibly.



Utah Parent Center Summer Resources & Activities 2021- Special Edition

Rite Care Learning Centers: Tutor children with language and/or learning disabilities for free with help from a tutor. The participation of the parent or other attending adult is essential. When the adult learns along with the child, tutoring sessions can be reinforced at home and the child is much more likely to make significant progress. All it takes to enter the program is a simple phone call.



Phone: (801) 627-8878

Website: <http://utahscottishrite.org/rite-care/>

Location: Ogden, UT

Cost: Free

Covid-19 information: Check the website for activity availability.

Special Olympics: Offers summer games where individuals with disabilities can compete in a variety of sports including things like cycling, track and field, soccer, and softball.

Website: <http://www.sout.org>

Phone: (801) 363-1111 ex 223

Age: 8-Adulthood



Covid-19 information: All events are tentative based on covid-19 levels. Check the website for activity availability.

Utah Mountain Bike Elevate Program: In partnership with the NAC and the Utah High School Cycling League, a unique opportunity to any high school student with a disability to learn how to mountain bike with the goal of competing as a member of their school's mountain bike team. Email Dallen to register.

Our mountain biking season is from April 1st through October 23rd. Our program is for students 7-12 grade. They must register with the team based on the middle or high school that they attend or live in the school boundary for. Students must register prior to July 7th for the season.

\$285 for high school riders, \$235 for middle school. Teams also have fees averaging \$300. Transportation, meals and lodging for events is not covered in the cost. Scholarships, loaner bikes and some riding equipment is available through the league and team.

Website: <https://www.utahmtb.org/elevate-program/>

Email: dallen@utahmtb.org

Age: Middle-High school students

Covid-19 information: Contact Dallen at dallen@utahmtb.org

Utah's National Parks: Utah's National Parks do not have specific programs for those with disabilities. They still offer junior ranger programs that can be tailored to the needs of your child. Stop by the visitor center as soon as you get to the park to talk with a ranger about such accommodations. Some parks offer "kits" or ranger-led programs that allow children of all abilities to experience Utah's great natural resources. Check park websites or visitor centers for wheelchair accessible trails and paths.

Website: www.nps.gov/Utah

Cost: Park entrance fee

Face masks are required on NPS-administered lands where physical distancing cannot be maintained and in all NPS buildings and facilities. Park operations vary based on local public health conditions. Before visiting, please check the **park website** to determine its operating status. Additional details are available at www.nps.gov/coronavirus. Please **recreate responsibly**.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Utah Lakes and Rivers: Utah Division of Wildlife Resources has free licenses for Utah residents with physical and cognitive disabilities. Individuals must apply for the license at <http://wildlife.utah.gov/disabled-access/>. The DWR website has a complete list of over 50 accessible fishing docks. They will also have many different accommodations for hunting as well.

Email: DWRcomment@utah.gov

Phone: (801) 538-4700

Website: <https://wildlife.utah.gov/>

COVID 19 updates, visit: <https://wildlife.utah.gov/news/utah-wildlife-news/887-hunting-fishing-utah-covid-19.html>

Utah State Parks: Many Utah State Parks, like the National Parks, have trails that are accessible by everyone. State parks in Utah with such trails are Dead Horse Point, East Canyon, Fremont Indian, Jordanelle, Snow Canyon, and the Historic Union Pacific Rail trails. Many others have accessible fishing docks, including Bear Lake, Deer Creek, Huntington, Millsite, Quail Creek, Red Fleet, Rockport, Sand Hollow, Starvation, Utah Lake, Willard Bay, and more.

Website: <https://stateparks.utah.gov/>

Phone: 801-538-7220.

COVID-19 information: This page will be updated as more information evolves and becomes available; <https://stateparks.utah.gov/2020/03/16/covid-19-updates/>

Classes/Camps (Non Disability Specific)

4-H Summer Camps: The structure of these camps is unique and helpful for both the kids attending and parents looking for summer activities.

Website: <https://utah4h.org/projects/specializedprograms/camps/>

Phone: (435) 797-4444

Covid-19 information: See events calendar for upcoming virtual events and camp openings. Contact your county extension office for further information.

***Star Camp:** Missions to Mars, Rockets, Astronaut training, Field trips, Science classes, experiments, and engineering. Stay overnight, work in a team, and have the time of your life at Star Camp!

Website: <https://douglassciencecenter.org/home/star-camp/> **Phone:** (801) 917-4829

Email: info@douglassciencecenter.org

Ages: 5-15

Location: DaVinci Academy of Science and the Arts- 2033 Grant Ave, Ogden, UT 84401

Cost: \$75-\$399 payment plans and discounts available.

Covid-19 information: Finalized procedures will be updated in May. You can find the update on the website. <https://douglassciencecenter.org/wp-content/uploads/2021/01/COVID-Precautions.pdf> If in-person is not an option for your family, Star Camp offers "Camp in a box". They will mail camp to you!

***Previously known as Astro Camp Utah**



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Bike Collective: Earn a Bike program with Bike Collective. It is a rigorous six-week introductory bike mechanics course offered free to anyone ages 6-18. Each class is 1.5 hours long, twice a week, totaling 18 solid hours of instructional time. Upon graduation, students earn their own bicycle to keep and ride with pride.

Website: <https://bicyclecollective.org/> **Phone:** (801) FAT-BIKE (328-2453)

Ages: 6-18

Location: Salt Lake, Provo, Ogden, St. George

Covid-19 information: All programs suspended until further notice, check for updates.

Camp Resource- <https://www.campresource.com/>

Filter by State for Utah and specific choices about camp types.

Camp Snowbird: There is a new adventure each day in beautiful Little Cottonwood Canyon for all campers ages 4-12. Campers will explore the canyon through nature hikes, science experiments, arts and crafts and supervised swims.

Website: www.snowbird.com/summer/summercamps

Phone: (801) 947-8222

Covid-19 information: All summer camp sessions have been cancelled for the 2021 summer season.

Higher Ground Learning: Higher Ground Learning has partnered with the University of Utah's Youth Education program since 2004. Each summer we offer over 30 workshops designed to get kids off of the couch and excited about learning. Classes such as Freakonomics, Build Your Own Longboard, Fashion Design and Dissection Inspection provide an opportunity for kids of all interests to learn in a fun and safe environment. Whether you have an artist or a scientist, our workshops are designed to create love for a lifetime of learning.



Website: <https://www.highergroundlearning.com/summer>

Phone: (801) 524-0817

Email: info@highergroundlearning.com

Location: Salt Lake City

Ages: 8-18 **Cost:** \$160-\$350

Covid-19 information: All classes offered are online until further notice. Please check the website at the beginning of April 2021 for a finalized update.

Hogle Zoo: Offers educational programs including zoo classes, zoo camps, and volunteer activities.

Website: http://hoglezoo.org/education_programs/zoo_classes

Phone: (801) 584-1700

Age: Grades K-12



Covid-19 information: Many camps and classes are available on-site and virtual. Check the events calendar for more information or call 801-584-1769

https://www.hoglezoo.org/events_experiences/events_calendar/

Masks are required for on-site visits.

For online/virtual experiences: <https://www.hoglezoo.org/virtual-experiences/>



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Kids Camps.com- http://www.kidscamps.com/summer_camps/utah-summer-camps.html

Different categories to search from. Click on the advanced search to be more specific.

COVID-19 information: Contact program for details.

The Leonardo: The Leonardo Summer Camps are an excellent match for children with curious minds, who love hands-on experiments and fun experiences! Your child will encounter academically and socially interesting topics that engage in multi-disciplinary themes. Our summer camps provide a cohesive experience that stretches the imagination, challenging your child to see the world around them in a different way. We want to encourage campers to use critical thinking skills to answer any questions they may ask!

Website: <https://theleonardo.org/summer-camps>

Phone: (801) 531-9800 **Ages:** 6-13

Cost: Half day- \$150, Member cost: \$135 (*Half Day Camps are for campers going into grades 1-3 only.) Full day- \$300 (Member cost:\$270)



Covid-19 information: Camps are open! And we are continually evaluating and updating our policies to ensure the safety of all campers and staff as we open for camps. In advance of the beginning of each camp, our staff will hold a parent orientation to answer questions.

****Youth and family programs are available online at <https://theleonardo.org/leo-at-home>**

Little Gym: Combining physical activity, gymnastics, games, and arts & crafts, we'll help your child beat the summer heat or winter blues with seasonal camps at The Little Gym! Check out your location for more information.

Website: <https://www.thelittlegym.com/Parties-Camps#camps-anchor>

Phone: (801) 581-9866

Location: Cottonwood Heights, Draper, Park City, SLC

Ages: 3-12

Cost: Varies by location

Covid-19 information: Contact your local Little Gym for more details.

Mad Science Summer Camps: We offer kids 3-hour experiences that are entertaining educational ways to keep their minds engaged during the summer months! They will be wowed by green glowing liquid, messages written in secret code, autonomous robots, and mystery substances that change from solid to liquid in seconds. There's something for everyone! **Register before May 31st to get \$10 off!**

Website: <https://greatersaltlake.madscience.org/parents-camps.aspx>

Phone: (801) 292-8646

Email: laurie@madsciencegslc.com

Age: 3-12

Location: Look for your area: [Location map](#)

Cost: \$145-\$180



Covid-19 Information: Email questions to Laurie at laurie@madsciencegslc.com

Mathnasium: Our goal is to significantly increase your child's math skills, understanding of math concepts, and overall school performance, while building confidence and forging a positive attitude.

Website: www.mathnasium.com **Location:** Over 10 locations to choose from find your

Phone: (877) 601-6284

Ages: 2nd grade-12th grade

Location and local: <https://www.mathnasium.com/maps/maps/search/?q=Utah>



Covid-19 Information: In-person and online programs available. Contact a location near you.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Real Salt Lake Youth Camps: Real Salt Lake Youth Camps are offered for children 3-18 years old. These soccer camps are held throughout Utah and surrounding states and will run June-August.

Website: <https://yda.rsl.com/programs/camps/>

Phone: (801) 727-2714

Covid-19 information: <https://yda.rsl.com/wp-content/uploads/2020/06/Soccer-School-Restrictions.pdf>

Red Butte Garden: Hey kids! Spend a week at Red Butte Garden in our fun and educational day camps. Discover science, nature, art, and more—all while making new friends, and exploring the great outdoors! Morning and full-day week-long camps offer flexible scheduling options. Spend a week or more with us this summer in the Garden! **Registration required. Please register for the grade your camper will be entering this fall, 2021.**

Website: <https://redbuttegarden.org/kids-classes/summer-camp-2021/>

Phone: 801-581-8454

Location: Salt Lake

Email: summercamps@redbutte.utah.edu

Ages: 1st-4th grades

Cost: Members:\$124-\$252 , Public:\$155-\$315

Dates: June 7th-July 30th 2021

Covid-19 information: <https://dhsyi82ptcyu5.cloudfront.net/media/documents/covid-19-new-summer-camp-guidelines.pdf>

Rowland Hall Summer Works: Provides an active and engaging day camp experience for students from a wide variety of schools across the Salt Lake area. Every summer, campers make friends, learn new skills, create memories, and have a blast!

Website: <http://www.rowlandhallsummer.org/>

Phone: 801-924-2971

Email: summerworksadmin@rowlandhall.org

Age: 4-those entering 9th grade

Location: Salt Lake City

Cost: <http://www.rowlandhallsummer.org/tuition.html>

Covid-19 Information: <http://www.rowlandhallsummer.org/covid-19-faq.html>

Scales & Tails Utah: We offer entertaining, educational, and interactive reptile and bird shows to cities all over Utah. We will travel to your location and perform our show for your child's birthday, scout group, classroom, school assembly, or any kind of event that you would have us come to. This will be the second year we are offering a summer camp for kids to be held in our animal shop!

Website: <https://www.scalesandtailsutah.com/> **Phone:** (801) 577-7182

Cost: \$250-\$375



COVID-19 UPDATE: General Admission is being limited to 10 people per one-hour time block. We are offering our travel shows and will follow State guidelines for the number of participants. Masks are required for all of our products in-house and traveling. Please call to inquire for more details.



This icon indicates this program offers online/virtual options.

My Summer Camps- <http://www.mysummercamps.com/camps/utah-summer-camps.html>

Look for camps in Utah. Filter by city.

Covid-19 information: Check with the individual camp you are interested in program availability/guidelines.

Summer Fit: Fit promotes a Whole Child approach to learning and helps build healthy habits during the summer for a successful school year. The Summer Fit Activity Book series reviews and previews basic skills in reading, writing, math, and language arts, along with weekly core values and a daily fitness routine to keep children busy, active, and learning. **Includes free summer supplemental activities, free summer fitness videos, downloadable kindergarten readiness kits and more.**



Website: <https://www.summerfitlearning.com/>

E-mail: kelly@summerfitlearning.com

Phone: (480) 665-1042

COVID-19 information: Contact program for details.

Thanksgiving Point: Summer at Thanksgiving Point means there is no chance for the summertime blues! This year, watch your child transform through fun learning experiences as they blast to the past discovering dinosaurs, live in the moment creating unique art, and see the future experimenting with topics in STEM. Children will connect with each other and the world around them while becoming more confident to reach for their stars as they gain valuable skills that will stay with them, even when summer is gone.

Debuting in 2021, several camps have been specifically designed to give campers a fully immersive experience with unique behind the scenes experiences in Thanksgiving Point's venues. Signature Summer Camps follow the same schedule structure as regular summer camps, and will include immersive classrooms and activities, and opportunities to continue the learning as a family once camp is over. Learn more below under 'Signature Camps' or in respective age groups.

Phone: (801)-768-4971

Ages: 3-18

Cost: \$40-\$140

Website: <https://www.thanksgivingpoint.org/education/summer-day-camps/>

Covid-19 Information/Response: We understand that many families likely have concerns about Summer Day Camps and how they are affected by COVID-19. We have communicable-disease control plans in place that can be revised in cooperation with public health authorities as additional guidance is provided. We will continue to make new updates as new information becomes available.

More information about Covid-19 Response available at <https://thanksgivingpoint.org/education/summer-day-camps/>



Utah Museum of Natural History Camps: At NHMU, we are committed to cultivating lifelong skills in STEAM (Science, Technology, Engineering, Art, and Math) investigations that promote independence, nurture teamwork, and inspire resiliency and innovation while providing time to explore the natural world. This summer, we're offering two experiences; at home and at the Museum! NHMU summer camp experiences at the Museum and at home deliver fantastic science- and nature-based experiences to your kids. Our Summer@NHMU programs take full advantage of the Museum's exhibits and collections as well as the incredible natural environments around our site. Our Summer@Home lineup provides the supplies, the excitement, and the expert facilitation you expect of our programming, all in the comfort of your own home. No matter which camp program you choose, your child will:

- explore the natural world from new perspectives,
- put the scientific method into action,
- engage in authentic experiences with Museum staff and collections,
- make new friends and have fun!

Website: <https://nhmu.utah.edu/summer-camp>

Phone: (801) 585-3948

Email: programs@nhmu.utah.edu

Age: Kinder-5th grade

Cost: \$100-\$310



Covid -19 information: Screening participants and staff for COVID-19 symptoms before entering the facility.

Requiring a face covering at all times by staff and campers.

Scheduled disinfection of high touched surfaces several times throughout the day and use of electrostatic foggers and sanitizers each evening in lab spaces.

Scheduled hand washing times throughout the day; hand sanitizer stations throughout the facility.

Camp activities will be re-designed in order to reinforce physical distancing.

Eliminating shared supplies when possible. When not possible, items will be sanitized between use.

Summer@Home: We recognize that for some families, Summer@NHMU may not be the best fit this year. For those who would prefer an at-home experience, this is the program for you!

Summer@Home camp sessions will be offered in a half-day format.

Sessions will run Monday - Thursday only.

We will not offer camp programming the weeks of July 5 and July 19.

Utah Olympic Oval: Family Fitness and recreation. Children participate in FUNdamental classes where they learn the fundamentals of sport such as throwing, balance, and more.

Website: <https://utaholympiclegacy.org/utah-olympic-park-summer-sport-programs/>

E-Mail: mterwillegar@uolf.org

Phone: (801) 968-6825

Ages: 7-10

Covid-19 information: All FUNdamentals Camps for the summer season have been canceled. Please contact Matt Terwillegar for more information.

[Matt Terwillegar](mailto:Matt.Terwillegar@uolf.org) (Program Manager) 435.602.9401 | mterwillegar@uolf.org



Utah Parent Center Summer Resources & Activities 2021- Special Edition

Wasatch Community Gardens: We invite you to explore the garden and the natural world and eat health, tasty snacks with us through our Summer Camp in a Box program! All of the elements that campers love about being in the garden - experiments, crafts, games, and healthy snacks - will again be available in a take-home format so campers can participate remotely. Sign up for a box full of activities and recreate the wonder of garden-based learning at home - no garden or internet required!

Website: <https://wasatchgardens.org/youth/summer-camp-box>

Phone: (801) 359-2658

Ages: Kinder-8th grade

Cost: \$35/week-\$85/week

Covid-19 information: Due to concerns related to COVID-19 and our Campus construction project, Wasatch Community Gardens will not hold in-person summer camps for 2021. We feel that this is the best course of action to keep our campers and staff safe and healthy. We will miss having campers in the garden, but that doesn't mean the summer fun can't continue!

Wasatch Kids Camp: Wasatch Kids Camps is thrilled to offer both day camps and overnight travel camps for children ages 6-13! Registration is done on a week-by-week basis, allowing parents and children to decide between several camp options throughout the summer. Whether you fancy regular day camps, or travel camps, we have something for you!

Website: <https://www.wasatchkidscamps.com/calendars>

Phone: (801) 263-2267

Email: office@wasatchkidscamps.com

Age: 6-16

Covid-19 information: 2021 registration is open. Get ready to have some fun!

Wheeler Historic Farm: Boys and girls, ages 6-10 years old enjoy turn of the century farm life and outdoor adventure. Activities include: milking cows, farm chores, horseback riding, feeding animals, gardening, historic house tours, hiking, art, wagon rides, and more-- Half and full day.

Website: <https://slco.org/wheeler-farm/camps--classes/summer-camp/>

E-Mail: wheeler1@slco.org

Ages: 6-10

Phone: (385) 468-1755

Cost: \$100-\$125

Covid-19 information: Make sure to wear a face covering when you cannot maintain 6 feet (or one cow) apart from others while visiting the farm!

Summer Fun National Summer Camp Directory: Links to over 200 camp Web sites serving children with disabilities, as well as useful information and resources to help create a rewarding summer camp experience for you and your child.

Website: <http://fcsn.org/camps/>



This icon indicates this program offers online/virtual options.

Community Education

Canyons Community Education

Website: <http://www.canyonsdistrict.org/community-ed>

Phone: 801-826-5000

Covid-19 information: <https://web.canyonsdistrict.org/covid-19/>

Davis Community Education

Website: <https://dace.djusd.net/>

Phone: (801) 402-0720

Covid-19 information: Call for updates.

Murray Community Education

Website: <http://www.murrayschools.org/community-education-classes/>

Phone: 801-264-7400

Covid-19 information: Call for updates.

*****Many other districts in Utah also offer Community Education classes.
Call your local school district to see what they offer.*****

Free and Low Cost Activity Ideas

Find a Museum: Find a local Utah Museum (some are free, we recommend calling for pricing/hours.)

Website: <http://www.utah.com/museums/>

Covid-19 information: Check with each location for details and virtual opportunities.

Gilgal Sculpture Gardens: Located at 749 East 500 South in Salt Lake City, Gilgal Sculpture Garden was envisioned, designed, and created by Thomas Battersby Child, Jr. in the mid-twentieth century. Tucked in the middle of the block behind houses and businesses, many are still unaware of its existence and enjoy a true sense of discovery when they visit the garden for the first time. Gilgal Sculpture Garden contains 12 original sculptures and over 70 stones engraved with scriptures, poems, and literary texts. As a whole, Gilgal Sculpture Garden is significant as the only identified “visionary art environment” in Utah.

Website: <http://gilgalgarden.org/about-gilgal-sculpture-garden/>

COVID-19 information: Contact program for details.

Letterboxing: It’s like getting a treasure map and looking for a hidden treasure. There are letterboxes all over the United States. The website has all the instructions of how to get started and on your way. There are a wide variety of adventures to suit all ages. This is a good alternative for geo cashing!

Website: <http://www.letterboxing.org/GettingStarted.php>

COVID-19 information: Contact program for details.



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Now playing Utah: A website that offers information on upcoming activities including free events.

Website: <http://www.nowplayingutah.com/#>



COVID-19 Updates and Information: At [nowplayingutah.com](http://www.nowplayingutah.com) your safety is our priority. Please check safety protocols for events before attending. We will maintain our [Covid-19 Affected Events list](#). If you haven't yet, check out our list of [Virtual events and resources](#). Additionally, you can find which [organizations and venues](#) are open. Stay safe, and remember to wash your hands!

Start your own 4H Club! Kids K-12 can join an open club or create one with 5 kids (from 3 families) at your school or in your neighborhood – 4H provides training and curriculum to parent volunteers who lead the group – dues are \$1 (covers insurance). Not just horses and livestock, 4H offers opportunities in everything from robotics to mock legislature to cooking to dog training! Summer Camps are open to all kids.

Website: <http://saltlakecounty4-h.org>

Covid-19 information: Check website for updates and virtual opportunities.

Free meals for children through the Utah food bank: The Utah Food Bank runs a program called “Kids Café” that feeds children throughout the state at various locations.

Website: <https://www.utahfoodbank.org/programs/kids-cafe/>

Covid-19 information: Check website for updates and virtual opportunities.

USDA Free meals for kids through the Summer Food Service Program: Free meals at various locations for kids. Find a summer site in your community with our [Summer Meal Site Finder](#) mapping tool. You can also text “Summer Meals” to 97779 or call 1-866-348-6479 to find a site near you.

Website: <https://www.fns.usda.gov/sfsp/summer-food-service-program>

Covid-19 information: Check website for updates and virtual opportunities.

Hill Aerospace Museum: 30 acres of military aircraft to look at and walk through. It is located at the northwest corner of Hill Air Force Base. Most of the museum is wheelchair accessible.

Website: <https://www.aerospaceutah.org/>

Call: 801-777-7554 for COVID 19 updates

Wheeler Farm: Free historic working farm. There are small fees for hayrides and milking cows.

Website: <http://slco.org/wheeler-farm/>

Covid-19 information: Make sure to wear a face covering when you cannot maintain 6 feet (or one cow) apart from others while visiting the farm!



This icon indicates this program offers online/virtual options.

Utah Parent Center Summer Resources & Activities 2021- Special Edition

Granite Unplugged: Play Unplugged is all about encouraging kids to put down their electronics and get out and play. This is done by creating a symbiotic relationship between kids, parents, and local businesses. This relationship creates an incentive for all to participate as one motivates the other. Kids earn a Brag Badge for every activity they complete. The badges are specifically designed to be fun, colorful, and highly collectable. Some examples of Brag Badge activities include: fishing, hunting for bugs, hiking, and more!

Website: <https://www.weplayunplugged.com>

Email: info@weplayunplugged.com

Phone: 435-625-1289

Utah Valley Free Things To Do: List of free activities in Utah Valley.

Website: <http://www.utahvalley.com/packages-coupons/free-things.aspx>

Salt Lake City Free Attractions: A list of free activities in Salt Lake City.

Website: <https://tipsforfamilytrips.com/utah/free-things-to-do-in-salt-lake-city/>

Park City Free Attractions: A list of free activities in Park City.

Website: <http://www.saltproject.co/blog/7-free-things-do-kids-park-city>



This icon indicates this program offers online/virtual options.

Adaptive/ All Ability Playgrounds:

Covid-19 information: Contact your city parks department for updates and information on parks, splash pads and, athletic fields.

Orem, UT:

Address: 200-298 100 N, Orem, UT 84057

Phone: (801) 229-7099

St. George, UT:

<https://www.sgcity.org/legacy/thunderjunctionallabilities/>

Address: 1851 South Dixie Drive

West Jordan, UT:

<https://www.facebook.com/pages/Sierra-Newbold-Memorial-Park/295360153956860>

Address: 5900 W New Bingham Hwy West Jordan

South Jordan, UT (under construction):

<http://www.sjc.utah.gov/all-inclusive-playground-coming-to-south-jordan-city/>

Syracuse, UT:

<https://www.syracuseut.gov/286/The-Syracuse-Island>

<https://www.syracuseut.gov/facilities/facility/details/centennialpark-5>

Address: 1800 S 2000 W, Syracuse, UT 84075

Logan, UT:

<http://utahsAdventurefamily.com/whittier-center-adventure-playground/>

Address: 290 N 400 E, Logan

Snowbird, UT (Ask the hotel for a map, it is tricky to find, down a walkway behind some trees):

<https://www.snowbird.com/adaptive-sports/>

Salt Lake City:

<https://www.slc.gov/parks/>

Eagle Mountain (under construction):

5806 Pony Express Pkwy, Eagle Mountain

Salt Lake County Park District: Offers information about where to find public Parks in Salt Lake City

Website: <http://parks.slco.org/>

Covid-19 information: <https://slco.org/parks-recreation/covid-updates/>



Utah Parent Center Summer Resources & Activities 2021- Special Edition

Salt Lake County Library: Online activities, classes, and summer reading programs for kids/teens

Website: <http://slcolibrary.org/>



This icon indicates this program offers online/virtual options.

From Home – Online/Virtual Opportunities

Music Together Online – Hello Music MT - Online Classes open now

<https://www.hellomusicmt.com/mtonline.html>

Red Butte Garden Virtual Resources

<https://redbuttegarden.org/plan-your-garden-visit/online-classes-virtual-resources/>

Mindfulness classes for Kids

<https://www.mindfulschools.org/free-online-mindfulness-class-for-kids/>

National Park Virtual Tours

<https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>

Louvre Museum Tour

<https://www.louvre.fr/en/visites-en-ligne>

Animal Live Cams - Bears, Birds, Dogs, Cats, Africa and more!

<https://explore.org/livecams/african-wildlife/olifants-river>

Arts and Culture Harry Potter History of Magic Exhibit

<https://artsandculture.google.com/project/harry-potter-a-history-of-magic>

Google Arts and Culture App

For apple devices: <https://apps.apple.com/app/arts-culture/id1050970557>

For Android devices:

https://play.google.com/store/apps/details?id=com.google.android.apps.cultural&hl=en_US

Virtual Tour of the National Museum of the United States Airforce and a virtual cockpit experience

<https://www.nationalmuseum.af.mil/Visit/Virtual-Tour/>

FREE Educational Resources and Tips for Parents by Danika Taylor

https://docs.google.com/document/d/1kTO2OKQgSzNuo0JvaeJjeQpuQYLy2mqZhJB23L2rQ_U/edit?fbclid=IwAR3EI-JFHm7yzltQovy5t7df5mdx7NCVRCsSmCPUXPC12_W1NFP8QB_oMpAQ

12 World Class Museums You Can Visit online

<https://www.mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online>

Learn to Code for Free - Coding Programs for Kids

<https://mommypoppins.com/coding-kids-free-websites-teach-learn-programming>

Ocean Voyager Live Web Cams - Georgia Aquarium

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>



This icon indicates this program offers online/virtual options.

Story Time From Space - Real astronauts read stories from space!

<https://storytimefromspace.com/ada-lace-part-1/>

Story Pirates Podcast

<https://cms.megaphone.fm/channel/storypirates?selected=GLT2527227675>

Virtual Tour of the Leonardo

<https://my.treedis.com/tour/the-leonardo-general-exhibits>

Hogle Zoo Virtual

<https://www.hoglezoo.org/virtual-experiences/>

Virtual Tech Camp

https://www.idtech.com/virtual?utm_source=google&utm_medium=cpc&utm_term=%2Bvirtual%20%2Bcamp&gclid=CjwKCAjw9MuCBhBUEiwAbDZ-7nPbFjjwnk14C-yteC7d--MyexOE9l-1OxqEXI1D28VsvfaMuiOhahoCuooQAvD_BwE

