## 2020-2021

## **Parent-to-Parent:**

Family and Educator Training on ADHD (Attention-Deficit/Hyperactivity Disorder)



## A series of 7 two-hour classes for anyone who wants to learn about ADHD

\*\*One USOE credit available for Davis District teachers who complete the class series

1 Overview of ADHD

DSMV Criteria for Diagnosing ADHD • Impact of ADHD on the Family • ADHD & Executive Functions • ADHD & Co-existing Conditions

2 Assessment to Multimodal Treatment

The Science of ADHD • Assessment / Evaluation Process for ADHD • Multimodal Treatment Options: Behavior Interventions & Medication Used for ADHD

- 3 Developing Parenting Strategies & Positive Behavior Interventions
  Behavior Management, Part I Proactive and Reactive Strategies for Home and School
  - Strengthening Family Relationships Behavior Management, Part II
- 5 Educational Rights for Your Child with ADHD
  Understanding the processes under the federal education laws (Section 504 and IDEA)
- 6 Building an Education Team: Bridging the Gap between Home and School The link between Impaired Executive Functions & Schoolwork Difficulties • Managing the Homework Process • Fostering School-Home Communication • Tips for Organizing School Work and Supplies
- 7 Resiliency, Teen Challenges and Future Success Strengthening Resilience in Children/Teens • Avoiding the Challenges of Possible Substance Abuses • Teen Driving Challenges

## **Pre-registration is required**

**Dates and Times:** Fall Series Tuesdays 6pm – 8pm September 8 – October 20, 2020

Winter Series Thursdays 6pm – 8pm January 28 – March 11, 2021

Spring Series Wednesdays 6pm – 8pm March 17 – May 5, 2020 \*No Class 3/31/21

**Location:** Online Zoom Sessions for Fall & Winter

\*\* location to pick up materials and class link will be sent via email

Spring Session - Fairfield Jr. High School - Media Center - 951 N Fairfield St, Kaysville, UT

\*\* 1st Session begins at 5:45 p.m. sharp!

Cost: \$80/per Family or Educator -- Includes PowerPoint and Miscellaneous Handouts

**To Register:** Parents and Educators: Email your name and phone number to

Jenn Pond at jpond42@gmail.com or text your name and number to 801-628-0184.

**Educators Only:** Information for registering through MIDAS to receive credit for the course will be sent out after registration is completed. Reimbursement is available for

Davis School District Educators when course is completed.

**Everyone:** Make checks payable to "CHADD of Utah".

Limited Scholarships available for parents in need







Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) of Utah and Davis School District