



Special needs,
extraordinary potential



SEPTEMBER

Positive Parenting Support at Home

Research has shown that using positive behavioral interventions strategies are effective in changing behavior in our schools. Now that some of our students school environment is taking place in our own kitchens and living rooms, these same interventions can be just as effective. For instance, when a school environment is positive and predictable, students feel safer, have better academic performance, show higher test results, and make better behavior choices. Here are some examples and supports that can help set up your school/home environment for your child's success.



- [Creating a home plan using positive behavior intervention supports](#)
- [Your child's temperament and how it can affect school and home](#)
- [Does your child know why their behavior is a problem?](#)
- [Intervention examples and a brief video by Keith Radley on establishing consistency in your home](#)

Increase Positive Behaviors:

Have you ever thought about using positive reinforcements or rewards in order to decrease negative behaviors at home? This short clip from smarterparenting.org shares 5 skills to support improved behavior at home.

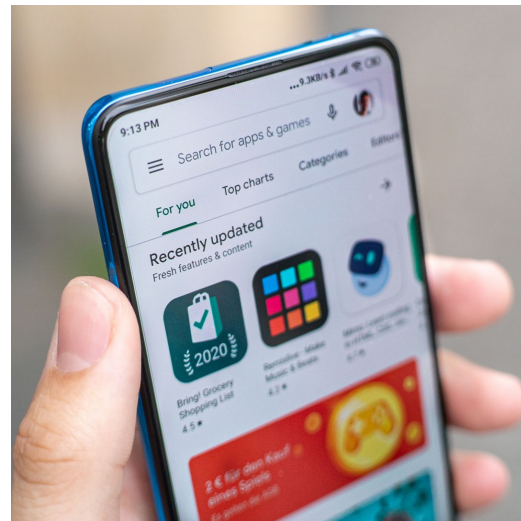


Popular Apps for School Challenges!!

Assistive technology can help kids and adults manage many challenges in organization, social skills, reading and math. Take a look at some of these apps to see if your child can benefit from them.

Note-taking and Study Apps:

- [Evernote](#): This free basic plan brings note taking to a whole new level. Your student can sketch, take a photo, use audio and sync notes from multiple devices.
- [Google Keep](#): Think of this app like a mobile alternative to using "sticky notes". Help your child stay organized and focused by using this app to create notes and set up timely reminders to keep them on task.
- [Paperbywettransfer](#): This is the note-taking app for those who love to sketch, draw, doodle, or take notes by hand. You can doodle away as you sketch your notes in this app.
- [Brainly](#): Stuck on homework? This app connects with a community of students and experts to help guide you to the right answers. There is a free and plus version
- [Quizlet](#): Create mobile flashcards for any class or subject and let the app test your knowledge once you input the information.



Organization & Time Management Apps:

- [MyHomework](#): Easily track your assignments, projects and upcoming tests with this easy to use app. You can categorize by color, set reminders and check off when completed.
- [Rememberthemilk](#): A great homework and project mobile organizer you can share up to two other users as well. This app syncs with Evernote, Gmail and Google Calendar.
- [Forest](#): Grow a digital tree while staying focused. This fun growing tree visual can keep kids, teens and adults focused, but don't leave the app in the middle of your work or your tree will die.

Check out the article below from Understood.org for more assistive technology learning supports.



Assistive Technology for Learning: What You Need to Know

Assistive technology is any device, software, or equipment that helps people work around their challenges. Some examples of assistive technology are text-to-speech and word prediction. Assistive technology includes low-tech tools, too, like...

[Read more](#)

www.understood.org

Utah Parent Center's Annual Fundraising Event



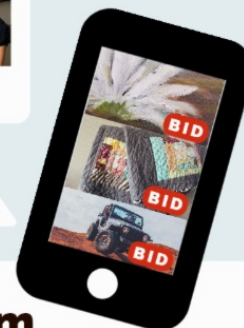
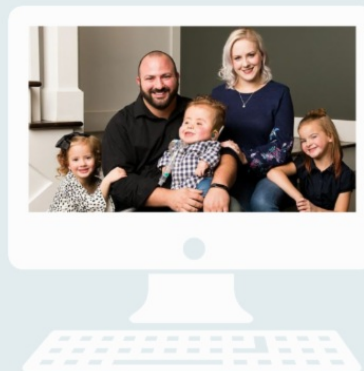
Monday | Sept 14 | 9:00 AM *through* Thursday | Sept 17 | 8:00 PM

With a Live Online Presentation Thursday at 7 PM

COMMUNITY NEVER CANCELS ONLINE ART AUCTION +

bid on unique, hand-crafted art and merchandise

Support the 1 in 6 children in Utah
impacted by disabilities or special health care
needs that the Utah Parent Center has been
serving for 38 Years!



<https://upcart.givesmart.com>

Due to Covid-19, the UPC's funding for family programming has been impacted. Because of social distancing efforts we are unable to meet in person for our annual Topgolf event.

Instead.... we would love to have you join our VIRTUAL CELEBRATION during the week of September 14th. Everyone is invited! Help us spread the word.

- [Online Art and Merchandise Auction](#) opens Monday, September 14th and closes Thursday, September 17th. Go online to view all of the art and merchandise donated by local families, artists, and companies.
- Join us Thursday night, September 17th for a Facebook Live Event to celebrate all we've accomplished during the last year and to wrap up the auction and online event. We would love your support.

What Was That? ... Acronyms Defined!

Ever wonder what all those acronyms that are used during your IEP meetings mean? Be ready to communicate at your next IEP meeting with the use of this acronym list provided on our website. Don't feel left out of the loop ever again!

Click [here](#) for entire list.



International Deaf Awareness Week--Meet Bella

During the last week of September the world will be celebrating International Deaf Day. There are many objectives to this celebration including:

- Spread awareness of the American deaf and hard of hearing community along with its culture and heritage
- Learning about sign language as an essential human right and promoting the human rights of deaf people
- Spreading supports and resources within your communities

Take the time today to connect with these organizations to personally discover ways you can help promote the human rights of deaf people. Spread the news of this celebration to your families, friends and networks with the following links:

Resources for parents raising children who



Meet Bella from West Jordan, Ut!

Bella is 12 years old and

are DHH (Deaf or hard of hearing):

- [American Society for Deaf Children \(ASDC\)](#): Utah Families who have a child that has been diagnosed as DHH can get a FREE membership to ASDC! For more information and to see if you qualify, email ehdiparents@utah.gov.
- [Alexander Graham Bell \(A.G. Bell\) Association](#)
- [Early Hearing Detection and Intervention \(EHDI\)](#)

Resources DHH (Deaf or hard of hearing) Adults:

- [Hard of Hearing Services at Workforce Services; including Utah Assistive Technology](#)
- [Deaf history timeline](#)
- Preview clip of *Deaf Jam* below:



identifies as Deaf and uses American Sign Language (ASL) to communicate. She also has bilateral cochlear implants, which she recently started using again. She is in 6th grade in the Jordan School District.

Bella recently auditioned for her school's play, "The Magical Wizard of Oz" and is running for Student Council. She loves music, Korean TV and music (K-dramas and Kpop), swimming, makeup and fashion. She loves babies and kids, and is currently working towards getting CPR certified so that she can start babysitting some of the cute kids in her neighborhood.

Bella wants to become a model and actress, but plans to attend BYU to become a Physical Therapist so that she can help kids learn to gain or improve mobility skills.

UVU Conference - Suicide Prevention



This year's conference will be hosted virtually due to the constraints of COVID-19. All sessions, including keynotes and breakouts will be online. Follow this link [here](#) for keynote introductions and registration information.

Save the Date: October 9th

New UPC Position Announcement!

LOOKING TO FILL A POSITION
FOR A PARENT CONSULTANT
SERVING BOX ELDER SCHOOL
DISTRICT

We are thrilled to announce our latest position for a Parent Consultant Serving Parents of Children with Disabilities in Box Elder District. Please follow the link below for position information and required qualifications.

[Apply Here](#)

Join our team!



CLOSING DATE:

Wednesday, September 9, 2020 or When Filled with a Qualified Candidate

Virtual Conference - Learning
Communication Concepts Through Touch

TACTILE STRATEGIES FOR EARLY COMMUNICATORS: PRACTICAL IDEAS FOR INTERACTIVE DAILY ROUTINES

PRESENTED BY MEGAN MOGAN CCC-SLP
DEAFBLIND SPECIALIST, ARIZONA DEAFBLIND PROJECT



Children with Visual Impairment and Additional Disabilities (including Deaf-Blindness) develop concepts through direct experience with people, materials, and environments. Through touch! This presentation will offer multiple examples of early literacy and communication activities using alternative *tactile* forms of communication to build motivation, participation, and reciprocity. Participants will reflect on their own experiences with touch, considering how to use this sense to facilitate access to shared topics, communication forms, and social interaction.



FRIDAY
OCTOBER 23, 2020

VIRTUAL
CONFERENCE

9:00 AM- 2:00 PM

REGISTER [HERE](#)

ZOOM ACCESS
INFORMATION WILL
BE EMAILED PRIOR
TO THE CONFERENCE

PRESENTED BY THE
UTAH DEAF-BLIND
PROJECT AND THE
UTAH SCHOOLS FOR
THE DEAF AND THE
BLIND

QUESTIONS?

gretels@usdb.org



Decision Making Skills for Teens

"It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings." – Ann Landers

Making choices is a part of everyday life, and we do it without even thinking. Teaching our children to make their own choices and weigh the possible consequences are key to their future success. As they get older, the choices and consequences have more significance so it is critical that they practice from a young age. Watch this quick video for great ideas on fostering autonomy and decision making in youth.



The Transition University project is funded by the Utah Development Disabilities Council and is supported, in part by grant number 1901UTSCDD-02, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



Have a Concern?

Now is the time to start communicating with your representative and senator. Write a one page letter describing your concerns and your family situation. Tell your story and introduce yourself. Don't forget to include a photo of your family/child with a disability.



ADVOCACY
CORNER

