



Utah  
Parent  
Center

Special needs,  
extraordinary potential



## Wander, Bolt or Run?

What can you do if your child elopes or has the urge to leave protected and safe surroundings – such as a home or school – without notifying anyone? Elopement is also known as wandering, running, or bolting. In a study conducted by the American Academy of Pediatrics, more than fifty percent of parents said elopement was the hardest behavior to negotiate. Parents reported losing sleep over their concerns of worrying whether or not their child would leave the home unnoticed during the day or night.



In an article by Dr. Susan Hyman, board-certified in Pediatrics for Developmental-Behavioral and Neurodevelopmental Disabilities and Lori McIlwain, a mother of a teenage son with autism spectrum disorder and co-founder of the National Autism Association, discussed what parents can do to keep children who elope safe. This includes:

- Knowing your child's wandering triggers
- Securing your home-regardless of the child's age
- Working on communication & behavior strategies
- Setting expectations
- Considering monitoring technology & identification
- Adequate rest

## Staying Engaged with Summer Reading

Summer is a great time to use incentives while encouraging our kids to keep up with their reading skills. Today's libraries have many options to support literacy through books, eBooks, audiobooks, internet, computers and literacy based programming. Use these links below to find the right resources to get your kids reading this summer.

- [Preschool and early learning](#)
- [Grades k-2](#)
- [Grades 3-6](#)
- [Storyline Online](#) - audio/video/activity guides along with stories (See 1st video clip below for story viewing example)
- [Storynory](#)- audio stories
- [Teen Reading Library Programs](#) (Watch LIB trailer below)
- [Teen Genre Book lists](#)
- [Tween-Teen Book Recommendations from Common Sense Media](#)



## Strengths of ADHD

Jessica McCabe, who started an inspirational YouTube channel for those with ADHD, outlined 10 ways having ADHD can be a strength. There are many challenges and obstacles that can come with having ADHD, yet there are strengths to be considered as well.



Find more resources on ADHD from our website [here](#).

## Golden Key Award & Scholarship



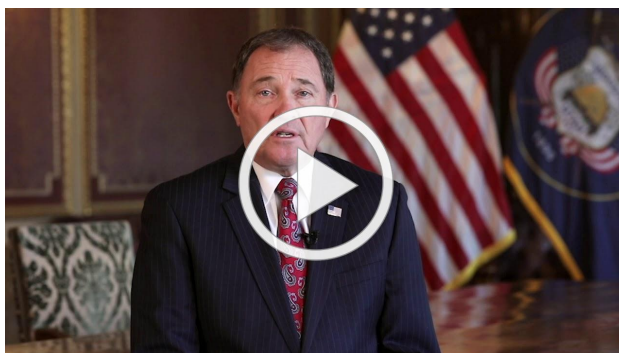
**Disability:IN** Utah  
Your business partner  
for disability inclusion.



The deadlines for the Walmart Golden Key scholarship application and Golden Key employer nominations are approaching. All information must be completed and submitted no later than June 19th, by 5 pm.

For application information on the Golden Key Scholarship, click the button below:

[Scholarship](#)



Watch Governor Herbert's official announcement asking for nominations of local employers and individuals for the 2020 Golden Key Awards.

To nominate a local employer or individual for the Golden Key Award, click the link below:

[Nominations](#)

## Engaging Persons with Disabilities in the Voting Process





Young people and those with disabilities are underrepresented at the polls – that means that young people with disabilities have got to get out and vote! This video explains why it is so important for youth to be engaged in the political process.

### Important Dates for Voting 2020

#### Primary Election

- June 30, 2020: Utah State Primary Election

#### General Election

- November 3, 2020: Utah General Election

Video on Voting Accommodations in Utah

Utah Voting Registration Site

Rooting Rights Video- Are You Planning on Voting?

Video on Assisting Voters Who Have a Disability

# Be Counted - Census Closing Soon



When funding comes up short, programs for people with disabilities may be affected. Historically, people with disabilities have been left out.

The Arc and the National Disability Rights Network co-hosted a webinar along with resources and materials to discuss the 2020 Census and how it relates to the disability community. Click the logo above to be directed to the link.

United States®  
**Census  
2020**

The U.S. 2020 Census is upon us. Every 10 years the government seeks to count all Americans through the Census. The Census is important for allocating funding to support services such as Medicaid and Supplemental Nutrition Assistance Programs (SNAP)

Click the above logo to be routed to the census form.



The Arc is a national community-based organization that advocates for people with intellectual and developmental disabilities (I/DD) .

The Arc wants you to be counted, click [here](#) for information and support for filling out the 2020 Census. You are important, make sure you are counted!

## Mad Science Free Live Event

**Date:** June 5th

**Time:** 1 pm MST, 3 pm Eastern time

- Interactive experiments
- Out-of-this-world activities
- Q&A with a Barbara Morgan, NASA Astronaut (ret.)

Register [Here](#)

Space is limited. First come, first served.



WELCOME TO



# TRANSITION UNIVERSITY



## New Class Series Offered- Registration Open Now

The Utah Parent Center is excited to offer a free series of six online classes to help with your child's transition into adulthood. This online class series is for parent(s)/guardian(s) to take alongside their young adult child ages 14 to 22.

We know this can be an exciting and overwhelming time for your family and we are here to help you navigate programs and agencies that meet your young adults specific needs. You can take them all, or pick classes based on your specific needs. We are here to break it down into meaningful steps so that your family can get the support they need, one step at a time. All abilities and needs are welcome.

Classes take place weekly on Wednesday evenings from 6:30-8:30 pm.  
Click the dates for registration and class information.

- **June 10: Guardianship: Basics and Alternatives**
- June 17: Self Advocacy, Social Life, and Spirituality
- **June 24: Transition from School to Adult Life**
- July 1: Healthy Living and Safety
- **July 8: Daily Life and Community Living**
- July 15: Employment- Transition University

The Transition University project is funded by the Utah Development Disabilities Council and is supported, in part by grant number 1901UTSCDD-02, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



Don't Underestimate  
the Power of Local  
Advocacy

The Utah Legislative Session of 2020 saw movement on such issues as Limited Support Waiver, Adult Autism Services and Mental Health. While progress on these fronts is encouraging there is still more to do in protecting the rights of disabled people.



ADVOCACY  
CORNER

What causes do you feel passionate about? Don't underestimate the power of local advocacy. As summer approaches there is time and opportunity to prepare for the 2021 Legislative Session. Be the catalyst for change, start advocating today!

To get more information on disability bills addressed during the 2020 legislative session click [here](#).

