



**Utah
Parent
Center**

Special needs,
extraordinary potential



Celebrate Rare Disease Day



Utah Parent Center February eNews



EARLY INTERVENTION SERVICES

Birth to Age 3-Early Intervention Program

Have you had concerns regarding your baby or toddler's development or has a medical professional talked to you

Some of the services offered include:

- A full assessment of a child's

about some milestones your child hasn't yet reached? If so, let's talk about a program your child may be eligible for.

The purpose of the Baby Watch Early Intervention Program (BWEIP) is to enhance early growth and development in infants and toddlers, who have developmental delays or disabilities or both, by providing individualized support and services to the child and their family.

Early intervention services may begin at anytime between *birth and age three*, and any parent/guardian or professional who is concerned about an infant or toddler's development can make a referral.

current health and developmental status.

- Service coordination among providers, programs and agencies.
- Strategies to build on family concerns, priorities and resources.
- Developmental services including occupational therapy, physical therapy and speech language therapy upon eligibility.

Contact your local EI program to request a FREE evaluation for early intervention services using the following link below.

[>>FREE developmental evaluation<<](#)

FREE Milestone Tracker App Available



This free app from the Centers for Disease Control and Prevention provide parents with easy-to-use illustrated checklists to track your child's milestones from birth to age 5. The app can also provide parents with tips that encourage your child's development in playing, learning, speaking and moving. Photos and videos in this app illustrate each milestone and make tracking easy and fun. App is both android and apple compatible.

This app was developed by the Centers for Disease Control and Prevention's ["Learn the Signs. Act Early."](#) program with contribution from Dr. Rosa Arriaga and students from the Computing for Good program at the Georgia Institute of Technology, Atlanta, GA.

Part C of IDEA: An IFSP Plan; Birth to Age 3

Individuals with Disabilities Education Act

What is an IFSP Plan and how does it work with my Early Intervention Program?

An Individualized Family Service Plan (IFSP) is the plan that Early Intervention providers develop with families to guide the services. IFSPs are based on an in-depth assessment of the child's needs and the needs and concerns of the family.

An IFSP is a document or written plan. The



term "IFSP" also refers to the process of determining what services a young child with disabilities needs. It uses an "interagency" approach by involving representatives of several agencies (usually education, health and human services) and other resources that can help the child and family. A "service coordinator" is assigned to assist the child's family through the IFSP process.

The IFSP contains:

- 1) goals for the child,
- 2) services the child will receive to help him or her achieve the goals, and
- 3) how the family, with support from professionals, can help the child reach the goals.

Services are provided in the child's "natural environment". Typically this means services will be carried out in the child's home setting, but they could also be done in a child care setting, preschool or other community setting.

Full Parent handbook PDF here: [Parents' Rights, Responsibilities, and Resources in Early Intervention](#)

What You Need to Know Before Your Child's 3rd Birthday

Transition from Early Intervention to Special Education Preschool

When we talk about transition, we are simply talking about change from one program to another. As your child exits from the Early Intervention Program at age 3, they may be eligible for special education preschool services provided by your local school district in compliance with Part B of IDEA. These services are available for eligible children between the ages of 3-5.

This eligibility process takes place at least 90 days prior to your child's 3rd birthday. The following training videos about the transition from Early Intervention to Special Education Preschool

This video clip will help answer some of your questions you may have regarding this transition process. Feel free to call the UPC and talk with our parent consultants with any further questions you may have regarding this process.



Click [here](#) for our guided transition from early intervention to special education preschool handbook.



Calling Artists for Exhibit Submissions

ARTISTS WANTED
"Creating Voice Through Art"

SUBMISSION DEADLINE
MARCH 2ND | EXHIBIT APRIL 24TH

Salt Lake Diocese Commission for People with Disabilities is sponsoring an art exhibit that will highlight the gifts of artists with disabilities. Artist submissions are being accepted through Monday, March 2nd, with the exhibit scheduled on Friday, April 24th.

For more information, please contact Monica Villar at 801-372-7199 or monicavillar8@msn.com



MAKE AN IMPACT ON RARE DISEASE DAY

**SHOW
YOUR STRIPES**



Each year, the rare disease community comes together to raise awareness for the 25-30 million Americans impacted by rare diseases. The next RDD will fall on Saturday, February 29, 2020. Since the zebra is the official symbol of rare diseases in the United States, break out your black and white clothing and help spread awareness.

For more information, click [here](#) to be directed to NORD (National Organization for Rare Disorders).



Free Parenting Class for Dads



This is a FREE 5-session course that uses the Fathering with Love and Logic® approach in teaching dads how to raise responsible kids and enjoy parenting.

Registration is required. Must be 18 or older to attend.

[>> Registration Here>>](#)

Session Dates: February 3rd, 10th, 24th, March 2nd, & 9th
Dinner provided at each session!



Alternatives to Guardianship



It is important for parents to know that guardianship is not the **ONLY** option which will allow them to actively participate in their adult child's life. Establishing a guardianship has significant implications for your adult child. On one hand, it puts protections in

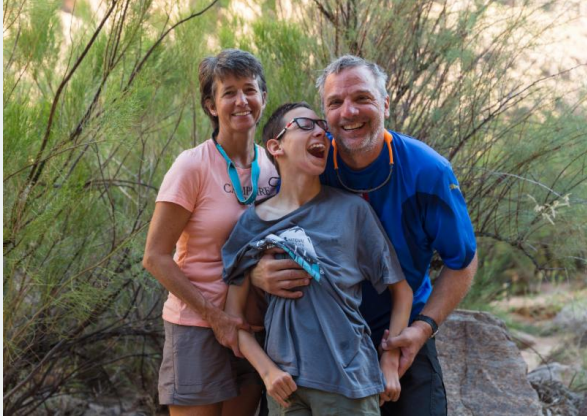
Consider these alternatives to guardianship:

- Supported Decision Making
- Power of Attorney
- Durable Power of Attorney
- Health Care Proxy
- Directive to Physician
- Money Management
- Social Security Representative Payment Program
- Representative Payee
- Protective Payee
- Joint Bank Account

[Click here for full fact sheet exploring these options](#)

place so your son or daughter can live life more safely, with as much self-determination as possible; on the other hand, it limits civil rights.

It is good to explore all of the options between the person and their supporters.



Microsoft disAbility Scholarship



Microsoft has opened the applications for their disAbility Scholarship. This is an opportunity for high school seniors who are interested in careers in technology.

This scholarship will be awarded to promising high school seniors who plan to attend a vocational or academic college and have a financial need. The amount of this renewable scholarship to be awarded is \$5,000 per year, up to \$20,000 total, which is paid through the Seattle Foundation on behalf of the disAbility Employee Resource Group (ERG) at Microsoft to the recipient's school's Financial Aid Office.

For requirement and information on how to apply, please visit the link below.

Completed applications are due by March 1st.

[>>Scholarship requirements here<<](#)



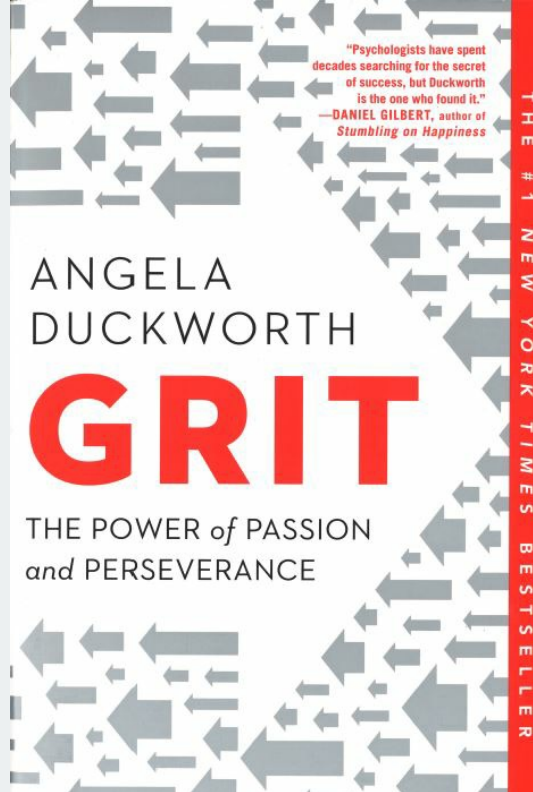
More Dates Now Open for Book Study

Due to popular enrollment of the book study "Grit, the Power of Passion and Perseverance" by Angela Duckworth, the UPC along with USBE have opened another session for March.

By joining the book study you will receive a FREE copy of the book and will participate in three evening discussions on March 12, 19 and 26th from 7 pm to 8 pm. For the discussions, you join remotely from

home. As part of the book study, you will also receive guided notes and discussion questions to help break down the book further.

For questions, please contact Amy Hurst at amyh@utahparentcenter.org.



Register for the March Book Study



What is Advocacy:

Advocacy: the act or process of supporting a cause or proposal; the act or process of advocating something...

~Merriam Webster Dictionary



ADVOCACY
CORNER

