

The Utah Parent Center in partnership with Salt Lake School District Special Education is pleased to provide these FREE workshops for families of children, youth and young adults with disabilities. Pre-registration is appreciated. Register online at links provided or by calling 801.272.1051.

Para más información de talleres presentados en español, contacte el Utah Parent Center a 801-272-1067.

Fall/Otoño 2019

Parents as Partners in the IEP Process

Whether it's your first IEP meeting or your tenth, or you are requesting that your child be evaluated for an IEP, the experience can be stressful. Do you understand the process? Do you forget the concerns you want to address the team with when you feel overwhelmed? How do you keep track of all the decisions and discussions? This workshop will help you understand your role, rights and responsibilities in the IEP process, allowing you to prepare and be a participant in the IEP team meeting.

Tuesday, October 22 6:30 PM –8:30 PM

Online Registration: <https://conta.cc/2mGqhbN>

Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Transition from School to Adult Life

What is in store for youth with disabilities after they leave the school system? This question is important to all parents of youth with disabilities. Whether your child's disability is mild or more significant, they need to plan for the future. Transition represents the process of moving from the public-school setting into adult services. A transition plan is a required part of a student's IEP and should be developed and in place by their 15th birthday. The transition part of the IEP should address academics, training and skills your student should take to prepare their path towards further education, career development and employment after leaving the school system. This workshop will provide training on the transition plan as part of the IEP and information and referral to adult services and supports.

Wednesday, November 13 6:30 PM-8:30 PM

Online Registration: <https://conta.cc/2kCaR7C>

Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Los Padres Como Parte En El Proceso del IEP

Ya sea que es su primera reunión de IEP o la décima, o si usted está solicitando que su hijo/hija sea evaluado para un IEP, la experiencia puede ser muy estresante. ¿Usted entiende cómo es el proceso? ¿Se olvida de las preocupaciones que quiere hablar con el equipo cuando se siente abrumado? ¿Cómo le puede hacer un seguimiento a todas las conversaciones y decisiones? Este taller le ayudará a entender cuál es su papel, derechos y responsabilidades en el proceso del IEP, permitiéndole estar preparado y participar en la reunión del equipo del IEP.

Martes 22 de octubre 6:30 PM –8:30 PM

Regístrese en línea: <https://conta.cc/2l89Cxx>

Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Transition from School to Adult Life

¿Qué les espera a los jóvenes con discapacidades cuando ellos salgan del sistema escolar? Esta es una pregunta muy importante para todos los padres de jóvenes con discapacidades. Así sea que la discapacidad de su niño sea leve o más significativa, deben planificar para el futuro. La transición representa el proceso de cambiarse de la escuela pública a los servicios para adultos. Un plan de transición es una parte requerida del IEP del estudiante y debería ser desarrollada y ponerse en práctica al cumplir sus 15 años. La parte de transición del IEP debe abordar los aspectos académicos, la capacitación y las habilidades que su estudiante debe tomar para preparar su camino hacia una mayor educación, desarrollo profesional y empleo después de dejar el sistema escolar. Este taller proveerá entrenamiento sobre el plan de transición como parte del IEP, e información y referencias a servicios y apoyos para adultos.

Miércoles 13 de noviembre 6:30 PM-8:30 PM

Regístrese en línea: <https://conta.cc/2kZXNJF>

Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Spring /Primavera 2020

Parents as Partners in the IEP Process

See description above...

Tuesday, February 18 6:30 PM –8:30 PM

Online Registration: <https://conta.cc/2kDVziJ>

Utah Parent Center, 230 West 200 South, Suite 1101

Accessing Vocational Rehab and DSPD Services after High School

Presenters: DSPD and Voc Rehab Service Providers

Presenters from Vocational Rehab and the Division of Services for People with Disabilities (DSPD) will discuss how to apply, qualify and obtain services for the individual with disabilities who is 18 years and older.

Tuesday, March 10 6:30 PM-8:30 PM

Utah Parent Center, 230 West 200 South, Suite 1101

Online Registration: <https://conta.cc/2kYSvy5>

Accessing Social Security after High School

Presenters: Utah Family Voices

It is difficult to understand Social Security and the benefits that a person with a disability may be eligible for after he/she turns 18 years old. The presenters will explain the process and provide you information on how and when to apply.

Wednesday, April 8 6:30 PM-8:30 PM

Online Registration: <https://conta.cc/2mgpYEs>

Utah Parent Center, 230 West 200 South, Suite 1101

Summer Fun Panel

Not sure what to do with your summer? Come and explore summer activities for children with disabilities. We will have panelists presenting on a variety of programs available to your child, including camps, sports, therapy and more! Parents will receive a copy of the Summer Resource List compiled by the Utah Parent Center.

Friday, May 8 6:00-8:00 PM

Granite School District, D102-04, 2500 S. State Street, Salt Lake

Online Registration: <https://conta.cc/2mdybct>

Exploring Guardianship and Supported Decision Making Options for my Adult-Aged Student

We will present legal protection options for you to consider to protect your adult-aged student including Guardianship, Power of Attorney, Supported Decision Making.

Date: Spring 2020 TBA – Watch for more info.

Utah Parent Center, 230 West 200 South, Suite 1101

Additional classes can be found by visiting

<https://utahparentcenter.org/events>

Se pueden encontrar clases adicionales en español visitando: <https://utahparentcenter.org/events>



The Family to Family Network (FtoFN) is a statewide parent support network run by volunteers. It is designed to educate, strengthen, and support families of persons with disabilities, especially those who are on the waiting list or are in services with the Division of Services for People with Disabilities (DSPD). Network leaders are parents of individuals with special needs and link families to local resources, services, and disability-friendly events. The FtoFN is a project of the Utah Parent Center.

Salt Lake Family to Family Network 2019-2020 Workshops

**Family to Family Network
Monthly Meetings
7:00 – 8:30 PM
All are Welcome!**

Location:
South Valley School
Jordan School District
8400 S. Redwood Road
West Jordan, UT

The following is the schedule for the Monthly workshops
There is no cost to attend, but pre-registration is requested.

Register by using the link provided, online at <https://utahparentcenter.org/events> or by calling 801-272-1051.

Date	Workshop Title Online Registration Link	Description
October 17, 2019	Supported Decision Making and Alternatives to Guardianship https://conta.cc/31SKB9a	Supported Decision-Making is a model to support people with disabilities in making and communicating their own decisions about their lives. Supported Decision-Making emphasizes the importance of all people deciding what their lives should look like.
January 23, 2020	Emergency Preparedness https://conta.cc/31QvoFy	Being prepared means planning ahead. In this class you will learn skills to help you and your family be better informed and prepared for emergencies.
February 27, 2020	Mindset/Executive Functioning https://conta.cc/31SNgZK	Introduction to Executive Function and Assistive Technology: This session will introduce Assistive Technology (AT) that can be used to help people with executive functioning. We will cover AT that can be used with an individual with significant to mild disabilities.
March 26, 2020	Medical Home https://conta.cc/31TCfxM	Coordinated care program for people with developmental disabilities where we provide both medical and mental health
April 23, 2020	Trust and ABLE Accounts https://conta.cc/31Rn7B4	Are you trying to find a way to plan for the future of your child with special needs? Is there a way to save money that will not affect their benefits with SSI and Medicaid? We will give you some options of ways that you are able to plan financially for your child's future.

Register using the link provided, online at <https://utahparentcenter.org/events> or by calling 801.272.1051