The Utah Parent Center in partnership with Salt Lake School District Special Education is pleased to provide these FREE workshops for families of children, youth and young adults with disabilities. Pre-registration is appreciated. Register online at links provided or by calling 801.272.1051.

Para más información de talleres presentados en español, contacte el Utah Parent Center a 801-272-1067.

### Fall/Otoño 2019

**Parents as Partners in the IEP Process**
Whether it’s your first IEP meeting or your tenth, or you are requesting that your child be evaluated for an IEP, the experience can be stressful. Do you understand the process? Do you forget the concerns you want to address the team with when you feel overwhelmed? How do you keep track of all the decisions and discussions? This workshop will help you understand your role, rights and responsibilities in the IEP process, allowing you to prepare and be a participant in the IEP team meeting.

**Tuesday, October 22**
6:30 PM – 8:30 PM

Online Registration: [https://conta.cc/2mGqhbN](https://conta.cc/2mGqhbN)
Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

**Transition from School to Adult Life**
What is in store for youth with disabilities after they leave the school system? This question is important to all parents of youth with disabilities. Whether your child’s disability is mild or more significant, they need to plan for the future. Transition represents the process of moving from the public-school setting into adult services. A transition plan is a required part of a student’s IEP and should be developed and in place by their 15th birthday. The transition part of the IEP should address academics, training and skills your student should take to prepare their path towards further education, career development and employment after leaving the school system. This workshop will provide training on the transition plan as part of the IEP and information and referral to adult services and supports.

**Wednesday, November 13**
6:30 PM – 8:30 PM

Online Registration: [https://conta.cc/2kCar7C](https://conta.cc/2kCar7C)
Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

### Spring /Primavera 2020

**Parents as Partners in the IEP Process**
See description above...

**Tuesday, February 18**
6:30 PM – 8:30 PM

Online Registration: [https://conta.cc/2kDvziJ](https://conta.cc/2kDvziJ)
Utah Parent Center, 230 West 200 South, Suite 1101

**Accessing Vocational Rehab and DSPD Services after High School**

**Presenters:** DSPD and Voc Rehab Service Providers

Presenters from Vocational Rehab and the Division of Services for People with Disabilities (DSPD) will discuss how to apply, qualify and obtain services for the individual with disabilities who is 18 years and older.

**Tuesday, March 10**
6:30 PM – 8:30 PM

Utah Parent Center, 230 West 200 South, Suite 1101

Online Registration: [https://conta.cc/2kYSvSv5](https://conta.cc/2kYSvSv5)

**Accessing Social Security after High School**

**Presenters:** Utah Family Voices

It is difficult to understand Social Security and the benefits that a person with a disability may be eligible for after he/she turns 18 years old. The presenters will explain the process and provide you information on how and when to apply.

**Wednesday, April 8**
6:30 PM – 8:30 PM

Online Registration: [https://conta.cc/2mpgfYeS](https://conta.cc/2mpgfYeS)
Utah Parent Center, 230 West 200 South, Suite 1101

**Summer Fun Panel**
Not sure what to do with your summer? Come and explore summer activities for children with disabilities. We will have panelists presenting on a variety of programs available to your child, including camps, sports, therapy and more! Parents will receive a copy of the Summer Resource List compiled by the Utah Parent Center.

**Friday, May 8**
6:00-8:00 PM

Granite School District, D102-04, 2500 S. State Street, Salt Lake City

Online Registration: [https://conta.cc/2mdYbcT](https://conta.cc/2mdYbcT)

**Exploring Guardianship and Supported Decision Making Options for my Adult-Aged Student**

We will present legal protection options for you to consider to protect your adult-aged student including Guardianship, Power of Attorney, Supported Decision Making.

**Date:** Spring 2020 TBA – Watch for more info.

Utah Parent Center, 230 West 200 South, Suite 1101

Additional classes can be found by visiting
[https://utahparentcenter.org/events](https://utahparentcenter.org/events)

Se pueden encontrar clases adicionales en español visitando: [https://utahparentcenter.org/events](https://utahparentcenter.org/events)

Register using the link provided, online at [https://utahparentcenter.org/events](https://utahparentcenter.org/events) or by calling 801.272.1051
The Family to Family Network (FtoFN) is a statewide parent support network run by volunteers. It is designed to educate, strengthen, and support families of persons with disabilities, especially those who are on the waiting list or are in services with the Division of Services for People with Disabilities (DSPD). Network leaders are parents of individuals with special needs and link families to local resources, services, and disability-friendly events. The FtoFN is a project of the Utah Parent Center.

Salt Lake Family to Family Network 2019-2020 Workshops

Family to Family Network Monthly Meetings
7:00 – 8:30 PM
All are Welcome!

Location:
South Valley School
Jordan School District
8400 S. Redwood Road
West Jordan, UT

The following is the schedule for the Monthly workshops
There is no cost to attend, but pre-registration is requested.

Register by using the link provided, online at https://utahparentcenter.org/events or by calling 801-272-1051.

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop Title</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>October 17, 2019</td>
<td>Supported Decision Making and Alternatives to Guardianship</td>
<td>Supported Decision-Making is a model to support people with disabilities in making and communicating their own decisions about their lives. Supported Decision-Making emphasizes the importance of all people deciding what their lives should look like.</td>
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<tr>
<td>January 23, 2020</td>
<td>Emergency Preparedness</td>
<td>Being prepared means planning ahead. In this class you will learn skills to help you and your family be better informed and prepared for emergencies.</td>
</tr>
<tr>
<td>February 27, 2020</td>
<td>Mindset/Executive Functioning</td>
<td>Introduction to Executive Function and Assistive Technology: This session will introduce Assistive Technology (AT) that can be used to help people with executive functioning. We will cover AT that can be used with an individual with significant to mild disabilities.</td>
</tr>
<tr>
<td>March 26, 2020</td>
<td>Medical Home</td>
<td>Coordinated care program for people with developmental disabilities where we provide both medical and mental health</td>
</tr>
<tr>
<td>April 23, 2020</td>
<td>Trust and ABLE Accounts</td>
<td>Are you trying to find a way to plan for the future of your child with special needs? Is there a way to save money that will not affect their benefits with SSI and Medicaid? We will give you some options of ways that you are able to plan financially for your child’s future.</td>
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