



Utah  
Parent  
Center

Special needs,  
extraordinary potential

JULY  
E-NEWS

## Utah Parent Center JULY eConnections



### The Transition IEP & Tips for Your Student Ages 14+

Have you ever asked yourself these questions about your teen student?

- What will your young adult do after graduation?
- Will he or she go to college or a technical school?
- Will he or she work? In what kind of job?
- What appeals to your child?
- What kind of preparation, knowledge, or skills will be needed?
- What kind of supports will my child need after graduation?
- Will he or she live independently or continue to live at home?



- Will you need help from other agencies to carry out these plans?

Answering these questions, is called transition planning. In the year your child turns 14 years old, the IEP must describe the transition services needed to help him or her move from high school to life as an adult in the community. The transition plan must then be updated every year and specify:

- measurable postsecondary goals for your child related to training, education, employment, and (where appropriate) independent living skills; and
- the transition services needed (including what your child will study) to help your child reach those goals.

Click [here](#) for some important resources to learn about the transition IEP process & important resources to involve your student in his/her own plan.

1. [Transition IEP guided app for students](#)
2. [Transition Goals in the IEP](#)
3. [Students Get Involved](#)
4. [Student Participation in the IEP](#)
5. [Learn How to Advocate](#)



## Calling All Young Adults This Summer

The Utah Independent Living Center's services assist people with disabilities to achieve increased independence within their families and within the community. They have programs all year long that support 5 core areas:

- Peer support; (weekly activities, community outings, cooking skills, budgeting, bus training etc.)
- Independent living skills and training; (relationship training, supports to find accessible housing etc.)
- Transition; (youth services program ages 14-22 on dating, shopping, how to look for and maintain employment)
- Information & referral (adaptive equipment, loan bank services, and more)

Click [here](#) to view services available this July or call toll free: **(800) 355-2195**



**Growth Mindset  
Challenges &  
How to Find  
Activities Your  
Child May Love**

Still looking to fill your summer with activities to keep the family/kids busy? Are you finding activities, yet cannot convince your child with special needs to try something new? Let us equip you with resources to address both these needs.



[Growth Mindset at a glance from understood.org](http://understood.org)



[Recreational resources by area](#)



## Lifetime Access Pass Admittance to National Parks

If you have a child with a medical determination and documentation of having a permanent disability or blindness, then they could qualify for the lifetime access pass. This pass has many benefits for the individual with the disability and their attending family such as and not limited to:

- Admits pass holder and any accompanying passengers in a private non-commercial vehicle.
- Honored at nationwide Forest Service, National Park Service, Bureau of Land Management, & US Fish & Wildlife Service sites.
- 50% discount on some expanded amenity fees like campgrounds (does not include hookups for water/sewer/electricity), highly developed boat launches and swimming sites and for specialized interpretive services.



Order your pass online with a \$10 processing fee [here](#).

For requesting the pass in person, visit the site [here](#) and click the blue campground "tent" picture on the right of your screen, nearest the destination of your choice. You can also request a pass at most ranger stations associated with national parks. You need to provide

[required documentation](#) (click Access Pass and scroll toward the bottom of the page for requirements) at their front office or through the camp site host post.



We need your support at our Topgolf fundraiser event! Spread the word as we are looking for individuals and corporate sponsors for a night filled with food, golfing fun between friends, family or colleagues all for a great cause!

[Click here for more information](#)

