## Cache County Resource List

### Adult Services

**Aggies Elevated**
- **Phone:** (435) 797-0688
- **Website:** [http://www.aggieselevated.com/](http://www.aggieselevated.com/)

An inclusive postsecondary education program for students with intellectual disabilities.

**Cache Employment and Training Center**
- **Address:** 275 W. 400 S., Logan
- **Phone:** (435) 752-7952
- **Website:** [http://cetcsupports.org/](http://cetcsupports.org/)

Provides services for individuals with disabilities in order to maximize their vocational and/or independent living skills.

**Division of Services for People with Disabilities (DSPD)**
- **Intake:** Toll Free – 1-877-568-0084
- **Website:** [www.hsdspd.utah.gov](http://www.hsdspd.utah.gov)

Supportive living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

**Developmental Skills Laboratory**
- **Phone:** (435) 755-0571
- **Website:** [http://www.cpdusu.org/projects/dsl/](http://www.cpdusu.org/projects/dsl/)

Housed on the Utah State University Campus, BRASC is a program designed to support adults with disabilities by training and maintaining the skills necessary for their greatest independence.

**Guardianship Associates of Utah (GAU)**
- **Phone:** (801) 533-0203
- **Website:** [http://guardianshiputah.org/](http://guardianshiputah.org/)

Provides free information about guardianship. Has an Assisted Family guardianship program to help families obtain guardianship.

**Options for Independence - Logan**
- **Phone:** 435-753-5353
- **Website:** [www.optionsind.org](http://www.optionsind.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

**Vocational Rehabilitation – Logan Office**
- **Phone:** (435) 787-3480 or (800) 560-9766
- **Website:** [http://www.usor.utah.gov/](http://www.usor.utah.gov/)

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence.

### Assessment Services

**Cache County School District**
- **Director:** Joel Allred
- **Phone:** 435-752-3925
- **Email:** joel.allred@ddsdut.org
- **Website:** [http://www.ccsdut.org/](http://www.ccsdut.org/)

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

**Center for Persons with Disabilities - Utah State University**
- **Phone:** 435-797-2750
- **Website:** [http://www.cpdusu.org/](http://www.cpdusu.org/)

Services children and adults with a wide spectrum of developmental disabilities and related health problems. Medical evaluation and treatment is also provided.

**Logan City School District**
- **Support Services Director:** Matt Bennett
- **Phone:** 435-755-2300
- **Website:** [http://upto3.org](http://upto3.org)

Provides early identification and developmental services for families of infants and toddlers, birth to age three.

### Assistive Technology

**Utah Assistive Technology Foundation**
- **Toll Free:** (800) 524-5152
- **Website:** [www.uatf.org](http://www.uatf.org)

Provides zero and low interest loans to purchase assistive technology devices and services for individuals with disabilities.

**Utah Assistive Technology Program**
- **Address:** Utah State University, Center for Persons with Disabilities: Janet Quinney Lawson Bldg. 866-284-2821
- **Website:** [http://www.uatpat.org](http://www.uatpat.org)

The Utah Assistive Technology Program (UATP) gets assistive technology (AT) into the hands of people who need it.

**Utah Center for Assistive Technology (UCAT)**
- **Phone:** (800) 887-9380
- **Website:** [http://ucat.usor.utah.gov](http://ucat.usor.utah.gov)

Provides assistive technology devices and training to anyone in Utah to help them cope with functional limitations.

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This list is not intended to be comprehensive. For a more comprehensive listing of resources, please visit [www.utahparentcenter.org](http://www.utahparentcenter.org)
CHILDREncARE/RESPITE

BRIDGERLAND CHILD CARE RESOURCE AND REFERRAL
435-797-1552
http://www.uschild.usu.edu/
Free referrals for child care and information on child care programs in your area.

CHILD AND FAMILY SUPPORT CENTER – LOGAN AND HYRUM
Phone: 435-752-8880
http://childandfamilysupportcenter.org/
Provides 24-hour crisis/respite nursery for children 11 and under, parenting education classes, children’s education classes, and therapeutic services.

AUTISM SUPPORT SERVICES: EDUCATION, RESEARCH, AND TRAINING
UtAH STATE UNIVERSITY, Thomas S. Higbee, Ph.D., BCBA
(435) 797-1933
http://sped.usu.edu/ASSERT/index.html
The ASSERT program at Utah State University is a state-of-the-art preschool program that uses research-based instructional techniques to address the individual needs of children with autism.

AGGIES ELEVATED
(435) 797-0688
http://www.aggieselevated.com/
An inclusive postsecondary education program for students with intellectual disabilities.

BEAR RIVER HEAD START
877-775-0081
http://www.bheadstart.org/
Provides a comprehensive preschool program, Preschool Head Start and an early child development program, Early Head Start, through home-based and center-based options.

BRIDGERLAND APPLIED TECHNOLOGY COLLEGE - LOGAN
(435) 753-6780
www.batc.edu
Provides technical education designed to equip students with career and life skills.

CACHE COUNTY SCHOOL DISTRICT
Joel Allred – Director of Special Education
435-752-3925
joel.allred@dcsdut.org
http://www.ccsdut.org/
Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

MEDICAL RESOURCES

BEAR RIVER HEALTH DEPARTMENT
Phone: (435) 792-6500
www.brhd.org
The BRHD is responsible for providing public health services to the residents of Box Elder, Cache, and Rich County. The mission of the Department is to prevent and control disease and disability, protect the individual, community, and environment, and promote, maintain, and improve healthy lifestyles.

CACHE KIDS PEDIATRIC REHABILITATION – LOGAN
Phone: 435-716-6440
www.logansonregional.org/pedrehab
Offers comprehensive evaluation and treatment services and address each child’s individual priorities in many areas including communication, self-care, social skills, sensory integration, eating, play skills, and more.

CACHE VALLEY COMMUNITY HEALTH CENTER – LOGAN
Phone: (435) 755-6061
www.blchc.org
Provides medical, mental health/behavioral health services and dental care to the general population, low income, uninsured, and under-insured, with fees based on a sliding scale.

DEVELOPMENTAL SKILLS LABORATORY – CENTER FOR PERSONS WITH DISABILITIES
(435) 755-0571
http://www.cpd.usu.edu/projects/dsl/
Provides respite services for children, youth, and adults with disabilities.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES
Intake: Toll Free – 1-877-568-0084
http://www.hsdspd.utah.gov
Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

EDUCATIONAL SERVICES

CENTER FOR PERSONS WITH DISABILITIES, UTAH STATE UNIVERSITY
(435) 797-1981
www.cpd.usu.edu
Provides education, research and community services for students, community member and professionals. Services for individuals with disabilities include early intervention, rehabilitation and education in life skills, clinical diagnostic and evaluation, medical services and family supports.

DISABILITY RESOURCE CENTER, UTAH STATE UNIVERSITY
(435) 797-2444
www.usu.edu/drc
Provides persons with disabilities equal access to university programs, services, and activities.

LOGAN CITY SCHOOL DISTRICT
Matt Benett – Support Services Director
Phone: 435-755-2300
http://www.loganschools.org/special.html
Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

LOGAN FAMILY CENTER
Phone: 435-755-5171
www.loganfamilycenter.org
Provides parenting education and skills training through workshops, classes and activities. Home visits are available.

CENTER FOR PERSONS WITH DISABILITIES CLINICAL SERVICES
UTAH STATE UNIVERSITY
Phone: 435-797-2750
www.cpd.usu.edu
Medical evaluation and treatment is provided to children and adults with a wide spectrum of developmental disabilities and related health problems including autism, ADHD, and learning disabilities.
## Mental Health/Behavior

<table>
<thead>
<tr>
<th><strong>BEAR RIVER MENTAL HEALTH - LOGAN</strong></th>
<th><strong>USU PSYCHOLOGY COMMUNITY CLINIC</strong></th>
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<tbody>
<tr>
<td>(435) 752-0750 <a href="http://brmh.com/">http://brmh.com/</a></td>
<td>Utah State University Phone: 435-797-3401 <a href="http://psychology.usu.edu/htm/community-clinic">http://psychology.usu.edu/htm/community-clinic</a></td>
</tr>
<tr>
<td>Provides substance abuse and mental health services to adults and children including emergency services and 24 hour crisis lines. Medicaid eligibility is preferred.</td>
<td>Graduate students under the direction of licensed PhD psychology faculty provide individual therapy, child services, couples and family counseling, and group therapy.</td>
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<tr>
<th><strong>CACHE VALLEY COMMUNITY HEALTH CENTER – LOGAN</strong></th>
<th><strong>NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)</strong></th>
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</thead>
<tbody>
<tr>
<td>Phone: (435) 755-6061 <a href="http://www.blchc.org">www.blchc.org</a></td>
<td>Robert Heaton Phone: (435) 590-7749 Email: <a href="mailto:rkheaton@msn.com">rkheaton@msn.com</a></td>
</tr>
<tr>
<td>Provides medical, mental health/behavioral health services and dental care to the general population, low income, uninsured, and under-insured, with fees based on a sliding scale.</td>
<td>Weekly support groups for parents and family members every Thursday at 7:00 PM at the Cedar City Library.</td>
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## Parent and Family Supports

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<tr>
<th><strong>AUTISM SUPPORT GROUP</strong></th>
<th><strong>UTAH PARENT CENTER</strong></th>
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<tbody>
<tr>
<td>Every 1st Thursday at OPTIONS for Independence 435-753-5353 <a href="http://www.optionsind.org/">http://www.optionsind.org/</a></td>
<td>Phone: (801) 272-1051 or (800) 468-1160 <a href="http://www.utahparentcenter.org">www.utahparentcenter.org</a></td>
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<tr>
<td>For people with Autism, family members and friends.</td>
<td>Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.</td>
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<tr>
<th><strong>FAMILY TO FAMILY NETWORK</strong></th>
<th><strong>UTAH FAMILY VOICES – HEALTH INFORMATION AND SUPPORT</strong></th>
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<tbody>
<tr>
<td>Leader: Lora Meerdo Email: <a href="mailto:lmeerdo@comcast.net">lmeerdo@comcast.net</a> Facebook: Cache County Family to Family Network</td>
<td>Phone: (801) 272-1068 or (800) 468-1160 or (801) 584-8213 <a href="http://www.utahfamilyvoices.org">www.utahfamilyvoices.org</a></td>
</tr>
<tr>
<td>Provides information, support and meaningful activities to families who have a member with a disability.</td>
<td>Provides families with support and tools to make informed decisions about their child with special health care needs.</td>
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<tr>
<th><strong>UTAH DOWN SYNDROME FOUNDATION – CACHE VALLEY</strong></th>
<th><strong>RECREATION</strong></th>
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<tr>
<td>Leader: Maria Leishman <a href="http://www.udsf.org/cache-box-elder.php">http://www.udsf.org/cache-box-elder.php</a></td>
<td><strong>SPECIAL OLYMPICS</strong></td>
</tr>
<tr>
<td>Families meet for activities, enjoy holiday-themed activities or getting together for a potluck at the park.</td>
<td>E-mail: <a href="mailto:specolympics@aggiemail.usu.edu">specolympics@aggiemail.usu.edu</a> <a href="http://www.usu.edu/servicecenter/htm/programs/special-olympics">http://www.usu.edu/servicecenter/htm/programs/special-olympics</a></td>
</tr>
<tr>
<td>Aggie Special Olympics is a part of a worldwide organization that provides year-round sports training and athletics competition in Olympic-type sports for people with intellectual disabilities.</td>
<td><strong>TOP SPORTS ACTIVITIES</strong></td>
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<tr>
<td></td>
<td>Phone: (435) 797-3727 <a href="http://www.cpdusu.org/projects/lr">www.cpdusu.org/projects/lr</a></td>
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<tr>
<td>Addresses the recreational needs of children and youth with disabilities. Activities include: t-ball, soccer, bowling, and swimming, cycling, canoeing, rock climbing and nature projects.</td>
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