

2015

Davis County
Mental, Emotional and
Behavioral Health
Resource Directory



Davis County

Mental, Emotional and Behavioral Health Resources

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Crisis Hotlines

Adult Protective Services	800-371-7897
Child Find (24 hour)	800-426-5678
Utah Child & Family Services	Abuse Report: 1-855-323-3237 Bountiful Office: 801-397-7640 Clearfield Office: 801-776-7300
Davis Behavioral Health (24 hour)	801-773-7060
Domestic Violence Information Line	1-800-897-5465
Lifeline for Youth	801-936-4000
Mobile Crisis Outreach (24 hour Suicide Prevention)	801-773-7060
National Center for Missing & Exploited Children (24 hour)	801-843-4673
National Child Abuse Hotline (24 hour)	500-422-4453
National Teen Dating Specialized Abuse Treatment	1-886-331-9474
National Runaway Switchboard	800-RUN-AWAY 800-786-2929
Rape Crisis Center (Statewide)	888-421-1100
Trevor Project (Suicide Prevention)	866-488-7386
Safe Harbor Crisis Center	Crisis: 801-444-9161 Business: 801-444-3191
Suicide Prevention Lifeline	1-800-273-8255
Utah Coalition Against Sexual Assault	801-746-0404
Utah Poison Control Center	800-456-7707
Utah Suicide Hotline (24 hour)	Davis County: 801-625-3599
Victim Services	801-336-3599
Victim Information & Notification Everyday (VINE)	1-877-884-8463
Veterans Crisis Line	1-800-273-8255

Hospitals and Clinics

<p>Benchmark Behavioral Health Systems 592 W 1350 S Woods Cross, UT 84087 801-299-5319</p>	<p>Benchmark Behavioral Health Systems serves a diverse population of adolescent and young adult males, ages 13-20 through various inpatient programs. www.bbhsnet.com</p>
<p>Davis Hospital & Medical Center 1600 West Antelope Dr Bountiful, UT 84010 801-807-1000</p>	<p>Inpatient Psychiatry: Davis Behavioral Health Unit provides treatment to those 18 years of age and older who are in need of inpatient psychiatric care. www.davishospital.com</p>
<p>Intermountain Bountiful Clinic 390 North Main St Bountiful, UT 84010 801-294-1000</p>	<p>Pediatric mental health condition services intermountainhealthcare.org</p>
<p>Intermountain Layton Clinic 2075 University Park Blvd Layton, UT 84041 801-779-6200</p>	<p>Pediatric mental health condition services intermountainhealthcare.org</p>
<p>Lakeview Hospital 630 Medical Dr Bountiful, UT 84010 801-299-2200</p>	<p>The Adult Behavioral Medicine Unit at Lakeview Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed exclusively to meet the psychological and physical healthcare needs of adults ages 18 to 64. lakeviewhospital.com</p>
<p>LDS Hospital 8th Avenue & C Street Salt Lake City, UT 801-408-1100</p>	<p>LDS Hospital provides a broad range of behavioral health treatment options, from crisis management services, inpatient psychiatry services & outpatient psychiatry referral services, and Dayspring, an inpatient chemical dependency treatment unit. intermountainhealthcare.org</p>
<p>McKay-Dee Hospital 4401 Harrison Blvd Ogden, UT 84403 801-387-2800</p>	<p>McKay-Dee has several behavioral health programs for children, adolescents & adults. Some of the programs are designed for inpatient care, outpatient care, or counseling services. intermountainhealthcare.org</p>
<p>Midtown Community Health Center 22 South State Street, Suite 107 Clearfield, UT 84015 801-393-5355</p>	<p>Counseling and prescription services are offered at multiple Midtown locations. Services are available in English and Spanish. www.midtownchc.org</p>
<p>Tanner Clinic 2121 North 1700 West Layton, UT 84041 801-773-4840</p>	<p>Provides pediatric (infant, children, & adolescent) behavioral healthcare. tannerclinic.com</p>
<p>Utah Addiction Medicine & Counseling 440 S Medical Drive Bountiful, UT 84010 801-294-8288</p>	<p>Counseling and treatment for substance abuse disorders. Serves ages 18+. utahamc.com</p>

Abuse and Neglect Resources

<p>Utah Child & Family Services (24 hour)</p> <p>Abuse Report:: 1-855-323-3237</p> <p>Bountiful Office: 801-397-7640</p> <p>Clearfield Office: 801-776-7300</p>	<p>Services: Parenting classes, evidence-based home visitation programs, statewide community and school-based education presentations, & support to grandparents raising grandchildren.</p> <p>Fees: None</p>
<p>Family Advocacy Office, Hill Air Force Base (Military affiliates)</p> <p>7329 Balmer Street, Bldg 547 Hill AFB UT 84056 801-777-3497</p>	<p>Services: Family Advocacy is here to help you with your family's needs. We offer parenting classes, marriage enrichment classes, stress management, anger management, and other resources to help you and your family!</p>
<p>Family Connection Center</p> <p>1360 E 1450 Clearfield, UT 84015 801-773-0712</p> <p>875 Utah 193, Layton, UT 84041 801-771-4642</p>	<p>Services: Provides several programs including emergency child care, parent education, homeless prevention, therapy programs, self reliance programs, transitional housing support, food needs, clothing needs, and rent & utility assistance.</p> <p>Fees: Most programs offered are free.</p> <p>Eligibility: To utilize programs you must reside in Davis or Morgan County. Call to make appointments & for further information.</p>
<p>Intermountain Specialized Abuse Treatment Center (ISAT)</p> <p>189 S State St Clearfield, UT 84015 801-773-2044</p>	<p>Services: ISAT provides several services that help heal and strengthen families. Some of the services they provide include: individual, couples, and group therapy, sexual abuse treatment, parent assessment services, and specialized training in domestic violence and sexual abuse for other mental health professionals.</p> <p>Fees: Possible insurance coverage and sliding fee scale based on each client's income.</p>
<p>Layton City Victim Services</p> <p>437 N Wasatch Dr Layton, UT 84015 801-336-3599</p>	<p>Services: We can help with understanding the criminal justice system, identifying helpful community resources, making a claim for restitution, filing a Protective Order (PO) or Civil Stalking Injunction (CSI) for your protection, filing for assistance from Crime Victim Reparations, assisting and accompanying you to court hearings, etc</p> <p>Fees: No cost for assistance provided by the Victim Services Program.</p>
<p>Safe Harbor Crisis Center</p> <p>Business: 801-444-3191</p> <p>Crisis: 801-444-9161</p>	<p>Services: 24 hour hotline, domestic violence shelter, transitional housing, domestic violence outreach, counseling & support groups, rape & sexual assault, and legal advocacy.</p> <p>Fees: Most services offered at no expense.</p>
<p>Victim Information & Notification Everyday (VINE)</p> <p>1-877-884-8463</p>	<p>Services: The UDC Vine Program allows crime victims, as well as other members of the community, access to inmate information. Access to this data is available by using any touch-tone telephone. By entering the inmate's name or offender number, the caller can find out if the offender is in custody, and if the offender has a release date; If you have difficulty with the name or offender number you may access a live VINE operator or contact the UDC Victim Services Unit for assistance.</p> <p>Fees: None</p>

Marriage and Family Services

<p>APD Counseling</p> <p>447 N 300 W #7 Kaysville, UT 84037 801-331-0628 www.facebook.com/pages/APD-Counseling stevenpritt@gmail.com</p>	<p>Services: Mood Disorder, Anxiety Disorder, Personality Disorder, Substance Abuse Disorder, & Trauma/Abuse. Visit the APD Counseling Facebook page to learn more about the specific services available.</p> <p>Office Hours: Mon: 7am–4pm Wed: 7am–4pm Thur: 7am–10pm Fri: 7am–6pm</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Aspire Counseling</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-525-4546 www.aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play and marriage/couple therapy options are available. To learn about the various services Aspire Counseling provides visit their website.</p> <p>Office Hours: Varies depending on the provider.</p> <p>Average Cost: \$51-100 per session (also depends on counselor)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Bountiful Health Center</p> <p>415 Medical Dr #100 Bountiful, UT 84010 801-913-8460 www.craigberthold.com info@craigberthold.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, Substance Abuse Disorders, & Trauma/Abuse. Visit the website to learn more.</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Scott W. Boyle PhD</p> <p>1433 N 1075 W #120 Farmington, UT 84015 801-390-7007 therapists.psychologytoday.com swboyle@hotmail.com</p>	<p>Services: Dr. Boyle has over 20 years of experience in the field of mental health and counseling. He works with individuals, couples, and families at both the inpatient and outpatient levels of treatment as the seek to improve the quality of their personal as well as interpersonal lives. To learn more about the specific service Dr. Boyle offers, visit his Psychology Today profile at the link provided.</p> <p>Average Cost: \$46-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Center for Growth & Potential</p> <p>1785 E 1450 S #360 Clearfield, UT 84015 801-773-0535 www.centerforgrowthandpotential.com centerforgrothandpotential@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about the Center for Growth & Potential, please visit the link provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>Changes Individual & Relational Therapy</p> <p>836 S Main St #210 Layton, UT 84041 801-543-2120 emilharker.com emilharker@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, Pornography Addiction, Affair, Infidelity, Marriage, and Communication. To learn more about the Changes Individual & Relational Therapy, please visit the link provided.</p> <p>Average Cost: \$150+ per session</p> <p>Payment Type: Cash/Self-payment</p> <p>Age Group: Adolescents to Seniors</p>

Marriage and Family Services

<p>Davis Community Learning Center</p> <p>210 E Center St Clearfield, UT 84015 801-402-8395 www.davis.k12.ut.us worme@dsdmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about the Davis Community Learning Center please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Payment Type: Medicaid, Medicare, Private Insurance, or Free (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Eagleridge Counseling LLC</p> <p>1785 E 1450 S #241 Clearfield, UT 84015 801-644-9578 www.eagleridgecounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, ADHD, ADD, Adjustment to Adoption, and Asperger's. To learn more about the Eagleridge Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Utah Crime Victims Reparations, or Church organizations</p> <p>Age Group: Children to Adults</p>
<p>Empowerment Counseling</p> <p>466 N Main St #210 Clearfield, UT 84015 801-603-2547 www.empowermentcounselingservices.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse To learn more about Empowerment Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>
<p>Family Connection Center</p> <p>1360 E 1450 S Clearfield, UT 84015 801-771-4642</p> <p>100 E 100 N Bountiful, UT 84010 801-773-0712</p> <p>875 E Highway 193 Layton, UT 84010 801-771-4642 www.utahfcc.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Trauma/Abuse To learn more about the Family Connection Center, please use the contact information provided.</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Family Counseling Service of Northern Utah</p> <p>22 South State Street Clearfield, UT 84015 801-399-1600 familycounselingserviceofnorthernutah.com fcscurtwatson@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about Family Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$5-50 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Foundation money (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Innovate Mental Health Solutions</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-425-3628 dwithhurst.com dwithhurst@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about Innovate Mental Health Solutions, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Voc Rehab, Utah Virtual Academy, or Victims Reparations</p> <p>Age Group: Children to Seniors</p>

Marriage and Family Services

<p>Insight Therapeutic Services</p> <p>291 S 200 W Farmington, UT 84025 801-309-8241 www.insightcourage.com Daniel@insightcourage.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Grief & Loss, Marriage & Couples. To learn more about Insight Therapeutic Services, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>JWH Thrive Inc</p> <p>2363 N Hill Field Rd #5 Layton, UT 84041 801-525-4645 aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, Sexual Addiction/Compulsion, Anger, and Infidelity. To learn more about JWH Thrive Inc, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Kay Psychology & Consulting Services</p> <p>1601 N Hill Field Rd #201 Layton, UT 84041 801-776-1303 www.kaypsych.com steven@kaypsych.com teri@kaypsych.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, ADHD, Psychological Evaluations, and Executive Coaching. To learn more about Kay Psychology & Consulting Services, please use the contact information provided.</p> <p>Average Cost: \$100 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance</p> <p>Age Group: Children to Adults & Couples</p>
<p>LDS Family Services</p> <p>94 Pages Ln. Suite A Centerville, UT 84014 801-294-0578</p> <p>930 W Hill Field Rd Layton, UT 84041 801-336-0029 providentliving.org/lds-family-services</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LDS Family Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>LeafCrest Counseling</p> <p>506 S Main St #100 Bountiful, UT 84010 801-510-6864 www.leafcrestcounseling.com maryanne@leafcrestcounseling.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LeafCrest Counseling, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>
<p>Life Changing Services</p> <p>722 Shepard Ln #105, Farmington, UT 84025 1-877-HERO-877 www.lifechangingservices.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Life Changing Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Different fees based on program or counselor.</p> <p>Payment Type: Cash/Self-payment or Church organization</p> <p>Age Group: Children to Seniors</p>

Marriage and Family Services

<p>Murdock Counseling Services</p> <p>503 W 2600 S #200 Bountiful, UT 84010 801-300-1735 www.murdockcounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Dr. Murdock, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Negrette Counseling Services</p> <p>475 N 300 W #14 Kaysville, UT 84037 801-390-3210 michael_negrette_lmft@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, and Trauma/Abuse. To learn more about Negrette Counseling Services, please use the contact information provided.</p> <p>Languages: Portuguese & English</p> <p>Average Cost: \$76-100 per session (sliding scale fee for low income)</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>New Directions Counseling Service</p> <p>31 W Center St Kaysville, UT 84037 801-660-5557 newdirectionsforyou.com officemanager.marsh@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Directions Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session (sliding scale fee for low income)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid</p> <p>Age Group: Children to Seniors</p>
<p>Northern Utah Counseling Services</p> <p>1387 W 1800 N Clearfield, UT 84015 801-779-0095 www.nucounseling.com northernutahcounseling@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Northern Utah Counseling Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>Resilient Solutions Inc</p> <p>1355 N Main St #1 Bountiful, UT 84010 801-259-3883 www.resilientsolutionsinc.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Resilient Solutions, please use the contact information provided.</p> <p>Languages: Swedish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Rocky Mountain Mental Health</p> <p>1492 W Antelope Dr # 205 Layton, UT 84041 801-643-5225 www.rockymountainmentalhealth.com rockymountainmentalhealth@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Mental Health, please use the contact information provided.</p> <p>Languages: Polish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>

Marriage and Family Services

<p>The Counseling Center</p> <p>386 N Main St, Centerville, UT 84014 801-298-2000 thecounselingcenter.co</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about The Counseling Center, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/ Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Titensor Enterprises</p> <p>2205 S 800 W, Woods Cross, UT 84087 801-298-0336 stitensor@comcast.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Titensor Enterprises, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/ Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Touchstone Child & Family Therapy Center</p> <p>1650 W Gentile St, Layton, UT 84041 801-543-2095 www.touchstonetherapyinc.com rdeperizio@msn.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, Trauma/Abuse, and Attachment Issues. To learn more about Touchstone Child & Family Center, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Utah Counseling Services</p> <p>189 S State St #230, Clearfield, UT 84015 801-589-2334 www.utahcounselingservices.com heather@utahcounselingservices.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Utah Counseling Services, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>APD Counseling</p> <p>447 N 300 W #7 Kaysville, UT 84037 801-331-0628 www.facebook.com/pages/APD-Counseling stevenpritt@gmail.com</p>	<p>Services: Mood Disorder, Anxiety Disorder, Personality Disorder, Substance Abuse Disorder, & Trauma/Abuse. Visit the APD Counseling Facebook page to learn more about the specific services available.</p> <p>Office Hours: Mon: 7am–4pm Wed: 7am–4pm Thur: 7am–10pm Fri: 7am–6pm</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Aspire Counseling</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-525-4546 www.aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play and marriage/couple therapy options are available. To learn about the various services Aspire Counseling provides visit their website.</p> <p>Office Hours: Varies depending on the provider.</p> <p>Average Cost: \$51-100 per session (Also depends on counselor)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Bountiful Health Center</p> <p>415 Medical Dr #100 Bountiful, UT 84010 801-913-8460 www.craigberthold.com info@craigberthold.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, Substance Abuse Disorders, & Trauma/Abuse. Visit the website to learn more.</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Scott W. Boyle PhD</p> <p>1433 N 1075 W #120 Farmington, UT 84015 801-390-7007 therapists.psychologytoday.com swboyle@hotmail.com</p>	<p>Services: Dr. Boyle has over 20 years of experience in the field of mental health and counseling. He works with individuals, couples, and families at both the inpatient and outpatient levels of treatment as the seek to improve the quality of their personal as well as interpersonal lives. To learn more about the specific service Dr. Boyle offers, visit his Psychology Today profile at the link provided.</p> <p>Average Cost: \$46-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Center for Growth & Potential</p> <p>1785 E 1450 S #360 Clearfield, UT 84015 801-773-0535 www.centerforgrowthandpotential.com centerforgrothandpotential@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about the Center for Growth & Potential, please visit the link provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>Changes Individual & Relational Therapy</p> <p>836 S Main St #210 Layton, UT 84041 801-543-2120 emilharker.com emilharker@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, Pornography Addiction, Affair, Infidelity, Marriage, and Communication. To learn more about the Changes Individual & Relational Therapy, please visit the link provided.</p> <p>Average Cost: \$150+ per session</p> <p>Payment Type: Cash/Self-payment</p> <p>Age Group: Adolescents to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>David Newbold PhD & Associates 370 S 500 E #180 Clearfield, UT 84015 801-776-1954</p>	<p>Services: Mood Disorder, Anxiety Disorder, and Post-traumatic Stress Disorder. To learn more about Dave Newbold PhD & Associates, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Young Adults to Adults</p>
<p>Davis Behavioral Health 934 S Main St #6 Layton, UT 84041 801-773-7060 www.dbh.utah.gov</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, and Trauma/Abuse. To learn more about Davis Behavioral Health, please use the contact information provided.</p> <p>Languages: Spanish, English & translators are available</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis Community Learning Center 210 E Center St Clearfield, UT 84015 801-402-8395 www.davis.k12.ut.us worme@dspdmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about the Davis Community Learning Center please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Payment Type: Medicaid, Medicare, Private Insurance, or Free (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis School District 70 E 100 N Farmington, UT 84025 801-402-5160 www.davis.k12.ut.us bchristensen@dspdmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Davis School District services, please visit the link provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Not Applicable</p> <p>Age Group: Children to Adolescents</p>
<p>Eagleridge Counseling LLC 1785 E 1450 S #241 Clearfield, UT 84015 801-644-9578 www.eagleridgecounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, ADHD, ADD, Adjustment to Adoption, and Asperger's. To learn more about the Eagleridge Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Utah Crime Victims Reparations, or Church organizations</p> <p>Age Group: Children to Adults</p>
<p>Empowerment Counseling 466 N Main St #210 Clearfield, UT 84015 801-603-2547 www.empowermentcounselingservices.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse To learn more about Empowerment Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>

Mental Health Counseling Services

General Counseling Services

<p>Family Connection Center</p> <p>1360 E 1450 S Clearfield, UT 84015 801-771-4642</p> <p>100 E 100 N Bountiful, UT 84010 801-773-0712</p> <p>875 E Highway 193 Layton, UT 84010 801-771-4642 www.utahfcc.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Trauma/Abuse. To learn more about the Family Connection Center, please use the contact information provided.</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Family Counseling Service of Northern Utah</p> <p>22 South State Street Clearfield, UT 84015 801-399-1600 familycounselingserviceofnorthernutah.com fcscurtwatson@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about Family Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$5-50 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Foundation money (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Hope Center</p> <p>1580 South State Street, Suite 1 Clearfield, UT 84015</p> <p>Dr. Ron Brown 801-8374673 www.hopecenterutah.org</p>	<p>Services: Counseling, food pantry, quality of life education and training. Contact the Hope Center for more information.</p> <p>Average Cost: \$0+ (by donation only)</p> <p>Payment Type: Cash</p> <p>Age Group: 18+</p>
<p>Innovate Mental Health Solutions</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-425-3628 dwiththurst.com dwiththurst@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about Innovate Mental Health Solutions, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Voc Rehab, Utah Virtual Academy, or Victims Reparations</p> <p>Age Group: Children to Seniors</p>
<p>Insight Therapeutic Services</p> <p>291 S 200 W Farmington, UT 84025 801-309-8241 www.insightcourage.com Daniel@insightcourage.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Grief & Loss, Marriage & Couples. To learn more about Insight Therapeutic Services, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>JWH Thrive Inc</p> <p>2363 N Hill Field Rd #5 Layton, UT 84041 801-525-4645 aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, Sexual Addiction/ Compulsion, Anger, and Infidelity. To learn more about JWH Thrive Inc, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>Kay Psychology & Consulting Services</p> <p>1601 N Hill Field Rd #201 Layton, UT 84041 801-776-1303 www.kaypsych.com steven@kaypsych.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, ADHD, Psychological Evaluations, and Executive Coaching. To learn more about Kay Psychology & Consulting Services, please use the contact information provided.</p> <p>Average Cost: \$100 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance</p> <p>Age Group: Children to Adults & Couples</p>
<p>LDS Family Services</p> <p>94 Pages Ln. Suite A Centerville, UT 84014 801-294-0578</p> <p>930 W Hill Field Rd., Layton, UT 84041 801-336-0029 providentliving.org/lds-family-services</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LDS Family Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>LeafCrest Counseling</p> <p>506 S Main St #100 Bountiful, UT 84010 801-510-6864 www.leafcrestcounseling.com maryanne@leafcrestcounseling.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LeafCrest Counseling, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>
<p>Lee Messersmith Counseling</p> <p>2317 N Hill Field Rd #105 Layton, UT 84041 801-698-8119 lwmessersmith@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, Trauma/Abuse, ADD, Behavior Management, and Sexual Addiction. To learn more about Lee Messersmith, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Adults</p>
<p>Life Changing Services</p> <p>722 Shepard Ln #105 Farmington, UT 84025 1-877-HERO-877 www.lifechangingservices.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Life Changing Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Different fees based on program or counselor.</p> <p>Payment Type: Cash/Self-payment or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Murdock Counseling Services</p> <p>503 W 2600 S #200 Bountiful, UT 84010 801-300-1735 www.murdockcounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, and Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Dr. Murdock, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>National Alliance on Mental Illness (NAMI) Davis County</p> <p>1474 Moss Ln Farmington, UT 84025 801-726-3842 www.namiut.org</p>	<p>Services: Support Groups, Recovery Classes, Psychotic Disorders, Mood Disorders, and Anxiety Disorders. To learn more about NAMI services in Davis County, please use the contact information provided.</p> <p>Average Cost: Free</p> <p>Age Group: Adolescents to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>Negrette Counseling Services</p> <p>475 N 300 W #14 Kaysville, UT 84037 801-390-3210 michael_negrette_lmft@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, and Trauma/Abuse. To learn more about Negrette Counseling Services, please use the contact information provided.</p> <p>Languages: Portuguese & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Neurobehavioral Center for Growth</p> <p>415 Medical Dr #D101 Bountiful, UT 84010 801-683-1062 neurobcg.com jennifer@neurobcg.com</p>	<p>Services: The Neurobehavioral Center for Growth offers services focused on fostering each child, teen or young adult's development. The underlying belief being that despite weaknesses in the structure or chemistry of the brain, with the right diagnosis paired with effective psychological and behavioral treatments including identification of unique strengths every person can achieve their full potential. To learn more about the Neurobehavioral Center for Growth, please us the contact information provided.</p> <p>Average Cost: \$95 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>Neuropsychology Center of Utah</p> <p>31 W Center St. Kaysville, UT 84037 801-614-5866 www.npcu.net adam@npcu.net</p>	<p>Services: To learn about the services provided by Neuropsychology Center of Utah, please use the contact information listed.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/ Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>New Directions Counseling Service</p> <p>31 W Center St. Kaysville, UT 84037 801-660-5557 newdirectionsforyou.com officemanager.marsh@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Directions Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/ Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>New Vision Counseling Service</p> <p>475 N 300 W Kaysville, UT 84037 801-690-3502 gmason84041@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Visions Counseling Service, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/ Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>Northern Utah Counseling Services</p> <p>1387 W 1800 N Clearfield, UT 84015 801-779-0095 www.nucounseling.com northernutahcounseling@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Northern Utah Counseling Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/ Self-payment, Private Insurance, or Church organization (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Adults</p>
<p>Resilient Solutions Inc</p> <p>1355 N Main St #1 Bountiful, UT 84010 801-259-3883 www.resilientsolutionsinc.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Resilient Solutions, please use the contact information provided.</p> <p>Languages: Swedish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Rocky Mountain Consulting</p> <p>118 E 2200 S Kaysville, UT 84037 801-721-7878 psycheemann@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Consulting please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Rocky Mountain Mental Health</p> <p>1492 W Antelope Dr # 205 Layton, UT 84041 801-643-5225 www.rockymountainmentalhealth.com rockymountainmentalhealth@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Mental Health, please use the contact information provided.</p> <p>Languages: Polish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>Sally M. Anderson</p> <p>163 W 575 S Layton, UT 84041 801-688-1588 sgplus14@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Sally M. Anderson, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>The Counseling Center</p> <p>386 N Main St Centerville, UT 84014 801-298-2000 thecounselingcenter.co</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about The Counseling Center, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>Titensor Enterprises</p> <p>2205 S 800 W Woods Cross, UT 84087 801-298-0336 stitensor@comcast.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Titensor Enterprises, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Touchstone Child & Family Therapy Center</p> <p>1650 W Gentile St. Layton, UT 84041 801-543-2095 www.touchstonetherapyinc.com rdeperizio@msn.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, Trauma/Abuse, and Attachment Issues. To learn more about Touchstone Child & Family Center, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Utah Counseling Services</p> <p>189 S State St #230, Clearfield, UT 84015 801-589-2334 www.utahcounselingservices.com heather@utahcounselingservices.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Utah Counseling Services, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>John Waterbury, NCC, LPC</p> <p>52 Boulton Way, Bountiful, UT 84010 801-298-2334 johnwaterbury@email.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about John Waterbury, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

Youth Services

<p>APD Counseling</p> <p>447 N 300 W #7 Kaysville, UT 84037 801-331-0628 www.facebook.com/pages/APD-Counseling stevenpritt@gmail.com</p>	<p>Services: Mood Disorder, Anxiety Disorder, Personality Disorder, Substance Abuse Disorder, & Trauma/Abuse. Visit the APD Counseling Facebook page to learn more about the specific services available.</p> <p>Office Hours: Mon: 7am–4pm Wed: 7am–4pm Thur: 7am–10pm Fri: 7am–6pm</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Aspire Counseling</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-525-4546 www.aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play and marriage/couple therapy options are available. To learn about the various services Aspire Counseling provides visit their website.</p> <p>Office Hours: Varies depending on the provider.</p> <p>Average Cost: \$51-100 per session (Also depends on counselor)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Bountiful Health Center</p> <p>415 Medical Dr #100 Bountiful, UT 84010 801-913-8460 www.craigberthold.com info@craigberthold.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, Substance Abuse Disorders, & Trauma/Abuse. Visit the website to learn more.</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Scott W. Boyle PhD</p> <p>1433 N 1075 W #120 Farmington, UT 84025 801-390-7007 therapists.psychologytoday.com swboyle@hotmail.com</p>	<p>Services: Dr. Boyle has over 20 years of experience in the field of mental health and counseling. He works with individuals, couples, and families at both the inpatient and outpatient levels of treatment as they seek to improve the quality of their personal as well as interpersonal lives. To learn more about the specific service Dr. Boyle offers, visit his Psychology Today profile at the link provided.</p> <p>Average Cost: \$46-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Center for Growth & Potential</p> <p>1785 E 1450 S #360 Clearfield, UT 84015 801-773-0535 www.centerforgrowthandpotential.com centerforgrowthandpotential@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about the Center for Growth & Potential, please visit the link provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>Changes Individual & Relational Therapy</p> <p>836 S Main St #210 Layton, UT 84041 801-543-2120 emilharker.com emilharker@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, Pornography Addiction, Affair, Infidelity, Marriage, and Communication. To learn more about the Changes Individual & Relational Therapy, please visit the link provided.</p> <p>Average Cost: \$150+ per session</p> <p>Payment Type: Cash/Self-payment</p> <p>Age Group: Adolescents to Seniors</p>

Mental Health Counseling Services

Youth Services

<p>Davis Behavioral Health</p> <p>934 S Main St #6 Layton, UT 84041 801-773-7060 www.dbh.utah.gov</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, and Trauma/Abuse. To Learn more about Davis Behavioral Health, please use the contact information provided.</p> <p>Languages: Spanish, English & translators are available</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis Community Learning Center</p> <p>210 E Center St. Clearfield, UT 84015 801-402-8395 www.davis.k12.ut.us worme@dmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about the Davis Community Learning Center please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Payment Type: Medicaid, Medicare, Private Insurance, or Free (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis School District</p> <p>70 E 100 N Farmington, UT 84025 801-402-5160 www.davis.k12.ut.us bchristensen@dmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Davis School District services, please visit the link provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Not Applicable</p> <p>Age Group: Children to Adolescents</p>
<p>Eagleridge Counseling LLC</p> <p>1785 E 1450 S #241 Clearfield, UT 84015 801-644-9578 www.eagleridgecounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, ADHD, ADD, Adjustment to Adoption, and Asperger's. To learn more about the Eagleridge Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Utah Crime Victims Reparations, or Church organizations</p> <p>Age Group: Children to Adults</p>
<p>Empowerment Counseling</p> <p>466 N Main St #210 Clearfield, UT 84015 801-603-2547 www.empowermentcounselingservices.com info@empowermentcounselingservices.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse To learn more about Empowerment Counseling, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>
<p>Family Connection Center</p> <p>1360 E 1450 S Clearfield, UT 84015 801-771-4642</p> <p>100 E 100 N Bountiful, UT 84010 801-773-0712</p> <p>875 E Highway 193 Layton, UT 84041</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Trauma/Abuse To learn more about the Family Connection Center, please use the contact information provided.</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

Youth Services

<p>Family Counseling Service of Northern Utah</p> <p>22 South State Street Clearfield, UT 84015 801-399-1600 familycounselingserviceofnorthernutah.com fcscurtwatson@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about Family Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$5-50 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Foundation money (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Innovate Mental Health Solutions</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-425-3628 dwithhurst.com dwithhurst@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about Innovate Mental Health Solutions, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Voc Rehab, Utah Virtual Academy, or Victims Reparations</p> <p>Age Group: Children to Seniors</p>
<p>Insight Therapeutic Services</p> <p>291 S 200 W Farmington, UT 84025 801-309-8241 www.insightcourage.com Daniel@insightcourage.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Grief & Loss, Marriage & Couples. To learn more about Insight Therapeutic Services, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>JWH Thrive Inc</p> <p>2363 N Hill Field Rd #5 Layton, UT 84041 801-525-4645 aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, Sexual Addiction/Compulsion, Anger, and Infidelity. To learn more about JWH Thrive Inc, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Kay Psychology & Consulting Services</p> <p>1601 N Hill Field Rd #201 Layton, UT 84041 801-776-1303 www.kaypsych.com steven@kaypsych.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, ADHD, Psychological Evaluations, and Executive Coaching. To learn more about Kay Psychology & Consulting Services, please use the contact information provided.</p> <p>Average Cost: \$100 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance</p> <p>Age Group: Children to Adults & Couples</p>
<p>LDS Family Services</p> <p>94 Pages Ln. Suite A Centerville, UT 84014 801-294-0578</p> <p>930 W Hill Field Rd. Layton, UT 84041 801-336-0029 providentliving.org/lds-family-services</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LDS Family Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>

Mental Health Counseling Services

Youth Services

<p>LeafCrest Counseling 506 S Main St #100 Bountiful, UT 84010 801-510-6864 www.leafcrestcounseling.com maryanne@leafcrestcounseling.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LeafCrest Counseling, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>
<p>Lee Messersmith Counseling 2317 N Hill Field Rd #105 Layton, UT 84041 801-698-8119 lwmessersmith@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, Trauma/Abuse, ADD, Behavior Management, and Sexual Addiction. To learn more about Lee Messersmith, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Adults</p>
<p>Life Changing Services 722 Shepard Ln #105 Farmington, UT 84025 1-877-HERO-877 www.lifechangingservices.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Life Changing Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Different fees based on program or counselor.</p> <p>Payment Type: Cash/Self-payment or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Murdock Counseling Services 503 W 2600 S #200, Bountiful, UT 84010 801-300-1735 www.murdockcounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, and Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Dr. Murdock, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>National Alliance on Mental Illness (NAMI) Davis County 1474 Moss Ln, Farmington, UT 84025 801-726-3842 www.namiut.org mzjones@hotmail.com</p>	<p>Services: Support Groups, Recovery Classes, Psychotic Disorders, Mood Disorders, and Anxiety Disorders. To learn more about NAMI services in Davis County, please use the contact information provided.</p> <p>Average Cost: Free</p> <p>Age Group: Adolescents to Seniors</p>
<p>Negrette Counseling Services 475 N 300 W #14, Kaysville, UT 84037 801-390-3210 michael_negrette_lmft@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, and Trauma/Abuse. To learn more about Negrette Counseling Services, please use the contact information provided.</p> <p>Languages: Portuguese & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

Mental Health Counseling Services

Youth Services

<p>Neurobehavioral Center for Growth</p> <p>415 Medical Dr #D101 Bountiful, UT 84010 801-683-1062 neurobcg.com jennifer@neurobcg.com</p>	<p>Services: The Neurobehavioral Center for Growth offers services focused on fostering each child, teen or young adult's development. The underlying belief being that despite weaknesses in the structure or chemistry of the brain, with the right diagnosis paired with effective psychological and behavioral treatments including identification of unique strengths every person can achieve their full potential. To learn more about the Neurobehavioral Center for Growth, please us the contact information provided.</p> <p>Average Cost: \$95 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>Neuropsychology Center of Youth</p> <p>31 W Center St. Kaysville, UT 84037 801-614-5866 www.npcu.net adam@npcu.net</p>	<p>Services: To learn about the services provided by Neuropsychology Center for Youth, please use the contact information listed.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>New Directions Counseling Service</p> <p>31 W Center St, Kaysville, UT 84037 801-660-5557 newdirectionsforyou.com officemanager.marsh@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Directions Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>New Vision Counseling Service</p> <p>475 N 300 W, Kaysville, UT 84037 801-690-3502 gmason84041@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Visions Counseling Service, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Northern Utah Counseling Services</p> <p>1387 W 1800 N, Clearfield, UT 84015 801-779-0095 www.nucounseling.com northernutahcounseling@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Northern Utah Counseling Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>Resilient Solutions Inc</p> <p>1355 N Main St #1, Bountiful, UT 84010 801-259-3883 www.resilientolutionsinc.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Resilient Solutions, please use the contact information provided.</p> <p>Languages: Swedish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>

Mental Health Counseling Services

General Counseling Services

<p>Rocky Mountain Consulting</p> <p>118 E 2200 S Kaysville, UT 84037 801-721-7878 psycheemann@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Consulting please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Rocky Mountain Mental Health</p> <p>1492 W Antelope Dr # 205 Layton, UT 84041 801-643-5225 www.rockymountainmentalhealth.com rockymountainmentalhealth@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Mental Health, please use the contact information provided.</p> <p>Languages: Polish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/ Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>Sally M. Anderson</p> <p>163 W 575 S Layton, UT 84041 801-688-1588 sgplus14@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Sally M. Anderson, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>The Counseling Center</p> <p>386 N Main St. Centerville, UT 84014 801-298-2000 thecounselingcenter.co</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about The Counseling Center, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Titensor Enterprises</p> <p>2205 S 800 W Woods Cross, UT 84087 801-298-0336 stitensor@comcast.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Titensor Enterprises, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Utah Counseling Services</p> <p>189 S State St #230 Clearfield, UT 84015 801-589-2334 www.utahcounselingservices.com heather@utahcounselingservices.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Utah Counseling Services, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>John Waterbury, NCC, LPC</p> <p>52 Boulton Way Bountiful, UT 84010 801-298-2334 johnwaterbury@email.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about John Waterbury, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>

Substance Abuse Services

General Services

<p>APD Counseling</p> <p>447 N 300 W #7 Kaysville, UT 84037 801-331-0628 www.facebook.com/pages/APD-Counseling stevenpritt@gmail.com</p>	<p>Services: Mood Disorder, Anxiety Disorder, Personality Disorder, Substance Abuse Disorder, & Trauma/Abuse. Visit the APD Counseling Facebook page to learn more about the specific services available.</p> <p>Office Hours: Mon: 7am–4pm Wed: 7am—4pm Thur: 7am—10pm Fri: 7am—6pm</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Aspire Counseling</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-525-4546 www.aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play and marriage/couple therapy options are available. To learn about the various services Aspire Counseling provides visit their website.</p> <p>Office Hours: Varies depending on the provider.</p> <p>Average Cost: \$51-100 per session (also depends on counselor)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Bountiful Health Center</p> <p>415 Medical Dr #100 Bountiful, UT 84010 801-913-8460 www.craigberthold.com info@craigberthold.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, Substance Abuse Disorders, &Trauma/Abuse. Visit the website to learn more.</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Scott W. Boyle PhD</p> <p>1433 N 1075 W #120 Farmington, UT 84025 801-390-7007 therapists.psychologytoday.com swboyle@hotmail.com</p>	<p>Services: Dr. Boyle has over 20 years of experience in the field of mental health and counseling. He works with individuals, couples, and families at both the inpatient and outpatient levels of treatment as the seek to improve the quality of their personal as well as interpersonal lives. To learn more about the specific service Dr. Boyle offers, visit his Psychology Today profile at the link provided.</p> <p>Average Cost: \$46-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Changes Individual & Relational Therapy</p> <p>836 S Main St #210 Layton, UT 84041 801-543-2120 emilharker.com emilharker@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, Pornography Addiction, Affair, Infidelity, Marriage, and Communication. To learn more about the Changes Individual & Relational Therapy, please visit the link provided.</p> <p>Average Cost: \$150+ per session</p> <p>Payment Type: Cash/Self-payment</p> <p>Age Group: Adolescents to Seniors</p>

Substance Abuse Services

General Services

<p>Davis Behavioral Health</p> <p>934 S Main St #6 Layton, UT 84041 801-773-7060 www.dbh.utah.gov</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, and Trauma/Abuse. To Learn more about Davis Behavioral Health, please use the contact information provided.</p> <p>Languages: Spanish, English & translators are available</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis Community Learning Center</p> <p>210 E Center St. Clearfield, UT 84015 801-402-8395 www.davis.k12.ut.us worme@dscmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about the Davis Community Learning Center please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Payment Type: Medicaid, Medicare, Private Insurance, or Free (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Davis School District</p> <p>70 E 100 N Farmington, UT 84025 801-402-5160 www.davis.k12.ut.us bchristensen@dscmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Davis School District services, please visit the link provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Not Applicable</p> <p>Age Group: Children to Adolescents</p>
<p>Elevations RTC</p> <p>2650 W 2700 S Syracuse, UT 84075 801-773-0200 elevationsrtc.com lburt@elevationrtc.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Elevations RTC, please use the contact information provided.</p> <p>Average Cost: \$400/ month</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents</p>
<p>Family Connection Center</p> <p>1360 E 1450 S Clearfield, UT 84015 801-771-4642</p> <p>100 E 100 N Bountiful, UT 84010 801-773-0712</p> <p>875 E Highway 193 Layton, UT 84010 801-771-4642 www.utahfcc.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Trauma/Abuse To learn more about the Family Connection Center, please use the contact information provided.</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

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<p>Family Counseling Service of Northern Utah</p> <p>22 South State Street Clearfield, UT 84015 801-399-1600 familycounselingserviceofnorthernutah.com fcscurtwatson@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about Family Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$5-50 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Foundation money (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Innovate Mental Health Solutions</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-425-3628 dwithhurst.com dwithhurst@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about Innovate Mental Health Solutions, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Voc Rehab, Utah Virtual Academy, or Victims Reparations</p> <p>Age Group: Children to Seniors</p>
<p>JWH Thrive Inc</p> <p>2363 N Hill Field Rd #5 Layton, UT 84041 801-525-4645 aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, Sexual Addiction/ Compulsion, Anger, and Infidelity. To learn more about JWH Thrive Inc, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>K2 Counseling & Consulting</p> <p>2363 N Hill Field Rd #5 Layton, UT 84041 801-525-4645 aspireut.com karsonk2@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, and ADD/ADHD. To learn more about K2 Counseling & Consulting, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>LDS Family Services</p> <p>94 Pages Ln. Suite A Centerville, UT 84014 801-294-0578</p> <p>930 W Hill Field Rd., Layton, UT 84041 801-336-0029 providentliving.org/lds-family-services</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LDS Family Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>LeafCrest Counseling</p> <p>506 S Main St #100 Bountiful, UT 84010 801-510-6864 www.leafcrestcounseling.com maryanne@leafcrestcounseling.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LeafCrest Counseling, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>

Substance Abuse Services

General Services

<p>Lee Messersmith Counseling</p> <p>2317 N Hill Field Rd #105 Layton, UT 84041 801-698-8119 lwmessersmith@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, Trauma/Abuse, ADD, Behavior Management, and Sexual Addiction. To learn more about Lee Messersmith, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Adults</p>
<p>Life Changing Services</p> <p>722 Shepard Ln #105 Farmington, UT 84025 1-877-HERO-877 www.lifechangingservices.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Life Changing Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Different fees based on program or counselor.</p> <p>Payment Type: Cash/Self-payment or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Murdock Counseling Services</p> <p>503 W 2600 S #200 Bountiful, UT 84010 801-300-1735 www.murdockcounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, and Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Dr. Murdock, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Negrette Counseling Services</p> <p>475 N 300 W #14 Kaysville, UT 84037 801-390-3210 michael_negrette_lmft@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, and Trauma/Abuse. To learn more about Negrette Counseling Services, please use the contact information provided.</p> <p>Languages: Portuguese & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Neuropsychology Center of Utah</p> <p>31 W Center St. Kaysville, UT 84037 801-614-5866 www.npcu.net adam@npcu.net</p>	<p>Services: To learn about the services provided by Neuropsychology Center or Utah, please use the contact information listed.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>New Directions Counseling Service</p> <p>31 W Center St. Kaysville, UT 84037 801-660-5557 newdirectionsforyou.com officemanager.marsh@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Directions Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

Substance Abuse Services

General Services

New Vision Counseling Service

475 N 300 W
Kaysville, UT 84037
801-690-3502
gmasion84041@msn.com

Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Visions Counseling Service, please use the contact information provided.

Average Cost: \$51-75 per session

Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)

Age Group: Children to Seniors

Northern Utah Counseling Services

1387 W 1800 N,
Clearfield, UT 84015
801-779-0095
www.nucounseling.com
northernutahcounseling@msn.com

Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Northern Utah Counseling Services, please use the contact information provided.

Languages: Spanish & English

Average Cost: \$0-80 per session

Payment Type: Cash/Self-payment, Private Insurance, or Church organization

Age Group: Adolescents to Adults

Renaissance Ranch Outpatient

440 S Medical Dr #3,
Bountiful, UT 84010
801-572-4325
www.renaissanceoutpatient.com
lindsay@renaissanceoutpatient.com

Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Renaissance Ranch Outpatient, please use the contact information provided.

Average Cost: \$51-75 per session

Payment Type: Cash/Self-payment or Private Insurance

Age Group: Young Adults to Seniors

Resilient Solutions Inc

1355 N Main St #1,
Bountiful, UT 84037
801-259-3883
www.resilientsolutionsinc.com

Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Resilient Solutions, please use the contact information provided.

Languages: Swedish & English

Average Cost: \$76-100 per session

Payment Type: Cash/Self-payment or Private Insurance

Age Group: Adolescents to Seniors

Rocky Mountain Consulting

118 E 2200 S,
Kaysville, UT 84037
801-721-7878
psycheemann@yahoo.com

Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Consulting please use the contact information provided.

Languages: Spanish & English

Average Cost: \$51-75 per session

Payment Type: Cash/Self-payment, Medicare, or Private Insurance (sliding scale fee for low income)

Age Group: Adolescents to Seniors

Sally M. Anderson

163 W 575 S,
Layton, UT 84041
801-688-1588
sgplus14@msn.com

Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Sally M. Anderson, please use the contact information provided.

Average Cost: \$51-75 per session

Payment Type: Cash/Self-payment or Private Insurance

Age Group: Children to Young Adults

Substance Abuse Services

General Services

<p>The Counseling Center 386 N Main St. Centerville, UT 84014 801-298-2000 thecounselingcenter.co</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about The Counseling Center, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Titensor Enterprises 2205 S 800 W Woods Cross, UT 84087 801-298-0336 stitensor@comcast.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Titensor Enterprises, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Touchstone Child & Family Therapy Center 1650 W Gentile St. Layton, UT 84041 801-543-2095 www.touchstonetherapyinc.com rdeperizio@msn.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, Trauma/Abuse, and Attachment Issues. To learn more about Touchstone Child & Family Center, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Utah Counseling Services 189 S State St #230 Clearfield, UT 84015 801-589-2334 www.utahcounselingservices.com heather@utahcounselingservices.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Utah Counseling Services, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>Utah Addiction Medicine & Counseling 440 S Medical Drive Bountiful, UT 84010 801-294-8288 utahamc.com</p>	<p>Services: Counseling and treatment for substance abuse disorders.</p> <p>Average Cost: \$76-100</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adults</p>
<p>John Waterbury, NCC, LPC 52 Boulton Way Bountiful, UT 84010 801-298-2334 johnwaterbury@email.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about John Waterbury, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>

Substance Abuse Services

Youth Services

<p>APD Counseling</p> <p>447 N 300 W #7 Kaysville, UT 84037 801-331-0628 www.facebook.com/pages/APD-Counseling stevenpritt@gmail.com</p>	<p>Services: Mood Disorder, Anxiety Disorder, Personality Disorder, Substance Abuse Disorder, & Trauma/Abuse. Visit the APD Counseling Facebook page to learn more about the specific services available.</p> <p>Office Hours: Mon: 7am–4pm Wed: 7am–4pm Thur: 7am–10pm Fri: 7am–6pm</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Aspire Counseling</p> <p>2317 N Hill Field Rd #103 Layton, UT 84041 801-525-4546 www.aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play and marriage/couple therapy options are available. To learn about the various services Aspire Counseling provides visit their website.</p> <p>Office Hours: Varies depending on the provider.</p> <p>Average Cost: \$51-100 per session (also depends on counselor)</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Bountiful Health Center</p> <p>415 Medical Dr #100 Bountiful, UT 84010 801-913-8460 www.craigberthold.com info@craigberthold.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, Substance Abuse Disorders, & Trauma/Abuse. Visit the website to learn more.</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Scott W. Boyle PhD</p> <p>1433 N 1075 W #120 Farmington, UT 84025 801-390-7007 therapists.psychologytoday.com swboyle@hotmail.com</p>	<p>Services: Dr. Boyle has over 20 years of experience in the field of mental health and counseling. He works with individuals, couples, and families at both the inpatient and outpatient levels of treatment as they seek to improve the quality of their personal as well as interpersonal lives. To learn more about the specific service Dr. Boyle offers, visit his Psychology Today profile at the link provided.</p> <p>Average Cost: \$46-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Changes Individual & Relational Therapy</p> <p>836 S Main St #210 Layton, UT 84041 801-543-2120 emilharker.com emilharker@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Trauma/Abuse, Pornography Addiction, Affair, Infidelity, Marriage, and Communication. To learn more about the Changes Individual & Relational Therapy, please visit the link provided.</p> <p>Average Cost: \$150+ per session</p> <p>Payment Type: Cash/Self-payment</p> <p>Age Group: Adolescents to Seniors</p>

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<p>Davis Behavioral Health</p> <p>934 S Main St #6 Layton, UT 84041 801-773-7060 www.dbh.utah.gov</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorder, and Trauma/Abuse. To Learn more about Davis Behavioral Health, please use the contact information provided.</p> <p>Languages: Spanish, English & translators are available</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid</p> <p>Age Group: Children to Seniors (sliding scale fee for low income)</p>
<p>Davis Community Learning Center</p> <p>210 E Center St. Clearfield, UT 84015 801-402-8395 www.davis.k12.ut.us worme@dsdmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about the Davis Community Learning Center please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Payment Type: Medicaid, Medicare, Private Insurance, or Free</p> <p>Age Group: Children to Seniors (sliding scale fee for low income)</p>
<p>Davis School District</p> <p>70 E 100 N Farmington, UT 84025 801-402-5160 www.davis.k12.ut.us bchristensen@dsdmail.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Davis School District services, please visit the link provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Not Applicable</p> <p>Age Group: Children to Adolescents</p>
<p>Elevations RTC</p> <p>2650 W 2700 S Syracuse, UT 84075 801-773-0200 elevationsrtc.com lburt@elevationrtc.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about the Elevations RTC, please use the contact information provided.</p> <p>Average Cost: \$400/ month</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents</p>
<p>Family Connection Center</p> <p>1360 E 1450 S Clearfield, UT 84015 801-771-4642</p> <p>100 E 100 N Bountiful, UT 84010 801-773-0712</p> <p>875 E Highway 193 Layton, UT 84041 801-771-4642 www.utahfcc.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Trauma/Abuse To learn more about the Family Connection Center, please use the contact information provided.</p> <p>Average Cost: \$0-25 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

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<p>Family Counseling Service of Northern Utah</p> <p>22 South State Street Clearfield, UT 84015 801-399-1600 familycounselingserviceofnorthernutah.com fcscurtwatson@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse Disorders and Trauma/Abuse. To learn more about Family Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$5-50 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Foundation money (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Innovate Mental Health Solutions</p> <p>2317 N Hill Field Rd #103, Layton, UT 84041 801-425-3628 dwithhurst.com dwithhurst@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, and Trauma/Abuse. To learn more about Innovate Mental Health Solutions, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, Voc Rehab, Utah Virtual Academy, or Victims Reparations</p> <p>Age Group: Children to Seniors</p>
<p>JWH Thrive Inc</p> <p>2363 N Hill Field Rd #5, Layton, UT 84041 801-525-4645 aspireut.com aspirecounselingservices@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, Sexual Addiction/ Compulsion, Anger, and Infidelity. To learn more about JWH Thrive Inc, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>K2 Counseling & Consulting</p> <p>2363 N Hill Field Rd #5, Layton, UT 84041 801-525-4645 aspireut.com karsonk2@gmail.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Trauma/Abuse, and ADD/ADHD. To learn more about K2 Counseling & Consulting, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$126-150 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>LDS Family Services</p> <p>94 Pages Ln. Suite A, Centerville, UT 84014 801-294-0578</p> <p>930 W Hill Field Rd., Layton, UT 84041 801-336-0029 providentliving.org/lds-family-services</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LDS Family Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>LeafCrest Counseling</p> <p>506 S Main St #100, Bountiful, UT 84010 801-510-6864 www.leafcrestcounseling.com maryanne@leafcrestcounseling.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about LeafCrest Counseling, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Adults</p>

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<p>Lee Messersmith Counseling</p> <p>2317 N Hill Field Rd #105 Layton, UT 84041 801-698-8119 lwmessersmith@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, Trauma/Abuse, ADD, Behavior Management, and Sexual Addictioin. To learn more about Lee Messersmith, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Adults</p>
<p>Life Changing Services</p> <p>722 Shepard Ln #105 Farmington, UT 84025 1-877-HERO-877 www.lifechangingservices.org</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Life Changing Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: Different fees based on program or counselor.</p> <p>Payment Type: Cash/Self-payment or Church organization</p> <p>Age Group: Children to Seniors</p>
<p>Murdock Counseling Services</p> <p>503 W 2600 S #200 Bountiful, UT 84010 801-300-1735 www.murdockcounseling.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, and Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Dr. Murdock, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Negrette Counseling Services</p> <p>475 N 300 W #14 Kaysville, UT 84037 801-390-3210 michael_negrette_lmft@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, and Trauma/Abuse. To learn more about Negrette Counseling Services, please use the contact information provided.</p> <p>Languages: Portuguese & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Neuropsychology Center of Utah</p> <p>31 W Center St. Kaysville, UT 84037 801-614-5866 www.npcu.net adam@npcu.net</p>	<p>Services: To learn about the services provided by Neuropsychology Center or Utah, please use the contact information listed.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Medicaid, Medicare, or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>New Directions Counseling Service</p> <p>31 W Center St. Kaysville, UT 84037 801-660-5557 newdirectionsforyou.com officemanager.marsh@gmail.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Directions Counseling Service, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Medicaid (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

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<p>New Vision Counseling Service</p> <p>475 N 300 W Kaysville, UT 84037 801-690-3502 gmasion84041@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about New Visions Counseling Service, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Northern Utah Counseling Services</p> <p>1387 W 1800 N Clearfield, UT 84015 801-779-0095 www.nucounseling.com northernutahcounseling@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, Personality, and Trauma/Abuse. To learn more about Northern Utah Counseling Services, please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$0-80 per session</p> <p>Payment Type: Cash/Self-payment, Private Insurance, or Church organization</p> <p>Age Group: Adolescents to Adults</p>
<p>Resilient Solutions Inc</p> <p>1355 N Main St #1 Bountiful, UT 84037 801-259-3883 www.resilientsolutionsinc.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Resilient Solutions, please use the contact information provided.</p> <p>Languages: Swedish & English</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Rocky Mountain Consulting</p> <p>118 E 2200 S Kaysville, UT 84037 801-721-7878 psycheemann@yahoo.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality, and Trauma/Abuse. To learn more about Life Rocky Mountain Consulting please use the contact information provided.</p> <p>Languages: Spanish & English</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment, Medicare, or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Adolescents to Seniors</p>
<p>Sally M. Anderson</p> <p>163 W 575 S Layton, UT 84041 801-688-1588 sgplus14@msn.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about Sally M. Anderson, please use the contact information provided.</p> <p>Average Cost: \$51-75 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Young Adults</p>
<p>The Counseling Center</p> <p>386 N Main St. Centerville, UT 84014 801-298-2000 thecounselingcenter.co</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, and Trauma/Abuse. To learn more about The Counseling Center, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>

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<p>Titensor Enterprises</p> <p>2205 S 800 W Woods Cross, UT 84087 801-298-0336 stitensor@comcast.net</p>	<p>Services: Mood Disorders, Anxiety Disorders, and Substance Abuse. To learn more about Titensor Enterprises, please use the contact information provided.</p> <p>Average Cost: \$76-100 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Adolescents to Seniors</p>
<p>Touchstone Child & Family Therapy Center</p> <p>1650 W Gentile St Layton, UT 84041 801-543-2095 www.touchstonetherapyinc.com rdeperizio@msn.com</p>	<p>Services: Psychotic Disorders, Mood Disorders, Anxiety Disorders, Substance Abuse, Personality Disorder, Trauma/Abuse, and Attachment Issues. To learn more about Touchstone Child & Family Center, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment (sliding scale fee for low income)</p> <p>Age Group: Children to Seniors</p>
<p>Utah Counseling Services</p> <p>189 S State St #230 Clearfield, UT 84015 801-589-2334 www.utahcounselingservices.com heather@utahcounselingservices.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about John Waterbury, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>
<p>John Waterbury, NCC, LPC</p> <p>52 Boulton Way Bountiful, UT 84010 801-298-2334 johnwaterbury@email.com</p>	<p>Services: Mood Disorders, Anxiety Disorders, Personality Disorders, Substance Abuse, and Trauma/Abuse. To learn more about John Waterbury, please use the contact information provided.</p> <p>Average Cost: \$101-125 per session</p> <p>Payment Type: Cash/Self-payment or Private Insurance</p> <p>Age Group: Children to Seniors</p>

Support Groups

General Groups

<p>Brain Injury Alliance of Utah</p> <p>Phoenix Services Corp. Caregivers Support Group 1139 S State St # A-1 Clearfield , UT 84015 801-825-4535 biau.org/support-groups</p>	<p>The Brain Injury Alliance of Utah, formerly known as the Brain Injury Association of Utah, was created in 1984 as a 501 non-profit organization. This Alliance is the only non-profit organization dedicated exclusively to education and support for the issues of prevention and recovery of brain injury in the state of Utah.</p> <p>When: Call for a schedule.</p> <p>Fee: Free</p>
<p>Continue Mission https://continuemission.org/ https://www.facebook.com/continuemission (801) 243-2508</p>	<p>No veteran left behind. Health and wellness for military service members and their families. Coordinated recreational activities, education, and opportunities that further the mission. Suicide prevention and intervention.</p>
<p>DBT Groups</p> <p>Aspire: South Office (Group Room) 2317 N Hill Field RD #103 Layton, UT 84041 801-658-0426 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>2 DBT groups, 1 for adolescents and 1 for adults. Open group, can be joined at any time. Group will meet each Thursday. The adolescent Group will run from 5:00pm - 6:00pm and the adult group runs from 6:00pm - 7:00pm. \$35 per weekly session.</p> <p>When: Every Thursday from 5pm - 6pm (Adolescent Session) and every Thursday from 6pm to 7pm (Adults Session).</p> <p>Fee: \$35 per weekly session</p>
<p>Grief Support Group</p> <p>Life Changing Counseling 2317 N Hill Field Rd #103 Layton, UT 84041 801-206-4245 groups.psychologytoday.com</p> <p>Facilitated by Victoria Young, LCSW</p>	<p>This is an eight week course to help adults who have lost a loved one understand the grief process and balance their life improving their overall sense of well being. Stress is one of the things that needs to be managed well to avoid chronic health issues. Learning to understand and manage grief reactions and adjusting to life following the loss of a loved one will help. Understanding your personal grief experience can help you manage your emotional well being. This brings quality to your life and increased satisfaction. Call for more information of groups and/or individual counseling.</p> <p>When: Contact Victoria Young for dates and time for this group.</p> <p>Fee: \$20 - \$40 per session</p> <p>Issues: Anxiety, Chronic Pain, Coping Skills</p> <p>Age: Adults</p>
<p>Mind Body Bridging</p> <p>Aspire: South Office (Group Room) 2317 N Hill Field Rd #103 Layton, UT 84041 801-658-0426 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>10 Week Mind Body Bridging course for PTSD. Veterans, victims of abuse, or other forms of trauma. Evidence based treatment course.</p> <p>When: Contact Dwight Hurst about group meeting dates and times.</p> <p>Fee: \$40 per session</p> <p>Issues: Anxiety, Emotional Disturbance, Trauma and PTSD</p> <p>Age: Adults</p>
<p>Specialized Grief Groups</p> <p>Resilient Solutions, Inc 1355 N Main St #1 Bountiful, UT 84010 groups.psychologytoday.com</p>	<p>Resilient Solutions provides various grief groups including teens and mothers struggling with loss. To learn more about prices, dates, and groups contact Resilient Solutions.</p>
<p>Shattered & Surviving</p> <p>Sponsored by NAMI North Davis Senior Activity Center 42 South State Street Clearfield, UT 84015 www.namiut.org</p> <p>Facilitated by Kim Penman</p>	<p>This support group is for those surviving a loved one lost to suicide.</p> <p>When: 1st & 3rd Wednesdays of the month, 6:00—7:30pm</p> <p>Where: North Davis Senior Activity Center</p> <p>Fee: Free</p> <p>Issues: Suicide</p>

Support Groups

Addiction Support Groups

<p>Addiction</p> <p>Utah Behavioral Health Solutions 1433 N 1075 W #120 Farmington, UT 84025 groups.psychologytoday.com</p> <p>Facilitated by Eric McCarty, LMFT</p>	<p>Support and education for those struggling with addiction.</p> <p>When: Every Saturday 10am - 12pm</p> <p>Fee: \$80 - \$100 per session</p> <p>Issues: Addiction, Alcohol Abuse, Drug Abuse</p> <p>Age: Adults</p>
<p>Aftercare Support Group</p> <p>107 N Main St Bountiful, UT 84010 801-477-4968 groups.psychologytoday.com</p> <p>Facilitated by William Green, LCSW</p>	<p>Aftercare support for those in early recovery from addictive disorders addictions. Closes with meditation/energy work.</p> <p>When: Every Tuesday from 5:30pm to 7pm</p> <p>Fee: Contact William Green for the cost of this group.</p> <p>Issues: Addiction</p> <p>Age: Adults</p>
<p>Alcoholics Anonymous</p> <p>New Backstreet Club 25 N 200 W Bountiful, UT 84010 www.utahaa.org</p>	<p>Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.</p> <p>When: Follow the link to find a meeting schedule.</p> <p>Issues: Alcohol Abuse</p>
<p>Outpatient Curriculum Group</p> <p>107 N Main St Bountiful, UT 84010 801-477-4968 groups.psychologytoday.com</p> <p>Facilitated by William Green, LCSW</p>	<p>Open-Outpatient Curriculum Group: 12-Step Model Orientation.</p> <p>When: Wednesday from 5:30pm to 7pm</p> <p>Fee: \$30 - \$50 per session</p> <p>Issues: Addiction</p> <p>Contact: Contact William Green for more information.</p>
<p>Sober Reality</p> <p>Aspire: South Office (Group Room) 2317 N Hill Field Rd #103 Layton, UT 84041 801-988-9037 groups.psychologytoday.com</p>	<p>Sober Reality is a 6 week therapy group focused on introducing parents and teens to the process of eliminating substance abuse and beginning a sober lifestyle. The group focuses on the pitfalls of addiction, including denial, justification, and self-sabotaging thought processes. Relapse prevention, communication, and coping skills to use in response to stress or triggers are reviewed. The group is designed for 13-18 year olds who are are struggling with abuse of alcohol or drugs.</p> <p>When: Every Thursday from 7pm - 8pm</p> <p>Fee: For cost, contact John Howard.</p> <p>Issues: Coping Skills, Drug Abuse, Family Conflict</p>
<p>Substance Abuse Groups</p> <p>Aspire: South Office 2317 N Hill Field Rd #103 Layton, UT 84041 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>Substance Abuse Treatment for Adolescents. Adolescent Introduction to Sobriety Group, Relapse Prevention (ongoing group), and Substance Abuse Assessment (SASSI) for court ordered screening.</p> <p>When: Contact Dwight Hurst for times and dates of group meeting.</p> <p>Fee: \$50 per session</p> <p>Issues: Addiction, Oppositional Defiance</p> <p>Ages: Adolescents/Teenagers (14 to 19)</p>

Support Groups

Addiction Support Groups

<p>Addiction</p> <p>Utah Behavioral Health Solutions 1433 N 1075 W #120 Farmington, UT 84025 groups.psychologytoday.com</p> <p>Facilitated by Eric McCarty, LMFT</p>	<p>Support and education for those struggling with addiction.</p> <p>When: Every Saturday 10am - 12pm</p> <p>Fee: \$80 - \$100 per session</p> <p>Issues: Addiction, Alcohol Abuse, Drug Abuse</p> <p>Age: Adults</p>
<p>Aftercare Support Group</p> <p>107 N Main St Bountiful, UT 84010 801-477-4968 groups.psychologytoday.com</p> <p>Facilitated by William Green, LCSW</p>	<p>Aftercare support for those in early recovery from addictive disorders addictions. Closes with meditation/energy work.</p> <p>When: Every Tuesday from 5:30pm to 7pm</p> <p>Fee: Contact William Green for the cost of this group.</p> <p>Issues: Addiction</p> <p>Age: Adults</p>
<p>Celebrate Recovery Layton</p> <p>Christian Life Center 2352 E Highway193 (in the main building) Layton, UT 84041 www.facebook.com/pages/Celebrate-Recovery-Layton/</p>	<p>Recovery Group for all addictions, hurts habits or hang ups, domestic violence, etc. The program is from Saddle back church in California from Pastor Rick Warrens church, it is amazing recovery program come give it as try! For more information visit the Church website: clclayton.org</p> <p>When: Every Thursday from 7pm to 9pm (child care available).</p> <p>Fee: Free</p> <p>Contact: Contact Dawn N. at 801-661-6900</p>
<p>Outpatient Curriculum Group</p> <p>107 N Main St Bountiful, UT 84010 801-477-4968 groups.psychologytoday.com</p> <p>Facilitated by William Green, LCSW</p>	<p>Open-Outpatient Curriculum Group: 12-Step Model Orientation.</p> <p>When: Wednesday from 5:30pm to 7pm</p> <p>Fee: \$30 - \$50 per session</p> <p>Issues: Addiction</p> <p>Contact: Contact William Green for more information.</p>
<p>Sex Addicts Anonymous</p> <p>Westminster Presbyterian Church 196 S Mountain Rd Fruit Heights, UT 84037 Doug J. 801-776-6920 Robert D. 801-668-7222 saa-recovery.org</p>	<p>As a fellowship of recovering addicts, Sex Addicts Anonymous offers a message of hope to anyone who suffers from sex addiction. The basic principles of recovery practiced by SAA are found in the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Although we are not affiliated with AA or with any other organization or agency, we are, indeed, grateful for permission to modify and apply the Steps and Traditions to sex addiction, making recovery possible for us.</p> <p>When: Every Tuesday at 7:30pm</p> <p>Fee: Meetings are free</p> <p>Age: Adults</p>

Support Groups

Addiction Support Groups

Sober Reality

Aspire: South Office (Group Room)
2317 N Hill Field Rd #103
Layton, UT 84041
801-988-9037
groups.psychologytoday.com

Sober Reality is a 6 week therapy group focused on introducing parents and teens to the process of eliminating substance abuse and beginning a sober lifestyle. The group focuses on the pitfalls of addiction, including denial, justification, and self-sabotaging thought processes. Relapse prevention, communication, and coping skills to use in response to stress or triggers are reviewed. The group is designed for 13-18 year olds who are struggling with abuse of alcohol or drugs.

When: Every Thursday from 7pm - 8pm

Fee: For cost, contact John Howard.

Issues: Coping Skills, Drug Abuse, Family Conflict

Family Support Groups

Big MAKS: Moms with Autistic Kids

utahmaks.blogspot.com

Big MAKS is a support group of "Moms with Autistic Kids" who rally around each other for encouragement and laughter. MAKS is not a support group — But you will find support from others who "Get it." After all, we're only as strong as our hairspray, our diet coke, and our friends!

Fee: Free

Contact: We can add you to our area email list to receive additional information about autism events. Laura at lauraanderson@comcast.net

CHADD: Support group for Attention Deficit Disorder

150 N 400 E
Bountiful, UT 84010
801-292-6233
www.chadd.net

The Davis County Branch of the CHADD of Utah Chapter is offering a support group for parents of children with ADHD. Educators are also invite to attend. In each meeting a different professional speaker will share their knowledge, free of charge!

When: It is the first Thursday of each month. (No meetings in June, July and August).

Time: 7:00 pm in the "Parlor" net to the kitchen

Contact: Tammy Naylor with questions or to be added to an email list to receive notice of monthly topics and other events. E-mail to davis-county@chadd.net.

Domestic Violence Support Group

Life Transition Counseling
2317 N Hill Field Rd #103
Layton, UT 84041
groups.psychologytoday.com

Facilitated by Victoria Young, LCSW

Difficult things happen to good people. Domestic Violence hurts women and families. There is NO excuse for abuse. Find support and healing through individual counseling or a Support Group. Group availability by demand. Need 6 women for a group. Contact me for individual support and support group. No one deserves to feel unsafe.

When: Contact Victoria Young for times and date for this group meeting.

Fee: \$20 - \$40 per session

Issues: Chronic Pain, Grief, Sexual Abuse

Support Groups

Family Support Groups

<p>Easy to Love Support Group: Support for Families Raising Children with Special needs</p> <p>Lil' Flippers Gymnastics 1246 Flint Meadows #102 Kaysville, UT 801-451-6238 www.utaeasytolove.org</p>	<p>To provide a place for parents and family members to meet monthly and share experience, strength, give hope and awareness, to other families who have similar experiences raising children with ASD, ADD/ADHD, SPD, Anxiety and other mental health, developmental or behavioral struggles. Through sharing in this experience of raising these 'hard to raise' kids, we grow stronger and more resilient.</p> <p>When: 3rd Wednesday of the month from 7:15pm to 8:15pm.</p> <p>Visit Easy to Love Support Group Facebook page: www.facebook.com/e2lsupport/timeline</p>
<p>Families of Autism & Asperger's Standing Together (FAAST)</p> <p>https://www.facebook.com/pages/Families-of-Autism-and-Aspergers-Standing-Together-FAAST</p>	<p>FAAST is about helping families just like us to have an avenue for support and to spread the awareness for Autism and Asperger's. Join us and help our voice get louder.</p> <p>When: Visit www.facebook.com/pages/Families-of-Autism-and-Aspergers-Standing-Together-FAAST to find out about upcoming events and meetings.</p> <p>Fee: Free</p>

Youth Support Groups

<p>The Daughter of Light</p> <p>722 Shepard Ln Farmington, UT 84025 801-903-2749 groups.psychologytoday.com</p> <p>Facilitated by Jennifer Johnson, CMHC</p>	<p>The Daughters of Light is a group for adolescent girls, ages 12 to 17, who are struggling with finding their voice in the chaotic world around them. Group is a powerful place for your young daughters to have positive feedback and insight into the struggles they are facing. Hope, empowerment and the skills to navigate through the trials surrounding them are offered and taught in a 12 week format. Please contact me if you would like further information about group or are wondering if group is right for your daughter.</p> <p>When: Every Wednesday from 4pm to 6pm</p> <p>Fee: \$40 - \$50</p> <p>Issues: Anxiety, Coping Skills, Self-Esteem</p> <p>Age: Preteens/ Tweens (11-13)</p>
<p>DBT Groups</p> <p>Aspire: South Office (Group Room) 2317 N Hill Field RD #103 Layton, UT 84041 801-658-0426 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>2 DBT groups, 1 for adolescents and 1 for adults. Open group, can be joined at any time. Group will meet each Thursday. The adolescent Group will run from 5:00pm - 6:00pm and the adult group runs from 6:00pm - 7:00pm. \$35 per weekly session.</p> <p>When: Every Thursday from 5pm - 6pm (Adolescent Session) and every Thursday from 6pm to 7pm (Adults Session).</p> <p>Fee: \$35 per weekly session</p> <p>Issues: Anger Management, Borderline Personality, Self-Esteem</p> <p>Age: Adolescents and Adults</p>
<p>Social Skills</p> <p>Jeff Gregson Therapy Services 722 W Shepard Ln #105 Farmington, UT 84025 801-477-4927 groups.psychologytoday.com</p> <p>Facilitated by Jeff Gregson, LPC</p>	<p>A group dedicated to helping 8-11 year old boys struggling with social skills and interactions. The group will teach social skills in a fun, interactive way ensuring participation from each student. Group topics include: attentive skills, making friends, meeting new people, anger management and learning to be assertive. The group is an open group and will be repeating the curriculum every 6 weeks. So feel free you sign up your son anytime!</p> <p>When: Every Wednesday 5:30pm - 6:30pm</p> <p>Fee: \$35 per session</p> <p>Age: Children</p>

Support Groups

Youth Support Groups

<p>Substance Abuse Groups</p> <p>Aspire: South Office 2317 N Hill Field Rd #103 Layton, UT 84041 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>Substance Abuse Treatment for Adolescents. Adolescent Introduction to Sobriety Group, Relapse Prevention (ongoing group), and Substance Abuse Assessment (SASSI) for court ordered screening.</p> <p>When: Contact Dwight Hurst for times and dates of group meeting.</p> <p>Fee: \$50 per session</p> <p>Issues: Addiction, Oppositional Defiance</p> <p>Ages: Adolescents/Teenagers (14 to 19)</p>
<p>Walking the Tightrope</p> <p>Aspire: South Office (Group Room) 2317 N Hill Field Rd #103 Layton, UT 84041 801-988-9037 groups.psychologytoday.com</p> <p>Facilitated by Dwight Hurst, CMHC</p>	<p>This group helps young people (age 14-18) who struggle with strong emotional responses to life. The emotional responses can contribute to depression, anxiety, academic or relationship difficulties, addictive behaviors, substance use, and even suicidal thoughts. This group is built around the principles of Adolescent Psychotherapy and Dialectical Behavioral Therapy (DBT). The group is facilitated by Dwight Hurst, CMHC, a licensed mental health counselor with over 12 years of experience working with youth and families.</p> <p>When: Every Wednesday from 5:30pm to 6:30pm</p> <p>Fee: \$40 per session</p> <p>Issues: Behavioral Issues, Emotional Disturbance</p> <p>Age: Adolescent/ Teenagers (14 to 19)</p>

Women Support Groups

<p>HOPE: for Women Experiencing Depression</p> <p>Resilient Solutions, Inc 1355 N Main St #1 Bountiful, UT 84010 801-754-4374 groups.psychologytoday.com</p> <p>Facilitated by Becky Andrews, LCMHC</p>	<p>10-week psychoeducational group led by licensed therapist, Becky Andrews. Join with other women for support and tools to help you find joy and happiness again.</p> <p>When: Every Monday from 5:30pm - 6:45pm</p> <p>Fee: \$25/group or pay for full 10 weeks for a discount of \$225.</p> <p>Contact: Contact Becky at 801.259.3883 or email: becky.lpc@gmail.com to register.</p> <p>Issues: Anxiety, Coping Skills, Depression</p>
<p>Adult Survivors: Women Molested Traumatized Group</p> <p>Life Transition Counseling 2317 N Hill Field Rd #103 Layton, UT 84041 801-206-4245 groups.psychologytoday.com</p> <p>Facilitated by Victoria Young, LCSW</p>	<p>Support for woman molested as children or sexually traumatized. The group will run 8 weeks. Join the group for support and information to help you heal and recover from a life time of pain. Call for consultation or to sign up for the group. It is a closed group of no more than ten.</p> <p>When: Every Saturday from 11am to 12:30pm</p> <p>Fee: \$20 per session</p> <p>Issues: Chronic Pain, Grief, Sexual Abuse</p>
<p>WORTH: Women of Rebirth Therapeutic Healing</p> <p>Life Changing Services 722 Shepard Ln Farmington, UT 84025 801-903-2749 groups.psychologytoday.com</p> <p>Facilitated by Jennifer Johnson, CMHC</p>	<p>A group for women who have been in or are currently in difficult relationships/marriages. We discuss coping and promote healing. You can find out more information at www.worthgrouppls.org</p> <p>When: Every Saturday 9am - 11am</p> <p>Fee: \$40 per session</p> <p>Issues: Domestic Abuse</p>

Support Groups

Men Support Groups

Sons of Helaman

Life Changing Services
722 Shepard Ln #105
Farmington, UT 84025
801-657-3696
groups.psychologytoday.com

Facilitated by Cody L. Hawes, CSW

The Sons of Helaman group works with young men to adult males who are dealing with addictions to Pornography, Masturbation and Video games. This group allows young/man to decrease his shame by knowing he is not alone in this battle. It increases his confidence to fight the addiction through behavior modification and accountability.

When: Wednesday, Thursday —> Contact Cody for meeting times

Fee: \$50

Issues: Coping Skills, Sexual Addiction, Video Game Addiction

Senior Support Groups

Davis County Parkinson's Support Group

North Davis Senior Activity Center:
42 S State St
Clearfield, UT 84015
801-451-6238

The Parkinson's Support Group meet monthly. Their meetings consist of knowledgeable briefers, fun activities, and social interactions all aimed at supporting Parkinson's patients, their families, and caregivers.

To find out about the next Parkinson's Support Group meeting, visit their Facebook page by clicking the link below.

www.facebook.com/pages/Parkinsons-Support-in-Davis-County/

Alzheimer's Support Groups for Caregivers

Orchard Cove:
485 E 500 S
Bountiful, UT 84010
Annie Wagner 801-298-8983

When: Thursdays at 3:00pm

Golden Years Senior Activity Center:
726 S 100 E
Bountiful, UT 84010
Megan Forbush 801-525-5088

When: Every 3rd Thursday of the month from 3:00pm to 4:30pm

North Davis Senior Activity Center:
42 S State St
Clearfield, UT 84015
Linda Freer 801-525-5058

When: 1st Wednesday of the month from 3:00pm to 4:00pm

Autumn Glow Senior Activity Center:
81 E Center St
Kaysville, UT 84037
Linda Freer 801-525-5058

When: 2nd Tuesday of the month from 3:30pm to 4:30pm

Caregiver Education Classes

Legacy Village
1201 N Fairfield Rd
Layton, UT 84041

When: Tuesdays from noon until 1:00pm

OR

Golden Years Senior Activity Center
726 S 100 E
Bountiful, UT 84010

When: Thursdays from noon to 1:00pm

Megan Forbush 801-525-5088

Complementary light lunch served at both classes. Please call Megan Forbush before attending classes to RSVP.

Training & Classes

<p>Domestic Violence Offender Intervention Harmony Counseling 1371 N 1075 W #4 Farmington, UT 84025 801-679-4617 groups.psychologytoday.com</p> <p>Facilitated by Debbie Moon, LMFT</p>	<p>Harmony Counseling has a comprehensive 16-week (or 16 session) program for DV offenders. We are licensed through the Utah Department of Human Services for Domestic Violence work. DV offenders who have used our program have reported to us that ours is an extremely helpful and effective program. Some of these clients have attended other expensive group programs in the past. They found our program to be very different because ours is a one-on-one therapy-based program which aims at healing the underlying hurt, fear and loss causing their anger, rage, and unlawful patterns of acting out.</p> <p>When: Contact Debbie Moon about this program</p> <p>Fee: \$50 - \$90</p> <p>Issues: Domestic Violence Offender Intervention</p>
<p>Positive Discipline Parenting Class Aspire: South Office (Group Room) 2317 N Hill Field Rd #103 Layton, UT 84041 801-988-9037 groups.psychologytoday.com</p> <p>Course taught by a licensed therapist.</p>	<p>In this class you will learn why children misbehave. You will also learn specific, non-punitive methods to help solve problems such as; fighting, chores, responsibilities, homework, bedtime, sharing, mealtime, getting up and off to school without nagging, and back talk. Instead of enabling and contributing to conflict, you will learn to EMPOWER children. The cost of the 6 week class is \$250 per individual or couple. Early Bird \$220. Fee includes book and materials. Taught by Licensed Therapists.</p> <p>When: Every Tuesday from 7pm to 9pm</p> <p>Fee: \$20 per session or \$250 per individual or couple for 6 week course. Early Bird \$220. This fee includes books and materials.</p> <p>Issues: Parenting, Self-Esteem</p>

Information About Directory

Directory Updates/Corrections

This document is a work in progress. Providers are welcome to add or remove information about their agency and services at any time. These behavioral health resources are also included in an online county health resource locator found at davis4health.org.

If you have a resource you would like added to the directory or need to update your information please contact:
Isa Perry, Community Outreach Planner, Davis County Health Department, 801-525-5212 or isa@daviscountyutah.gov.

Background

In 2013, access to behavioral health services was identified as a top public health improvement priority in Davis County. A community action group was formed to address the issue. They recognized the need to assess mental, emotional, and substance abuse services offered in Davis County. This directory is an initial step to improve access to behavioral health services by identifying behavioral health providers and describing services offered.

Those interested in helping to improve access to mental/behavioral health services can join the community health improvement action group working on the issue. The group has been meeting since fall of 2013. To find out more information or to participate in group meetings contact Jill Swain, Davis Behavioral Health, jills@dbh.utah.gov, 801-336-1844 or Isa Perry, Davis County Health Department, isa@daviscountyutah.gov, 801-525-5212.

Prepared By

Davis County Health Department
22 South State Street
Clearfield, Utah 84015
www.daviscountyutah.gov/health

