

What Homework?

Does your child struggle with any of these skills listed below?

- Impulse Control
- Emotional Control
- Flexible Thinking
- Working Memory
- Self-Monitoring
- Planning and Prioritizing
- Task Initiation
- Organization



These skills have to do with Executive Functioning. Understood.org gives descriptions of what each skill means and how it may look for your child with a disability.

Your Voice Matters!



An open invitation to participate in a research study on families is being offered by Dr. Kathleen Piercy and graduate student Myles Maxey in the Department of Family, Consumer and Human Development at Utah State University. Primary caregivers of a family member(s) with disabilities are invited to participate in this survey to further the understanding and effect of disabilities on families, both on the overall quality of family life and in the relationships and bonds among sibling and parents of individuals with disabilities. We are seeking input from all families with individuals with disabilities, no matter the age.

Begin [survey here](#): survey completion time is approximately 30-45 minutes

UVU Conference on Addiction

The UVU College of Humanities and Social Sciences, in conjunction with its sponsors and supporters, is pleased to announce the 2016 UVU Conference on Addiction.

Date: Friday March 4, 2016

Location: Sorensen Student Center on UVU campus

[Registration link](#)



Keynote Speaker Sean Astin

Video Series Address Sensitive Topic



If your child has a disability and relies on you for care and support, you're likely to be concerned about your child's future. The following videos share information to help you think about the continued care support that is needed for your child after your death.

["On your Own"](#) A short film about a 50-year-old single father with advanced cancer who must make his daughter, with down syndrome, understand his death and provide for her care after his death

["Meeting the Needs of Adults with Disabilities"](#) a video series from the Utah Parent Center highlighting innovative ideas on housing, transportation, tips from parents, employment and community needs.

Just a reminder...



Your legislature needs and wants your input regarding issues that surround disabilities. There are some very important issues being considered currently and your input can impact the outcome.

Senate: 801-538-1035

House: 801-528-1029

Toll Free: 1-800-622-3367 or by visiting the Utah State [Legislature link](#)

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M150034. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact info@utahparentcenter.org