

## New School Year, New Classroom...How Is Your Child adapting?



School is in session and over the next few weeks our teachers are becoming aware of the students who are having a hard time adjusting to their classroom and to the school. This [article from UCLA](#) outlines some basic strategies to address adjustment problems before behaviors get in the way.

## "When (and How) Should You Tell Kids They Have Asperger's?"

[This article](#) by Michael Rosenthal, PhD, and Shuli Sandler, PsyD is for all parents who may be addressing the question of whether or not to explain to their children about their disabilities. The spotlight is on Asperger's; however the content shared can be applied to all parents who have a child with a disability.



## Do You Qualify For Reduced Wifi Fees?

Did you know that qualifying families can receive affordable internet and wifi at home for a fraction of the cost? This program is called [Internet Essentials](#) through Comcast. If you have at least one child in your household that qualifies for the National School Lunch Program, along with a few other qualifications, you may be eligible.



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Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

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