www.utahparentcenter.org

1-800-468-1160

My Child Seems to be More Angry than Most



It is normal and a typical part of development for children to tantrum, lash out and get angry. However, if your child is continuously acting out and unable to control outbursts most of their day, it may be more than just typical behavior. This article from Child Mind Institute addresses signs that outbursts could be concerning.

"20 Perks to having a Sibling with Special Needs"

There is always a positive side to having a sibling with special needs and this article proves just that! Outlining and naming these benefits with your kids can be a fun activity to bring siblings closer together and to recognize strengths in each other. Here are 20 ideas from the <u>friendshipcircle.org</u> to get you started.



Have a Child with a Development Disability?



<u>Disability Connection</u> highlights ten important components to Developmental Disabilities. It addresses definitions of the disability, special education, transition and securing your child's future. Don't miss this informative take on Development Disabilities.

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center
Autism Information Resources at the Utah Parent Center
Family to Family Network - A Network Supported by the Utah Parent Center
Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

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