

## National Family Caregiving Month



Do you provide support to another person who is ill, disabled or needs help with daily activities? If you answered yes, then you are in a caregiving situation and could benefit from some supports. Click these links below for help, training and advocacy supports.

- UCCS: [UTAH COALITION FOR CAREGIVING SUPPORT](#)
- SL COUNTY: [Aging and Adult Services](#)
- AARP: [Challenges of Being a long term caregiver](#)
- AARP: [Online chat for caregivers to vent, get advice or just chat for support](#)

## Give Feedback & Win \$50?

Do you want a safe and positive community for everyone? Then take this [Utah Legal Needs Survey](#) today to assist the Disability Law Center in prioritizing their community services and supports and you can also be entered to win \$50! For more information about this survey, please visit:

- [Disability Law Center](#)
- [Utah Legal Needs Survey](#)



**DISABILITY**  
**LAW CENTER**

*Your rights matter.*

## Emergency Preparedness 101:



Ever heard of Utah's Yellow Dot Program? Placing a yellow dot in your rear car window will alert emergency response crews in an accident to look for your medical information in your car's glove compartment. Check the links below for further programs and information that can help you and your loved ones in a time of crisis.

- [Yellow Dot Program](#)
- [Public Service Announcement video clip](#)
- [Download & print a plan](#)
- [Safety picture cards](#)

## Utah Parent Center Upcoming Events

### Attention: Parents

Transitioning after high school, employment and self-determination

*Come and learn about the resources available for your family*

The Utah Parent Center will hold this training on:

**Saturday, November 14, 2015**

8:45 AM - 3:30 PM

Training will be held at:



**Workers Compensation Fund Building**

**1453 S. Dixie Drive #100**

**St. George, Utah**

*Pre-registration is required for this event no later than Tuesday, November 10, 2015.*

Lunch not included.

Please pre-register no later than:

**Tuesday, November 10, 2015**

Register online at: <http://conta.cc/1jRR8KU>

Download Flier [here](#)

Register by phone: 801.272.1051



**Utah Parent Center • Serving families since 1983!**

Projects of the Utah Parent Center:  
Utah Family Voices - Family to Family Health Information Center  
Autism Information Resources at the Utah Parent Center  
Family to Family Network – A Network Supported by the Utah Parent Center  
Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907  
Email: [info@utahparentcenter.org](mailto:info@utahparentcenter.org) • Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)

**Utah Parent Center Information Disclaimer**

Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact [info@utahparentcenter.org](mailto:info@utahparentcenter.org)