

Free Dental Service Day



Platinum Dental Care would like you to be their valentine and join them for a *FREE* day of dental care on February 12, 2016. They are happy to provide oral health care to those with special needs and their families. For more information and to reserve your spot you will need to visit myplatinumdental.com.

They will begin accepting appointments on February 1, 2016.

UPC Staff Spotlight Patricia Vigo

We are happy to introduce our newest Parent Consultant, Patricia Vigo. Patricia joined our team three months ago and focuses her work with Spanish-speaking families here at the Utah Parent Center. She is a single mother of two beautiful daughters: Alessia (22) and Arantxa (17). Patricia has taken much pride working as a volunteer at the Utah Down Syndrome Foundation for over ten years and has learned so much navigating the IEP process with her daughter Arantxa, who has Down syndrome. What matters most to Patricia is empowering families to believe that their children with special needs have a belonging and a purpose and to instill self-determination.



We Need Your Voice!



The Utah Department of Health, in partnership with Utah State University, Utah Family Voices, and the Medical Home Portal, has undertaken an initiative to improve the access and ease of obtaining services for children and youth with special needs. Obtaining feedback from families about their experiences and needs is vital to the process. We would appreciate your taking the time to complete the following survey. It should take less than five minutes to complete. Your responses are voluntary and will be used to improve the process and make accessing services a better experience.

Click [Here](#) for Survey



Reception with Legislators

Invite your legislators to come to the Utah Legislative Coalition for People with Disabilities reception for an afternoon discussion of disability issues and concerns.

Date: January 28, 2016

Time: 4:30 to 5:45 pm

Place: State Capitol Rotunda

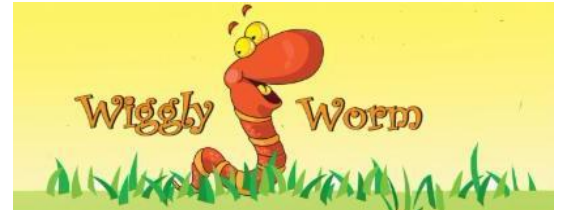
RSVP: Brooke Wilson by Friday, January 22nd by phone at 801-463-1592 or email brooke@usilc.org

Click [here](#) to locate the name and contact information for your Utah State senator and House of Representative member.

Few Spaces Left for Wiggly Worm!

Easter Seals-Goodwill offers a special class series several times a year in the Salt Lake City area. It is for parents and their children, ages preschool through six, who have sensory issues. The Wiggly Worm class has a few spots still available for the next session, which runs from January 14th through March 3rd!

When: Thursdays
Jan 14th - March 3rd
Where: The Children's Center
350 S 400 E SLC, UT.
Cost: \$60.00 for all 8 weeks



Space is limited; register today! Call 801-946-1860 to register or click [here](#) for the flier.

Utah Parent Center Upcoming Events

From NO Where to KNOW Where: Transition to Adult Services

Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

When: Tuesday, January 12, 6:30 PM- 8:30 PM

Where: Vista Education Campus, Rooms 1525 & 1535 97 South 200 East, Farmington, 84025

Register [online](#): or by calling Roz Welch at 801-402-5120 or the Utah Parent Center at 801-272-1051.

Spanish Workshop- Los Padres Como Parte en el Proceso del IEP

Alguna vez se ha preguntado:

- ¿Qué es un IEP?
- ¿Cómo puedo sugerir algo en la escuela sobre el programa de Educación Especial (IEP) de mi hijo?
- ¿A dónde puedo encontrar ayuda sobre el plan de IEP de mi hijo?

Miércoles, 13 de enero del 2015, 6:30 PM- 8:30 PM

Utah Parent Center, 230 West 200 South, Suite 1101

Regístrese en línea en: <http://conta.cc/1L9CRT0> o llame **801.272.1067** o al **1.800.468.1160**.

Parents as Partners in the IEP Process

This workshop will help parents understand their role, rights & responsibilities in the IEP process.

When: Thursday, January 14, 7:00 PM- 9:00 PM

Where: Cedar City Library, West Conference Room 303 North 100 East, Cedar City UT 84721

Register [online](#): or by calling calling the Utah Parent Center/ Family to Family Network at 801-272-1051.

Guest Speakers: Marian Hunt, M.Ed and Rian Jensen, L.C.S.W.

Tired of getting into a power struggle with your children? Do you always find yourself in what will ultimately be a lose-lose situation for both you and the child? Looking for ways to help your child manage their own disruptive behavior? Come learn effective techniques to help you disengage, de-escalate your child and have more positive interactions in your family.

When: Tuesday, January 19th , 7:00 PM- 9:00 PM

Where: Granite Education Center, D-102 2500 S State St., Salt Lake City UT 84115

Register [online](http://conta.cc/1MYq10k):<http://conta.cc/1MYq10k> or by calling Michelle Murphey at 801-833-3825 or the Utah Parent Center at 801-272-1051.

Parents as Partners in the IEP Process- Cache Valley Family to Family Network

This workshop will help parents understand their role, rights & responsibilities in the IEP process.

When: Wednesday, January 20, 7:00 PM- 9:00 PM

Where: Bear River Health Department (Enter of east side of building) 655 East 1300 North, Logan UT 84341

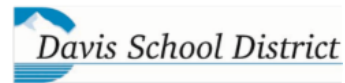
Register online: <http://conta.cc/1SmH9e8> or by calling the Utah Parent Center/ Family to Family Network at 801-272-1051.

2015-16 Transition Fair "Making Transition Real"

When: Thursday, January 28, 2016 from 5:00-8:00 PM

Where: [Davis Applied Technology College](#) (DATC) ([directions](#))

Event Flyers: Click for [English](#) and [Spanish](#)



Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M150034. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact info@utahparentcenter.org