

## ACT Accommodation Guidelines

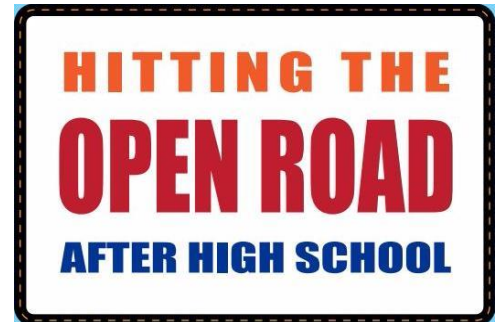


ACT exam deadlines are coming up for the 2015/2016 school year. Did you know that your child with a disability may qualify for accommodations such as extended time on ACT testing? There are specific guidelines and documentation requirements for your child or student who is getting college ready, and we have the links for you below.

- [Guidelines](#)
- [ACT Testing Comparison Chart](#)
- FREE ACT test prep: [Learning Express Library](#) at UtahFutures.org (requires free account setup)

## What's Your Adventure After High School?

It's never too late to explore options and supports around you when it comes to guidance for a career path, and educational and training programs. While some choose to explore college, it is not the best fit for everyone. The National Collaborative on Workforce and Disability (NCWD) has a great resource handout that can get you started in the right direction pertaining to your student's career path.



The four sections covered are:

- 1. How can I learn to make choices that are right for me?**
- 2. What activities can I do during high school to help me get ready?**
- 3. What are my options after high school?**
- 4. How do I access other supports to be successful?**

Click below to open this resource:

[Hitting the open road after high school pdf](#)

## Connect with Parents Who've Been There!

Got questions? Looking for tips and support from other parents? Here is a list of resources to get you connected with parents of children with a variety of abilities and locations.

[Family to Family Network](#): educate, strengthen and support families of persons with disabilities.

[SibNet](#): support for brothers and sisters of people with special health, developmental, and mental health concerns.

[Understood.org](#): Online parent/discussion groups pertaining to learning and attention issues of children from early learners to young adulthood age ranges.

[Easy to Love](#): Support for families raising children with special needs.

[CHADDofUtah](#): Support groups for adults with AD/HD and Parents of children with AD/HD.

[211](#): Referral source for a variety of support groups and resources.



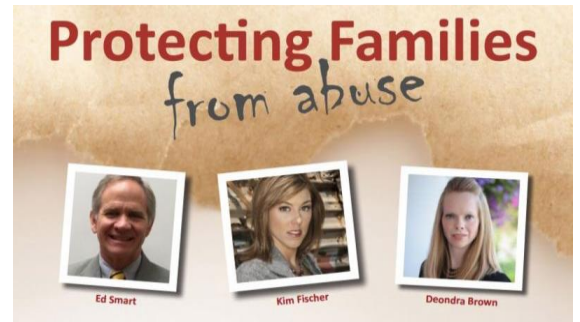
Come hear from Ed Smart (father of Elizabeth Smart), Deondra Brown (from the Five Browns musical group) and Kim Fischer (from ABC4Utah) as they speak about how sexual abuse impacted their families.

Date: **February 4, 2016**

Time: **6:30 PM**

Location: **Viewmont High School** (120 W 1000 N, Bountiful)

[Click Here](#) for the flier



## UPCOMING COMMUNITY EVENTS:

### Navigating Your Child's Transition to Middle School and High School

What can be done to help ease the transition and prepare your child for success? Information about timelines and expectations will also be addressed. A specialist from Canyons special education department will be there to answer questions as well.

**Tuesday, January 26, 2016 from 6:30 PM - 8:00 PM**

**Canyons Technical Education Ed Center (East Building)**

825 E. 9085 S., Sandy UT 84094

Register online: [here](#) or by calling Lynda Hansen at 801-708-1841 or the Utah Parent Center at 801-272-1051.

## 2015-16 Transition Fair "Making Transition Real"

Thursday, January 28, 2016 from 5:00 - 8:00 PM

[Davis Applied Technology College](#) (DATC) 550 E 300 S, Kaysville (Get [directions](#))

Event Flyers: Click for [English](#) and [Spanish](#)



### Alpine Parent Night

#### Child & Adolescent Anxiety: What Every Parent Should Know

Presenter: Dr. Matt Swensen This workshop will cover topics such as worry, avoidance, aches and irritability as well as tools to help address anxiety. Open to all parents who have a student who is struggling, on a Section 504 Plan or an IEP Plan. Childcare is not provided.

Thursday, January 28, 2016 from 6:00 PM - 7:30 PM

Legacy Elementary Media Center 28 East 1340 North, American Fork

For more information on this event please contact Maria Wiscombe at 801-318-1959 or the Utah Parent Center at 801-272-1051.

### Basics of Guardianship

Guest Speaker: Michelle Morris, Guardianship Associates of Utah-What is Guardianship and Why is it Important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? Come to this presentation to learn about guardianship.

**You are required to attend this class before attending the Pro Se Guardianship class.**

Tuesday, February 9, 2016 from 6:30 PM - 8:30 PM

Vista Education Campus, Rooms 1525 & 1535 97 South 200 East, Farmington

Register online: [here](#) or by calling Roz Welch at 801-402-5120 or the Utah Parent Center at 801-272-1051.

#### *Utah Parent Center • Serving families since 1983!*

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: [info@utahparentcenter.org](mailto:info@utahparentcenter.org) • Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)

#### Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M150034. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact

[info@utahparentcenter.org](mailto:info@utahparentcenter.org)