

CONEXIONES ★ FAMILIARES

Thank you to everyone!

Thank you to all attendees and participants in the Conexiones Familiares Conference 2014. This 3rd Annual Conference geared to Spanish speaking families was a success! The Utah Parent Center and the Co-Sponsors are pleased to work closely with partners in this community in reaching out to those families who have children with disabilities. We hope you join us next year!

Transition from School to Life!

Calling all Parents, Teachers, and Professionals of Students with Autism or Dual Diagnoses

This class will be offered two times. Choose one.

Friday, May 9, 2014 9:00 AM – 2:00 PM

The training will be repeated on:

Saturday, May 10, 2014 9:00 AM – 2:00 PM

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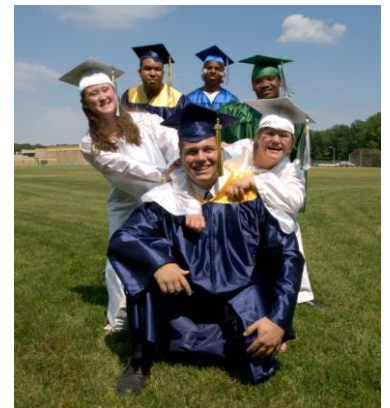
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Get Social with the UPC:



Presented by: Dan Baker- Associate Professor of Pediatrics, Rutgers Robert Wood Johnson Medical School, New Jersey

Having a disability that requires additional supports makes transition even more challenging. This training will detail the steps to be considered when assisting youth with autism spectrum disorders or intellectual disabilities/mental illness to enter a fulfilling adulthood. We will review transition basics, and then examine that role that an ASD or a disability plus a mental health disorder plays. We will give extra attention to the world of work, explain best practices for the career development process, and describe how using community-based instruction can positively impact students. This class will be offered twice. Choose the best day for you to attend and register today.



There are a limited number of travel stipends available for families located in rural areas. If you need assistance to be able to attend please call Cassandra at 1-800-468-1160 or email her at cassandra@utahparentcenter.org.

To register for Friday, May 9: <http://conta.cc/1kA0993>

To register for Saturday, May 10: <http://conta.cc/1m4Of8V>

To register by phone call: 801-272-1051 or 1-800-468-1160.

Planning for a Secure Financial Future for Youth and Adults with Disabilities

Two Great Opportunities to Participate

Have you ever wondered?

- How you can protect your assets for your family member with a disability?
- How you can set up a special needs trust?

Join us as these topics are addressed:

- **Financial Strategies** presented by Blake L. Hansen, SpecialCare Planner, ChFC® , CASL, MassMutual Intermountain West and
- **Special Needs Legal Planning and Guardianship: Creating a Special Needs Trust**
After attending, you will walk away with the tools to set your legal affairs in order for you and your child with disabilities. Presenters will outline the legal documents you need to protect your family and will provide you access to a special needs trust. Also, learn what legal guardianship is and why it is essential for your child with disabilities.
- **Pre-registration is requested.** Register online or by phone.

Salt Lake City

Tuesday, April 29, 2014 6:30-8:30 p.m.

Utah Parent Center Conference Room

230 W. 200 S., Suite 1101

Salt Lake City, Utah

Register online at <http://conta.cc/1h3910C>

Or by phone at 801-272-1051 or 1-800-468-1160

[Download printable flyer.](#)

St. George

Wednesday, May 7, 2014, 6:30 p.m.-8:30 p.m.

Dixie State College, Wittwer Conference Room

5th Floor, Holland Building, 225 South 700 East,

St. George, UT, 84770

Register online at <http://conta.cc/1IVM4DW>

Or by phone at 801-272-1051 or 1-800-468-1160

[Download printable flyer.](#)

Transition to Adult Life Conference presented in English and Spanish!

Transición a la Vida Adulta

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues. Topics covered will include: Developing the IEP and Transition, Self-Determination: Whose Decision Is It Anyway? and Plan for the Future: Employment and Post-Secondary Education. The Transition Mini-Conference will also be offered in Spanish at the same time.

English

Thursday, May 1, 2014 8:45-2:30 p.m.

Ogden School District

1950 Monroe Blvd., Building #8

Ogden, Utah 84401

Pre-registration is requested.

Register online at <http://conta.cc/1jBavE3>

Or by phone at 801-272-1051 or 1-800-468-1160

[Download printable flyer.](#)

Spanish

Jueves, 01 de mayo 2014 , 8:45-2:30 p.m.

Distrito Escolar de Ogden

1950 Monroe Blvd., Edificio #8

Ogden, UT 84401

Se requiere inscripción previa.

Regístrese en línea: <http://conta.cc/1em073t>

Registrarse por teléfono al 801-272-1067 o 1-800-468-1160

[Conseguir un boletín imprimible](#)

Housing Options for Adults with Disabilities Workshop

Debbie Stark, Statewide Housing Coordinator for the Division of Services for People with Disabilities will be presenting on how to connect to the local Housing Authorities, alternative housing options, low cost housing apartments, and Disability Rights in housing. All parents and professionals are welcome. There is no cost to attend. **Pre-registration is requested.**

Tuesday, May 13, 2014 6:30-8:30 p.m.

Utah Parent Center Conference Room

230 West 200 South, Suite 1101, Salt Lake City, Utah

Register online at: <http://conta.cc/1fNit8d>

Register by phone at 801-272-1051 or 1-800-468-1160



Salt Lake Family to Family Network Meeting for April

Don't Miss Out!

All parents welcome. Join us on Thursday, **April 24th at 7:00 PM** at **South Valley School** located at 8400 South Redwood Rd. **We will be discussing the housing options available for students and adults with disabilities.** Also, Lynda Hansen from Utah Parent Center Parent Consultant serving families in the Canyons School District will help parents plan for summer by offering ideas for summer activities for children and young adults with disabilities. Contact Lisa at <mailto:augman@q.com> with questions.

Art is for Everyone!

For the artist with mental illness and those who support them in their journey



The Salt Lake Catholic Diocese Commission on Disabilities and Art Access are collaborating on an exhibit featuring artists with a mental illness, and/or their family members, in observance of the feast of St. Dymphna, patron saint to individuals with a mental illness. Through the observation of these courageous and honest works of art which will reveal personal stories and experiences, exhibition viewers will learn about persons with mental illnesses, the stigma they have faced, and the many roads of advocacy, wellness and recovery.

HOW TO SUBMIT ARTWORK: Submissions for this exhibit will be accepted on Saturday, April 26th, 12-3 PM at Magdalene Religious Goods Store, 2030 South 900 East, Suite A, Salt Lake City. For more information please contact Jacque Smithe at 801-214-4237 or <mailto:mmagdalene@q.com>

Sign up for CEC SmartBrief

Website provides news articles in multiple reading levels

CEC SmartBrief Designed specifically for special education professionals, CEC SmartBrief is a **FREE national daily e-mail newsletter**. It provides the latest education news and information you need to stay on top of issues that are important to you.

To sign up go to this link:

<https://www2.smartbrief.com/signupSystem/subscribe.action?pageSequence=1&briefName=cec&campaign=story>

Sensory Processing Class

Easter Seals- Goodwill Northern Rocky Mountain

Signs your child may have sensory issues:

- Excessively seeks movement
- Reverts back or hides when too much is going on
- Gets bothered by bright lights
- Easily distracted
- Overly sensitive to noise
- Avoids touch

Date: April 17-June 5, 2014 (no class on May 20th)

Times: Every Thursday, 4:00-5:30 p.m.

Location: Easter Seals- Goodwill
Provo Early Intervention
1185 E. 300 N., Provo, UT

Cost: \$60 to cover supplies

This **8 week series** will give you a better understanding of each of the sensory areas and how they function. It will give you the ability to recognize sensory processing issues in your child and how to help them.

Space is limited so register your child today. Call Janae Trujillo at 801-946-1860

SAGE Brochure

Information for Parents on Utah's New SAGE Assessment System for Students

SAGE, or Student Assessment of Growth and Excellence, is Utah's new computer adaptive assessment system aligned to the state's core standards. Click here to view the [SAGE Family Brochure](#) or the [SAGE Family Brochure \(Spanish\)](#).

For more additional information about SAGE, visit www.sageportal.org. Visit the website to assist you in:

- Better understanding what the computer adaptive test is?
- Taking SAGE training tests
- Previewing sample question types.
- Viewing scoring rubrics and reference sheets
- Learning the use of online tools that can be used during testing, including calculators and notes.
- And more!



Utah Parent Center Upcoming Events

Visit the Utah Parent Center website to view a list of upcoming events and activities in your area. Bookmark <http://www.utahparentcenter.org/upcoming-events/> in your browser or Like us on Facebook for up to date event information.

In compliance with Americans with Disabilities Act, person needing auxiliary communicative aids and services for these meetings should contact, Cassandra at 1-800-468-1160 or by email at cassandra@utahparentcenter.org, giving at least three working days notice.

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center - Courier

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: The mission of the Utah Parent Center (UPC or Center) is to help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact info@utahparentcenter.org