

In-Depth IEP Training In Ogden - *Space Still Available!*

Attention Parents! Does your child currently have an IEP? Is your child being evaluated for Special Education Services? If so... **then this IEP Training is for you!**

Topics covered in this in-depth training include:

- Parents as Partners in the IEP Process
- Section 504 Services in Schools
- Positive Behavioral Interventions and the IEP, and
- Tools for Constructive Communication

**Ogden School District, 1950 Monroe Blvd, #8
Ogden, UT, 84403**

March 13, 2014 8:45 a.m. - 2:30 p.m.

**Pre-registration is required for this event.
Register today!**

Register online at: <http://conta.cc/1hpkAIC>

Register by phone: 801.272.1051 or
1.800.468.1160

Register by email: info@utahparentcenter.org

Surrogate parent certification will be offered at the conclusion of the training from 2:45-3:30 p.m. for individuals who are interested.

Contents:

Workshops.....	1
Thank You.....	2
Donate and Events.....	3
Utah Clean Air	4
Story Time in Orem.....	4
Sensory and Handwriting.....	4
Upcoming Events in March..	5-8
Spanish Family Links	9

Get Social with the UPC:



Calling all Parents, Teachers and Professionals of Students with Autism or Dual Diagnoses!

Transition from School to Life!

This class will be offered two times. Choose one.

Friday, May 9, 2014 9:00 AM – 2:00 PM

The training will be repeated on:

Saturday, May 10, 2014 9:00 AM – 2:00 PM

*Presented by: Dan Baker- Associate Professor of Pediatrics,
Rutgers Robert Wood Johnson Medical School, New Jersey*

Having a disability that requires additional supports makes transition even more challenging. This training will detail the steps to be considered when assisting youth with autism spectrum disorders or intellectual disabilities/mental illness to enter a fulfilling adulthood. We will review transition basics, and then examine that role that an ASD or a disability plus a mental health disorder plays. We will give extra attention to the world of work, explain best practices for the career development process, and describe how using community-based instruction can positively impact students. This class will be offered on twice, choose the best day for you to attend and register today.

Register online at:

To register for Friday, May 9: <http://conta.cc/1kA0993>

To register for Saturday, May 10: <http://conta.cc/1m4Of8V>

To register by phone: 801-272-1051 or 1-800-468-1160

Pre-Registration is required. Space is limited.

A Great Success with the Family Links Conference

Thank you for participating!

A great big **Thank You** to one and all who helped to make the Family Links Conference a success! Over 400 people took advantage of the offerings of the conference.



Thank you to the Utah Parent Center staff who worked tirelessly to make everything come together. Thank you to our partners and co-sponsors on the planning committee for your vision and your hard work. Thank you to our Date Night presenter, Matt Townsend, who taught us about keeping our relationships strong. Thank you to Helen Post and Roz Welch from the Utah Parent Center who filled in when our Saturday keynote presenter became ill and was not able to come to Utah. Thank you to all of the breakout session presenters who volunteered their time to bring such valuable information to families. Thank you to all of our excellent exhibitors who volunteered their time to bring resources to you. And thank you to all of you who attended and made the conference great because of your presence and sharing with each other. **Together we are better and stronger!**

Watch for our next conference in the spring of 2016. In the meantime, watch for targeted Family Links events that will be offered from time to time.

Luv2Dance

Thank you to everyone!

The evening of January 11 featured a fun-filled program as the Luv2Dance organizations got together and performed for a benefit for the Utah Parent Center. Dancers from Davis, Salt Lake, and Utah County volunteered their time and love with all proceeds being donated to help the families of children with disabilities who rely on the Utah Parent Center services. Thank you to all who made this wonderful event possible.

Donate to the Utah Parent Center using Amazon

*In advance **THANK YOU** for supporting the Utah Parent Center*

Shop at AmazonSmile
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Utah Parent Center Inc.

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AWESOME.



Any amount helps!

Th

Presented By:



www.loveutgiveut.org



Visit the Love UT Give UT donation page at: <http://loveutgiveut.razoo.com/story/Utah-Parent-Center>

Family to Family Support Group Meeting for March

Don't Miss Out!

All parents welcome. Join us on Thursday, **March 13 at 7:00 PM** at **South Valley School** located at 8400 South Redwood Rd. **We will be discussing what parents can do to prepare their child/young adult for life after 22.** Participants will learn what adult service resources are available to help and who they can contact to access these resources. Topics will include:



- **Day programs and Employment Opportunities** with Corrine Frazier, Support Coordinator from Envision Quality Supports.
- **Technology options for individuals with disabilities** presented by Kent Remund from Utah Center for Assistive Technology.
- **Murray Greenhouse program and how it works**- A special guest speaker

Contact Lisa at augman@q.com with questions.

Autism Council of Utah

Autism Growing Up

Join the Autism Council of Utah for their annual meeting to discuss **Adolescents and Adults with Autism**, best practices, the results of the Summit held last fall, networking, and autism news across Utah.

Utah State Capitol- State Office Auditorium
8:30 am continental breakfast- 9:00-11:00 am Meeting
April 23, 2014

RSVP to: info@autismcouncilofutah.org

Utah Clean Air

Ride the Train and bus for free!

The Utah Transit Authority and UCAIR, the Utah Clean Air Partnership invite you to help improve air quality along the Wasatch Front. Over the next few weeks, we'll be giving away free public transportation passes through our RideClear program. **These passes are good for seven consecutive days of unlimited use on UTA trains and buses between Feb. 17 and March 31.** They hope that these passes will encourage residents to leave their cars at home and opt for a more environmentally friendly form of transportation.

RideClear is made possible through generous support from UCAIR, a statewide clean air partnership designed to encourage residents, businesses and communities to make small changes to improve Utah's air.

To promote the use of public transportation for improved air quality, they'll be giving away RideClear passes at UTARideClear.com and select locations over the next several weeks. To find out when a new batch of cards has been released, follow us on Facebook and Twitter.



Ride Clear!

Special Needs Story Time in Orem

Pull up a chair!



Orem Public Library, Media Auditorium
Every Saturday Morning 10 AM

25 minutes- Stories, Songs, Rhymes and Fingerplays

Story time specially designed for kids on the autism spectrum. Two wonderful storytellers, Jeralyn Frandsen and Jewels Olsen, who present story times, **specially adapted to special needs families.** Siblings and others are welcome, too.

For more information call Marilee Clark: 801-229-7247.

Wiggly Worm and Handwriting Clinics for Summer 2014

Provided by Easter Seals – Goodwill Northern Rocky Mountain located at the Children's Center

Wiggly Worm Sensory Class

During this 8 class series you will gain:

- A better understanding of each of the sensory areas and how they function
- The ability to recognize sensory processing issues in your child
- A personalized set of easy and effective strategies you can use at home to make your child's world a more sensory friendly place and make your everyday life easier

Call 801-946-1860 to register or for more information. The cost is \$60.00 for all 8 weeks and classes begin June 17.

Handwriting Camp

Are you concerned about your child's handwriting?

Starting in June, we are offering handwriting groups for children. Parents will learn along with their child how handwriting can be fun! Two groups will be offered:
Wee-writers and Printing Pals

Call 801-946-1860 to register or for more information. Groups run weekly beginning in June. Cost is \$175 for the 7 week session.

Utah Parent Center Upcoming Events

The Utah Parent Center is working hard to reach families across the state, in addition to the Salt Lake Valley, we will be in Ogden, Cedar City, St. George and Spanish Fork.

March 2014

IEP Clinic- Questions and Answers

Please join the Utah Parent Center and the Disability Law Center for this IEP Process and Dispute Resolution Question and Answer Session for parents of children and youth with disabilities or special needs. Topics during this question and answers session include:

- The IEP Process
- Roles, relationships, and clarification of rights
- Effective ways to work with the IEP team to address questions and concerns early in the process.
- What to do when things are not going well and you need to consider dispute resolution options.

Tuesday, March 11, 6:30- 8:30 p.m.

Utah Parent Center Conference Room

230 West 200 South, Suite 1101, Salt Lake City, UT, 84101

Register online at <http://conta.cc/1bZqGvD> or by call the Utah Parent Center 801-272-1051 or 1-800-468-1160

Workshop: Transition to Adult Services

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues. Offered in Sandy and Farmington.

Tuesday, March 11, 6:30-8:30 p.m.

Canyons Technical Education Center, East Building

825. E. 9085 S. Sandy

Register online at <http://conta.cc/1e4HAAA> or call Lynda at 801-826-8192 or 801-272-1051.

Wednesday, March 12, 6:30-8:30 p.m.

Vista Education Center, Room 1525, 97 South 200 East, Farmington, UT 84025

Register online at <http://conta.cc/1hr8j34> or by calling Roz at 801-402-5120 or 801-272-1051.

Workshop: Assistive Technology

This special workshop taught by the Assistive Technology Center of Utah. Come learn all about assistive technology and how it may help your child be more successful at home and at school!

Featuring live demos on how to utilize things like computers and I-Pads and turn them into Valuable learning tools. Free and low cost options will be discussed.

Wednesday, March 12, 6:30-8:30 p.m.

Granite Education Center, Room D-102

2500 South State Street, Salt Lake City, UT, 84115

Register online at <http://conta.cc/1d5pnFN> or by calling Michelle Murphey 385-646-4190.

Workshop in Spanish: Clase #1- Visión General del TDAH-AD/HD

Este programa es una serie de 7 clases especialmente diseñadas para niños que han sido afectados con el desorden del ADHD. Estas series serán de mucho provecho para usted y su familia incluyendo al niño o joven afectado.

Los temas incluidos en este programa único son:

- Visión General de lo que es el AD/HD o TDA/H
- Asesoría a través del Tratamiento Multidisciplinario
- Impacto del AD/HD en la familia & la Creación de estrategias de conducta positiva de acuerdo a la edad y el desarrollo del niño.
- Desarrollo de Estrategias e Intervenciones Que Fortalecen las Relaciones Familiares
- ¿Qué puedo hacer cuando Mi hijo está teniendo problemas en la escuela?
- Entender las leyes federales de la Educación: Visión General del 504 e IDEA
- Trabajando con las escuelas: Construyendo un equipo de trabajo que funcione.

Miércoles, 12 de marzo, 6:30-8:30 pm

Sanderson Community Center

5709 Sur 1500 West., Taylorsville

Regístrese en línea en <http://conta.cc/1d5pnFN> o llamando a Nancy 801-272-1051.

Workshop: Plan for the Future: Employment and High Education and a Q & A with Vocational Rehabilitation Representative

This workshop will help parents to understand transition issues as parents and students begin to forge and discover new areas while planning for the future. Come learn about adult services that support students through the process. Learn about Disability resource centers that help support individuals with disabilities to pursue higher education or technical training. This workshop helps families to look at how vocational rehabilitation can be involved in the students current IEP as you plan for the future and employment goals. Debi Giles from Vocational Rehabilitation will have a question and answer session at the conclusion of the presentation.

Thursday, March 13, 6:30-8:30 p.m.

Utah Parent Center, Conference Room

230 West 200 South, Suite 1101, Salt Lake City, UT, 84101

Register online at <http://conta.cc/1acWGGz> or by calling Amy 801-856-1264 or 801-272-1051.

Nebo School District Parent/ Educator Support Group Meeting

Utah Family Voices will present: The ABC's of Special Needs

This great workshop will include information across the board for ALL parents, regardless of where you are at in your journey. The presentation will inform families of children with a disability or special need how to build resiliency, understand how a diagnosis can affect the family, strengthen the family, support siblings, and create a framework to support the child with special needs. This presentation will also include information on becoming a good consumer of services for children with special needs.

Thursday, March 13, 4:00-5:30 p.m.

Nebo School District Office CTE Building

350 South Main, Spanish Fork, UT, 84660

Pre-registration requested. Register online at <http://conta.cc/1cKkBI> or by calling 801-228-8144 or 1-800-468-1160

Autism: Putting the Pieces Together

A conference sponsored by Spectrum Academy and Weber State University. The Utah Parent Center staff will be there on Saturday presenting Parents as Partners in the IEP Process and Plan for the Future: Employment and Higher Education.

Friday, March 14 and Saturday, March 15, 2014

More information available at <http://continue.weber.edu/autismconference/>

Workshop in Spanish: Clase #2- Evaluación y Tratamiento Multidisciplinario para el TDAH-AD/HD

Este programa es una serie de 7 clases especialmente diseñadas para niños que han sido afectados con el desorden del ADHD. Estas series serán de mucho provecho para usted y su familia incluyendo al niño o joven afectado.

Miércoles, 19 de marzo, 6:30-8:30 pm

Sanderson Community Center
5709 Sur 1500 West., Taylorsville
Regístrese en línea en <http://conta.cc/1f5iSRZ> o llamando a Nancy 801-272-1051.

Workshop: SSI When Child Turns 18

A parent consultant from Utah Family Voices will present a workshop from a parent's perspective about the process for applying and maintaining Social Security eligibility for parents who have children transitioning from high school.

Wednesday, March 20, 6:30-8:30 p.m.

Utah Parent Center, Conference Room
230 West 200 South, Salt Lake City, UT, 84101
Register online at <http://conta.cc/1d5saPr> or by calling Amy Weyrich 801-856-1264.

Utah Parent Center and Alpine School District Special Education Parent Night

Open to all families.

Preschool Parents:

Wednesday, March 20, 5:30-6:20 p.m.

Legacy Elementary Media Center, 28 East 1340 North, American Fork
Topic: Gross Motor Development and Services

School Age Parents:

Wednesday, March 20, 6:30-7:30 p.m.

Legacy Elementary Media Center, 28 East 1340 North, American Fork
Topic: Anxiety and Depression in Children and Teens

For more information email Maria at maria@utahparentcenter.org

Workshop: IEP

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their students with disabilities. However, they often lack information. This workshop helps parents understand their role, rights and responsibilities in the IEP process.

Tuesday, March 25, 6:30-8:30 p.m.

Canyons Technical Education Center
825 East 9085 South, Sandy, Utah 84094
Register online at <http://conta.cc/1aFdxG3> or by calling Lynda at 801-826-8192 or 801-272-1051.

Workshop: Plan for the Future: Employment and Higher Education and Self-Determination

This workshop will help parents to understand transition issues as parents and students begin to forge and discover new areas while planning for the future. Come learn about adult services that support students through the process. Learn about Disability resource centers that help support individuals with disabilities to pursue higher education or technical training. This workshop helps families to look at how vocational rehabilitation can be involved in the students current IEP as you plan for the future and employment goals. Parents will also learn how to effectively support their son/daughter with disabilities in the post-secondary years. Learn how to be a mentor to your young adult as they learn how to manage his or her own life. A self-determined person can set goals, make decisions, speak for him or herself and solve problems. Parents will gain skills to achieve this objective.

Tuesday, March 25, 6:30-8:30 p.m.

Iron County School District
2077 W Royal Hunte Dr, Cedar City, Utah
Register online at <http://conta.cc/1flpnk7> or by calling 1-800-468-1160.

Wednesday, March 26, 6:00-8:00 p.m.

Washington County School District
121 West Tabernacle, #204 Woodward Building, St. George, Utah
Register online at <http://conta.cc/1dnTeM2> or by calling 1-800-468-1160.

Workshop in Spanish: Clase #3-

Elaboración de Estrategias Positivas de conducta, de desarrollo del niño

Este programa es una serie de 7 clases especialmente diseñadas para niños que han sido afectados con el desorden del ADHD. Estas series seran de mcho provecho para usted y su familia incluyendo al niño o joven afectado.

Miércoles, 26 de marzo, 6:30-8:30 pm

Sanderson Community Center
5709 Sur 1500 West., Taylorsville
Regístrese en línea en <http://conta.cc/1c9xRdy> o llamando a Nancy 801-272-1051.

Workshop: Guardianship

What is guardianship and why is it important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? Come to this presentation to learn about guardianship and if you will need to file for it, what types of guardianship are available, and what the process entails.

Wednesday, March 27, 6:30-8:30 p.m.

Utah Parent Center, Conference Room
230 West 200 South, Salt Lake City, UT, 84101
Register online at <http://conta.cc/1fptdev> or by calling the Amy at 801-856-1264 or 801-272-1051.

**Please visit www.utahparentcenter.org/upcoming-events
for a look at more events scheduled for April and May 2014!**

CONEXIONES FAMILIARES

CONFERENCIA PARA LAS FAMILIAS DE NIÑOS, JÓVENES Y ADULTOS
CON DISCAPACIDADES O NECESIDADES ESPECIALES

El Centro de Padres de Utah llevara a cabo la conferencia anual en Español
de Conexiones Familiares.

SÁBADO 12 DE ABRIL, 2014

SE SERVIRÁ DESAYUNO Y ALMUERZO (LUNCH)

Dónde: *En la Escuela de Murray High School*

Dirección: *5400 Sur State St. Murray, Utah*

Hora: *8:00a.m.–3:00p.m.*

Costo: *\$5.00*

“Enfermedades Mentales y Conductas Desafiantes”

Orador Principal Dra. Alicia Hoerner

En esta conferencia se presentarán talleres a donde los padres puedan escoger
de acuerdo a sus necesidades, *tales como:*



- *Necesidades Específicas de Aprendizaje*
- *Habilidades Sociales*
- *La Habilidad para Cambiar el Cerebro*
- *Disciplina y Comportamiento*
- *Plan para el Futuro*
- *Violencia Intrafamiliar*
- *Sección 504, la otra opción de la ley*
- *Doble Diagnostico (Enfermedad mental en adición a una discapacidad.)*
- *Enfermedades Mentales*
- *Educación Primero*
- *Representación Propia (Enseñando Independencia al niño.)*

También tendremos una amplia feria de exposiciones de recursos en la comunidad.

REGISTRESE EN EL INTERNET EN: <http://conta.cc/1dzbDaa>

REGÍSTRESE LO MÁS PRONTO POSIBLE LLAMANDO A LOS TELÉFONOS

(801)272-1051, (801)272-1067, O ARACELI (801)949-6442



The Family Links Conference is sponsored by Utah Parent Center, Allies with Families, Autism Council of Utah, CHADD of Utah, Division of Services for People with Disabilities, Easter Seals Goodwill Northern Rocky Mountain, Envision Quality Supports, Family to Family Network, Learning Disabilities Association of Utah, Utah Developmental Disabilities Council, Utah Down Syndrome Foundation, Utah Family Voices, Utah Family Partnership Network, Utah Prader-Willi Syndrome Association, and Utah State Office of Education.

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center - Courier

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

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