



Mother's Day Date Night Event

Michael Ballam, Guest Speaker and Performer *presents*

Unexpected Journey



Husbands bring your wives. Ladies bring your sisters and friends. Join us for this inspirational evening with popular lecturer, performer and director of the Utah Festival Opera, Michael Ballam, as he discusses the ability to rejoice when life takes us to places of challenge and blessings we never dreamed possible. Michael shares his own experiences as a parent of a child with a disability through word and music. Come learn about and experience the healing power of music. Take care of yourself and celebrate Mother's day by joining us for this special evening.

This event is offered at no charge, but pre-registration is required. Register online at <http://conta.cc/1y4FG50> or by calling at 801-272-1051 or 1-800-468-1160

This event is offered by Family Links Conference Committee, Utah Parent Center and Murray School District.

Summer Activities 2015

The Utah Parent Center has compiled a list of summer activities and programs for children with disabilities in Utah.

Click to download:

- [UPC Summer Activities List 2015](#)
- [Ideas and Tips for Summer Childcare for Families with Children with Significant Disabilities.](#)



The Utah Parent Center does not represent or endorse any program, organization or business unless expressly stated and no endorsement should be inferred. Individuals are responsible to investigate resources to determine if appropriate when making information decisions.

Also In This Edition:

Upcoming Utah Parent Center Events, Notice of Public Meeting: Medicaid, Resources, Community Events and Research Opportunities

Upcoming Utah Parent Center Events

There is no cost to attend the following events, but pre-registration is requested.

Please click on the title of the event you are interested in for more information and to register.

What You Need to Know Before Your Child's Third Birthday

Tuesday May 5, 2015 from 6:00 PM to 7:30 PM

This is an exciting time for families and their children with disabilities and special needs! Families have had the benefit of receiving services from Early Intervention and are now preparing to receive school-based programs and services.

Kauri Sue Hamilton School, 2827 West 13400 South, Riverton, Utah

Is There an App for That? How Can Technology Help My Student?

Wednesday May 6, 2015 from 6:30 PM to 8:30 PM

Staff from the Utah Center for Assistive Technology will present on current apps and software programs that you can use with your child over the summer to help keep their academic and functional skills sharp.

Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

From 'NO Where' to 'KNOW Where': Transition to Adult Services Workshop

Wednesday May 13, 2015 from 6:00 PM to 7:30 PM

As families of children and young adults with disabilities, we have learned many things - but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are "NO Where" - totally lost! Get to "KNOW Where" by learning about planning for transition from school to adult life. We will discuss the process the IEP team follows to help students have a successful transition.

Tooele County School District Meeting Room, 92 Lodestone Way, Tooele, Utah

What's the trick to having terrific Transitions? Nebo Parent/Educator Support Group for Parents

Thursday, May 14, 2015 from 4:00-5:00 PM

Guest Speaker: Michele Thompson, Nebo School District Program Specialist and Heidi Whitaker, UPC Parent Mentor

Worried about that transition from one class/teacher to the next? Or that transition from one school to the next like Elementary to Jr. High? Or what about the transition from school to summer break?

We will be sharing great ideas that parents can do to help their special needs children with transitions!

Nebo School District Office CTE Building, 350 S Main St., Spanish Fork, Utah

Contact Heidi at 801-228-8144 for more information and to RSVP.

Pro Se Guardianship Training

Thursday May 28, 2015 from 6:30 PM to 8:30 PM

Guest Speaker: Anamarie Rodabaugh, Guardianship Associates of Utah

In a guardianship proceeding, family petitioners can save money by choosing to represent themselves in the court process. This is called Pro Se Representation. Guardianship Associates of Utah has over 12 years of experience teaching families how to represent themselves and is offering a free Pro Se training class for families who would like to act Pro Se as they seek guardianship of a family member. Families will be given all required court documents on a CD. During the training, families will be taught how to fill out these documents correctly. Families will learn how to file the documents with the court and how to represent themselves at the hearing. The CD will also contain detailed written instructions. **It is most helpful if you have attended the Basics of Guardianship class previously.**

Granite Education Center, Room D-102, 2500 S State St, Salt Lake, Utah

Notice of Public Meeting

Mandatory Enrollment in a Medicaid Accountable Care Organization (ACO)

Utah Medicaid requires Medicaid recipients in Weber, Davis, Salt Lake and Utah counties to choose an ACO, or health plan, to receive their medical benefits. **Effective July 1, 2015**, Medicaid recipients in nine (9) additional counties will be required to enroll in an ACO. The counties impacted are **Box Elder, Cache, Rich, Morgan, Tooele, Summit, Wasatch, Iron and Washington**.

The State is gathering feedback from Medicaid recipients, family members, providers and other stakeholders in these communities regarding this transition.

Attend a public meeting to learn more and provide your comments:

May 6, 2015 from 1:00 P.M.-3:00 P.M.

Bear River Health Department
Rooms 153/154
655 East 1300 North
Logan, Utah

For those unable to attend in person in Logan, a call-in line will be available.

- Dial the access number: 1-877-820-7831
- Enter passcode: 988316#

May 13, 2015 from 1:00 P.M.-3:00 P.M.

Dixie Regional Medical Center
1424 East Foremaster Drive
St. George, Utah

May 20, 2015 from 4:00 P.M.-6:00 P.M.

Cannon Building Room 125
288 North 1460 West
Salt Lake City, Utah

For those unable to attend in person, a call-in line will be available.

- Dial the access number: 1-877-820-7831
- Enter the passcode: 299856#



If you have questions about your child with special health care needs or Medicaid and would like to speak with a Parent Consultant, please contact Utah Family Voices at 801-272-1068.



UTAH DEPARTMENT OF
HEALTH
MEDICAID

Resources

Disability Law Center SprinForg Newsletter

The Disability Law Center's Spring Newsletter includes information on inclusion in our city, fair housing, traveling with a service animal, assistance animals, and changes to Vocational Rehabilitation eligibility.

[Disability Law Center Spring Newsletter Link](#)

UPSTART – Free At-Home Preschool Program

UPSTART is a state-funded, in-home kindergarten preparedness program that will give your child a fun start in reading, math, and science (with a focus on reading) in just 15 minutes a day, 5 days a week. Visit www.utahupstart.org or call 1-800-669-4533 for more information and to pre-register.

Free: This free computer based program provides complete lessons for children the year before entering kindergarten. You may qualify for the use of a FREE computer and Internet.

Personalized: Our software provides over 450 hours of instruction with an individualized learning path which builds upon your child's strengths, knowledge and skills. Each parent is partnered with a support team member to help and encourage your child through the year.

Independent and Fun: This easy-to-use program makes it possible for your child to work independently and will capture your child's interest and imagination with engaging books, songs, and activities.

Effective: UPSTART has been proven effective and has been used by more than 5,500 families across Utah.

For Military Families: Special Needs Parent Tool Kit

From the Department of Defense, [Special Needs Parent Tool Kit](#) has comprehensive information and tools that are geared towards helping military families with special needs children navigate the maze of medical and special education services, community support, and benefits and entitlements. Available in [English](#) and in [8 other languages](#) (French, Italian, Tagalog, German, Spanish, Russian, Japanese, and Korean). The Toolkit is broken down into six colorful modules that can be easily downloaded and printed. We have included important facts, records, tools and sample letters. Whether you need to learn about early intervention services or want to learn how to be a more effective advocate for your child, you will find the information you are searching for here!

Sibling Support Project

Connecting with other brothers and sisters in person can be a wonderful experience but it is not always practical. There might not be a "live" group nearby. And if there is one, the times when they're offered might not work with your busy schedule.

Our online groups allow members to get helpful support and information at all hours of the day. And members may find that they have more in common with a sibling in a different time zone than they would have with someone in their own community.

Since 1996, we've offered online groups for siblings of all ages. During that time, our groups have helped thousands of brothers and sisters get the support and information they deserve.

For more information about Sibnet, Sib20 and SibTeen visit www.siblingsupport.org

Community Events

Online Training: Technology for Varying Types of Hearing Loss

We are living in a time of great technological advancements. With these advancements, individuals with hearing loss have much to gain when it comes to communication and connecting with their peers. Those without hearing loss have no justification not to try! In this presentation, we will share the types of technology available for different levels of hearing loss and how everyday devices can be used to help hearing individuals to communicate with hearing aid and Sign Language users.

This webinar will be presented by Mitch Moyers of the Utah Division of Services for the Deaf and Hard of Hearing. Mitch is an outreach and assistive technology program director. He was born deaf, and grew up in California. Mitch attended Brigham Young University. He is fluent in American Sign Language.

In order to participate, you will need a computer with high-speed Internet access.

Date and Time: **Wednesday, May 6, 2015 3:00pm – 4:30pm**

RSVP: If you are interested in joining please RSVP by Tuesday, May 5th. Contact Storee Powell via email storee.powell@usu.edu, or call 435-797-7412. Participant instructions will be emailed to you. Please contact UATP Program Director Sachin Pavithran at 435-797-6572 or sachin.pavithran@usu.edu, no later than Monday, May 4th to make arrangements for accommodations.

National Ability Center Barn Party

The National Ability Center's Equestrian Program has helped countless numbers of participants and their families for more than 27 years. From talking when told they wouldn't, to walking when told they couldn't; participants have astonished doctors, nurses, family members and friends. Our annual Barn Party is an opportunity to celebrate our staff, volunteers and the successes of our participants. This event is full of activities the entire family can enjoy, including delicious food, plenty of dancing and riding demonstrations and live music from country singer, Lisa Daggs. <http://www.discovernac.org/annual-barn-party/>

Date and Time: **May 30, 2015 5:30pm – 9:00pm**

Place: **National Ability Center Equestrian Center** – 1000 Ability Way, Park City, UT 84098

Price: Adults - \$40, Youth (18-10) - \$20, Kids (9 & under) - \$5, Family of 5 - \$100

Activities: BBQ, live music, line dancing, silent auction, petting zoo, roping lessons, riding demonstration, saloon, face painting, and more!

Walk with Angels

The United Angels Foundation is proud to announce their 6th Annual Walk with Angels Event. This event is to help family, friends, and members of our community show their support for parents that have children with special needs. The funds raised through this event will be used to help expand outreach, education, interaction and resources to support the families within our community. Registration is online at www.unitedangelsfoundation.org/walkwithangels. If you are interested in organizing a 'Team' for your Angel please go to the team page. If you have further questions please email jill@unitedangels.org. We are excited to have Rachel Coleman from Signing Times perform as our featured guest. There will be bounce houses, gaming truck, carnival games and treats, prize drawings, raffles, food, special appearances by BYU's Cosmo, UVU's Wolverine, Super Heroes and more. There will also be parent information support booths from local community organizations.

Date: **May 30, 2015**

Registration: **9:30 AM** Walk Begins: **11:00 AM**

Place: **Wines Park, 500 N Center St., Lehi, Utah**

Price: Individual Registration (one person) \$15, Family (Immediate Family Only) \$30, T-shirts: \$5

Ride 2 New Heights

Ride 2 New Heights, United Angel's first special needs bike camp will be launched June 8-12 in Bluffdale, UT. The program is currently accepting registrations and seeking volunteers. The 5-day camp will be led by iCanShine, a group of trainers who have traveled the country teaching hundreds of children with special needs how to cycle.

[Click here for informational packet.](#) [Click here to register.](#) [Purchasing the correct bike and helmet.](#)

If you have additional questions, feel free to give Steven & Sally a call at 801-834-7503. We are excited to create this opportunity for special needs families in Utah and hope that this is the first of many Ride 2 New Heights events!

Research – Two Opportunities to Choose to Participate:

Parenting Children with Disabilities

LaRene Smart, a doctoral student at Brigham Young University, is conducting a research project regarding parents' beliefs and experiences in parenting children with disabilities as part of her dissertation.

She is currently recruiting parents and primary caregivers of children with Down syndrome, Autism Spectrum Disorders (Autism, Asperger's Syndrome, Pervasive Developmental Delays) or both Autism Spectrum Disorder and Down syndrome. There is minimal risk to participants and responses are anonymous.

The survey will take approximately 25-35 minutes to complete and may be finished over a three day period.

Participants will not be compensated for their time, but may elect to participate in a drawing for a \$50 Visa gift card.

Those who are willing to assist in this research project may use the following link to learn more about the project and their rights as research participants. https://byu.az1.qualtrics.com/SE/?SID=SV_5i2vzIImy2bvGDP

Beliefs, Knowledge and Understanding of Disabilities

We are conducting a research study exploring families' understanding, beliefs, and knowledge about disabilities and the impact it has on accessing services and interventions. We also hope to better understand the effects of parent training and parent supports from organizations and agencies as it relates to your child with a disability.

This will be a great opportunity for you to discuss your viewpoints, beliefs, and understanding about disabilities and organizations providing you with support and interventions in order to explore better way to support you and your family. We estimate that it will take you approximately 15-20 minutes to complete the survey.

Link to survey: https://educationwsu.co1.qualtrics.com/SE/?SID=SV_6DVgaZZUpGX10rj

Your input is very important to us and will be kept strictly confidential (used only for the purposes of research for this project). Detailed information regarding the study and confidentiality can be found on the attached letter of consent.

If you have any questions or would prefer to complete a paper survey please email me at Brenda.Barrio@wsu.edu or my student investigator at Christine.Mars@email.wsu.edu.

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center - Courier

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Network Supported by the Utah Parent Center

Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.orgRes