



2290 East 4500 South, Suite 110
Salt Lake City, UT 84117
Phone: 801.272.1051
Fax: 801.272.8907
Toll Free: 800.468.1160
Español: 801.272.1067



E-CONNECTIONS

AN ELECTRONIC NEWSLETTER FOR FAMILIES OF INDIVIDUALS WITH DISABILITIES AND SPECIAL NEEDS

APRIL 27, 2011

MARK YOUR CALENDARS AND REGISTER TODAY...FULL DAY IEP TRAINING AND SURROGATE PARENT CERTIFICATIONS

The Utah Parent Center is proud to offer Full Day IEP Trainings for parents and others interested in the special education process. This will be followed by a short Surrogate Parent Certification for those who will be representing their school or district as a Surrogate Parent. Preregistration for these events is requested and appreciated.

- Wednesday, May 4, 2011 from 9:00 a.m. -3:00 p.m. at the Sanderson Center for the Deaf and Hard of Hearing, located at 5709 South 1500 West, Taylorsville, Utah.
- Wednesday, May 18, 2011 from 9:00 a.m. -3:00 p.m. at the Cache County Personnel Development Center located at 2063 North 1200 East, North Logan, Utah.

UTAH DEVELOPMENTAL DISABILITIES COUNCIL STRATEGIC PLAN – REVIEWS REQUESTED

The Utah Developmental Disabilities Council invites you to read the draft of our strategic plan for 2012 – 2016 and provide comment through email or by phone. Go to www.utahddc.org and click on the link to read the draft plan. Phone number 801-533-3965 or toll free 800-333-8824 and/or email – clairemantony@utah.gov with your comments by April 30, 2011.

AUTISM RESPITE PROGRAM

The Family Support Center is proud to offer an Autism Respite Program. Does your child have autism? Are you finding respite care difficult if not impossible to find? The Family Support Center can help! Care is offered for children ages 0-11 years old. All charges based on sliding fee scale. Licensed, bonded and insured. For more information contact the Family Support Center at 801.487.7778. The FSC is located at 2020 S Lake Street (740 East), Salt Lake City.

VSA ARTS & KINDRED SPIRITS 2011 SPRING SESSION

"I'm Right Here" Collage Poetry and the Art of the Senses. "I'm right here" has multiple meanings. As parents, we say this to our children when they are scared and need to know they are not alone. It is also a validation meaning "I have purpose. I matter." Prehistoric humans declared their presence with handprints on cave walls indicating "I was here." Or "I existed." This simple sentence can refer to different cultural experiences, time and, of course, it relates to all stages of physical, emotional, cognitive and social development. Session participants will explore the relationship between poetry and illustration through the playful and captivating medium of collage inspired by Javaka's lively and inventive images that engage the senses. Concepts explored are shape placement, layering for depth, special design, color and texture. Poetry will be considered both literally and visually. The children's collection of collages will be bound into one-of-a-kind books. Choose either Thursday OR Friday classes from 4:30-6:00 p.m. Classes will begin the first week of May. Max Enrollment: 10 (20 with adult partners) for each class. Children are usually accompanied by an adult partner, often a parent. The fee for this eight-week session is \$100 and includes all materials as well as the final event where all participants are honored for their work. Siblings receive a 10% discount for the second child. Email amanda@accessart.org to receive the registration form.

SPECIAL NEEDS SOCCER: FALL 2011 / SPRING 2012 REGISTRATION NOW AVAILABLE.

USA Soccer in association with TOPSoccer is pleased to offer special needs divisions for elementary and middle/high school age children in the Southwest Salt Lake Valley for Fall 2011 and Spring 2012. The program enables girls and boys with mental or physical disabilities to learn and play soccer in a fun, safe environment with children of similar capabilities. Register now through June 10 by going to www.usarecsoccer.com, click on the 'Registration' link and follow the instructions. On the online registration form, please type in that you will be playing with TOPSoccer. This will ensure you are put in the special needs division. For more information, click here to download a full version of their flyer or contact Mary Anderson by email at andersonnj@comcast.net.

Additional TOPSoccer programs are available in the state. For more information on those programs, please visit the Utah Youth Soccer Associations website at: <http://www.utahyouthsoccer.net/programs/topsoccer.aspx> or contact them at 801.268.3365.

WHAT IS THE NATIONAL CHILDREN'S STUDY AND HOW CAN I PARTICIPATE?

The National Children's Study will examine the effects of the environment, as broadly defined to include factors such as air, water, diet, sound, family dynamics, community and cultural influences, and genetics on the growth, development, and health of children across the United States, following them from before birth until age 21 years. The goal of the Study is to improve the health and well-being of children and contribute to understanding the role various factors have on health and disease. Findings from the Study will be made available as the research progresses, making potential benefits known to the public as soon as possible. More information about the National Children's Study can be found at www.nationalchildrensstudy.gov If you are interested in participating, please contact:

University of Utah Study Center

University of Utah Study Center Web: centers.nationalchildrensstudy.gov/uu/
Salt Lake County Vanguard Location Web: centers.nationalchildrensstudy.gov/uu/saltlake
Phone: 801-587-7373
E-mail: ncs@hsc.utah.edu

Cache County Study Location

Web: www.cache.ncsutah.org
Phone: 435-797-9000
Email: ncs@usu.edu

RECREATIONAL AND HABILITATION SERVICES IN PROVO PRESENTS WEIGHT MANAGEMENT AND HEALTHY CHOICES CLUB

This program provides instruction and support in making healthy food and lifestyle choices. This is a great opportunity for anyone who is interested in losing weight and/or being more healthy. Meetings are held on Tuesdays. Instructions and support will also be provided in conjunction with other selected activities and programs. Participants must commit to following a menu plan and participating in exercise. Outside support from family and support staff is also vital. We have seen some great success from those who have been participating! You can join by contacting RAH at 801.374.8074. Additional information on programs sponsored by RAH is available on their website at www.rahservices.org

SUMMER SOCIAL SKILLS GROUPS IN SALT LAKE CITY

The Children's Center in conjunction with the University of Utah Speech Language and Hearing Clinic are again offering... Summer Social Skills Groups for children ages 4-10 years old with autism spectrum disorders and/or social communication difficulties. Groups will meet: 1 day per week for 7 weeks on Tuesdays or Wednesdays at The Children's Center, 350 South 400 East, SLC 84111. Groups will run the week of 6/5/11 - week of 7/25/11 (no groups week of 7/20) 1 ½ hour sessions. Cost: \$300 for 7-week groups. Small group size (3:1 ratio) for individualized attention Fun! Fun! Fun! Required play screenings for group placement will be conducted May 24 and May 25. Groups will fill so please call early for an appointment. For more information or to register, please call (801)582-5534. All groups supervised by Lori Krasny, M.S., CCC-SLP

DO YOU KNOW OTHER FAMILY MEMBERS OR PROFESSIONALS THAT WOULD BENEFIT FROM THE INFORMATION PROVIDED TO YOU IN THIS NEWSLETTER OR OTHER EVENT UPDATES?

Support the Utah Parent Center by forwarding this information on to friends, family and coworkers that may benefit from the information. Individuals can join our mailing list by visiting our website at www.utahparentcenter.org or join us on Facebook and Twitter. The Utah Parent Center, like so many across the world, is now broadcasting information using social media channels. The popularity of these networking tools reminds us that all of you are getting your information in different ways...and we want to bring the information to you! By getting connected to us, you'll be able to receive current information, the newest resources and more! We all need networks for support and friends help friends get things done.

The Utah Parent Center was founded in 1983 to provide resources, information and support through a “parent-helping-parent” model. We are dedicated to helping parents help their children with disabilities and special needs to live included, productive lives as members of the community.

Website: www.utahparentcenter.org
Facebook: www.facebook.com/utahparentcenter
Twitter: <http://twitter.com/utparentcenter>

COMMUNITY EVENTS CALENDAR

Day	Date/Time	Name	Audience	Location	Address	Contact
Saturday	4/30/2011 10:30 -11:30 a.m.	Special Needs Sensory Story Time	Child Activity	Kearns Library Meeting Room	5350 South 4220 West Kearns, Utah	Carrie Rogers-Whitehead 801.944.7611
A unique story time for children with special needs. These storytimes will be geared to autistic children but any child of any age is welcome. The attendance of a participating adult is required. Attendance is limited. Please contact Carrie Rogers-Whitehead at Kearns Library for more information. To register: http://host.evanced.info/slco/evanced/eventsignup.asp?ID=61076&ret=eventcalendar.asp						
Saturday	4/30/2011 11:00 am - 2:00 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Valley Mental Health	565 West 900 South Tooele, UT	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.						
Wednesday	5/4/2011 9:00 a.m. – 3:00 p.m.	Full Day IEP Training Presented by Utah Parent Center Staff	Parent Training	Sanderson Center for the Deaf and Hard of Hearing	5709 South 1500 West Lecture Hall Taylorsville, UT	Utah Parent Center 801.272.1051
The Utah Parent Center is proud to offer Full Day IEP Trainings for parents and others interested in the special education process. This will be followed by a short Surrogate Parent Certification for those who will be representing their school or district as a Surrogate Parent. Preregistration for these events is requested and appreciated.						
Wednesday	5/4/2011 6:30-8:30 p.m.	CHADD of Davis County Monthly Meeting	Support Group	Clearfield Public Library	562 South 1000 East Clearfield, UT	Davis-county@chadd.net
For more information on upcoming topics and events, please send an email to davis-county@chadd.net .						
Wednesday	4/27/2011 TBD	Positive Behavior Support En español	Parent Training	Youth Services	177 W Price Ave (3610 South), Salt Lake City	Julie Moreno 801.272.1067
Invita a todos los padres a asistir a una serie de 7 clases que será de mucho provecho para usted como para su familia, sobre todo si usted está tratando de ayudar a su niño o joven con conductas no aceptables.						
Thursday	5/5/2011	Legislative Coalition of Utah Monthly Meeting	Meeting	Utah State Services for the Blind and Visually Impaired	1950 West 250 North Salt Lake City, UT	Joyce Dolcourt joyce@xmission.com
Monthly meeting of the Legislative Coalition for People with Disabilities. There is a different topic presented every month. For more information, contact Joyce Dolcourt at joyce@xmission.com						
Thursday	5/5/2011 6:00-8:00 p.m.	Individual and Family Stress Management	Parent Training	RISE	1358 W Business Park Dr Orem, Utah	Karen Olsen 801.6565416 famworkshops@gmail.com
Do you ever feel stressed out?! For parents of children with disabilities stress can often feel off the chart! Individual and family stress is a constant fact for families of children with disabilities. This workshop will discuss practical ways to effectively manage stress for yourself and your family and will explore the ways other families have found helpful. To register: http://famworkshops.blogspot.com						

Thursday	5/5/2011 6:00-8:00 p.m.	Supporting Siblings of Children with Disabilities	Parent Training	To Be Determined	Logan, Utah	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>Have you ever wondered how having a brother or sister with disabilities affects your other children? Have you ever struggled with how to manage the issues this raises in your family? Siblings of children with disabilities have a lot of challenges and questions that they sometimes don't share (or aren't even aware of), but they also often gain great strength from this experience. In this workshop we will discuss many of these challenges and questions and how parents can help their children manage these effectively. We will also discuss the positive outcomes across the lifespan for children in having a sibling with disabilities. To register: http://famworkshops.blogspot.com</p>						
Friday	5/6/2011 2:00-4:00 p.m.	National Children's Study Celebration of Success	Family Activity	Gateway Plaza	Salt Lake City	For more information, call 801.587.7373
<p>Come taste the official ice cream flavor of the National Children's Study! Family activities include face painting, photo booth, decorate your own picture frames and more!</p>						
Monday	5/9/2011 6:00-8:00 p.m.	Big MAKs (Mothers of Autistic Kids) Monthly Activity	Family Activity	Bouncin' Off the Walls	398 West 9800 South Sandy, UT	Cheryl Smith Cheryl@autismcouncilofutah.org
<p>Bouncin' Off the Walls has all the great blow-up slides and bounce houses that our kids love so much! The entire room is reserved just for us and our kids...so no worries! Be sure to wear your socks! Cost: \$5 per kid. Join Mothers of Autistic Kids as they provide support to each other and give their kids (with and without autism) a chance to have some fun! Everyone is invited, we all pay for our own way if there is a cost, bring our own lunches, all activities are at your own risk, and you don't have to let anyone know if you are coming, unless an RSVP is asked for – totally stress free, well except for chasing your kid.</p>						
Tuesday	5/10/2011 6:30-8:00 p.m.	Financial Planning	Parent Training	RISE	7575 South 900 East Midvale, UT	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>Please join us for a lively and educational discussion around the unique financial issues special needs families face and the possible strategies available to help create financial security...for today and in the future. Attend our seminar and we will work with you to help you: Understand how a file care plan can provide for your special needs child; Break the life care planning process into manageable steps; Protect your child's government benefits; Provide for the well-being of your entire family; Build funds for your future...starting now! Just remember, when you're better prepared for the predictable, the surprises can be less overwhelming. This workshop is presented by Bret Horton CLU, CuFc, CASL, Intermountain Financial Group, Special Care Planning Team. Please do not bring your children to this class as there will not be child care available. To register: http://famworkshops.blogspot.com</p>						
Tuesday	5/10/2011 10:00 a.m. – 1:00 p.m.	Essential Tools for Positive Parenting	Parent Training	RISE	1358 W Business Park Dr Orem, Utah	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>The extended family members of families who have a child with disabilities often want to help their loves ones who are parents of a child with disabilities, but aren't always sure how to help. Parents of children with disabilities often need help, but sometimes feel isolated from their families. This workshop will help the parents, brothers, sisters, and other family members of parents who have a child with disabilities more deeply understand the experiences of parents and siblings of children with disabilities, and explore how they can help strengthen their family. To register: http://famworkshops.blogspot.com</p>						
Thursday	5/12/2011 6:00-8:00 p.m.	Individual and Family Stress Management	Parent Training	RISE	7575 South 900 East Midvale, UT	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>Do you ever feel stressed out?! For parents of children with disabilities stress can often feel off the chart! Individual and family stress is a constant fact for families of children with disabilities. This workshop will discuss practical ways to effectively manage stress for yourself and your family and will explore the ways other families have found helpful. To register: http://famworkshops.blogspot.com</p>						
Friday	5/13/2011 10:00 -11:30 a.m.	Stress...And What to Do About It!	Parent Training	Oquirrah Elementary Parent Literacy Center	7165 South Pattington Rd South Jordan, UT	Evelyn Rindlessbacher 801.565.7474
<p>YES... WE FEEL STRESS! IN THIS WORKSHOP WE WILL BRIEFLY EXPLORE SOME OF THE THINGS THAT "MAKE US CRAZY" – THE UNIQUE STRESSORS RELATED TO LIVING WITH A CHILD WITH A DISABILITY (OR WORKING IN THE FIELD OF DISABILITY)...BUT MORE IMPORTANTLY, LEARN AND PRACTICE SOME TECHNIQUES TO HELP YOU DEAL WITH THE STRESS! THIS INTERACTIVE SESSION WILL BENEFIT ALL PARTICIPANTS BY HELPING THEM UNDERSTAND STRESS AND WHAT TO DO ABOUT IT!!</p>						
Thursday	5/17/2011 6:00-8:00 p.m.	Individual and Family Stress Management	Parent Training	To Be Determined	Logan, Utah	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>Do you ever feel stressed out?! For parents of children with disabilities stress can often feel off the chart! Individual and family stress is a constant fact for families of children with disabilities. This workshop will discuss practical ways to effectively manage stress for yourself and your family and will explore the ways other families have found helpful. To register: http://famworkshops.blogspot.com</p>						
Wednesday	5/18/2011 9:00 a.m. - 3:00 p.m.	Full Day IEP Training And Surrogate Parent Certification	Parent Training	Cache County District Office	2063 North 1200 East North Logan, Utah	Utah Parent Center 801.272.1051 1.800.468.1160

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will be followed by a short Surrogate Parent Certification for those who will be representing their school or district as a Surrogate Parent. Preregistration for these events is requested and appreciated.

Thursday	5/19/2011 6:00-8:00 p.m.	What to Know and How to Help: A Workshop for Grandparents, Aunts, Uncles and Other Family Members	Family Training	RISE	7575 South 900 East Midvale, UT	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>The extended family members of families who have a child with disabilities often want to help their loves ones who are parents of a child with disabilities, but aren't always sure how to help. Parents of children with disabilities often need help, but sometimes feel isolated from their families. This workshop will help the parents, brothers, sisters, and other family members of parents who have a child with disabilities more deeply understand the experiences of parents and siblings of children with disabilities, and explore how they can help strengthen their family. To register: http://famworkshops.blogspot.com</p>						
Friday	5/20/2011 10:00 a.m. – 1:00 p.m.	Essential Tools for Positive Parenting	Parent Training	To Be Determined	Logan, Utah	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>Children and youth with disabilities such as autism, intellectual and developmental disabilities, learning disabilities, and mental health disorders sometimes exhibit problem behaviors that are tough for parents to manage. The 9 hour class presents the tools in a fun, interactive format in which participants learn and practice these skills. These tools are easy to learn and the class is taught by certified instructors. To register: http://famworkshops.blogspot.com</p>						
Saturday	5/21/2011 9:30 a.m.	Angelman Syndrome Walk	Community Activity	Riverfront Park	11 235 South 900 West South Jordan, UT 84095	Billie Jo Petersen billiejopetersen@msn.com
<p>The mission of the Angelman Syndrome Foundation is to advance the awareness and treatment of Angelman Syndrome through research, education, information, advocacy and support for individuals with Angelman Syndrome, their families, and other concerned parties. Everyone who pre-registers with the ASF and attends a local walk will receive a 2011 walk participant shirt (given at local walk site). To register: www.angelman.org/walk</p>						
Saturday	5/21/2011 11:00 am - 2:00 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Valley Mental Health	565 West 900 South Tooele, UT	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Tuesday	5/24/2011	It Takes A Village: Developing and Maintaining Natural Support Networks	Parent Training	To Be Determined	Logan, UT	Karen Olsen 801.6565416 famworkshops@gmail.com
<p>The old saying "It takes a village to raise a child" is often particularly true for children with disabilities. Although it is often extremely rewarding, the responsibility of raising a child with disabilities is also often daunting and exhausting. In addition, families often find less understanding from schools, medical and service providers, family members, and others in the community than might be expected. Regardless of the specific circumstances, families deserve and need help. This workshop will discuss effective ways to build a support network for your child and your family. To register: http://famworkshops.blogspot.com</p>						
Thursday	6/2/2011 11:30 a.m. - 1:00 p.m.	Heroes on the Hill	Award Luncheon	Division of Services for the Blind and Visually Impaired	1950 North 250 West Salt Lake City, UT	RSVP To: trouse@usilc.org No charge, but donations will gladly be accepted.
Sat-Sun	6/4-5/2011	6th Annual Dads and Kids Trip Brought to you by SPLORE	Family Activity	To Be Announced		Brad at 801.484.4128 or at brad@splore.org
<p>Come Rafting! Available to all who want to get outside, have fun, and experience the Magic of Splore. A truly bonding experience for dads and kids. Fully catered with lots of kids activities including "swimming the rapids" and plenty of chillin' opportunities for dads. Price: \$200/person; \$175 age 16 and under. (*Minimum age 5). Contact Brad at SPLORE for more info and to register.</p>						
Saturday	6/11/2011 11:00 am - 2:00 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Park City Trailside Park	5715 Trailside Drive Park City, UT	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Thursday Friday	6/16 and 17, 2011 8:30 -4:30 pm	Nutrition Therapy for Autism Spectrum Disorders	Professional & Parent Training	Innovation Campus, Space Dynamics Lab Utah State University	489 East 1650 North Logan, Utah	Cathy Mace 435.797.0898

The topic for this workshop is: Nutrition Therapy for Autism Spectrum Disorders. It will be presented by Elizabeth Strickland, MS, RD, LD. Elizabeth is a Registered Dietician specializing in integrative Nutrition Therapy for infants, children and young adults with developmental disabilities, chronic illnesses and special health care needs. The cost for participants for the two days is: \$150 for professionals & \$50 for parents. \$175 late registration after June 2. For more information and to register,

<http://www.cpdusu.org/calendar/June2011/nutritiontherapy/>

Saturday	6/18/2011 10:30 am - 1:30 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Salt Lake County Youth Services	177 W Price Ave. (3610 South) Salt Lake City, Utah	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Monday	6/20/2011 9:00 a.m. – 2:00 p.m.	Utah Independent Living Center's Summer Program (Series – Limit to 45 applicants)	Youth Training	Utah Independent Living Center	3445 South Main Salt Lake City, Utah0	Must Apply: Contact Debbie Lambrose at 801.466.5565 Email: uilc@xmission.com
<p>UILC's Summer Program reaches out to youth 14-22 and teaches independent living skills such as cooking and bus safety in a comfortable and fun environment. The program runs June 20 – July 29 and meets three days a week (MWF) from 9-2 at UILC. Summer culminates in a camping trip August 3-4. Applications are available now and acceptance will be sent out on June 1. For summer options in Tooele, please contact Angie or Milo at 435.843.7353.</p>						
Saturday	6/25/2011 11:00 am - 2:00 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Valley Mental Health	565 West 900 South Tooele, UT	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Fri-Sun	7/1-3/2011	4th of July Trip SPLORE	Family Activity	To Be Announced	To Be Announced	Brad at 801.484.4128 or at brad@splore.org
<p>Come Rafting! Available to all who want to get outside, have fun, and experience the Magic of Splore. Available for all. Come celebrate our nation's birthday with good people, good food, and good times. Price: \$200/person; \$175 age 16 and under (*Minimum age 5). **July 1st is an evening cook out at the put-in for the trip. Contact Brad at SPLORE for more info and to register.</p>						
Saturday	7/9/2011 11:00 am - 2:00 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Park City Trailside Park	5715 Trailside Drive Park City, UT	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Saturday	7/9/2011	Open Family Day with SPLORE	Family Activity	To Be Announced		Brad at 801.484.4128 or at brad@splore.org
<p>Come Rafting! Available to all who want to get outside, have fun, and experience the Magic of Splore. Come out for a full day river trip, including lots of swimming, water games, and fun in the sun. Price: \$55/person (*Minimum age 5). Contact Brad at SPLORE for more info and to register.</p>						
Saturday	7/16/2011 10:30 am - 1:30 pm	Sibshops for brothers and sisters (ages 7-13)	Sibling Workshop	Spectrum Academy High School	665 N Cutler Rd North Salt Lake, Utah	Jesse Higbee, Allies with Families 801.201.8738 jesse@allieswithfamilies.org
<p>With the exception of mothers, siblings spend more time and have the longest lasting relationship with a child that has a special need, disability, behavioral and/or mental health challenges. And because the sibling relationship is the longest-lasting in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns and emotional well being are too often ignored! Each Sibshops is unique based on participants. Siblings are invited to attend any or all of the scheduled workshops. Please email: jesse@allieswithfamilies.org to register.</p>						
Saturday	8/13/2011 7:30 a.m. – 2:00 p.m.	C.A.S.T. for Kids Catch a Special Thrill	Free Family Activity	Soldier Creek Recreation Area, Strawberry Reservoir	25 miles east of Heber City Along Highway 40	Valerie Health-Harrison 801.524.3664 vheathharrison@usbr.gov
<p>Catch a Special AThrill for Kids (C.A.S.T) is a unique opportunity for children with disabilities and disadvantaged children to participate in a day of boating, fishing and lunch. Its focus is on those children who have had little or no previous fishing experience. Learn more about C.A.S.T. by visiting www.castforkids.org. Children between 6-17 with disabilities or who are disadvantaged. Older persons who have developmental disabilities are also welcome. Each participant is encourage to bring along a friend or sibling and at least one parent must accompany the children.</p>						

WE TRY TO KEEP OUR CALENDARS UP-TO-DATE WITH ALL OF THE EXCITING ACTIVITIES GOING ON AROUND THE STATE. THE CALENDAR AT THE UTAH PARENT CENTER WEBSITE IS CONTINUALLY UPDATED WITH NEW ACTIVITIES AND EVENTS. VISIT THE WEBSITE AT WWW.UTAHPARENTCENTER.ORG.

UTAH PARENT CENTER INFORMATION DISCLAIMER

Utah Parent Center • Celebrating OVER 26 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Program of DHS/Division of Services for People with Disabilities

Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv.