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The Utah Parent Center needs your votes in the Chase Community Giving Campaign!
 Help us continue to provide information, training and support to Utah families and their children with disabilities!
[Click here to vote for the UPC now.](#)
 Voting open between September 6 – 19, 2012!



Helen Post, UPC Executive Director; Alex Palmer, Eagle Scout Candidate; and Jennie Gibson, UPC Associate Director with the iPads

A BIG THANK YOU TO ALEX PALMER!

The UPC recently received a donation of two new state of the art iPads from Eagle Scout candidate Alex Palmer. Because Alex knows several children who have autism in his neighborhood, he wanted to complete an Eagle Scout project that would help families of children with disabilities. Alex organized his scout troop and his neighborhood to hold a yard sale to benefit the Utah Parent Center. The Center will use the iPads in our work with families. Keeping updated technology so that we can provide quality services is always a challenge, and these iPads will be extremely helpful to staff. A huge **THANK YOU** to Alex, his scout troop and leaders, and to everyone who helped with the fundraiser!

THANK YOU TO DONORS WHO INVEST IN OUR WORK!

Payroll Donations through:

- ★ Truist
- ★ United Way of Northern Utah
- ★ United Way of Salt Lake
- ★ Utah State Employees Charitable Fund

Private Donations:

- ★ Cameo College
- ★ Ryan and Jennie Dopp
- ★ Lee Enyart
- ★ Peggy Milligan
- ★ Nancy Nelson
- ★ Cambium Learning
- ★ Curtis Ryan
- ★ Snow College in Richfield
- ★ Al Romeo
- ★ Beth Usui
- ★ Jean Wylie
- ★ Adina Zahradnikova



We are very proud to inform you that 100% of the funds donated to the Utah Parent Center (UPC or Center) and our projects go directly to support the ongoing activities, programs and services of the Center as we serve parents and families of children, youth and young adults with disabilities throughout the state of Utah. The UPC is a private, nonprofit, 501(c)(3) organization and the full amount of your donation will be tax-deductible.



ATTENTION PARENTS! UPCOMING IN-DEPTH IEP TRAINING

Does your child currently have an IEP?
Is your child being evaluated for Special Education services?
If so, then this IEP Training is for YOU!



Tuesday, September 18, 2012
9:00 a.m. – 3:00 p.m.

Lunch on Your Own

There is no cost to attend.

Training will be held at:

**Utah Parent Center 230 West 200 South, Suite 1101, Salt Lake City
(Free Parking Available in Northwest lot)**

Pre-Registration is required for this event

Phone: 801.272.1051 or 1.800.468.1160

Email: info@utahparentcenter.org

Online: www.conta.cc/RtghLd

Topics that will be covered include:

- **Parents as Partners in the IEP Process**
- **Positive Behavioral Interventions and the IEP**
- **Transition to Adult Life Overview**
- **Section 504 Services in Public Schools**
- **Tools for Constructive Communication**

Surrogate Parent Certification class will be held from 3:00-3:30 p.m. following this training. If your public school (including charter schools) have requested you to serve as a Surrogate Parent as required by IDEA 2004, please let us know at the time of registration. ****Individuals must attend the FULL day to receive Surrogate Parent**

MORE UTAH PARENT CENTER EVENTS

Sandy:

Guardianship

Tuesday, September 25, 2012

6:30-8:30 p.m.

Register online at: <http://conta.cc/MP2YCU>

Canyons Technical Education Center, East Building, 825 East 9085 South, Sandy

Farmington

Parents as Partners in the IEP Process / Parents Rights and Responsibilities in the IEP Process

Tuesday, September 25, 2012

6:30-8:30 p.m.

Register by phone: Roz 801.402.5120

Davis Professional Development Center, East Side (2nd Floor Kendall Bldg), 70 East 100 North, Farmington

Provo/Orem:

Transition Mini-Conference – Utah County

Thursday and Friday, October 4-5, 2012 8:30 a.m. - 4:00 p.m.

Register at: <http://conta.cc/KFW100>

ScenicView Academy, 5455 North 250 West, Provo

[Click here for printable flyer.](#)

Iron County

Transition Mini-Conference

Thursday, October 11, 2012

5:45 – 8:50 p.m. Register online at: <http://conta.cc/UuWlKE>

Friday, October 12, 2012

8:30 a.m. – 4:00 p.m.

Location: Iron County School District Office, Board Room

[Click here for printable flyer.](#)



Save the Date!

2013 Statewide Utah Family Links Conference

It's All About Behavior! Featuring: Jo Mascorro

Friday and Saturday, March 8-9, 2013

UPC VOLUNTEER OF THE MONTH – SEPTEMBER 2012



I would like to highlight Lendy Marcus-Penton as our volunteer of the month. Lendy is a busy mom with 7 children ranging in ages from 11 years old to 29 years old. Her children have a variety of disabilities including autism, adhd, ocd and anxiety. Lendy has been volunteering for the Utah Parent Center for many years and enjoys serving in all capacities. Participating in parent panels gives Lendy the opportunity to share her story and provide insights about her children's educational experience to future educators. Lendy expresses, "It's an honor to speak publicly, especially with students going into special education as well as general education. Sharing my story with them enables me to speak from the heart about my own experiences in regards to inclusion." Lendy supports other parents who have children with disabilities by always being available to listen, suggesting resources, and referring many of them to the Utah Parent Center. As an IEP Coach, Lendy has attended many workshops offered by the UPC and is skilled at helping

parents advocate for the educational needs of their children. She also enjoys volunteering in other capacities such as helping with conferences and events. One of Lendy's current projects is preparing a bullying awareness event with Murray School District. Lendy states, "I'm thrilled about this event and I know without the many classes I've attended through the UPC I wouldn't even attempt such a project." The next Bullying Prevention Event will be held on October 2, 2012. Lendy's passion for her volunteer work comes from her desire to give back to society and her community. It is important to Lendy to help others see things they normally might miss. Lendy's goal is to help parents and families to not only endure life but to live and enjoy life by empowering them with the knowledge and tools they need to be successful advocates for their children.

CELEBRATING 35 YEARS OF IDEA!

Prior to 1975 individuals with disabilities were excluded from education in our schools. Many individuals with significant disabilities were placed in state institutions to live out their lives in a segregated setting. In 1975 congress enacted the Education for All Handicapped Children Act. This act articulated a compelling national mission to provide a Free Appropriate Public Education (FAPE) for all children with disabilities in the least restrictive environment. For the first time children with disabilities attended school with their typical peers. The enormous capabilities of individuals with disabilities were finally discovered. Over time the laws were enhanced and in 1990 the name of the law changed to the Individuals with Disabilities Education Act (IDEA). Please take a moment to reflect on how far we've come! The following video was produced by the U.S. Department of Education for the 35th Anniversary Celebration of the Individuals with Disabilities Education Act (IDEA).

[Click here to view IDEA video](#)

BOOK REVIEW

Review by Lynda Hansen, Utah Parent Center Parent Consultant serving Canyons School District

I just read a book I have in my library: *Late, Lost, and Unprepared A Parent's Guide to Helping Children with Executive Functioning* by Joyce Cooper-Kahn, Ph.D. and Laurie Dietzel, Ph.D. , 2008 Woodbine House, USA

The chapters were short but full of practical and hands-on information that parents (and teachers) can use in helping children who have difficulty with executive functioning skills. The messy backpack and locker, the finished but not returned homework, tardiness, inability to plan and initiate tasks are just a few of the symptoms of executive functioning deficits. I would highly recommend this book for anyone who is looking for a better understanding of the child/adolescent with executive functioning deficits. Read the full review at <http://www.utahparentcenter.org/news/book-review/>

AUTISM AND CANINE INTERVENTION RESEARCH STUDY FINDINGS



A new research study has been completed on autism and canine intervention entitled, “The Impact of Canine Assistance for Children with Autism and the Family Unit.” The researcher/author, Diana L. Wild, Ph.D., who lives in Midway, Utah, shared her findings with the Utah Parent Center.

Children with autism spectrum disorder (ASD) have difficulty with attention, impulsiveness, and safety issues; consequently, specific measures must be taken to ensure their safety. One such measure is canine intervention, which provides children with highly trained service dogs that can respond to their autism behaviors. The purpose of this mixed-methods study was to determine whether a service dog, trained for children with autism, could (a) increase safety, (b) increase social reciprocity, (c) increase adaptive behaviors, and (d) reduce parental stress. Quantitative data were collected via pretest and posttest scores on two standardized assessment tests. Results revealed that the intervention group’s pre–post gains were significantly more in ‘social reciprocity’. Qualitative data found the child’s “lack of fear of danger,” which resulted in bolting and other unsafe outcomes, was the foremost concern of all parents. However, once the child was tethered to the service dog, the problem was resolved.

Read more at: Canine Assistance for Children with Autism Blog at <http://dlwilde128.blogspot.com>

STOP BULLYING VIDEO CHALLENGE

On behalf of HRSA and the Federal Partners in Bullying Prevention, we encourage the youth in your life to submit original public service announcements or PSAs—videos 30 to 60 seconds in length, that showcase ways they are taking action against bullying and promoting a culture of kindness and respect in their communities.

As U.S. Health and Human Services Director Kathleen Sebelius said recently, “Bullying is a serious national challenge requiring a true national response.” As an important part of that response, we are looking for informative and entertaining videos that send a positive message to youth about the importance of being “more than a bystander” to bullying in their schools and communities.

Full details about the contest, including submission guidelines and rules for eligibility are available at stopbullying.challenge.gov. Please note that our deadline for submissions is October 14, 2012, at 11 PM ET. Youth between 13 and 18 years old are eligible to participate, however those under 18 years of age must have permission from a parent or guardian. The contest winner will receive a grand prize of \$2,000, with the two runner-ups earning \$500 each.

LEGISLATIVE COALITION FOR PEOPLE WITH DISABILITIES UPDATE

During these last few months before the November election, the LCPD urges you to get involved! Meet with both the incumbents and challengers. Get to know their views on your issues. You can informant on voter registration, your voting districts, your current elected officials and your polling place at <http://vote.utah.gov> You can also register to vote or update your voter information at this site. To find out who is running for office, go to <http://elections.utah.gov/election-resources/2012-candidate-filings> Here you can review the list of candidates for federal, state, county and school board positions. Remember that in addition to the federal offices, the Governor, half the Utah Senate and all of the Utah House of Representatives are up for re-election. These are the individuals who will be making the laws that impact your families.

The next LCPD will be Thursday, November 1, 2012 from 12:30 – 2:00 p.m. at the Division of Services for the Blind and Visually Impaired, 1950 West 250 North, Salt Lake City. Agenda items include: building blocks and legislation for the 2013 General Session of the Utah State Legislature.

UTAH HEALTH DEPARTMENT DATA BREACH UPDATE

If you or your family members were impacted by this security breach that occurred in April (your social security number was compromised) you have until September 30, 2012 to sign-up for free credit monitoring.

FAQ about the Utah Health Department Data Breach

Read the Frequently Asked Questions at <http://www.utahparentcenter.org/?p=4038>

The most recent information and updates on the breach will be available: www.health.utah.gov/databreach

Children with Neurologic Disorders at High Risk of Death from Flu

Health care and advocacy groups join to protect children most vulnerable to influenza

PRESS RELEASE: AUGUST 29, 2012 US DEPARTMENT OF HEALTH AND HUMAN SERVICES

A disproportionately high number of children with neurologic disorders died from influenza-related complications during the 2009 H1N1 pandemic, according to a study by scientists with the Centers for Disease Control and Prevention. The report in the journal *Pediatrics* underscores the importance of influenza vaccination to protect children with neurologic disorders. CDC is joining with the American Academy of Pediatrics, Families Fighting Flu and Family Voices to spread the message about the importance of influenza vaccination and treatment in these children.



Read the full article at

<http://www.utahparentcenter.org/2012/09/11/high-risk-from-flu/>

CDC recommends that everyone aged 6 months and older get an annual influenza vaccination, including people who are at high risk of developing serious complications. Flu vaccine is the best prevention method available. Antiviral drugs, which can treat flu illness, are a second line of defense against flu.

Resources for Information on Influenza and Vaccinations

- Utah Family Voices provides families with resources to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care. They are ready to assist you with issues related to the health care of a child or youth with a special need or disability. Contact Utah Family voices at 801.272.1068. More information available at www.familyvoices.org
- Center for Disease Control: To learn more about influenza, visit www.cdc.gov/flu.
- Seasonal Influenza – Utah Office of Epidemiology: <http://health.utah.gov/epi/diseases/flu/index.htm>
- Utah Immunization – Flu Vaccine Locator: <http://www.immunize-utah.org/apps/flu/index.php>
- About American Academy of Pediatrics: For more information, visit www.aap.org
- About Families Fighting Flu: Working Together to Protect Children More at www.familiesfightingflu.org
- Know What To Do About the Flu: Influenza, vaccination and planning/preparedness visit www.flu.gov

COMMUNITY EVENTS

- **22nd Annual Independent Living 5k Run & Roll** **Saturday, Sept 15, 2012** **8:30 a.m.**
 West Jordan Veterans Memorial Park, West Jordan
 More information and online registration at www.uilc.org
- **Family to Family Network Meeting** **Tuesday, September 18, 2012** **7:00 p.m.**
 South Valley School, 8400 S Redwood Road, West Jordan
 Topic: Getting Organized with Wendy Brown. Talking about organizing paperwork and general clutter.
- **Friday Family Movie Night** **Friday, September 21, 2012** **7:00 p.m.**
 Featuring “The Mighty Macs” Private Screen with Guest: Executive Director, Jan Benton
 Benefiting National Catholic Partnership on Disability at St. Ambrose Catholic Church, Salt Lake City
 For additional information , call 801.440.8729 or 801.750.1640 \$5 per person/\$12 per family
- **Sahara Cares Autism Carnival** **Saturday, September 22, 2012** **11:00 a.m. – 2:00 p.m.**
 New Venue – Utah State Fair Park, 155 North 1000 West, Salt Lake City, Utah
 For questions or to register, call 801.298.7724 or visit us online at <http://www.saharacares.net/>
- **Real Salt Lake Autism Game Night** **Saturday, September 22, 2012** **Kick off at 7:00 p.m.**
 Tickets can be purchased for \$20 and \$5 goes to fund our event!
 Enter promo code SAHARA at: www.realsaltlake.com/content/ticket-promotions
- **2012 Shelter Boot Camp** **Saturday, September 22, 2012** **8:30 a.m. -4:30 p.m.**
 Sanderson Community Center, 5709 South 1500 West, Taylorsville
 Are we prepared to serve you? Test us and help us serve you better. RSVP and Get Involved.
 Visit: www.utahredcross.org Click on 2012 Shelter Blood Camp Sign Up Now
- **Navigating the School System** **Saturday, September 22, 2012** **9:00 a.m. - 11:00 a.m.**
 Salt Lake Youth Services, 177 W Price Ave. Presented by Allies with Families
 Call 801.433.2595 to reserve your spot.
- **Daytime Family to Family Network** **Tuesday, September 25, 2012** **10:00 a.m.**
 CTA Office, 4444 South 700 East, Salt Lake City
 Snack, Swap and Chat. Bring items to swap – clothes, books, games, décor etc.
- **Rock on! SPLORE Innovate Indoor Rock Climbing for Children with Disabilities ages 5-17**
 September 25 - October 30 at Momentum Climbing, Sandy, Utah
 Please call 801-484-4128 to sign up as a climber or a volunteer.
- **UVU Symposium on ADHD** **Friday, September 28, 2012** **9:00 a.m. – 4:00 p.m.**
 Utah Valley University, Sorenson Student Center, Orem
 Register and more info at <http://uvuadhd.eventbrite.com/>
- **Carol Gray: Creating and Using Social Stories** **Friday, Sept 28, 2012** **9:00 a.m. – 3:30 p.m.**
 Clear Horizons Academy, 1875 S Geneva Rd, Orem, Utah
 Registration Required: More information at registration at www.carolgrayutah.org
- **Utah CCBD Conference** **Friday, September 28, 2012** **9:00 a.m. -4:00 p.m.**
 Rice Eccles Football Stadium Tower, University of Utah, Salt Lake City
 Register at <http://utahccbd2012.eventbrite.com> More info at www.utahccbd.com
- **Utah Hands and Voices Fall Activity** **Friday, September 28, 2012** **6:30 p.m. – 8:00 p.m.**
 Sanderson Community Center, 5709 South 1500 West, Taylorsville.
 Light dinner and activities. More information at: <http://www.facebook.com/events/465358560161325/>



- **Utah Easy to Love Group Fundraising Dinner** **Friday, Sept 28, 2012** **7:00 p.m.**
Three Course meal including dessert and wine! \$45 per person
Call Jennifer Levy to reserve your spot! 801.532.1412
- **Mental Health Matters Fair** **Tuesday, October 2, 2012** **6:30 p.m. – 8:00 p.m.**
Taylorsville High School, 5425 Redwood Road, Taylorsville
- **Bully Prevention Campaign Family Forum** **Tues, October 2, 2012** **7:00 p.m. - 8:30 p.m.**
Murray High Commons Area, 5440 S State St, Murray
Childcare may be available. [Click here for flyer.](#)

Utah Parent Center Information Disclaimer

Utah Parent Center • Celebrating OVER 26 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – Serving families eligible for services from DSPD and more!

Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact the Utah Parent Center at info@utahparentcenter.org