



TRANSITION FROM EARLY INTERVENTION TO SPECIAL EDUCATION PRESCHOOL

WHAT PARENTS NEED TO KNOW BEFORE THEIR CHILD'S 3RD BIRTHDAY!

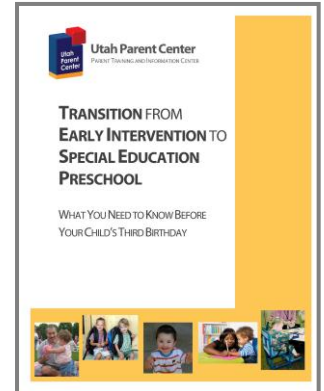
The Utah Parent Center is pleased to announce the publication of a new parent handbook and training DVD. The **Transition from Early Intervention to Special Education Preschool**

Handbook will provide parents:

- Information on school based programs and services.
- Information on parental rights and responsibilities under Part B of IDEA.
- The knowledge and understanding to assist them in being effective participants on the child's IEP team.

The handbook can be used alone or in conjunction with the DVD training. Both are available on the Utah Parent Center website at www.utahparentcenter.org/resources/preschool.

Print copies are also available upon request.



Calling all parents and professionals in St. George and the surrounding area!

Get On Target with Transition in



TRANSITION MINI-CONFERENCE IN WASHINGTON COUNTY!

Recommended for parents and professionals of children with special needs ages 12-26 years old.

TUESDAY, NOVEMBER 27, 2012

[Click here for printable](#)

flyer.

Dixie High School, Lecture Hall

350 East 700 South, St. George

Daytime Session: 8:30 AM – 4:00 PM

Evening Session: 5:45 PM – 8:15 PM

Tuesday, November 27, 5:45 – 8:15 PM
Evening Session

There is no fee to attend, but pre-registration is required.

You are welcome to attend one or both sessions.

REGISTER TODAY AT: <http://conta.cc.SsuFn6>

THE JOURNEY TO ADULTHOOD

Come learn about what to know to help your child learn about puberty and sexuality.

Parents will receive ideas, tips, handouts and tools to start these important discussions with their children with disabilities.

GETTING AND KEEPING THAT FIRST JOB

This workshop will offer information about preparing for employment for your youth or young adult with disabilities.

TEACHING SELF- ADVOCACY SKILLS

Self-Advocacy is an important skill that students with disabilities need to develop. This workshop will help parents teach their child self-advocacy skills and encourage parents to be a positive advocate for their child.

Tuesday, November 27, 8:30 AM – 4:00 PM

Daytime Session

From NO Where to KNOW Where: Transition to Adult Life

As families of children and young adults with disabilities, we have learned many things – but most of us admit that we have much more to learn. Topics include:

- Developing the IEP and Transition Plan
- Laws impacting transition
- Teaching Self- Advocacy Skills
- Adult Services/ Panel of Experts

BULLYING PREVENTION RESOURCES

The End of Bullying Begins with Me: That's the message during National Bullying Prevention Month in October. The Utah Parent Center has added new resources on bullying prevention to their website. Some of those resources include:

- **NEW!** [Common Views and Myths about Bullying](#)
- **NEW!** [Drama: Is It Happening to You?](#)
- [Individualized Education Programs \(IEPs\) and Bullying](#)
- [Is Your Child Being Bullied in Cyberspace?](#)
- [Notifying School Administrators of Incidents and Concerns](#)
- [Record Keeping and Bullying](#)
- [Say NO to Bullying](#)
- **NEW!** [Steps to Take if Your Child is Being Bullied at School](#)
- [Talk with Your Child about Bullying](#)
- **NEW!** [Telling Classmates About Your Child's Disability](#)
- [What Every Kid Needs to Know About Bullying](#)
- [What If Your Child is the Bully?](#)
- [PACER Center's National Center for Bullying Prevention](#)
- [Bullying in the Workplace and What You Can Do if You Are Being Bullied](#)

VOLUNTEER OF THE MONTH: OCTOBER 2012

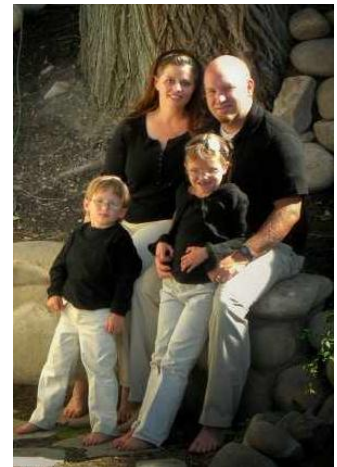
Written by Rebecca Turley, UPC Volunteer Coordinator

It is my pleasure to highlight Stephanie Roach as our Volunteer of the Month.

Stephanie has two children, an 11 year old daughter and an 8 year old son. Her daughter has a rare chromosomal abnormality called 18q Deletion Syndrome. She has multiple challenges, including a hearing impairment, delayed myelination of the central nervous system, global delays, growth hormone deficiency, and hypotonia.

She is an amazing reader and reads almost exclusively non-fiction. She also loves swimming on the University of Utah Special Olympics team and has interests in science and astronomy. Stephanie's son has high functioning autism. He enjoys creating amazing things with Lego's, reading, bike riding, and swimming. Stephanie loves volunteering with the Utah Parent center because it makes her happy to be able to help parents understand the IEP process. She currently serves as Chair for the Interagency Coordinating Council, which is a governor appointed council that coordinates services for children who are in the Early Intervention program.

Stephanie will have the amazing opportunity to go to Washington DC this summer to attend a conference on special education. Stephanie also started a support group for parents in the area who have children with special needs. Stephanie states, "I never imagined that my life would revolve around children with special needs and if someone 15 years ago had told me what I'd be doing today, I'd have laughed at them. Although the challenges my husband and I have experienced over the past 11 years are something we never anticipated and never would have asked for, we have been so blessed by our wonderful children and love them more that we ever imagined was possible." Stephanie hopes she can spend her life helping and associating with children with special needs and their parents. Thank you Stephanie for all you do to serve others. You are truly an inspiration to us all!



EASTER SEALS-GOODWILL IS PROUD TO OFFER FAMILIES A VIDEO ON SENSORY PROCESSING

This video was made to assist families in understanding how it feels for a child who has problems in regulating sensory input. Neil and his family took part in the Easter Seals-Goodwill Sensory Processing class and were thrilled to be part of this video. For more information on Easter Seals-Goodwill Occupational Therapy Services please call 801.946.1860

See the Video by clicking on the link: <http://www.youtube.com/watch?v=D1G5ssZIVUw&safe=active>

TRANSITION PLANNING AND THE IEP

-Written by Linda Smith, Utah Parent Center Consultant

Transition is change. It is passage from one stage to another. We each face many changes or transitions in life, but right now let's specifically talk about transition from school to post-school services and whatever is next for your son or daughter with disabilities.

The change from high school to the adult world can be traumatic. It is difficult when a child turns into a young adult and no longer receives school services. Our youth are changing and the systems that support them are changing. As parents and educators this transition must be anticipated and planned for. If this transition – this change – is to be “seamless” – which means with no interruption in services – we need to help our sons and daughters decide where they want to go and what they want to do.

Some parents don't think about what will happen after school until a few months before graduation, and then they realize that “the bus won't be coming.” If your child is on an IEP, then transition planning with you, your son or daughter, and the IEP Team should begin no later than the first IEP to be in effect when the student is 16, or younger if needed. Transition services means a coordinated set of activities for a student with a disability that is designed to be within an outcome-oriented process that is focused on improving the academic and functional achievement of the student with a disability to facilitate the student's movement from school to post-school activities, including post-secondary activities in post-secondary training or education, post-secondary employment and independent living skills, when appropriate. Transition services also include courses of study designed to help the student reach his or her post-secondary goals.

When writing the IEP the IEP Team must:

- Actively involve the student in his or her IEP development.
- Base the IEP on the student's needs, preferences, and interests.
- Define the student's desired post-secondary goals.
- Review the student's transition services such as courses of study or multi-year description of coursework, adjusting them as needed to achieve the student's desired post-secondary goals.

The written plan must also specify how different agencies will work together to provide needed services. The different public agencies can be invited to send a representative to the meeting.

Before you start the transition IEP, it is important to understand where your son or daughter wants to be in the future. Sometimes the nature of his or her disabilities makes it difficult or impossible for him or her to think through or talk about ideas and feelings. The following suggestions may help in preparing him or her to participate more fully in developing a transition plan.

- Begin by asking simple questions. What subjects do you like in school?
- What are your strengths and weaknesses?
- What job would you like to do in a few years? If the occupation is clearly beyond his or her abilities, find out the reasons why he or she is interested in a particular job. Discuss other jobs related to his or her interests which might be a better fit for his or her strengths.
- Does reaching your goal require further education or training?

For further information on transition planning see the UPC Handbook “From ‘No’ Where to ‘Know’ Where – Transition to Adult Life www.utahparentcenter.org/publications/handbooks. Also check out the Events Calendar for Transition Workshops at <http://utahparentcenter.org>. If you need individual information call the Utah Parent Center and talk to a Parent Consultant at 801-272-1051.

HELP THE NATIONAL COUNCIL ON DISABILITY KICK OFF ITS ONLINE "FAMILY FACES OF DISABILITY" PHOTO ALBUM

news and updates from the office of
Commissioner Lewis



ADMINISTRATION ON
INTELLECTUAL AND
DEVELOPMENTAL
DISABILITIES

Help the National Council on Disability (NCD) bring its new report, "Rocking the Cradle: Ensuring the Rights of Parents with Disabilities and Their Children," to life by submitting a photograph of your family to NCD's new "Family Faces of Disability" photo album, to be shared on the NCD Facebook page. With the "Family Faces of Disability" photo album, NCD is seeking photos that capture your family's day-to-day life as a way to personalize the issues faced by parents with disabilities in the United States.

For accessibility reasons, all photographs submitted to NCD's "Family Faces of Disability" photo album MUST include a visual description of the picture. NCD retains the right to remove any photo or its accompanying description without warning, if either is deemed inappropriate. By submitting your photograph, you grant permission to the National Council on Disability to display these photographs on NCD's website, Facebook and Twitter pages, or future print publications. NCD borrowed an image from the "Media dis&dat" blog to use an example. The photograph can be seen at: <http://bit.ly/SbWSxP>

SAMPLE DESCRIPTION: Image shows the Willet family, a family of three. They are in a living room. A woman is seated in a large rocking chair in the center of the photo, smiling, holding an infant child against her chest. Both facing forward. A man stands to the right side of the chair with his leg behind it looking lovingly at the woman and child.

Please send your photos and descriptions to: FamilyPhotoAlbum@ncd.gov. Get a copy of "Rocking the Cradle: Ensuring the Rights of Parents with Disabilities and Their Children," at www.ncd.gov/publications/2012/Sep272012

View submissions to NCD's "Family Faces of Disability" photo album on Facebook at: <http://on.fb.me/QGerWB>
NCD website: <http://www.ncd.gov>

RED ROCK CENTER FOR INDEPENDENCE NEWSLETTER AND EVENTS

The Red Rock Center for Independence works to empower people with disabilities in southwestern Utah to live independently through education, personalized services and technology. Check out their website and sign up to receive their newsletter at <http://www.rrci.org/> [Click here to download the 2012 Fall Flyer](#)

LAST CHANCE TO PARTICIPATE IN A SURVEY ABOUT YOUR CHILD'S EDUCATION

Special educators and graduate students at the University of Utah are requesting your participation in a research study about your child's education experience. This study is being conducted to find out how to better serve students with disabilities throughout their education. Participants' children must be five years or older. The goal is to encourage schools, administrators and teachers to use home and school collaboration to improve student's educational outcomes. All participants in this short online survey will remain anonymous. After completing the survey, follow the link to enter into a drawing for a **new iPad**.

English Survey: <http://despina.ed.utah.edu/surveys/sped/sped-edu-experience.htm>

Spanish Survey: <http://despina.ed.utah.edu/surveys/sped/sped-edu-experience-spanish.htm>

LOOKING FOR INDIVIDUALS ON THE AUTISM SPECTRUM TO PARTICIPATE IN RESEARCH

This study will focus on the differences between males and females with an Autism Spectrum Disorder (ASD) regarding symptoms patterns, social relationships and psychological functioning. Participants must be ages 13 -40 years old, living with or have regular contact with at least one biological parent who is willing to participate, diagnosed with an ASD, and read at a 6th grade level or above.

If you are interested in participating and would like additional information, please call Megan at 801-578-8435. Please leave a message.



UTAH PARENT CENTER WORKSHOPS AND TRAININGS

Salt Lake City:

Vocational Rehabilitation

Thursday, November 1, 2012 6:30 PM – 8:30 PM
Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Register at: <http://conta.cc/QKAYOW>
[Click here for printable flyer.](#)

Guardianship- Featuring Anamarie Rodabough, of Guardianship Associates of Utah

Thursday, November 8, 2012 6:30 PM – 8:30 PM
Utah Parent Center, 230 West 200 South, Suite 1101, Salt Lake City

Register at: <http://conta.cc/PwucuR>
[Click here for printable flyer.](#)

Granite:

From No Where to Know Where: Transition to Adult Life

Thursday, November 8, 2012 7:00 PM – 8:00 PM
Cypress High School Library, 8623 West 3000 South, Magna

Register at: <http://conta.cc/Pmw65X>
[Click here for printable flyer.](#)

Canyons:

From No Where to Know Where: Transition to Adult Life

Tuesday, November 13, 2012 6:30 PM – 8:30 PM
Canyons Technical Education Center, 825 East 9085 South, East Building, Sandy

Register at: <http://conta.cc/SdoJdX>
[Click here for printable flyer.](#)

Washington County:

Let's Get on Target with Transition in 2012! Transition to Adult Life Mini-Conference

Tuesday, November 27, 2012 8:30 AM – 4:00 PM Day Session
5:45 PM – 8:15 PM Evening Session

Register at: <http://conta.cc/SsuFn6>
[Click here for printable flyer.](#)

This event will be held at Dixie High School, Lecture Hall, 350 East 700 South, St. George, Utah. There is no fee to attend but pre-registration is required.

TALLERES DE CENTRO DE PADRE DE UTAH EN ESPAÑOL

Los Padres como Parte en el Proceso Del IEP

Noviembre 14, 2012 6:30 – 8:30 PM
Centro de Padres de Utah 230 West 200 South, Suite 1101, Salt Lake City

[clic aquí para imprimir](#)

Transición de la Escuela Elemental para la JR. y la Vida Adulta Después de la High School

Noviembre 28, 2012 6:30 – 8:30 PM
Sanderson Community Center 5709 South 1500 West, West Valley City

[clic aquí para imprimir](#)

COMMUNITY EVENTS

- **Hope and Healing Caregiver Conference** Thursday, November 1, 2012 4:30 PM – 7:30 PM
Courtyard and Jamestown, 3352 North 100 East, Provo
Registration is free, but seating is limited. Call Stephanie at 801.367.8133 or Carol at 801.229.3818
- **Legislative Coalition for People with Disabilities** Thursday, November 1, 2012 12:30 PM – 2:00 PM
The November and December LCPD meeting are very important because State Agency Representatives will be attending and giving us information relevant to the 2013 Legislative Session.



- Open Adventure: Friends & Family Indoor Climbing** **Saturday, November 10, 2012** **9:00 AM – 12:00 PM**
 Join Splore for a fun day of indoor rock climbing! This trip is open to all ages and all abilities (and your friends and family!). To sign up, call 801-484-4128 or e-mail Eric at eric@splore.org for more information.
 Momentum Climbing Gym - 220 West 10600 South, Sandy
 For more upcoming Splore events visit : <http://splore.org/events>
- 4th Annual Charity Dinner and Auction** **Friday, November 16, 2012** **6:00 PM – 9:00 PM**
 Benefiting Giant Steps Autism Preschool More information available at www.friendsofgiantsteps.org
 Tickets are \$10 Advanced Purchase and \$15 at the door.
- Vocational Rehabilitation Workshop** **Monday, November 19, 2012** **11:30 AM – 1:00 PM**
 Join Kyle Walker, Director of Client Services for the Utah State Office of Rehabilitation for this class on
“The Role of Vocational Rehabilitation in Facilitating Self-Employment” [Click here to register.](#)
 USU Salt Lake Education Center, Room M, 2500 S State St., Salt Lake City
- Salt Lake City FASD TOT** **December 4-5, 2012** **8:00 AM – 5:00 PM**
 *Prerequisite Requirement - this training is a Training of Trainers. A minimum of two years of general training experience is required. For more information and/ or to register, [Click here.](#)
- Green Tree Yoga Afterschool Fun** **February 2, 2013** **3:30 PM – 4:30 PM**
 Spring 2013 on Tuesdays for 6 weeks. For Children with autism spectrum disorders or other challenges. Children must be able to follow simple directions and participate independently. Parents must attend with their child. Cost \$50.00 per child for 6 weeks (discount for 2nd/3rd sibling) For more information or to register, please contact Yael Calhoun at 801-656-7885 or email: yoga@greentreeyoga.org

SAVE THE DATE

Davis Transition to Adult Life Mini- Conference **January 28 - 29, 2013**

Get Your Teen with Special Needs Ready for Transition in 2013!

From No Where to Know Where: Transition to Adult Life -As families of children and young adults with disabilities, we have learned many things – but most of us admit that we have much more to learn. Topics will include: Getting and Keeping the First Job, The Journey to Adulthood, Skills for Teaching Effective Self-Advocacy, a Panel of Transition Experts, and much more. [Click here for a printable Flyer.](#)

2013 Family Links Conference **March 8 – 9, 2013**

Featuring: Jo Moscarro

Jo Mascorro is an independent consultant who provides motivational training throughout the nation. In areas specific to behavior intervention practices, effective communication, and parenting skills.

Salt Lake Transition to Adult Life Mini- Conference **March 12 - 13, 2013**

Get Your Teen with Special Needs Ready for Transition in 2013!

From No Where to Know Where: Transition to Adult Life -As families of children and young adults with disabilities, we have learned many things – but most of us admit that we have much more to learn. Topics will include: Developing the IEP and Transition Plan, Laws Impacting Transition, Getting and Keeping the First Job, Skills for Teaching Effective Self-Advocacy, a Panel of Transition Experts, and much more. [Click here for a printable Flyer.](#)

2013 Learning Disabilities Association of Utah Annual Conference **March 15, 2013**

Featuring: Dr. Jerome Schultz, Clinical Neuropsychiatrist, Harvard Medical School, who will be signing his new book, “Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It”. Breakout sessions for both teachers and parents will be available. [Click here for a printable Flyer.](#)



Utah Parent Center Information Disclaimer

Utah Parent Center • Celebrating OVER 28 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – Serving families eligible for services from DSPD and more!

Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact the Utah Parent Center at info@utahparentcenter.org