

What is the Utah Parent Center?

For over 33 years, the Utah Parent Center has helped change the lives of children with disabilities.

The Utah Parent Center (UPC or Center) is an award-winning parent training and information Center founded by parents to help other parents of children, youth, and young adults with a wide range of disabilities and special needs facing similar challenges across Utah. Since 1983 the caring competent staff of the UPC has utilized a parent-to-parent model to help many thousands of parents and some professionals who serve their children. UPC staff has built collaborative networks with education, health and human service professionals, other state agencies, and community based organizations statewide to benefit the families we serve. The Center promotes positive change within the community and provides services through several projects and activities.



Utah Parent Center
Special needs, extraordinary potential

Our mission is to help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish this by providing FREE accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

"It's just a really good thing to have support."

"Now we feel so much more comfortable with our abilities to deal with our daughter's disabilities."

"Really changed my life! Please keep this up and... reach many more!"

For parents of children, youth, and young adults with disabilities and special needs
230 West 200 South, Suite 1101 ■ Salt Lake City, UT 84101
(801) 272-1051 ■ Toll-free in Utah: (800) 468-1160 ■ Spanish: (801) 272-1067
Email: info@utahparentcenter.org ■ Website: www.utahparentcenter.org

