



## E-CONNECTIONS

AN ELECTRONIC NEWSLETTER FOR FAMILIES OF INDIVIDUALS WITH DISABILITIES AND SPECIAL NEEDS

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OCTOBER 8, 2010

### OCTOBER IS BULLYING PREVENTION MONTH

During the month of October, the Utah Parent Center joins with the PACER Center and other Parent Centers across the country as we unite against bullying as part of National Bullying Prevention Month. There are lots of resources available to help you, your family and members of your community prevent and stop bullying!

Utah Parent Center Resources and Information Sheets: Take a Stand Against Bullying

[http://www.utahparentcenter.org/resources\\_materials.htm](http://www.utahparentcenter.org/resources_materials.htm)

National Center for Bullying Prevention

<http://www.pacer.org/bullying/index.asp>

PACER Center's Kids Against Bullying

<http://www.kidsagainstabullying.org/>

PACER Center's Teens Against Bullying

<http://www.pacerteensagainstabullying.org/>

The End of Bullying Begins with Me

<http://www.pacerbullyingpreventionproject.blogspot.com/>

### OCTOBER IS A BUSY MONTH FOR CREATING AWARENESS!! HERE ARE SOME OF OUR FAVORITE TOPICS FOR THIS MONTH

National Disability Employment Awareness Month

October is Disability Employment Awareness Month! Check out the Work Ability Utah Fall Newsletter to learn more about employment for Utahns with disabilities. See the calendar and plan to attend events and workshops. For further information or hard copies, contact Liz at (877) 246-9675 toll free or online by visiting [www.workabilityutah.org](http://www.workabilityutah.org).

*Workability's* annual newsletter "Opening Doors to Work" is now available online! It is a GREAT resource! Check it out today! <http://workabilityutah.org/newsletters/2010%20Newsletter%20wiith%20calendar.PDF>

Augmentative Communication Awareness Month

There are an estimated 2.5-3.6 million individuals in the United States who experience communication impairments that require alternative means of communication. They range from individuals with developmental disabilities, autism and dyspraxia to individuals who have had strokes or other physical impairments that affect speech and require alternative means to communicate. For more information, visit [www.ussaac.org](http://www.ussaac.org).

### HELP THE UTAH PARENT CENTER - ENTER GOODSEARCH'S GIVEAWAY!

In the month of October, GoodSearch will be giving away \$15,000 in bonuses! All you need to do to help us enter the giveaway is download our customized GoodSearch toolbar. Simply visit: <http://www.goodsearch.com/toolbar/utah-parent-center-upc> and download our free toolbar today to begin searching with this great tool...you search, they give!

### **OBAMA SIGNS ROSA'S LAW : "MENTAL RETARDATION" OUT, "INTELLECTUAL DISABILITY" IN**

WASHINGTON – President Obama signed a law on Tuesday mandating Federal statutes will no longer use the term "mental retardation"; the replacement phrase is "intellectual disability". See the entire press release online by visiting: [http://blogs.suntimes.com/sweet/2010/10/obama\\_signs\\_rosas\\_law\\_mental\\_r.html](http://blogs.suntimes.com/sweet/2010/10/obama_signs_rosas_law_mental_r.html).

### **NEW RESOURCES ON SECTION 504 NOW AVAILABLE**

<http://www.schools.utah.gov/equity/Section-504-2010-Training.aspx>

The Utah State Office of Education has a collection of new resources on Section 504. Visit their website for a PowerPoint presentation, a procedural requirements checklist and an outline of Section 504.

### **KINDRED SPIRITS' FALL 2010 ATC MOVEMENT – TRADING CARD COLLECTIVE**

Kindred Spirits has made a leap from their Sugarhouse location to the studio of Art Access Gallery in Art Space in downtown Salt Lake City. What a great opportunity for them to be right in the middle of the art happenings of Salt Lake City. For the upcoming fall season in their new space, they will be using several different materials to make miniature works of art the size of baseball cards. These ATC's will be traded amongst the group and exhibited as a collection. The session will be taught by Alice Perreault. The fee for this session is \$100 and includes all materials as well as the final event. The class sessions will be held on either Thursdays or Fridays. For more information and to reserve your spot, contact Tina Persels at [steveadamina@msn.com](mailto:steveadamina@msn.com) or Alice Perrault at [houseofjules@hotmail.com](mailto:houseofjules@hotmail.com).

### **THINK BEYOND THE LABEL**

As featured in *Opening Doors to Work, Fall 2010, page 2.*

"In the workplace, labels can get in the way, but disabilities rarely do! - Think Beyond the Label!" *Think Beyond The Label* is a national media campaign to increase awareness that it is good business sense to hire people with disabilities. The campaign provides employers with information about the opportunity of hiring people in this largely untapped talent pool. More than 45 states have come together to fund this marketing campaign. This consortium of states continues to focus on improving public/private partnerships to ensure information and supports are available to businesses to successfully recruit, hire and retain employees with disabilities. For more information, including tools for business success, visit [www.thinkbeyondthelabel.com](http://www.thinkbeyondthelabel.com). For more information in Utah, contact Leah Lobato at 801-538-7964 or Carol Ruddell at 801-887-9388.



### **PRIMARY CARE NETWORK OPEN ENROLLMENT FOR ALL ADULTS**

*Finally! A low cost health plan for uninsured adults!*

The Primary Care Network (PCN) is excited to announce their open enrollment period for adults from November 8-22. PCN covers services for uninsured adults such as:

- Visits to a primary care provider
- Four prescriptions per month
- Dental exams, cleanings, fillings, routine x-rays, tooth extractions
- Routine lab services and x-rays
- Limited coverage of emergency room visits
- Emergency medical transportation
- Birth control methods

Depending on your income, you will pay an enrollment fee of up to \$50 a year. Apply online or call for an application: 888-222-2542 or [www.health.utah.gov/pcn](http://www.health.utah.gov/pcn).

### **WELCOME BACK TO SCHOOL PROGRAM**

The Trish Greene Back to School Program for the Child with Cancer was designed by the Leukemia and Lymphoma Society® to increase communication among healthcare professionals, parents, patients and school officials to assure a smooth transition from active treatment back to school and daily life. The goal of this program is to educate school personnel and parents on the cognitive and late effects of treatment of childhood, adolescent and young adult cancer to improve the transition of cancer survivors from clinic to classroom. For more information, please contact Robin Collier, Patient Services Manager, by calling 8001-519-6600 or by sending an email to [robin.collier@lls.org](mailto:robin.collier@lls.org). You can also visit <http://www.schoolandyouth.org/school/Controller?action=loadContent&itemid=92318>.

### **BYU EXPERIENCE FALL 2010 – CALLING YOUNG ADULTS WITH DISABILITIES!!!**

BYU Experience is a program which allows young adults with disabilities to not only get a taste of life at BYU, but also gives them the opportunity to experience it first-hand with current university students. Some of this year's activities including: bowling in the Wilkinson Student Center, karaoke and a dance party and other fun activities...all on the BYU campus. Also, in celebration of the season, there will be a Halloween Costume Contest – so come prepared to participate!  
Friday, October 15 from 5:00 – 9:30 p.m. AND Saturday, October 16 from 9:00 a.m. – 1:30 p.m.  
Location: BYU  
For more information, including registration information, send an email to [byu.experience@gmail.com](mailto:byu.experience@gmail.com). You must RSVP by Wednesday, October 13!!! Register the young adult in your family today!

### **SPLORE'S ROCK ON! PROGRAM NOW ENROLLING CLIMBERS!**

Rock On! is an innovative 8-week indoor rock climbing program that addresses the clinical, social and recreational needs of children and families with Autism Spectrum Disorders. Siblings are encouraged to participate. Children are paired up with volunteer mentors, who are dedicated to ensuring a fun climbing experience. Rock On! is supported by the National "I Can Do It, You Can Do It" Program (ICYC). Developed by the U.S. Department of Health and Human Services, ICYC is designed to increase physical activity for people with disabilities and special health care needs. Classes are held on Tuesdays or Wednesdays at Rockreation in Salt Lake or Momentum in Sandy. There will also be an option to climb outside on Saturday, October 9. Splore is a DSPD provider. DSPD pricing differs from their standard rates. For more information or to sign up, call Janine at 801-484-4128 or visit [www.splore.org](http://www.splore.org).

### **ADOLESCENTS NEEDED WITH BIPOLAR DISORDER, ADHD AND THOSE WITH BOTH DISORDERS FOR A NEUROIMAGING STUDY**

Dr. Melissa Lopez-Larson is conducting research at the Brain Institute at the University of Utah to examine brain function associated with Bipolar Disorder and/or ADHD. This study requires two 3-hour visits to the Brain Institute. Subjects will be asked to complete a clinical interview, a two-hour neuropsychological assessment and an hour-long MRI scan. Subjects will be compensated for their time. Inclusion criteria is: 10-18 years of age, inpatient or outpatient. For clinical questions, please call Dr. Lopez-Larson at 801-587-1554. Please refer interested patients to 801-587-1828.

### **DEAF EDUCATION AND FAMILIES PROJECT**

<http://www.csun.edu/deafproject/index.html>

The Deaf Education And Families Project provides empowerment for families with children who are Deaf or Hard of Hearing so they can receive the most effective services and so their children can enjoy the greatest educational opportunities resulting in productive and enriched lives. While their center is based in California, they have many online supports and resources that may be helpful to you and your family.

### **NEW DEVELOPMENTAL, FULLY INCLUSIVE PLAYGROUND IN LOGAN**

This is a big shout-out about the Southwest Playground. Congratulations to Justin Wilson and all who have worked with him to create such a wonderful play space. If you haven't walked around it yet, or brought your own kids (or grandkids as the case may be) over to try it out, you really should. It is a spectacularly kid-friendly environment that encourages developmental play. Take a few minutes and watch the progress of the project on the video located at <http://www.cpdusu.org/help/playground/progress.php>. The developmental playground is a defining monument to the kind of things that happen at CPD and what we stand for.

### **SADS FOUNDATION – ASSESSMENT FORM**

<http://www.sads.org/images/stories/pdf/assmform.pdf>

The Sudden Arrhythmia Death Syndrome (SADS) Foundation is dedicated to saving lives and supporting the families of children and young adults who are genetically predisposed to sudden death due to heart rhythm abnormalities. Your child or a young person you know may be at risk for sudden cardiac death due to an inherited condition. He/she will appear healthy and, in most cases, you will have absolutely no idea that something might be wrong. Once diagnosed, these conditions are treatable! Use this helpful assessment tool with your loved ones.

### **LOCAL PROGRAM OFFERS HOPE TO OVERWHELMED PARENTS**

By Lois M. Collins, *Deseret News*, Monday, October 4, 2010

SALT LAKE CITY – Marcus Brinkerhoff at 14 was fuming mad, so mad he ended up in detention for 12 days. But when the time was served, he was faced with going back home and into the community with pretty much the same unimpressive anger-management tools he'd ridden into detention. And his parents, Gary and Casey Brinkerhoff, didn't have many strategies for coping with them.

Abigale Hutchings' youngest daughter, Paige, 6, has autism. And despite years of counseling, Hutchings felt like she wasn't getting a handle on her daughter's disruptive behavior. Hutchings is a young mom, only 25, with two girls – Robin is 8 – and she wondered if that was why she never seemed able to control the situation at home.

Both families yearned for a coach. And they found it in a program that's increasingly at the heart of what the Utah Youth Village does. Called "Families First", it sends a family-savvy counselor into the home to watch what's going on and suggest, quietly, constructive changes families can make. To read the entire article, visit:

<http://www.deseretnews.com/article/700070248/Local-program-offers-hope-to-overwhelmed-parents.html>.

To learn more about "Families First" and other programs at the Utah Youth Village, visit: <http://www.youthvillage.org/>.

### **MAKING THE WORLD WORK FOR ADULTS WITH AUTISM (AND OTHER DISABILITIES)**

<http://www.npr.org/templates/story/story.php?storyId=129885995&sc=emaf>

It's a question that looms for many parents of children with autism (or other disabilities): What will happen to my child after I'm gone? More than 500,000 people with autism will reach adulthood in the coming decades. Learn about some of the information, tools and resources that are available to families as they prepare to support adults with autism (and other disabilities). You will also get a glimpse into the life of Donald Triplett, now 77, the first person ever diagnosed with autism, and his happy independent life.

### **UNITED STATES DEPARTMENT OF AGRICULTURE COMMODITY SUPPLEMENTAL FOOD PROGRAM**

The Utah Department of Health's Commodity Supplemental Food Program (CSFP) is a federally-funded program whose primary function is to improve health and meet nutritional needs by offering free, nutritious food to eligible low-income individuals. The program's goal is to ensure that participants receive adequate nutritious foods on a monthly basis.

*What does CSFP provide?* Quality food designed to supplement protein, calcium, iron, vitamin A and vitamins C in an individual's diet. CSFP Foods include: evaporated and nonfat dry milk, canned fruits and vegetables, canned meats and fish, cheese, breakfast cereals, fruit juices, rice, spaghetti, macaroni, peanut butter and dried beans. Individuals will be referred to healthcare providers and social services when needed.

*Who is eligible for CSFP?* Children 1 to 6 years old, pregnant women, breastfeeding women, postpartum women (up to one year), and seniors ages 60 and older.

For more information, call the Utah Department of Health at 801-538-6026 or send an email to [marichardson@utah.gov](mailto:marichardson@utah.gov).

### **HHS HEALTHBEAT – A PROGRAM OF THE US DEPARTMENT OF HEALTH AND HUMAN SERVICES**

HHS HealthBeat provides health promotion and disease prevention tips 5 days a week in audio and text formats. There are LOTS of great resources, dating all the way back to 2005! Visit <http://www.hhs.gov/news/healthbeat/> for more information.

### **PROJECT STRIVE: SUCCESSFUL TRANSITION REQUIRES INDEPENDENCE, VOCATION AND EDUCATION**

The NFB of Utah Project STRIVE (Successful Transition Requires Independence, Vocation & Education) provides quality programs to meet the unique needs of blind and visually impaired youth (ages 13-26) throughout Utah. All of the programs are instructed by positive, educated, blind adults who are fully dedicated to model, mentor, encourage, and teach life, education, and employment readiness skills. These skills, along with a positive attitude toward blindness are absolutely critical for blind and visually impaired youth to transition successfully as adults.

Marla Palmer, Program Director, 801-599-3164

[www.projectstrive.blogspot.com](http://www.projectstrive.blogspot.com)

<http://www.facebook.com/pages/Salt-Lake-City-UT/Project-Strive/333419512747>

### TRANSITION PLANNING RESOURCES AT KEENE STATE COLLEGE

<http://transitions.keenecommons.net/about-the-iep-transition-requirements-resource-i-13>

The *IEP Transition Resource* is a multimedia training and reference tool designed to increase understanding about IEP transition requirements and Indicator 13. This is a series of 18 short videos and a listing of resources on transition services and Indicator 13. This website and resources were developed for special educators and trainers in New Hampshire to assist them in understanding transition IEP requirements and provide multiple ways for them to learn about the requirements through video, online links to resources and connections to the NHSEIS IEP system. The tool is designed to enhance training efforts that are currently underway by the NH Transition Community of Practice. While the tool was designed for special educators and trainers, it also can be used by any transition stakeholder (e.g. families, agency staff, teacher education faculty) to learn about the transition requirements that need to be addressed in special education programs.

### MICROSOFT AT HOME: STUDENTS + PARENTS

[http://www.microsoft.com/athome/students/default.aspx?WT.rss\\_f=At%20Home%20RSS&WT.rss\\_a=Start%20the%20school%20year%20right&WT.rss\\_ev=a](http://www.microsoft.com/athome/students/default.aspx?WT.rss_f=At%20Home%20RSS&WT.rss_a=Start%20the%20school%20year%20right&WT.rss_ev=a)

Hmmm....we're betting you parents and students are a little bit busy. Hopefully these resources can help you keep everything organized, secure and turned in on time. Resources include: power tools for students, underrated games, templates, family journals, organizing family information and more!

### INTENSIVE PROGRAM (READ 180) HELPS RICHLAND, WA STUDENTS READ CLOSER TO GRADE LEVEL

Article by Krisiti Pihl, TriCity Herald Staff Writer on October 4, 2010

Shawnie Reeder, 18, used to hate reading aloud and struggled with spelling. Not anymore. Now the Richland High senior says she's confident when called on to read aloud in class and her spelling in essays has noticeably improved.

She's one of about 1,000 students in the Richland School District who have benefited from Read 180, an intensive reading intervention program. Read 180 includes innovative technology, engaging print and intensive professional development.

**There is a cost associated with this product.** Read the entire article online: <http://www.tricityherald.com/2010/10/04/1195020/intensive-program-helps-students.html>

Learn more about Scholastic's Read 180 program by visiting: <http://teacher.scholastic.com/products/read180/>.

### ACCESSING HIGHER GROUND CONFERENCE

The DBTAC Rocky Mountain ADA Center will be offering a track of sessions at the *13th Annual Accessing Higher Ground: Accessible Media, Web and Technology Conference*, November 15-19, 2010, in Westminster, CO. The ADA-related sessions include the following: Developing Student Leaders in the ADA: ADA Requirements for Postsecondary Institutions and Empowering Students with Disabilities; Effective Communication & the ADA: Common Questions & Solutions for Auxiliary Aids, Interpreting Services & Alternate Formats; Americans with Disabilities Act & Requirements of (Title II) State & Local Governments; ADA Update – Keeping up with the Changes in the Accessibility Standards; and How to Conduct an ADA Facility Audit. Accessing Higher Ground (AHG) focuses on the implementation and benefits of universal design, accessible media and assistive technology in the university, employment and public settings. AHG attracts leading practitioners and decision makers in the field of accessibility and accessible media. Register for the main conference before October 1 and receive up to a 10% discount. For a full agenda or to register online, visit <http://www.colorado.edu/ATconference>.

### DISCOVERING MY PURPOSE

From *The Wasatch Wag* Newsletter, Fall 2010, page 6.

By Ms. Gamee, Autism Journeys K9 Therapist

From the very beginning it was clear my human family and friends believed in me. They've all spent countless hours helping me reach my potential. It's taken hard work and dedication, but with their support I was able to complete my CCI training. When I began Team Training in May, I knew it was my chance to prove to myself, and those who've encouraged me, that I was ready. I was ready to become a fully licensed service animal.

Team Training was an amazing experience. My K9 classmates and I had the opportunity to practice our skills with many new people. During the first week of Team Training I worked with many of the candidates, each one with their own unique abilities. Many of the candidates were seeking a service animal to assist with their limited physical abilities; others were seeking physical and/or emotional support. By the third day, all of my K9 classmates had a pretty good feel for the candidates' personalities. We had now gained an understanding of what our individual roles would entail should we be

placed with them. Except for Kate Andersen. She was still a bit of a mystery to the K9s. She didn't appear to need the same form of assistance as the others. Why exactly was she here?

As it turns out, I would in fact be the K9 to learn the answer to this mystery. After CCI matched Kate and I up, I spent the rest of Team Training bonding with Kate and trying to decipher her needs. By graduation day, Kate and I were really in sync and having a great time together. Yet still, I couldn't quite pinpoint *my purpose*.

Once Kate and I returned to Salt Lake, the pieces of the puzzle began to take shape. I learned that Kate is a developmental specialist. She spends her days working with children, adults and families affected by autism. It only took a couple of days at the center for me to realize...I wasn't there *for* Kate; I was there *with* Kate. We were an intervention TEAM! Turns out my *purpose* was so much larger than just supporting Kate. My *purpose*...is to encourage, motivate, calm and provide security to anyone and everyone in need who walks through the Autism Journeys doors. It's an awesome responsibility and one I'm proud to bear.

Learn more about Gamee and her work at Autism Journeys by visiting: [www.autismjourneys.net](http://www.autismjourneys.net).

## ONLINE WEBINARS AND RESOURCES

### WORKABILITY UTAH

[www.workabilityutah.org/about/webinars](http://www.workabilityutah.org/about/webinars)

Self Employment 101  
Health Care and Working: Medicaid and Medicare  
PASS Plans  
Assistive Technology

### ACCESS UTAH NETWORK

<http://accessut.org/multimedia>

Over 30 short video clips with information about Utah services and programs. A great resource on a wide range of topics.

### ADA NATIONAL NETWORK – TOPIC GUIDES ON ADA TRANSPORTATION

The ADA National Network is pleased to announce a new 7 session webinar series covering the recently released "Topic Guides on ADA Transportation". The program is coordinated by the DBTAC-Great Lakes ADA Center and the DBTAC-Southwest ADA Center in collaboration with Project Action and the Disability Rights Education and Defense Fund (DREDF).

Funded by the Federal Transit Administration to provide technical assistance on transportation to transit agencies, riders, and advocates, the *Topic Guides* bring together the requirements of the Americans with Disabilities Act (ADA) and the Department of Transportation ADA regulations, FTA determinations, and best operational practices for ADA compliance. The *Topic Guides* also draw information from many other sources.

The *Topic Guides on ADA Transportation* were developed by the Disability Rights Education & Defense Fund (DREDF) ([www.dredf.org](http://www.dredf.org)) and TranSystems Corporation ([www.transystems.com/](http://www.transystems.com/)). The guides are available online at <http://www.dredf.org/ADA/g/index.shtml>.

**Schedule:** Second Tuesday of the month, beginning October 14, 2010 and ending April 12, 2011

#### Topics:

Equipment Maintenance (Topic Guide 1)  
Stop Announcements and Route Identification (Topic Guide 2)  
Eligibility for ADA Paratransit (Topic Guide 3)  
Telephone Hold Time in ADA Paratransit (Topic Guide 4)  
Origin to Destination Service in ADA Paratransit (Topic Guide 5)  
On-Time Performance in ADA Paratransit (Topic Guide 6)  
No-Shows in ADA Paratransit (Topic Guide 7)

**Time:** 2:00 – 3:30 pm Eastern Time (90 minutes)

**Cost:** Free

**Presenter(s):** Marilyn Golden, DREDF Policy Analyst and invited guests to be announced. (Bio sent under separate email)

**Method of Delivery:** Sessions will be presented via a fully accessible webinar platform. Instructions for connecting to the program will be provided to registrants in advance of the session.

**Registration:** Registration is available on-line at [www.adaconferences.org](http://www.adaconferences.org)

## **NOTEWORTHY EVENTS**

### **UTAH PARENT CENTER UPCOMING EVENTS ALONG THE WASATCH FRONT**

The Utah Parent Center has published a list of more than 35 workshops that will be happening this year along the Wasatch Front. Topics range from Guardianship to Transition to Behavior Management to IEPs to 504 Plans and everything in between! Trainings will be held in Davis and Salt Lake Counties. All of the trainings are free and open to anyone interested in learning more. While they are free, pre-registration is appreciated. For the entire list of upcoming events, visit: [www.utahparentcenter.org/docs/All\\_2010-11\\_Workshop\\_Schedule.pdf](http://www.utahparentcenter.org/docs/All_2010-11_Workshop_Schedule.pdf).

### **POWER SOCCER SPONSORED BY SALT LAKE COUNTY ADAPTIVE RECREATION**

Tuesdays from October 5 through November 23

6:00 – 8:00 p.m.

Location: Sorenson Unity Center, 1300 South 855 West, Salt Lake City

Cost: \$20 (includes 8 practices and equipment for the season)

Individuals who use power chairs can come learn new skills, meet new friends and PLAY SOCCER! All ages and abilities are invited to play this sport. They will be learning skill development rules and game play. Equipment attachments will be provided.

For more information and to register, call Jeff or Pam at the Copperview Recreation Center at 801-559-1500 or visit [www.activityreg.com](http://www.activityreg.com) or [www.recreation.slco.org/adaptive/](http://www.recreation.slco.org/adaptive/).

### **OPEN HOUSE AT UTAH CENTER FOR ASSISTIVE TECHNOLOGY**

Thursday, October 7, 2010

3:00 – 7:00 p.m.

Judy Ann Buffmire Building, 1595 West 500 South, Salt Lake City, Utah

Would you or someone you know like to learn more about assistive technology products? Are you interested in a no-cost consultation at which you or a family member could try several devices with guidance from an expert? Does a disability make it harder for you to use a computer? Would you like to learn more about their open house?

If you answered YES to any of the above questions, please call 801-887-9380 or 800-866-5550.

*What will you find when you visit the Utah Center for Assistive Technology (UCAT)?* Accessible vehicles with lifts and ramps, augmentative communication devices, wheelchairs and wheelchair cushions, assistive technology demonstrations, funding and legal information, electronic aids to daily living, adaptive computer products, voice activated devices and refreshments! Their new and improved open house is so big that they have had to move some of it outdoors!! Join them for their open house and Assistive Technology Fair.

### **YOU MAKE THE DIFFERENCE**

October 12, 2010

7:00 – 8:00 p.m.

2036 Lincoln Avenue, Ogden, Utah

You are invited to attend a very important meeting regarding legislative issues that may affect you or your loved one. Your voice is needed to make a difference!

Guest Speaker: Kris Fawson, Policy Specialist of Utah Independent Living Council, Parent Advocate, Volunteer with the Legislative Coalition for People with Disabilities.

Who should attend? Parents, guardians, advocates, people with disabilities who want to know what they can do to advocate for needed services.

### **WORKABILITY JOB FAIR**

Tuesday, October 12, 2010

10:00 a.m. – 2:00 p.m.

Sanderson Community Center for the Deaf and Hard of Hearing, 5709 South 1500 West, Taylorsville, Utah

Participation Open to all

Employers are recruiting qualified job seekers with disabilities for positions in their companies. Job seekers – come prepared to apply and interview!

Employers wanting to recruit, contact Leah Lobato at 801-538-7694 or [leahlobato@utah.gov](mailto:leahlobato@utah.gov).

### **WISE - WORK INCENTIVES SEMINAR EVENT**

Tuesday, October 12, 2010

11:30 a.m. – 12:30 p.m.

Sanderson Community Center for the Deaf and Hard of Hearing, 5709 South 1500 West, Taylorsville, Utah

Come learn the incentives from Social Security to support going to work! Meet staff who can assist you in meeting your employment goals. To register call 877-743-8237 or visit [www.cessi.net/WISE/](http://www.cessi.net/WISE/).

### **SUPPORTED EMPLOYMENT SPECIALIST'S TRAINING**

Tuesday and Wednesday, October 19 and 20, 2010

9:00 a.m. – 4:00 p.m.

Pioneer Adult Rehabilitation Center, 485 PARC Circle, Clearfield, Utah

This event will feature core training for people who wish to be Employment Specialists (Job Coaches). For more information, visit <http://utahsupportedemployment.org>. Seating is limited. For more information and to register, contact Tim Riesen, PhD at 801-585-3154 or [tim.riesen@ed.utah.edu](mailto:tim.riesen@ed.utah.edu).

### **YOU MAKE THE DIFFERENCE**

October 19, 2010

7:00 – 8:00 p.m.

South Valley Training Company, 455 West 9160 South, Sandy, Utah

You are invited to attend a very important meeting regarding legislative issues that may affect you or your loved one. Your voice is needed to make a difference!

Guest Speaker: Kris Fawson, Policy Specialist of Utah Independent Living Council, Parent Advocate, Volunteer with the Legislative Coalition for People with Disabilities.

Who should attend? Parents, guardians, advocates, people with disabilities who want to know what they can do to advocate for needed services.

### **UTAH'S FIRST ANNUAL DISABILITY PRIDE PARADE**

Friday, October 15, 2010

6:00 p.m.

University of Utah LDS Institute Building (Across from the Huntsman Center), Salt Lake City, Utah

Join in the fun at Utah's first annual Disability Pride Parade! It is being held in conjunction with the opening ceremonies for Special Olympics Utah. The march will start at 6:15 p.m. and will end inside the Huntsman Center Arena. Make your own signs and banners and spread the word! Everyone is invited – all people with disabilities, their families and other supporters! Attend a dance to celebrate after the ceremonies at 8:00 p.m. at the LDS Institute Building at the University of Utah. For more information, contact Bonnie Marineau by sending an email to [bemartin@utah.gov](mailto:bemartin@utah.gov).

### **PUTTING THE PIECES OF THE PUZZLE TOGETHER**

Tuesday, October 19, 2010

6:30 – 8:30 p.m.

Taylorsville Library, 4870 South 2700 West, Taylorsville, Utah

There are many resources available for people with disabilities who want to work: education, training, housing, transportation, etc. Come learn how they can all fit together.

Seating is limited. For more information and to register, contact Liz Cerna at 801-887-9529 or [ecerna@utah.gov](mailto:ecerna@utah.gov).

### **EPILEPSY ADVOCATE: TAKE CHARGE TOUR 2010**

Wednesday, October 20, 2010

6:00 p.m.

Hilton Garden Inn, 250 West 600 South, Salt Lake City, Utah

Searching for better seizure control? You're not alone.

Take charge! Become one of the thousands who've learned they're not alone, and join the Epilepsy Advocate community. Register for this live educational event in Utah!

Featured Speakers: Dr. Tawnya Constantino, Epileptologist and Epilepsy Advocate Ray B.

Call 866-865-7305 or visit [www.epilepsyadvocate.com](http://www.epilepsyadvocate.com).



### **LEGISLATIVE ADVOCACY**

Wednesday, October 20, 2010

7:00 – 9:00 p.m.

Utah Schools for the Deaf and the Blind, 3098 Highland Drive, Suite 205, Salt Lake City, Utah

Learn how to advocate for the issues important to you. The Legislative Coalition for People with Disabilities (LCPD) provides a network of support, experience and training.

Presented by Kris Fawson and LCPD colleagues. Co-sponsored by the Utah Schools for the Deaf and the Blind.

For more information and to register, contact Liz Cerna at [ecerna@utah.gov](mailto:ecerna@utah.gov) or 801-887-9529.

### **DISABILITY MENTORING DAY**

Thursday, October 21, 2010

9:00 a.m. – 1:00 p.m.

Swire Coca-Cola Offices, Salt Lake City, Utah

High school students will be able to explore the many career options available to them. This year's event is hosted by Swire Coca-cola.

For more information, contact the Governor's Committee on Employment of People with Disabilities at 801-887-9392.

### **NEUROBEHAVIOR HOME PROGRAM CRAFT GROUP FOR INDIVIDUALS WITH DISABILITIES**

October 21, November 4 and November 18, 2010

2:00 – 3:00 p.m.

Location: Neurobehavior HOME Program, 650 Komas Drive, Suite 200, Salt Lake City, Utah

This group is for adults with disabilities who have an interest in arts and crafts. This group creates a great opportunity to meet new people, socialize and develop creative and fine motor skills.

For more information, call Mackenzie Damron at 801-581-8717.

### **NUTS AND BOLTS OF SOCIAL SECURITY**

Tuesday, October 26, 2010

6:30 – 8:30 p.m.

Taylorsville Library, 4870 South 2700 West, Taylorsville, Utah

Learn the basics of Social Security disability programs and what your responsibilities are when you receive it. Work incentives will be reviewed as well.

To register, contact Liz Cerna at 801-887-9529 or [ecerna@utah.gov](mailto:ecerna@utah.gov).

### **ALLIANCE FOR FULL PARTICIPATION**

Wednesday, October 27, 2010

4:30 – 6:30 p.m.

Utah Developmental Disabilities Council, 155 South 300 West, Salt Lake City, Utah

Real jobs! Real lives! Come join a grass roots effort to advocate for employment of people with disabilities in Utah. Join the alliance of individuals, families and professionals.

For more information, contact Bonnie Martineau at 801-533-3965 or [bemartin@utah.gov](mailto:bemartin@utah.gov).

### **ON THE EDGE: MENTAL HEALTH IN UTAH – A DOCUMENTARY**

Wednesday, October 27, 2010

7:00 p.m.

KUED Channel 7

This show will tell the eye-opening story of a mental health crisis that is being grossly ignored in Utah. Produced and directed by KUED's Nancy Green and Sally Shaum, the one-hour documentary is the story of people diagnosed with severe mental illness and their struggle in a world that has little to offer in terms of care, support and resources.

*Special thanks to NAMI Utah for sharing this information with the Utah Parent Center.*

### PEOPLE FIRST REGIONAL CONFERENCE

Thursday, October 28, 2010

12:00 – 9:00 p.m.

Weber State University, Shepard Union, Ogden

Individuals with disabilities are invited to join the Upper Wasatch People First at their second annual conference. There will be workshops to attend, games to play, dinner and a dance.

For more information, contact Sherry Smith at 801-648-7437.

### HELP HOPE HEALING: NAMI UTAH STATE CONFERENCE 2010

November 4, 2010

Ballroom A, Ray Olpin Student Union Building, University of Utah, Salt Lake City, Utah

NAMI Utah's Annual State Conference is coming up soon! Duane Cardall, Editorial Director at KSL news will be one of the keynote speakers. He will talk about "My Two Sons: A Divergent Medical Experience". Brian Miller, the former Director of Mental Health in Salt Lake County will speak on "Finding Peace in Chaos". Dr. Gary Bulringame of Brigham Young University will discuss "Measuring Recovery". Participants will also get an update on NAMI Utah's initiatives and how they are filling the needs of an increasing number of families and consumers who are seeking education and support. Breakout sessions will cover topics such as: focusing on community living, dealing with grief, CIT (Crisis Intervention Teams) for Youth, community-based options for youth, alcoholism and mental illness, metabolic syndrome, raising a mentally healthy child of color, community-based services for the uninsured and more.

For more information and to register, visit: <http://www.namiut.org/news-and-events/nami-utah-state-conference>.

### TRISH GREENE WELCOME BACK TO SCHOOL PROGRAM

Wednesday, November 10, 2010

6:00 – 8:00 p.m.

Primary Children's Medical Center

Leukemia and Lymphoma Society – Desert Mountain States – Utah Branch

This workshop is a FREE professional education program especially for school teachers, nurses, social workers, guidance counselors, college faculty and administrators. Parents are also welcome to attend.

Featured speakers are: Lauri Linder, PhD, APRN and Leah Forster, LCSW

For more information, contact Robin Collier at 801-519-6600 or [robin.collier@lls.org](mailto:robin.collier@lls.org).

### SUPPORTED EMPLOYMENT SPECIALIST'S TRAINING

Tuesday, November 16, 2010

9:00 a.m. – 4:00 p.m.

Pioneer Adult Rehabilitation Center, 485 PARC Circle, Clearfield, Utah

This event will feature core training for people who wish to be Employment Specialists (Job Coaches). For more information, visit <http://utahsupportedemployment.org>. Seating is limited. For more information and to register, contact

Tim Riesen, PhD at 801-585-3154 or [tim.riesen@ed.utah.edu](mailto:tim.riesen@ed.utah.edu).

### SEARCH THE INTERNET AND SHOP ONLINE AND YOU CAN HELP THE UTAH PARENT CENTER!

What if the Utah Parent Center earned a penny every time you searched the Internet or earned a percentage of your online purchase at hundreds of different online vendors? Well, now we can!

GoodSearch.com is a search engine that donates half of its revenue – approximately a penny per search – to the charities its users designate. You use it just as you would any other search engine – and it's powered by Yahoo!, so you get great results! Just visit [www.goodsearch.com](http://www.goodsearch.com) to start searching and download their toolbar. Be sure to enter "Utah Parent Center" as the charity you want to support! Just 500 of us searching four times a day will raise about \$7,300 in a year without anyone spending a dime!

GoodSearch.com also has a feature called "GoodShop". If you visit [www.goodsearch.com](http://www.goodsearch.com) and enter "Utah Parent Center" as your charity and then click the link to one of the GoodShop vendors, they will donate up to 37% of your purchase to the Utah Parent Center. Some of the vendors include: Amazon.com, Dell, eBay, Target, Nike, Staples, PetSmart, HP, Wal-Mart, Apple, Expedia, and Overstock. There are hundreds of other stores that participate in this program – check it out today!

### CITYDEALS.COM – BUY GIFT CARDS OR GIFT CERTIFICATES AND HELP THE UTAH PARENT CENTER!

What is CityDeals.com? CityDeals.com is a leading online retailer of discount gift certificates, gift cards, tickets, passes, and travel itineraries. It's as easy as 1...2...3!

1. **Shop.** Go to [www.citydeals.com](http://www.citydeals.com) and browse their online listings of over 300 restaurants, entertainment venues, travel destinations, and more. You will save up to 50% off retail prices! The venues that are available change, so check back often! Your transactions are completely secure and CityDeals.com offers a 100% money-back guarantee on every product they sell.
2. **Save.** You will save up to 50% on your purchase and the Utah Parent Center will receive 2% of all revenues generated from orders placed using our special promotion code.
3. **Enter.** Before you check out, enter our special promotion code – utparentcenter – into the designated area in your shopping cart. You will receive your order by mail within 3 – 5 working days or you can pick up your order at one of CityDeals.com convenient locations.

### UTAH PARENT CENTER INFORMATION DISCLAIMER

Utah Parent Center • Celebrating OVER 26 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – A Program of DHS/Division of Services for People with Disabilities

Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907

Email: [info@utahparentcenter.org](mailto:info@utahparentcenter.org) • Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)

**Our Mission:** To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

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