

2018-2019 Workshop Calendar

The Utah Parent Center in partnership with Canyons School District Special Education is pleased to provide these FREE workshops for parents and families of children, youth and young adults with disabilities.

Pre-registration is appreciated. Register online at <https://utahparentcenter.org/events> or by calling 801.272.1051. Individual registration links are provided in the descriptions below.

Parents as Partners in the IEP Process

Whether it's your first IEP meeting or your tenth, or you are requesting that your child be evaluated for an IEP, the experience can be stressful. Do you understand the process? Do you forget the concerns you want to address the team with when you feel overwhelmed? How do you keep track of all the decisions and discussions? This workshop will help you understand your role, rights and responsibilities in the IEP process, allowing you to prepare and be a participant in the IEP team meeting.

Tuesday, Sept. 18, 2018 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online registration: <https://conta.cc/2BCInm2>

Right Brain! Left Brain! Hey What About the Front Brain?? EXECUTIVE FUNCTIONING in the 21st Century

Guest Speaker: Dr. Adam Schwebach, PhD
When kids struggle with executive functioning every day, it impacts school and everyday life. They may struggle with organizing school work, keeping track of assignments, prioritizing and planning, starting and completing tasks, keeping track of belongings, managing time and just keeping up with the daily grind of school work and tasks at home. These tasks can be very challenging and daunting. This discussion will help you better understand what executive functioning is, how it impacts your child, and how you can help.

Tuesday, October 9, 2018 from 6:30-8:30 PM

Albion Middle School,
2755 E. Newcastle Dr. (8890 S.) Sandy, The Kava Auditorium
Online Registration: <https://conta.cc/2NhAC9D>

Transition from School to Adult Life

What is in store for youth with disabilities after they leave the school system? This question is important to all parents of youth with disabilities. Whether your child's disability is mild or more significant, they need to plan for the future. Transition represents the process of moving from the public-school setting into adult services. A transition plan is a required part of a student's IEP and should be developed and in place by their 15th birthday. The transition part of the IEP should address academics, training and skills your student should take to prepare their path towards further education, career development and employment after leaving the school system. This workshop will provide training on the transition plan as part of the IEP and information and referral to adult services and supports.

Tuesday, October 16, 2018 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2o15Zwe>

Parents Working Together with the School to Find Positive Supports for their Child with Behaviors

Guest Speaker: Andrew Yawn, Canyons Behavior & Autism Specialist

Does your child struggle with behavior in the classroom? Is the school calling concerned about your child's behavior? Do you feel your child's behaviors appear random and you cannot explain why? Knowing what's behind the behaviors can help you and the school find ways to change the child's behavior. Whether or not your child is on an IEP, a Section 504 Plan, or not on any plan there are many ways to work with the school team to improve your child's behavior using positive supports. Come and learn from the District Behavior Specialist about the process of understanding your child's classroom behavior, how positive supports can be put into place, and how you can work with your school team to come up with a plan to help your child in the classroom.

Tuesday, November 6, 2018 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2CuU3rB>

Keep It Safe: Managing an Explosive Child

Guest Speakers: Marian Hunt, M.Ed and Rian Jensen, L.C.S.W
The focus of this presentation is exploring ways to de-escalate an escalation before the child becomes unmanageable. Interventions will also be presented of what to do when the child is having a total "melt down."

Tuesday, January 15, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building
Online Registration: <https://conta.cc/2CjusS9>

Welcome

The Utah Parent Center and Canyons School District Special Education is pleased to introduce Linda Smith, the new Utah Parent Center Parent Consultant serving families in the Canyons School District.



Linda has been a Parent Consultant at the Utah Parent Center's main office since 2005. She is a skilled trainer and has a wealth of knowledge about school and community services including; IEP, Section 504 and transition.

Linda is available by email at lindas@utahparentcenter.org and by phone at 801-826-8192.

Parents as Partners in Section 504 Process

Does your child really struggle with school work or behavior? Has your child been identified as a child with a disability or do you suspect your child may have a disability? Maybe your child has special health care needs or has problems accessing parts of the school building. Have you been frustrated with your child's current 504 Plan? This workshop will educate you on what Section 504 of the Rehabilitation Act is, who is eligible, what services may be available, how it works, as well as examples of the application of Section 504 for students in public schools. Finally, resources for problem solving and additional information will be provided to help you work with your school team.

Tuesday, January 29, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2CqMDVU>

Healthy Bodies: A Maturation Program for Parents of Girls with Disabilities

Puberty can be a stressful and confusing time, especially for you and your daughter with an Intellectual and/or Developmental Disability (I/DD) which can also include Autism. In spite of delays in other areas, your daughter with a disability usually enters puberty around the same time as other children their age. Some children with ID or DD, including children with spina bifida, cerebral palsy may start puberty early. This workshop gives you resources and tips on how to talk to your daughter about these sensitive topics at her level of understanding.

Tuesday, February 12, 2019 from 6:30-8:30 PM

Location: TBD
Online Registration: <https://conta.cc/2CqNANY>

Healthy Bodies: A Maturation Program for Parents of Boys with Disabilities

Puberty can be a stressful and confusing time, especially for you and your son with an Intellectual and/or Developmental Disability (I/DD) which can also include Autism. In spite of delays in other areas, your son with a disability usually enters puberty around the same time as other children their age. Some children with ID or DD, including children with spina bifida, cerebral palsy may start puberty early. This workshop gives you resources and tips on how to talk to your son about these sensitive topics at his level.

Tuesday, February 19, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2PDB5k2>

Navigating Your Child's Transition to Middle School and High School

The transition from elementary to middle school and from middle to high school is bound to create some anxiety for students and parents especially for parents of children with disabilities. Join us for an evening where we will discuss what can be done to help ease the transition and prepare your child for success. Information about timelines and expectations will be addressed. A specialist from Canyons special education department will be there to answer questions as well.

Tuesday, March 5, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2CliOWQ>

Parents as Partners in the IEP Process

Whether it's your first IEP meeting or your tenth, or you are requesting that your child be evaluated for an IEP, the experience can be stressful. Do you understand the process? Do you forget the concerns you want to address the team with when you feel overwhelmed? How do you keep track of all the decisions and discussions? This workshop will help you understand your role, rights and responsibilities in the IEP process, allowing you to prepare and be a participant in the IEP team meeting.

Tuesday, March 19, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2PBUtOe>

Transition from School to Adult Life

What is in store for youth with disabilities after they leave the school system? This question is important to all parents of youth with disabilities. Whether your child's disability is mild or more significant, they need to plan for the future. Transition represents the process of moving from the public-school setting into adult services. A transition plan is a required part of a student's IEP and should be developed and in place by their 15th birthday. The transition part of the IEP should address academics, training and skills your student should take to prepare their path towards further education, career development and employment after leaving the school system. Planning for the future allows parents time to identify concerns and explore opportunities to help their youth achieve their goals as they approach adulthood. This workshop will provide training on the transition plan as part of the IEP and information and referral to adult services and supports.

Tuesday, April 16, 2019 from 6:30-8:30 PM

Canyons Technical Education Center
825 E. 9085 S. Sandy, Building 1, West Side
Online Registration: <https://conta.cc/2CkQcNw>

Basics of Guardianship and Pro Se Training

Guest Speaker: Guardianship Associates of Utah

What is guardianship and why is it important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? This can affect your involvement with your student's IEP, working with medical professionals and more. Come to this presentation to learn about guardianship and if you will need to file for it, what types of guardianship are available and what the process entails. Next you will learn about the Pro Se Process. Family petitioners can represent themselves in the court process. This process is called Pro Se Representation and it can save the family members money by choosing to represent themselves. During the training, families will be taught how to fill out these documents correctly, how to file the documents with the court and how to represent themselves at the hearing. Following the training, documents can be emailed to you along with detailed written instructions. This class takes three hours.

Tuesday, May 7, 2019 from 5:45-8:45 PM

Mt. Jordan Middle School
9351 So. Mountaineer Lane (210 E.) Sandy, Lecture Hall
Online Registration: <https://conta.cc/2PzTpdK>

For more Utah Parent Center
workshops and events, please visit
utahparentcenter.org/events