

# Vocational Rehabilitation (VR) Program

**Helping eligible individuals** with disabilities to prepare for, obtain or maintain employment and achieve independence. Services are designed to meet the eligible individual's unique employment needs including:



## **DIAGNOSTIC AND EVALUATION**

Medical, psychological, and other examinations and tests are used to understand your disability and needs.

## **COUNSELING AND GUIDANCE**

Vocational counseling helps you understand your potential, set realistic goals, develop successful work skills, and begin a satisfying career.

## **RESTORATION**

Medical and psychological services, including treatment and equipment, ensures your disability is stable.

## **ASSISTIVE TECHNOLOGY**

VR may help you obtain equipment that provides greater functioning and independence in home, education or work environments.

## **TRAINING**

Basic academic, vocational/technical, college, supported employment, independent living skills, work adjustment and work-based training may be needed.

## **JOB PLACEMENT**

Job development, counseling, coaching, customized employment, self-employment assistance or on-the-job training are services that may be offered.

## **ADDITIONAL SERVICES**

Supporting your success may include interpreters, readers, transportation, licenses, fees, tools or equipment.

# How to Apply

## 1. Contact your local VR office.

Find a Vocational Rehabilitation (VR) office nearest you using the Office Locator tool at [usor.utah.gov](http://usor.utah.gov) or call 1-866-454-8397.

## 2. Attend a welcome session and/or obtain an application.

Contact a VR office to attend a welcome session in person or you can view a welcome session video and download an application at [usor.utah.gov](http://usor.utah.gov). Find out if you're eligible by completing the application and scheduling a meeting with a VR counselor.

## 3. Make an appointment to see a counselor at your local VR office.

Bring any records or information about your disability, including records from your doctor, psychologist or school. If you do not have any information, your VR counselor will arrange an evaluation. You may bring someone with you to your appointment.

## 4. Next steps if eligible.

Your VR counselor will contact you when services are available and will help you develop your Individualized Plan for Employment (IPE). This plan outlines the steps to take toward obtaining employment with choices to help fulfill your goal. Together, you and your VR counselor will:

- Choose the type of employment that is best for you.
- Determine services for reaching your employment goal.
- Connect with the person or agency that offers services you need.

For more information visit  
[usor.utah.gov](http://usor.utah.gov)

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### *Equal Opportunity Employer/Program*

Auxiliary aids and services are available upon request to individuals with disabilities by calling (801) 526-9240. Individuals with speech and/or hearing impairments may call the Relay Utah by dialing 711. Spanish Relay Utah: 1-888-346-3162.