

MISSION STATEMENT

The mission of Utah Independent Living Center (UILC) is to assist persons with disabilities achieve greater independence by providing services and activities which enhance independent living skills and promote the public's understanding, accommodation and acceptance of their rights, needs and abilities.

ELIGIBILITY

A person must have a physical or mental disability which impairs activities of daily living and a reasonable expectation must exist that UILC's services will increase independence.

SERVICES

The UILC is a non-residential facility that provides services which enhance the independence of people with disabilities. Staff members, some of whom have a disability, play an important role in the delivery of independent living services which include; peer support, information & referral, independent living skills training, transition and advocacy both at the individual and community levels. All services are demand driven.

P R O G R A M S

INDEPENDENT LIVING SKILLS PROGRAM

Provides skills training to enhance the independence of adults with disabilities in their homes, families, and communities. The program provides classes in cooking, assertiveness, relationships, financial management, adjustment to disability, and others as consumer needs dictate. Persons with disabilities can also get help finding accessible housing, receive peer support, and work individually with staff.

DEAF INDEPENDENT LIVING EXPANSION PROGRAM

Assists people who are deaf or hard of hearing achieve greater personal and community independence. The program organizes classes to teach independent living skills.

ADVOCACY PROGRAM

The Advocacy program is the core of the UILC. The program supports both individual and community advocacy strategies that create positive change for persons with disabilities and their environment (local & state level). The program provides basic information about advocacy to persons with disabilities and connects them to additional resources. The program also provides direct advocacy for individuals at the community level; ensuring persons with disabilities are integrated into their communities successfully.

EDUCATION ENHANCEMENT/ TRANSITION PROGRAMS

Assists students with disabilities ages 14 to 22 gain independent living skills for successful transition from high school to community participation. The program teaches life skills, money and time management, dating, shopping, how to look for and maintain a job, community safety, completing forms for jobs, general hygiene, riding the bus and Trax and reading bus schedules.

NURSING HOME TRANSITION AND DIVERSION PROGRAM

Provides services to people living in nursing homes and other institutions who want to move out into the community. Services available also help divert individuals living in the community from having to enter a nursing home. The program identifies the needs of participants, helps them make the transition and connects them to appropriate support systems in the community.

PEER SUPPORT AND OUTREACH PROGRAM

Provides outreach services to persons in their homes to increase their participation in community life. Community liaison assistance is provided to participants of the physical disability waiver and others to find personal attendants and/or improve relationships with their personal attendants.



LOAN BANK PROGRAM

Loans assistive equipment to increase the independence of individuals with disabilities who have a temporary need or require this equipment while they wait for funding of their own equipment. Borrowers assume responsibility for the upkeep of all loan equipment. Equipment available for loan includes wheelchairs, scooters, ramps, shower benches, walkers, and crutches.

ASSISTIVE TECHNOLOGY PROGRAM

Provides assistive technology related services to increase personal independence of people with disabilities at home and in the community. Unlike the Loan Bank Program, this program helps consumers access resources to purchase customized assistive equipment they need to be more independent. There are eligibility and income requirements that must be met to utilize community funding sources.

COMMUNITY INTEGRATION PROGRAM

Provides opportunities for persons with disabilities to participate in recreational and leisure activities in the community. Trips are organized to community activities and events in order for persons with disabilities to interact with people in their community while learning how to use and access community resources. Other program activities include drama, gardening, bowling, home arts, etc.



Utah Independent Living Center

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PHILOSOPHY

The Independent Living Movement has historical roots in the Civil Rights Movement, deinstitutionalization, and other social justice and self-help trends prevalent in the early 1960s. Control over one's life and minimizing dependence on others are central themes in the Independent Living Movement. These are the foundation for services available at the Utah Independent Living Center.

Utah Independent Living Center

Enhancing the Independence of Persons with Disabilities



3445 South Main Street
Salt Lake City, Utah 84115-4418

Serving Salt Lake, Summit and Tooele Counties

Summer Programs

Transition Club — is every Monday and Wednesday for seven weeks of the summer. This program will focus on aspects of independent living and employment. Students learn about social skills, money management, public transportation, community resources and how to be an effective self-advocate, in an interactive and fun learning environment. Students will visit a variety of job sites to explore different career options.

Friday—This separate Outing day is an optional add-in program available only to students enrolled in the Transition Club.

Youth Program — is every Tuesday and Thursday for seven weeks of the summer. Students will divide into two groups that alternate each week between going into the community to a destination that the class chooses and going grocery shopping for the ingredients to make a nutritious breakfast or lunch, both traveling on the bus or Trax. This program would be perfect for a student needing to improve their social skills and overall living skills in a fun and safe environment.

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Philosophy

The Independent Living Movement has historical roots in the social justice movement, and other self-empowerment movements in the early 1960s. Control over one's life and choosing for one's self are central themes in the Independent Living Movement. These are the foundation for services available at the Utah Independent Living Center.

MY LIFE

Motivating

Youth to

Live

Independently

Focusing on

Education and Employment

Utah Independent Living Center



Pre-Employment and Advocacy
Services For Youth with Disabilities

In Partnership with





Youth Transition

Weekly classes are offered in the classroom at the Utah Independent Living Center. Classes are taught in a spacious area Monday through Thursday 10:00 am – 12:00 pm. The first semester classes start the first Tuesday after Labor Day and run until the middle of January. The second semester begins mid-January and runs until the end of May. Classes cover a wide variety of pre-employment, advocacy and life skills topics.

Any post high school or high school classes in the Salt Lake County area are invited to attend classes at the Center.

What We Do

Services available to youth with disabilities include: Education Enhancement, Advocacy, Pre-Employment, Independent Living, and Transition Services.

Students gain independent living skills for successful transition from high school and post high school programs to community participation. The program teaches job skills, executive functioning and advocacy as well as everyday life skills.

Services are available at local high schools, post high schools and at UILC.



Utah Independent Living Center

Parental Consent

Parent/guardian must provide consent to share basic demographic information for administrative purposes.



Youth Transition in the Schools

The staff at UILC provides workplace readiness services to develop social and independent living skills. We teach self-advocacy to student's ages 14-21 who are eligible or potentially eligible for Vocational Rehabilitation Services. This includes students who attend schools in Salt Lake, Summit and Tooele counties.

Classes are taught once a week, for one semester. A variety of topics are taught and each lesson includes hands-on activities. To be eligible, the student must be enrolled in a school and have an Individualized Education Plan, 504 or special health care plan.