



Utah  
Parent  
Center

Special needs,  
extraordinary potential

Welcome  
September



## Utah Parent Center September eConnections



### IEP Components 101

Your child's IEP plan should spell out the services and supports that your child will be receiving and IDEA requires a number of items that must be included. The diagram below gives a summary of what is contained in each section of the IEP.

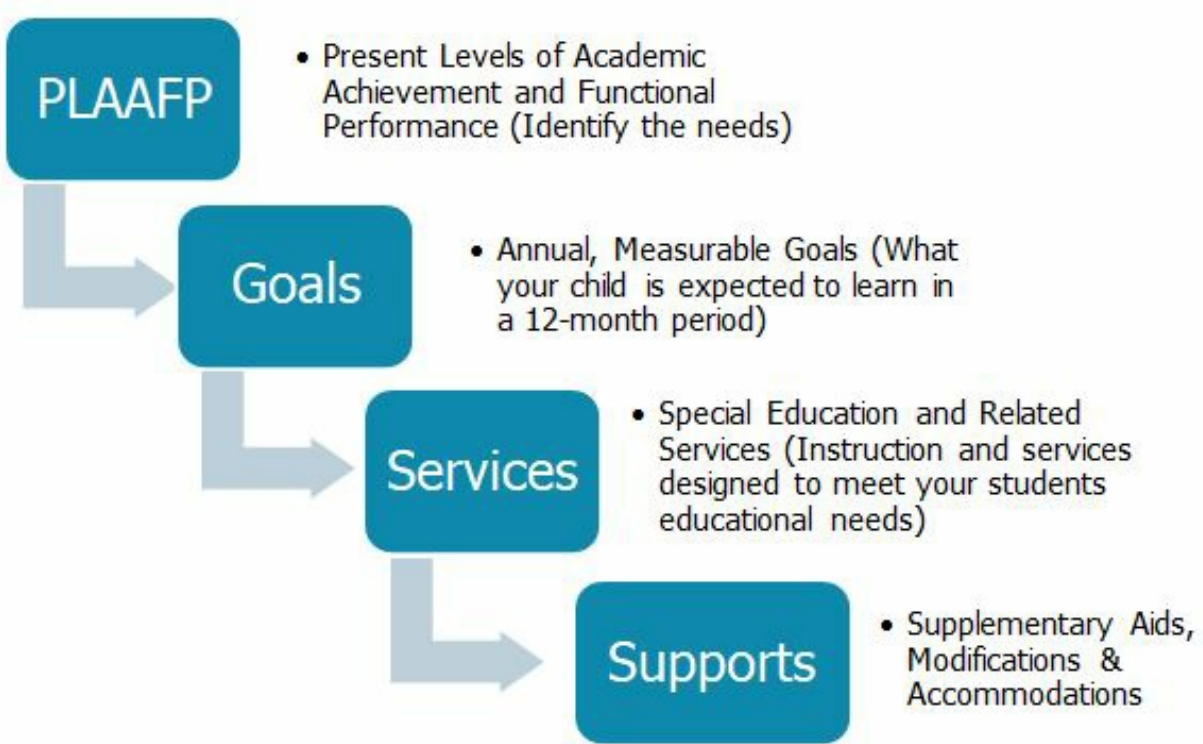
More details can be found on our newly revised handbook:

[\*Parents as Partners in the IEP Process\*](#)

#### Parents as Partners in the IEP Process

A PARENT RESOURCE BOOK

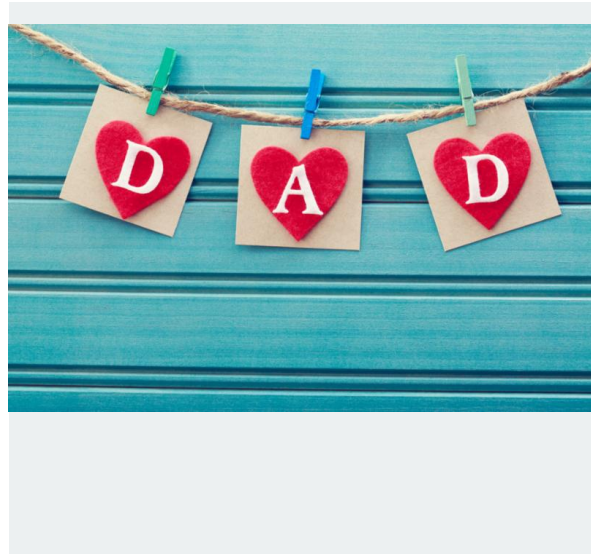




## Free Parenting Courses for Fathers & Father Figures

*Healthy Relationships Utah* offer Free, research based parenting courses for families, including fathering courses such as fathering with love and logic, 24/7 dad and home run dads. These courses are not disability specific, however they are geared to teach skills that can strengthen the relationship between dad and child.

For a list of courses offered click [here](#)





*We are officially in count-down mode for our charity event this September 19th!*



## Signs of Bullying and What Parents Should Know

Children may not always realize that they are being bullied. They might think it is bullying only if they are being physically hurt; they might believe the other child is joking; or they may not understand the subtle social norms and cues.

Children can benefit from a definition of the differences between friendly behavior and bullying behavior. The basic rule: Let children know if the behavior hurts or harms them, either emotionally or physically, it is bullying.

Parents should be ready to.....  
click [here for full article](#)

Also, stay tuned next month as we highlight National Bullying Prevention in October for more tips, resources and insights.



2019  
**Uplift Families**  **Parenting CONFERENCE**  
Saturday, September 28<sup>th</sup>  
Thanksgiving Point Showbarn

To purchase tickets, go to  
[www.UpliftFamilies.org](http://www.UpliftFamilies.org)



**Schedule of Events:**

5:30 p.m. Autumn Harvest Dinner  
6:30 p.m. Presenters  
8:30 p.m. Meet the Presenters

Uplift Families is the initiative of  
First Lady of Utah Jeanette Herbert



FEATURING **TIPS** TALKS BY



David Osmond



Brad Barton



Jessie Funk



Collin Kaschner



Clay Olsen



**Caregiver Support/Stress Relief**

Sept 12: Tooele  
7 PM

**Family to Family Network "Advocacy"**

Sept 12: Clearfield  
7 PM

**Family to Family Network "Caring for the Caregiver"**

Sept 18: Cedar City  
TBA

**Medical Home Portal "Medical Binder"**

Sept 19: Cache County  
TBA

**Topgolf Fundraiser & Silent Auction**

Sept 19: Midvale  
6 PM

**Family to Family Network "Sensory Processing"**

Sept 19: West Jordan  
7 PM

**Communication is Key**

Sept 26: Lindon  
6:30 PM

**Family to Family Network "DSPD 101"**

Oct 2: Lindon  
10 AM

**Family to Family Network "DSPD 101"**

Oct 2: Price  
TBA

