



A volunteer network of the Utah Parent Center supported by the Division of Services for People with Disabilities (DSPD)

UTAH COUNTY RESOURCE LIST

Information provided by:
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 West Utah County Family to Family Network Leader
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 FB: [West Utah County Family to Family Network](https://www.facebook.com/WestUtahCountyFamilytoFamilyNetwork)
www.utahfamilytofamilynetwork.org
I provide information, support and meaningful events to families who have a member with a disability in the West Utah County area.

ADULT SERVICES

DEPARTMENT OF WORKFORCE SERVICES

<https://jobs.utah.gov>

Lehi Office: 801-753-4500

Provo Office: 866-435-7414

Provides accessible employment related and support services responsive to the needs of employers, job seekers, and the community.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD)

Phone: 1-844-275-3773

www.hsdspd.utah.gov

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

GUARDIANSHIP ASSOCIATES OF UTAH (GAU)

Phone: 801-533-0203

<http://guardianshiputah.org/>

Provides free information about guardianship. Helps families obtain guardianship for incapacitated family members who have reached the age of majority.

SOCIAL SECURITY OFFICE

Phone: 866-366-9549

SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older, blind or disabled.

UTAH STATE DEVELOPMENTAL CENTER

Phone: 801-763-4000

www.usdc.utah.gov

Provides 24 hour supervised residential and day training/employment services to people with intellectual disabilities.

UTAH STATE OFFICE OF REHABILITATION – PROVO

Phone: 801-374-7724

www.usor.utah.gov/

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence.

UTAH VALLEY UNIVERSITY ACCESSIBILITY SERVICES

Phone: 801-863-8747

www.uvu.edu/asd/

Provides reasonable accommodations to students with disabilities during their college experience at UVU.

ASSESSMENT SERVICES

KIDS ON THE MOVE – OREM

Phone: 801-221-9930

www.kotm.org

Services include a comprehensive evaluation to determine eligibility into early intervention services for children birth to age 3. Services include children with special needs and low-income families.

KIDS WHO COUNT – SALEM, UT

Phone: 801-423-3000

www.kidswhocount.org

Provides a full assessment of a child's current health and development status to determine eligibility for early intervention services. Services include occupational, physical, and speech language therapies etc.

PROVO EARLY EDUCATION PROGRAM (PEEP)

Phone: 801-374-4965

<http://provo.edu/SPONS/PEEP/INDEX.HTM>

Provides a full assessment of a child's current health and development status to determine eligibility for early intervention services. Services include occupational therapy, physical therapy, speech language therapy etc.

UTAH COUNTY SCHOOL DISTRICTS - SPECIAL EDUCATION SERVICES

Alpine School District – 801-756-8410

Nebo School District – 801-354-7416

Provo School District – 801-374-4934

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

ASSISTIVE TECHNOLOGY

ABILITY FIRST UTAH - PROVO

Phone: 801-373-5044

<http://ability1stutah.org>

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs

DIVISION OF SERVICES FOR BLIND AND VISUALLY IMPAIRED

Phone: 801-374-7705 or 1-800-662-6539

Services in support of employment and independence for individuals who have visual impairments or blindness. Low vision resources available.

UTAH CENTER FOR ASSISTIVE TECHNOLOGY (UCAT)

Phone: 800-887-9380

<http://ucat.usor.utah.gov>

Provides assistive technology devices and training to anyone in Utah to help them cope with functional limitations.

CHILDCARE/RESPIRE

CARE ABOUT CHILDCARE

Phone: 855-531-2468

www.careaboutchildcare.utah.gov

Provides a list of profiles for childcare providers throughout Utah.

CHILD CARE RESOURCE AND REFERRAL

Phone: 801-863-8589

Provides parents with free customized child care referrals.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Phone: 1-844-275-3773

www.hsdspd.utah.gov

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

FAMILY SUPPORT & TREATMENT CENTER - OREM

Phone: 801-229-1181

www.utahvalleyfamilysupport.org

Offers 24-hour Crisis Respite Nursery to children with special needs up to age 11. The Nursery provides a break to parents during times of stress.

FRIDAY'S KIDS RESPITE – OREM

Phone: 801-221-9930

www.fridayskids.org/

Strengthening families of children with special needs by providing quality respite care.

UTAH CAREGIVER ALLIANCE

www.caregiveralliance.com

Provides a free online registry, in partnership with HireMyCare.org, where individuals and families can find support for their family member.

COMMUNITY SUPPORT SERVICES

ASSIST, INC.

Phone: 801-355-7085

www.assistutah.org

Conducts a home assessment and provides a list of home accommodations designed for an individual with disabilities.

COMMUNITY & NEIGHBORHOOD SERVICES – OREM

Phone: 801-229-7025

www.orem.org

May pay up to \$3,000 to make ADA-related improvements to a home. Must be a resident of Orem.

COMMUNITY SUPPORT SERVICES (CONTINUED)

HOUSING AUTHORITY

<http://housinguc.org>

Utah County – 801-373-8333

Provo City – 801-852-7080

Provides low income housing assistance.

UTAH LEGAL SERVICES CLINIC

Phone: 801-429-1000

www.utahlegalservices.org/

Legal services provided every first Monday of the month 5:00-7:00 PM

Utah Valley Paratransit

Phone: 801-262-5135,

Scheduling Office: 877-882-7272

UTA funded curb-side service for individuals with disabilities who are not able to use the UTA system.

EDUCATIONAL SERVICES

ABILITY FIRST UTAH

Phone: 801-373-5044

<http://ability1stutah.org/>

Teaches independent living skills to children and adults with disabilities.

DIVISION OF SERVICES FOR THE BLIND AND VISUALLY IMPAIRED – PROVO OFFICE

Phone: 801-374-7705

www.usor.utah.gov

Provides services and adult education to individuals who are blind and visually impaired.

MOUNTAINLAND APPLIED TECHNOLOGY COLLEGE

Phone: 801-753-6282

<http://mlatc.edu/>

Provides education and job skill training.

MOUNTAINLAND HEAD START – PROVO

Phone: 801-375-7981

www.mountainlandheadstart.org

Kindergarten readiness pre-school program offered to low-income children and children with disabilities.

UTAH AUTISM ACADEMY – PROVO

Phone: 801-437-0490

<http://utahautismacademy.com>

Private school in Utah County that specializes in children with autism ages 3-8.

UTAH COUNTY SCHOOL DISTRICTS - SPECIAL EDUCATION SERVICES

Alpine School District – 801-610-8410

Nebo School District – 801-354-7416

Provo School District – 801-374-4934

Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

MEDICAL RESOURCES

COMMUNITY HEALTH CONNECTS

Phone: 801-818-3015

www.utahchc.org

Health services for under-insured and uninsured families. Volunteer doctors and dentists provide services at a reduced cost or for free.

HEALTH CLINICS OF UTAH - PROVO

Phone: 801-374-7011

www.health.utah.gov/clinics/Provohealth

Health services including: primary care; treatment of acute injuries, chronic and life-threatening illnesses; limited dental and eye care, and routine medical, laboratory and medication services.

MOUNTAINLANDS COMMUNITY HEALTH CENTER – PROVO

Phone: 801-374-9660

www.mountainlands.org

Urgent care, comprehensive prenatal care and limited dental care for low income and medically underserved populations at a reduced cost.

UTAH COUNTY HEALTH DEPARTMENT - PROVO

Phone: 801-851-7217

www.utahcountyonline.org/Dept2/Health

Offers free and low cost breast exams, pap smears, and mammograms to all women who qualify.

MENTAL HEALTH/BEHAVIOR

WASATCH MENTAL HEALTH – PROVO

Brenda Chabot – Family Resource Facilitator

Phone: 801-373-4760

24 Hour Crisis Line: 801-373-7393

www.wasatch.org/

Provides comprehensive community mental health services for children, teens and adults.

UTAH VALLEY PSYCHIATRY AND COUNSELING CLINIC

Utah Valley Regional Medical Center – Provo

Phone: 801-357-7525

<http://intermountainhealthcare.org/hospitals/uvrhc/services/behavioral>

Provides comprehensive mental health outpatient psychiatry and counseling services for Utah County.

BYU COMPREHENSIVE CLINIC

Phone: 801-422-7759

<https://comprehensiveclinic.byu.edu/>

Provides individual, couple, family therapy and psychological assessments.

UTAH BEHAVIOR SERVICES

Phone: 801-255-5131

www.utahbehavioral.org

Coordinated services including behavior, speech, mental health and autism therapies.

VANTAGE POINT YOUTH SERVICES CENTER

Phone: 801-373-2215

Provides short term shelter, clinical assessment and observation, individual, family and group therapy, parenting classes for children under 18.

PARENT AND FAMILY SUPPORTS

AUTISM INFORMATION RESOURCES

Phone: 801-272-1051 or 800-468-1160

www.utahparentcenter.org/disabilities/autism

Provides information, referral, and trainings on autism. Various resource lists are available.

CENTRAL DISABILITY SERVICES

Phone: 801-373-5044 X 21

Information and referral for disability related programs and services, peer support, independent living skills training and advocacy.

KIDS ON THE MOVE SIBSHOPS

Phone: 801-221-9930 ext. 156

<http://kotm.org/current-events/sibshop>

Siblings who have a brother or sister with a disability share the joys and frustrations unique to having a sibling with special needs.

UTAH PARENT CENTER

Phone: 801-272-1051 or 800-468-1160

www.utahparentcenter.org

Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.

UTAH FAMILY VOICES – HEALTH INFORMATION AND SUPPORT

Phone: 801-272-1068 or 800-468-1160 or 801-584-8213

www.utahfamilyvoices.org

Provides families with support and tools to make informed decisions about their child with special health care needs.

WEST UTAH COUNTY FAMILY TO FAMILY NETWORK

Leader: Jodi Hansen

jodih@utahfamilyvoices.org

Facebook: [West Utah County Family to Family Network](#)

Provides information, education, meaningful events and support to families who have a member with a disability in Eagle Mountain, Saratoga Springs and neighboring communities.