

www.utahparentcenter.org 1-800-468-1160

e-Connections Newsletter

February 6, 2014

Share your Story

"A story is the shortest distance between people."- Pat Speight

The Utah Parent Center is looking for success stories from families who have been helped by the UPC. We will be using the stories and pictures we collect on our website, in marketing materials, and in training publications and resources.

- Did you call the Center for problem-solving help, resources, support, information, training, or materials?
- Did you attend one of our many workshops or the Family Links Conference?
- How did it help you? What did you learn that made a difference?

tent staff of the Center helped you ar

Send us a short paragraph telling your story and how the caring, competent staff of the Center helped you and your family. Be sure to include a picture (or two!) that we can use when sharing your story. You could also video record yourself briefly explaining how the UPC helped you. Please e-mail your story, pictures and a

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Get Social with the UPC:







completed media release form to <u>cassandra@utahparentcenter.org</u>. **Media Release Form:** Image/Media Release Form.

Transition Mini- Conference and More! Check out Upcoming Events!

Transition Mini- Conference Carbon School District

(251 W. 400 N. Price Utah, 84501) February 19, 2014 6:30 p.m. -8:30 p.m. February 20, 2014 8:30 a.m. – 4:00 p.m. *Click <u>here</u> for details and registration!*



Full day IEP Workshop & Surrogate Parent Training Ogden School District

March 13, 2014 9:00 a.m. -3:30 p.m. *More details coming soon!*

Transition Mini- Conference Ogden School District May 1, 2014 8:30 a.m. -3:30 p.m. *More details coming soon!*



FAMILY±LINKS

UTAH'S STATEWIDE CONFERENCE

FOR PARENTS OF CHILDREN AND ADULTS WITH DISABILITIES AND SPECIAL NEEDS PLUS FEATURED SESSIONS ON SATURDAY SPECIFICALLY FOR YOUTH AND ADULTS WITH DISABILITIES

FRIDAY, FEBRUARY 28 AND SATURDAY, MARCH 1, 2014 MURRAY HIGH SCHOOL, 5440 SOUTH STATE STREET, MURRAY, UTAH



FRIDAY'S KEYNOTE SPEAKER - MATT TOWNSEND PRESENTS:

THRIVING AS PARENTS OF CHILDREN WITH DISABILITIES:

KEEPING MARRIAGE AND FAMILY RELATIONSHIPS STRONG

READ MORE ABOUT MATT TOWNSEND'S KEYNOTE PRESENTATION ON PAGE 4.

SATURDAY'S KEYNOTE SPEAKER – JUDITH SNOW

PRESENTS:

INCLUSION:

RECOGNIZING GIFTEDNESS AND VALUING DIVERSITY

READ MORE ABOUT JUDITH SNOW'S KEYNOTE PRESENTATION ON PAGE 5.

THIS CONFERENCE WILL ALSO FEATURE: SATURDAY KEYNOTE, BREAKOUT SESSIONS, AWARDS, PRIZE DRAWINGS, AN EXHIBITOR FAIR AND MUCH, MUCH MORE!

FRIDAY DINNER AND KEYNOTE \$20.00

FRIDAY KEYNOTE ONLY \$10.00

SATURDAY ONLY \$20.00

FRIDAY AND SATURDAY **DISCOUNT PRICE** \$35.00

PRE-REGISTRATION DEADLINE: SUNDAY, FEBRUARY 23, 2014 MORE INFORMATION ONLINE AT www.utahfamilylinks.org

REGISTER ONLINE NOW AT: http://conta.cc/KE75Cg

BROUGHT TO YOU BY:

UTAH PARENT CENTER

AND CO-SPONSORED BY: **Allies with Families Autism Council of Utah CHADD** of Utah **Division of Services for People with** Disabilities Easter Seals Goodwill Northern Rocky Mountain **Envision Quality Supports** Family-to-Family Network Learning Disabilities Association of Utah Utah State Office of Rehabilitation

Murray School District Utah DeafBlind Project Utah Developmental Disabilities Council Utah Down Syndrome Foundation Utah Family Partnership Network Utah Family Voices Utah Fetal Alcohol Coalition Utah Prader-Willi Syndrome Association Utah PTA **Utah State Office of Education**

Click here to LIKE Family Links Events on Facebook! And stay up-todate with everything that is happening with the Family Links Conferences!

2014 FAMILY LINKS CONFERENCE-AT-A-GLANCE

Times and topics are subject to change. We reserve the right to cancel sessions for which individuals don't pre-register.

FRIDAY, FEBRUARY 28, 2014

5:00 – 6:00 p.m. Registra	tion				
	and Networking				
	Presentation:				
	ownsend				
	SATURDAY, M	ARCH 1. 2014			
8:00 – 8:30 a.m.			served		
8:00 a.m. – 4:00 p.m.		Registration *Note: Breakfast will NOT be served. Exhibitor Fair			
8:30 – 9:30 a.m.	Keynote Presentatio	n			
0.50 - 5.50 a.m.	Judith Snow		ring Giftedness and Valuing Diversity		
9:30 – 10:00 a.m.		Judith Snow Inclusion: Recognizing Giftedness and Valuing Diversity Awards Presentation			
10:15 – 11:30 a.m.	Breakout Session A				
A1: Adult Siblings Get Together wi Judith Snow This session will begin at 10:30.	th A2: Survival W	Vithout Services	A3: Using Sensory Strategies for Participation in Daily Activities Madelyn Mauer		
A4: How to Make Reading Enjoyab and Beneficial for Children with Down Syndrome Weber State University	and Postsecor Robyn C	uture: Employment adary Education Chidester	A6: Dual Diagnosis : When Your Child Has a Disability PLUS a Mental Health o Behavioral Challenge Wendy Macey		
A7: Getting Help for Students wit Learning Disabilities: How the Scho Can Help Kim Fratto	ols A8: Meeting the N Children: How Karen G	leeds of Your Other to Help Siblings Freenwell	A9: Finding Success in Higher Education Accommodations at the College Level Steven Lewis		
11:30 – 12:00 p.m.		Exhibitor Fair			
12:00 – 1:00 p.m. 1:15 – 2:30 p.m.	Lunch and Exhibitor Break Out Session B	Lunch and Exhibitor Fair - Food by Café Rio			
B1: How Circles of Support Can Impr the Lives of People with Disabilitie Throughout the Lifespan Judith Snow	ove s B2: Emplo	yment First nes-Parkin	B3: The Many Ways You Can Use Brain Plasticity to Improve Function Dr. Judy Gooch		
B4: Special Needs Legal Planning Creating a Special Needs Trust – Har on Help for Families Lisa Thornton	nds B5: Aut	t ism 101 Dengstroth	B6: Whose Decision Is It Anyway? Self- Determination and Helping Your Son or Daughter Make Good Decisions Linda Smith		
B7: The iPad as Assistive Technolog The Many Ways to Empower Childr with Disabilities Utah Center for Assistive	en Disabilities: What Do You F	ons for Adults with Are They and Where ind Them? ie Stark	B9: ABC's of Special Needs Utah Family Voices		
B10: What Families Need to Know al Law Enforcement Panel Presentation	pout				
2:45 – 4:00 p.m.	Breakout Session C				
C1: Dad's Pie Social Mark Hansen		Ilthood: What to Do and Sexuality Issues Murphey	C3: Teaching Executive Functioning Skil for Successful Employment Jennifer Cardinal		
C4: Pathways to Careers – Two Programs to Help Students with Hig Functioning Autism or Asperger Syndrome		s? Ask the Experts esentation	C6: Meet the Down Syndrome Experts Starring YOU the Parents! Utah Down Syndrome Foundation		
C7: Survival Tips for Parents of Child with ADHD: How to Love Your Child Any Age Melanie Hatch	at C8: Funding	Special Needs nily Voices	C9: Caregivers: Finding and Retaining Deb Bowman		
C10: Introducing Literacy to Learne with Significant Disabilities Mary Alice Dredge and Nicole Holmst					

New Museum in Thanksgiving Point Free for Families of Children with Special Needs!



You are invited to help Thanksgiving Point Institute test their new family museum, the Museum of Natural **Curiosity.** They will be opening mid-May, but are inviting a few groups and families to come test the space out, give them feedback. Because they are testing, please know that not all things will be working perfectly, and they appreciate your help and patience. Also, they will be conducting evaluations during this time. They may ask for email

feedback, or record interactions to understand time spent in spaces, accessibility and how exhibits work. They will not use any video, information, or pictures in any way except to evaluate and refine **the exhibits and facilitation**.

You are invited to help them on two days, in two galleries.

Tuesday, February 25^{th,} 4-8PM Testing the Rainforest Wednesday, February 26 4-8PM Testing Kidopolis

They have room for 400 people each day. Spaces are available on a first come, first served basis. If you are interested in attending, please email Heather Paulsen at <u>hpaulsen@thanksgivingpoint.org</u>. Let her know how many will be attending with you, and your preferred date and time.

Fathers of Children with Special Needs and Internet Use

- •Are you the father of one or more children?
- Are you 18 years old or older?
- •Is your child under the age of 18?
- Does your child have special needs?



Participate in a research study at the University of Michigan! We want to learn about how you use the Internet and social media sites. We hope to understand how we might better support children with special needs and their parents. Your participation will help us to better understand the lives of parents of children with special needs. If you decide to participate, we will ask you to do in an interview with our research team. The interview will take about 45-60 minutes of your time. The interview can be conducted in person or over the telephone or Skype. Participating in any of our studies is completely voluntary. Even if you decide to participate now, you may change your mind and stop at any time. For more information, please contact Dr. Sarita Yardi Schoenebeck, Ph.D by email at yardi@umich.edu or Tawfiq Ammari attawfiqam@umich.edu. More information about Dr. Schoenebeck is available on her website: <u>http://yardi.people.si.umich.edu</u>.

Miss Amazing Inc. Coming to Utah!

A non-profit for girls and women with disabilities ages 5 and up



Building confidence and self-esteem, Miss Amazing Inc. was founded in Nebraska in 2007, and now expanded to over 20 States and continue to grow. All food donations and a portion of the proceeds from tickets sold to the finale and raffle are donated to charities in each community. The remaining funds support the continued mission of Miss Amazing Inc. at the state and national levels. Miss Amazing Inc. is more than just a pageant; it is an opportunity for girls and women with disabilities to show their true colors. The pageant is a two day event full of confidence building skills, talent showcase, and much more.

They are accepting applications for the 2014 pageant which will be on March 22nd at Utah State University. The only cost to participate is a donation of 5 cans of food. You can apply online at http://missamazingpageant.com/applications/ . Application deadline is March 1st.

We also have a program for boys with special needs it is called **"Right Hand Men."** They will escort the girls in the final show. They can apply online at <u>http://missamazingpageant.com/applications/volunteers/</u> under "Right Hand Men"

Free Progression Class! HOPE. HELP. HEALING.

Are you living with mental illness? Would you like to learn more about mental illness in supportive environment from other youth who are also living with mental illness? For more information call 801-323-9900

Granite Education Center 2500 S. State Street, SLC` 1/23-2/27/14 Thursday 6:30 – 9 p.m. Eastmont Middle School 10100 S. 1300 E., Sandy 4/9-5/14/14 Thursday 6:30-9 p.m.



Decoding Dyslexia- UT Networking Meeting

Join us to raise awareness and make a difference in our state. Decoding Dyslexia- UT is working to impact how Utah's education system recognizes and works with Dyslexia.



Tuesday, February 11, 2014 Tyler Library 8041 South Wood St. (55 W.) Midvale, Utah, 84047 7:00 p.m. We need your help! Please join us for a networking night and add your voice to ours. We are forming groups to address issues impacting students with dyslexia. For more information call Karee Atkinson at 435-843-4399

Customized Employment Webinar Series Register Now!



The Utah Supported Employment Project at Utah State University is sponsoring a webinar series on customized employment. These webinars are designed for vocational rehabilitation counselors, community rehabilitation providers, and special education transition teachers who support individuals with more significant disabilities during the employment process.

The series will be conducted by Cary Griffin, Griffin-Hammis Associates. Cary Griffin is senior partner at Griffin-Hammis Associates, a full service consultancy which specializes in building communities of economic cooperation, creating high performance organizations, and focuses on disability and employment. Cary speaks on an international basis, with an emphasis on leadership and community employment. Recent Keynotes include: the National Conference on Autism and the Australian National Employment Conference. His latest publications include: editing and contributing to a special edition of the Journal of Vocational Rehabilitation on Self-Employment; the book, Working Better, Working Smarter: Building Responsive Rehabilitation Programs (1999); a chapter on self-employment for individuals with significant disabilities in an upcoming book by Dr. Paul Wehman; a chapter on Organizational Change in Bill Kiernan & Robert Schalock's book Integrated Employment: Current Status and Future Directions (1997); a chapter on job development for students with severe disabilities in Paul Wehman's Life Beyond the Classroom (2000); an article on non-aversive behavioral supports in the Journal of American Rehabilitation; chapters on customized employment in upcoming books by Michael Callahan and Pat Rogan, and articles on transformational leadership in the Journal of Vocational Rehabilitation. Cary is on the editorial board of the Journal of Vocational Rehabilitation, and the Journal of Mental Retardation and he serves as faculty for the National Benefits Planning Assistance & Outreach program sponsored by the Social Security Administration. Cary and Dave Hammis' new book, Making Self Employment Work for People with Disabilities, was released in 2003 by Brookes Publishers.

Webinars are scheduled for the following dates and all times are Mountain Standard Time:

- January 22, 2014 Employment of Individuals with Significant Disabilities (12:00 1:30pm)
- * February 19, 2014 Discovery (12:00- 1:30pm)
- March 26, 2014 Negotiation and Job Development (12:00- 1:30pm)
- * April 23, 2014 Self- Employment/Micro Enterprises (12:00- 1:30 pm)

Where:

This training will be held at the St. George Courtyard Marriott (185 South 1470 East, St George, Utah 84790)

Registration: There is a \$100 dollar registration fee for this event. Registration is required. Go to: <u>http://events.r20.constantcontact.com/register/event?oeidk=a07e8aqts7g64e93c7c&llr=zwavxrcab</u>

Utah Foundation for the Blind and Visually Impaired Fundraiser Love is Blind!

The Utah Foundation for the Blind and Visually Impaired are sponsoring a fun evening of dinner, entertainment, and live & silent auction. Guests will have the opportunity to eat dinner blindfolded if they wish and experience what it is like to be blind.

Blind dinner guests at each of the tables will provide hints, tricks, and techniques to help those who choose to enjoy dinner blindfolded and give everyone insights about blindness. Don't miss this opportunity to support the Utah Foundation for the Blind in raising funds to support critical programs for the blind and at the same time show that your love is blind.



Friday, February 7, 2014

Red Lion Hotel—Salt Lake City To register go to this link: <u>http://ufbvi.org/Love%20is%20Blind.html</u>

Studio e: The Epilepsy Art Therapy Program to Utah



Epilepsy Alliance of Utah, Art Access, and Epilepsy Foundation of Colorado are excited to bring you the opportunity to express yourself through art as of a multi-week art therapy program. You'll work with art therapist Ida Yoked (MA, ATR) and other people with epilepsy in a group setting to create art pieces using visual art mediums. Strengthen you artistic voice and learn from others in an open, welcoming environment! You artwork may also help raise awareness about the realities of life with epilepsy.

For more information email: <u>epilepsyalliance01@gmail.com</u> or call Margo at 801-455-6089.

Dual Diagnosis e-Journal

Now Available!

What is Dual Diagnosis? Developmental Disabilities plus Mental Health Needs

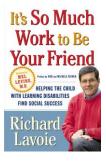
Any person with disabilities is at higher risk for having mental health diagnoses for a number of reasons. In this journal you will find information about some of these reasons and also about medical issues that may cause behaviors that cause us to suspect there are mental health concerns. You will become more aware of some of the signs to look for. You will also find some stories of families who have dealt with the challenge of dual diagnosis and some tips from families about things that have been helpful to them. Lastly, you will find information on some resources and places to go for more information.

The Utah Parent Center has recently published an e-journal on Dual Diagnosis. This e-journal is part of a series published by the Utah Parent Center (UPC). This material has been prepared to provide information and resources to both parents and professionals.

We hope the information in this issue is helpful to you and your son or daughter who might have mental health challenges in addition to a disability. An electronic copy of this and previous journals along with supporting information is available on or through the UPC's website at: <u>www.utahparentcenter.org/publications/e-journals</u>

BOOK OF THE MONTH – Available for loan from our Lending Library

It's So Much Work to Be Your Friend by Richard Lavoie – A successful social life is immeasurably important to a child's happiness, health, and development, but until now, no book has provided practical, expert advice on helping children with learning disabilities achieve social success. For more than 30 years, Richard Lavoie has lived with and taught children with learning disabilities. In this book Rick offers techniques and practical strategies that can help children ages six to seventeen overcome shyness and low selfesteem, use appropriate body language to convey emotion, focus attention and avoid disruptive behavior, enjoy playdates and making friends and employ strategies for



counteracting bullying and harassment. If you are interested in borrowing a copy of this book please call the Utah Parent Center at (800) 468-1160. We would be happy to mail you a copy.

VOLUNTEER OPPORTUNITIES

Please contact Rebecca Turley at <u>rebeccat@utahparentcenter.org</u> or call at (801) 272-1051 if you are interested in participating in any of the following volunteer opportunities. Seeking new Family to Family Support Group Leaders and/or Co-Leaders Statewide

New Network Leaders should be receiving services, on the waiting list, or in the process of determining eligibility with the Division of Services for People with Disabilities (DSPD). This allows Leaders to be a resource for individuals and families using these services as well as for other organizations. Networks may have Leaders or other officers who do not meet the criteria related to DSPD. New Leaders will receive ongoing support from the Utah Parent Center and existing Network Leaders.

Parent Panel Requests: The Utah Parent Center is asked several times a year to speak to students at the college level going into both general and special education. Our current parent panel requests come from the University of Utah and Westminster College. Volunteers who participate on the panel share information about their child with a disability and provide insights about their child's educational experience to future educators. It provides parents with a great opportunity to share what has worked well with their children and offer advice and tips on what needs to work better. The students benefit greatly from the 'parent perspective.'

IEP Coach Training: The Utah Parent Center has an ongoing need for parent volunteers who have been trained to help parents successfully go through the IEP process. If any volunteers are interested in receiving this training or know of someone who would make a good IEP Coach, please let me know. New volunteers will need to take our New Volunteer Training as a prerequisite to the IEP Coach Training and will need to fill out a New Volunteer Application. All IEP Coaches need to support parents by attending a minimum of 3 IEP meetings per year to remain active.

Tax Disability Exemption Form

Get the help you deserve.

Attention parents who have a child who is receiving special education services. You may qualify to apply for a tax exemption. For more information go to <u>http://tax.utah.gov/forms/current/tc-40d.pdf</u>.

Utah Parent Center Upcoming Events

February 2014

Workshop: IEP

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their students with disabilities. However, they often lack information. This workshop helps parents understand their role, rights and responsibilities in the IEP process.

Wednesday, February 5, 6:30-8:30 p.m.

Vista Education Center, Room 1525 97 South 200 East, Farmington, UT, 84025 Register online at <u>http://conta.cc/1bfyPDS</u> or by calling Roz Welch at 801-402-5120.

Workshop: Plan for the Future: Employment and Higher Education

The Utah Parent Center will help parents to understand transition issues as parents and students begin to forge and discover new areas while planning for the future. Come learn about adult services that support students through the process. Learn about Disability resource centers that help support individuals with disabilities to pursue higher education or technical training. This workshop helps families:

- To look at how vocational rehabilitation can be involved in the students current IEP as you plan for the future and employment goals
- Better understand vocational rehabilitation programs and services
- Better understand services for students with disabilities in higher education

Wednesday, February 5, 7:00-8:30 p.m.

Logan City School District Office 101 West Center, Logan, UT Register online at: <u>http://conta.cc/1cBKBwo</u> or by calling 801.272.1051 or 1.800.468.1160

Clase: Plan para el Futuro: Empleo y Enseñanza Superior

Nuestro centro ayudará a los padres a entender cuestiones de transición según los padres y los estudiantes comienzan a descubrir nuevas áreas mientras están planeando para el futuro. Venga y aprenda sobre estos servicios para adultos, estos servicios apoyan a los estudiantes a través del proceso. Aprenda sobre los centros de recursos para discapacitados que ayudan y apoyan a los individuos con discapacidades para continuar con la enseñanza superior o un entrenamiento técnico. Este taller ayuda a las familias a:

- Mirar como la rehabilitación vocacional puede estar implicada en el IEP corriente del estudiante mientras usted planea los objetivos de empleo y el futuro de su hijo/a.
- Mejor entendimiento de los programas de rehabilitación vocacional y sus servicios
- Mejor entendimiento de los servicios para los estudiantes con discapacidades en la enseñanza superior .

Miercoles, February 5, 7:00-8:30 p.m.

Logan City School District Office 101 West Center, Logan, Utah También lo puede hacer por linea: <u>http://conta.cc/18EvjCB</u> O llamando al Español 801. 867-2375 – 801.272.1051 o 1.800.468.1160.

Workshop: Pro Se Guardianship Training

In a guardianship proceeding family petitioners can save money by choosing to represent themselves in the court process. This is called Pro Se Representation. This free Pro Se training class for families who would like to act act Pro Se as they seek guardianship of a family member. The class will be presented by staff of Guardianship Associates of Utah. Families will be given all required court documents on a CD.

Tuesday, February 11, 6:30-8:30 p.m.

Canyons Technical Education Center (East Building)

9085 South 825 East, Sandy, UT 84094. Pre-registration is required. Register online at <u>http://conta.cc/1aAGgoe</u> or call Lynda Hansen at 801.826.8192 or 801.708.1841.

Workshop: IEP

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their students with disabilities. However, they often lack information. This workshop helps parents understand their role, rights and responsibilities in the IEP process.

Thursday, February 13, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/17dce9X</u> or by calling Amy Weyrich at 801-856-1264.

The Family to Family Network Meeting

There are many questions that may come to parents about what they need to do to help their child/young adult get ready for life after 22:

- What is available for my child with a disability?
- When should I start to create a plan for transition?
- Are there funds available for any services?
- Who is out there to help?

Desaray Odekirk from Vocational Rehab will be presenting the services that are provided for students and adults with disabilities. She will talk about the timeline and steps that need to be taken. We will also have bonus information about how massage therapy might be something to consider for your child/young adult with disabilities.

Thursday, February 13, 7:00-8:30 p.m.

South Valley School 8400 South Redwood Road Contact Lisa at <u>augman@q.com</u> with questions

Nebo School District Parent/ Educator Support Group Meeting

We invite parents of children with any disability in Nebo School District or surrounding Districts as well as Educators seeking information about disabilities. We meet on the SECOND Thursday of EVERY month, all year round at the same time and place. No prior registration is needed. For more information call Heidi Whittaker at 801-228-8144.

Thursday, February 13, 4:00-5:00 p.m.

Nebo School District Office CTE Building 350 South Main, Spanish Fork, UT, 84660

Workshop: Transition to Adult Services

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues.

Tuesday, February 18, 7:00-8:30 p.m.

Granite Education Center, Room D-106 2500 South State St., Salt Lake City, UT, 84115 Register online at <u>http://conta.cc/1biPx6Y_</u>or by calling Michelle Murphy 385-646-4190.

Conference: Price Transition Mini- Conference

Get Your Teen with Special Needs Ready for Transition in 2014! This conference will cover a variety of topics that will help you get prepared on how to help your child transition into adult life. This conference is free to attend! **Download the conference flyer here, Price Transition Mini-Conference Flyer.**

Wednesday, February 19, 6:30 p.m. -8:30 p.m.

Thursday, February 20, 8:30 a.m. -4:00 p.m. Carbon School District 251 West 400, Price, UT, 84501 Register online at <u>http://conta.cc/19Ywj4I</u> or by calling the Utah Parent Center at 801-272-1051

Workshop: SSI Under 18 Salt Lake

A parent consultant from Utah Family Voices will give a parent's perspective about the process for applying and maintaining Social Security eligibility for parents who have young children with disabilities.

Thursday, February 20, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1d527b4</u> or by calling Amy Weyrich at 801-856-1264.

2014 Family Links Conference

A parent consultant from Utah Family Voices will give a parent's perspective about the process for applying and maintaining Social Security eligibility for parents who have young children with disabilities.

Friday, February 28, 2014, 5:30 p.m. -9:00 p.m. Murray High School 5440 South State Street, Murray, Utah Register online at http://conta.cc/KE75Cg or by calling 801-272-1051.

Saturday, March 1, 2014, 8:00 a.m. -4:00 p.m.

Murray High School 5440 South State Street, Murray, Utah Register online at <u>http://conta.cc/KE75Cq or by calling 801-272-1051</u>

March 2014

Workshop: Early Transition to Preschool and Kindergarten

Is the transition process from early intervention to preschool services puzzling to you? Do you have questions about the transition from preschool services to kindergarten? Then put this free parent workshop on your calendar! Information about these transition and the basics of the IEP process will be discussed

Tuesday, March 4, 6:30-8:30 p.m.

Kauri Sue Hamilton School 2827 West 13400 South, Riverton, 84065 Register online at <u>http://conta.cc/1d6qcfr</u> or by calling Lynda Hansen 801-826-8192 or 801-272-1051.

Workshop: Transition to Adult Services

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues. Specific information will be shared about services in SLCSD.

Thursday, March 6, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1hThx5L</u> or by calling Amy Weyrich at 801-856-1264.

IEP Clinic- Questions and Answers

IEP Workshop presented in Spanish by Julie Moreno. Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their students with disabilities. However, they often lack information. This workshop helps parents understand their role, rights and responsibilities in the IEP process.

Tuesday, March 11, 6:30- 8:30 p.m.

Utah Parent Center Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at http://conta.cc/1bZqGvD or by calling The Utah Parent Center 801-272-1051.

Workshop: Transition to Adult Services

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues.

Wednesday, March 12, 6:30-8:30 p.m.

Vista Education Center, Room 1525 97 South 200 East, Farmington, UT 84025 Register online at <u>http://conta.cc/1hr8j34</u> or by calling Roz Welch at 801-402-5120.

Workshop: Assistive Technology

This special workshop taught by the Assistive Technology Center of Utah. Come learn all about assistive technology and how it may help your child be more successful at home and at school!

Featuring live demos on how to utilize things like computers and I-Pads and turn them into Valuable learning tools. Free and low cost options will be discussed.

Wednesday, March 12, 6:30-8:30 p.m.

Granite Education Center, Room D-102 2500 South State Street, Salt Lake City, UT, 84115 Register online at <u>http://conta.cc/1d5pnFN</u> or by calling Michelle Murphey 385-646-4190.

Workshop: Voc Rehab

A guest speaker will share the Mission of Vocational Rehabilitation (VR) and describe the role VR can play during the transition from high school and beyond.

Thursday, March 13, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1acWGGz</u> or by calling Amy Weyrich 801-856-1264.

Nebo School District Parent/ Educator Support Group Meeting

A guest speaker will share the Mission of Vocational Rehabilitation (VR) and describe the role VR can play during the transition from high school and beyond.

Thursday, March 13, 4:00-5:00 p.m.

Nebo School District Office CTE Building 350 South Main, Spanish Fork, UT, 84660

Workshop: Section 504/ Transition and VR Services

As families of youth and adults with disabilities, we have learned many things but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are No Where-totally lost! Get to KNOW Where by learning about transition planning and related issues. Also, a guest speaker will share the Mission of Vocational Rehabilitation (VR) and describe the role VR can play during the transition from high school and beyond

Saturday, March 15, 1:00-2:00 p.m.

Spectrum Academy Secondary Weber State University 3848 Harrison Blvd, Ogden, UT, 84403 Register online at <u>http://conta.cc/LMhTiS</u> or by calling the Utah Parent Center 801-272-1051.

Workshop: IEP

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their students with disabilities. However, they often lack information. This workshop helps parents understand their role, rights and responsibilities in the IEP process.

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Spectrum Academy Secondary Weber State University 3848 Harrison Blvd, Ogden, UT, 84403 Register online at http://conta.cc/1ffvBDM or by calling the Utah Parent Center 801-272-1051.

Workshop: SSI When Child Turns 18

A parent consultant from Utah Family Voices will present a workshop from a parent's perspective about the process for applying and maintaining Social Security eligibility for parents who have children transitioning from high school.

Wednesday, March 20, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1d5saPr</u>or by calling Amy Weyrich 801-856-1264.

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Tuesday, March 25, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1aFdxG3</u> or by calling the Utah Parent Center 801-272-1051.

Workshop: Guardianship

What is guardianship and why is it important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? Come to this presentation to learn about guardianship and if you will need to file for it, what types of guardianship are available, and what the process entails.

Wednesday, March 27, 6:30-8:30 p.m.

Utah Parent Center, Conference Room 230 West 200 South, Salt Lake City, UT, 84101 Register online at <u>http://conta.cc/1fptdev</u> or by calling the Amy Weyrich at 801-856-1264.

CONEXIONES ★ FAMILIARES

CONFERENCIA PARA LAS FAMILÍAS DE NIÑOS, JÓVENES Y ADULTOS CON DISCAPACIDADES O NECESIDADES ESPECIALES

El Centro de Padres de Utah llevara a cabo la conferencia anual en Español de Conexiones Familiares.

SÁBADO 12 DE ABRIL, 2014

SE SERVIRÁ DESAYUNO Y ALMUERZO (LUNCH) Dónde: En la Escuela de Murray High School Dirección: 5400 Sur State St. Murray, Utah Hora: 8:00a.m.-3:00p.m. Costo: \$5.00

"Enfermedades Mentales y Conductas Desafiantes" Orador Principal Dra. Alicia Hoerner

En esta conferencia se presentarán talleres a donde los padres puedan escoger de acuerdo a sus necesidades, *tales como:*



- Necesidades Específicas de Aprendizaje
- Habilidades Sociales
- La Habilidad para Cambiar el Cerebro
- Disciplina y Comportamiento
- Plan para el Futuro
- Violencia Intrafamiliar
- Sección 504, la otra opción de la ley
- Doble Diagnostico (Enfermedad mental en adición a una discapacidad.)
- Enfermedades Mentales
- Educación Primero
- Representación Propia (Enseñando Independencia al niño.)

También tendremos una amplia feria de exposiciones de recursos en la comunidad. REGISTRESE EN EL INTERNET EN: http://conta.cc/1dzbDaa REGÍSTRESE LO MÁS PRONTO POSIBLE LLAMANDO A LOS TELÉFONOS (801)272-1051, (801)272-1067, O ARACELI (801)949-6442



The Family Links Conference is sponsored by Utah Parent Center, Allies with Families, Autism Coundl of Utah, CHADD of Utah, Division of Services for People with Disabilities, Easter Seals Goodwill Northern Rocky Mountain, Envision Quality Supports, Family to Family Network, Learning Disabilities Association of Utah, Utah Developmental Disabilities Council, Utah Down Syndrome Foundation, Utah Family Voices, Utah Family Partnership Network, Utah Prader-Willi Syndrome Association, and Utah State Office of Education.

Utah Parent Center • Serving families since 1983!

Projects of the Utah Parent Center: Utah Family Voices - Family to Family Health Information Center - Courier Autism Information Resources at the Utah Parent Center Family to Family Network – A Network Supported by the Utah Parent Center Phone: 801.272.1051 • Toll Free Utah: 1.800.468.1160 • Fax: 801.272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Utah Parent Center Information Disclaimer

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

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