Phone: 801-272-1051 Toll-Free in Utah: 1-800-468-1160 Spanish: 801-272-1067 www.utahparentcenter.org

Association of Utah

2012 Annual Learning Disabilities Association of Utah Conference

FOR PARENTS AND PROFESSIONALS OF STUDENTS AND YOUNG ADULTS WITH LEARNING DISABILITIES

CULTURAL DIVERSITY AND LEARNING DISABILITIES:

MEETING THE NEEDS OF STUDENTS WITH LEARNING DISABILITIES FROM DIVERSE BACKGROUNDS

FRIDAY, MARCH 9, 2012

LOCATION: WEBER STATE UNIVERSITY, SHEPHERD UNION BUILDING, 3848 HARRISON BLVD., OGDEN, UTAH

This conference will feature: Keynote speaker, Brandon Mull, Author of the *FableHaven* series, who will also do one breakout session and our early evening youth session. Other highlighted topics include:

- Assistive technology
- Executive Functioning skills
- RTI
- Social Skills

- Transition
- BehaviorEligibility and Evaluation
- And Much More!

This conference will also include an Exhibitor Fair, Silent Auction, Poster Sessions and Technology Equipment Demonstrations.

Parents – check out the early evening session for Elementary to Jr. High age students and their parents to hear **Brandon Mull present, "What Can You Do** with Al**l Your Wonderful Ideas?"** Read more about this event on the conference schedule and registration form.

CLICK HERE FOR CONFERENCE SCHEDULE

CLICK HERE FOR REGISTRATION FORM

To register: Print registration form, complete, and mail form and check to LDAU, PO Box 900726, Sandy, UT 84090-0726

Further conference details at www.ldau.org/newsevents/2012-conference/

New Resource for Families with Children in the Alpine School District

The Utah Parent Center would like to introduce Maria Wiscombe, our newest District Parent Consultant. Maria will be working specifically with parents of children and youth with disabilities in Alpine School District. She is a parent of a child with a disability, and comes to the Utah Parent Center with a broad knowledge base, years of experience and commitment to serving families. Contact Maria by phone at 801.318.1959 or by email at maria@utahparentcenter.org

The Parent Consultant Serving families in Alpine School District can:

- Provide free, private consultations in-person or by phone regarding questions or concerns about the special education process.
- Provide information on using the IEP process.
- Provide information on procedural safeguards and your rights and | responsibilities under IDEA.
- Assist you in preparing for and supporting you during IEP meetings.
- Provide information about specific disabilities.
- Connect you to resources and supports in your community.

The Utah Parent Center also has District Parent Consultants in Canyons, Davis, Granite and Salt Lake Districts. Visit our website at www.utahparentcenter.org/services/districts for more information.





FREE PARENT WORKSHOPS IN ST. GEORGE, UTAH

UTAH FAMILY VOICES IS EXCITED TO COME TO ST. GEORGE TO PRESENT THE FOLLOWING FREE WORKSHOPS FOR FAMILIES OF CHILDREN WITH SPECIAL HEALTH CARE NEEDS!

Please pre-register by Monday, February 20, 2012!

EMERGENCY PREPAREDNESS FOR ALL:

PREPARING YOUR WHOLE FAMILY

FRIDAY, FEBRUARY 24, 2012, 6:30 -8:00 P.M.
THE LEARNING CENTER FOR FAMILIES
2044 S MESA PALMS DR.
St. George, Utah
Click here to register!

ABC'S OF AUTISM

A Free workshop for families of Children who are <u>Newly</u> diagnosed with Autism

SATURDAY, FEBRUARY 25, 2012, 9:00 A.M. - 3:00 P.M.

THE LEARNING CENTER FOR FAMILIES

2044 S MESA PALMS DR.

St. George, Utah

Click here to register!

Materials and lunch will be provided to those who pre-register by Monday, February 20, 2012.

If you need assistance registering for the St. George events or have additional questions, please call 1-800-468-1160 or email <u>utahfamilyvoices@juno.com</u>

GET ON TARGET WITH TRANSITION IN 2012!

* NEW DATE ADDED - MAY 2012

2012 TRANSITION MINI-CONFERENCE A CONFERENCE FOR PARENTS OF YOUTH AND YOUNG ADULTS WITH DISABILITIES

JOIN US THURSDAY, MAY 3 AND FRIDAY, MAY 4, 2012 8:30 a.m. - 4:00 p.m. at the Utah Parent Center, Salt Lake City, UT

PRE-REGISTRATION IS REQUIRED. THERE IS NO COST TO ATTEND, BUT SPACE IS LIMITED SO PLEASE REGISTER EARLY!

PARENTS WILL BE GIVEN PRIORITY REGISTRATION FOR THIS EVENT. Due to popular demand the Utah Parent Center has scheduled a third Transition Mini-Conference in May.

May 3rd topics include: Developing the IEP and Transition Plan, Laws Impacting Transition; Information about state adult agencies and how to access services; a Panel of Experts on adult living arrangements, guardianship, and community living.

May 4th topics include: Getting and Keeping That First Job; The Journey to Adulthood - how to help your child learn about puberty and sexuality; Skills for Effective Parent Advocacy – how to be a great advocate for your child and how to teach your child to become a self-advocate; Healthy Transition – transitioning from pediatric to adult health care; and a Panel of State Service Providers including Utah State Office of Education, Division of Services for People with Disabilities, Utah State Office of Rehabilitation, Social Security; and Disability Resource Centers at state colleges and universities.

Thank you to the Family Links Planning Committee for their support of the Transition Mini-Conferences.

REGISTER TODAY! QUESTIONS?

PARENTS CLICK HERE TO REGISTER ONLINE! PHONE: 801-272-1051 or 1-800-468-1160

Professionals Click here to be added to the Waiting List EMAIL: info@utahparentcenter.org

Autism

Coming of Age



AUTISM: COMING OF AGE FILM SCREENING AND DISCUSSION

Brought to you by Utah Education Network, Autism Council of Utah, and Utah Parent Center

Saturday, February 25, 2012 6:00-8:00 p.m.

Location: Vista Education Campus, 97 South 200 East, Farmington, Utah

As young adults reach age 22 most families want to celebrate. But for families of youth with autism, a 22nd birthday can be a time of great stress. That's because some needed services may no longer be available to their child as they "age out" of the system. The one hour film "Autism: Coming of Age" explores the hopes, fears and challenges of parents raising children with autism. In this documentary, you'll see day-to-day stories of three families and the impact of policies and court decisions.

This presentation is provided to you free of charge, but registration is appreciated. <u>CLICK HERE TO REGISTER!</u> Please direct questions to Kimra Paul, ACU Adults Services at KP-Autism20s@g.com

Additional screenings: Feb 9th ~ Nebo School District, Feb 15th ~ Autism Journeys~ Lehi, March 27th ~ Ogden For information on additional screenings, please visit <u>www.uen.org/autism</u>

SOCCER CLINIC FOR CHILDREN AGES 4-9 WITH AUTISM SPECTRUM DISORDERS

The Red Devils Soccer Club of Salt Lake City is pleased to announce this upcoming soccer clinic for children ages 4-9 with autism spectrum disorders. The clinic will be held on Tuesday, May 1 and Thursday, May 3 from 3:30-4:30 p.m. at the Carmen B. Pingree School for Autism in Salt Lake City. Please click here for registration form. Registration for this event is due by Monday, February 20. For more information, please visit, www.reddevilsfc.org

CHARTER SCHOOL APPLICATIONS AND ENROLLMENT

Utah's charter schools are currently accepting applications for the Fall 2012. For those schools whose applications exceed the capacity of the programs a lottery will be held. If you are interested in applying, please visit the charter schools website. A list of charter schools can be found at www.schools.utah.gov/charterschools

Who can attend a charter school? All resident students of the state qualify for admission to a charter school. A charter school shall enroll an eligible student who submits a timely application, unless the number of applications exceeds the capacity of a program, class, grade level or the school, if this occurs then a lottery shall take place. What is a lottery? A lottery is a random selection process by which applicants are admitted to a charter school.

GOOGLE AND THE U TEAM UP TO HELP KIDS WITH AUTISM

Researchers use workshops to teach job skills and to learn more about families with children with autism study used a qualitative design to examine intergenerational relationships facilitated by an intervention employing Google SketchUp™, a freeware 3D design program. Seven high-functioning boys (ages 8–17) with autism spectrum disorders (ASD) participated in computer workshops. The investigators capitalized on the boys' strengths in visual–spatial skills. The interdisciplinary team structured the workshops to facilitate computer skill development as well as social interaction. The findings indicate that technology can build on the strengths of children with ASD and promote social engagement of the children with their families. Read the full article.... For more information about these and other workshops and resources for parents and teachers of kids with ASD, please visit: www.istar.utah.edu



PARENTING FOR SUCCESS CLASSES OFFERED IN DAVIS COUNTY

CHADD of Utah, Utah Youth Village – Families First, and Davis Behavioral Health are teaming up to bring you Parenting for Success. This will be a 6 week workshop



that will focus on parenting skills for children of all ages, elementary through high school. Although this class series is NOT about ADHD it is an excellent parenting program you can use for all of your children and is very effective for hard to handle children. The Parenting for Success workshop is a unique collaboration between parents and trainer in a relaxed setting. Parents actively participate by setting their personal goals, sharing experiences, role-playing, and learning from each other. The goals of Parenting for Success are to provide information, teach new skills, and to offer more alternatives to parents. The practical information offered in the workshop comes from the Teaching-Family Model - the treatment method used in all Village programs.

The class covers the following concepts:

- Effective communication skills
- Understanding children's behaviors
- Motivating children with praise and rewards Social skills that increase children's success
- Correcting children's problem behaviors with teaching and consequences
- Avoiding power struggles Problems solving

WHEN: Tuesdays, March 6 through April 17. (We will not meet April 3rd.)

WHERE: Davis Behavioral Health, 934 So Main, Layton. "Cloud" room in the Children and Youth Clinic.

TIME: 7:00 - 8:30 p.m.

COST: \$35.00 per couple or individual. Make checks payable to Utah Youth Village.

REGISTER: Email Tammy at <u>davis-county@chadd.net</u>, or phone 801-292-6233. Please provide names of those who will be attending, address, and phone number. If you have taken this class before you may come back for a refresher for free. Just bring your binder and let me know you would like to come.

SIBSHOPS WORKSHOP FOR SIBLINGS AGES 7 TO 13

Special needs, mental illness and behavioral challenges impact the ENTIRE family include *Siblings*! Sibshops are a celebration of the many contributions made by these brothers and sisters. And best of all Sibshops are FREE!



This one-of-a kind four hour workshop is specifically designed for *brothers and sisters* (ages 7-13) of a child with behavioral and/or mental health challenges.

WHEN: Saturday, February 18, 2012

WHERE: Salt Lake City Youth Services, 177 W. Price Ave, Salt Lake City, Utah

TIME: 10:00 a.m. - 2:00 p.m.

REGISTER: Please register ASAP by emailing konne@allieswithfamilies.org or call 801-433-2595

ONLINE TRAINING FROM THE UTAH PARENT CENTER

Did you know that four of our most popular trainings are now available online?

- Parents as Partners in the IEP Process
- From 'NO' Where to 'KNOW' Where Transition to Adult Life
- Families Living with Autism
- Section 504: Services for Students in Public Schools

Visit <u>www.utahparentcenter.org/training/videos</u> to watch these trainings today.



UTAH PARENT CENTER UPCOMING EVENTS CALENDAR

Visit <u>www.utahparentcenter.org/events/</u> for updated event.

Complete workshop descriptions for the classes listed below are available on page 7 of the newsletter.

Date	Time	Description, Location, and Registration
Feb 15	9:30-11:30 a.m.	Early Transition – Early Intervention to Preschool
		Location: Utah Parent Center, Salt Lake City - Register at: http://conta.cc/z8ae11
Feb 15	7:00–8:00 p.m.	Section 504: Services in Public Schools Workshop
		Location: Granite Education Center, Salt Lake City - Register at: http://conta.cc/z7G0DN
Feb 23	12:30-2:30 p.m.	Parents as Partners in the IEP Process Workshop
		Location: Utah Parent Center, Salt Lake City – Register at: http://conta.cc/xGYT70
Feb 23	6:30-8:30 p.m.	Parents as Partners in the IEP Process Workshop
		Location: Utah Parent Center, Salt Lake City – Register at: http://conta.cc/zSjt5l
Feb 23	6:30-8:30 p.m.	Los Padres como Parte en el Processo del IEP
		Lugar: Utah Paren t Center, Salt Lake City – Register at: http://conta.cc/xVBAwV
Feb 24	6:30-8:00 p.m.	Emergency Preparedness: Preparing Your Family
		Location: The Learning Center , St. George – Register at http://conta.cc/Arkoum
Feb 25	9:00 -3:00 p.m.	ABC's of Autism: For parents of children newly diagnosed on the Autism Spectrum
		Location: The Learning Center, St. George - Register at http://conta.cc/zPwVfX
Mar 6	6:00-8:15 p.m.	CHADD Parent to Parent Family Training on ADHD - 7 Week Course
		Visit <u>www.chaddofutah.com</u> for more information and to register.
Mar 8	6:30-8:30p.m.	From No Where to KNOW Where Transition to Adult Life Workshop
		Location: Midvale Middle School, Midvale - Register at http://conta.cc/wrVczb
Mar 8	7:00 –8:00 p.m.	Getting and Keeping the First Job – Preparing Youth for Employment
		Location: Cyprus High School, Magna – Register at http://conta.cc/wFgFE3
Mar 13	6:30-8:30 p.m.	Parents as Partners in the IEP Process Workshop
		At Davis Professional Development Ctr, Farmington – Register at http://conta.cc/AsvTdK
Mar 15	6:30-8:30 p.m.	Medicaid and Vocational Rehabilitation for the Transition Age Student
		Location: Midvale Middle School, Midvale – Register at http://conta.cc/A7LLWm
Mar 22	6:30-8:30 p.m.	Parents as Partners in the IEP Process Workshop
		Location: Midvale Middle School, Midvale - Register at http://conta.cc/AikN4Y
Mar 22	6:30-8:30 p.m.	'Will We Survive?' Alleviating Stress in Your Family with A Child with a Disability
		Location: Davis Professional Development Ctr – Register at http://conta.cc/Ac0K14
Mar 22	7:00-8:00 p.m.	Guardianship
		Location: Granite Education Center, Room D-102 Register at http://conta.cc/wMKMx0

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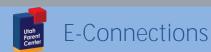


Mar 22/23	8:30 a.m. – 4:00 p.m.	Get on Target with Transition in 2012. Transition Mini-Conference. Event Full. Registration for this event is closed. Will be offered again May 3 and 4.
Apr 12	7:00-8:00 p.m.	Effective Advocacy Skills Workshop
		Location: Cyprus High School, Magna – Register at http://conta.cc/yFHPjb
Apr 17	6:30-8:30 p.m.	From No Where to KNOW Where – Transition to Adult Life Workshop
		Location: Register at http://conta.cc/yH07tR
Apr 19	7:00 -8:30 p.m.	Positive Behavioral Supports Workshop
		Held at Granite Education Center, Rm D-102, SLC - Register at http://conta.cc/zfaDSc
Abr 21	8:00–4:00 p.m.	Conexiones Familiares Conferencia en Español
		Para más información llamar a Julie Moreno 801-272-1067
Apr 23	6:30-8:30 p.m.	From No Where to KNOW Where - Transition to Adult Life Workshop
		Location: Utah Parent Center, Salt Lake City - Register at http://conta.cc/zvd1Oc
May 3-4	8:30 a.m. – 4:00 p.m.	Get on Target with Transition in 2012! Transition Mini-Conference
		Held at Utah Parent Center, Salt Lake City - Parents register at http://conta.cc/xvQmnG
May 3	6:30-8:30 p.m.	Getting and Keeping the First Job -
		Location: Eastmont Middle School, Sandy – Register at http://conta.cc/yk7vE9
May 10	6:30-8:30 p.m.	Journey to Adulthood: Preparing Your Child for Puberty
		Location: Eastmont Middle School, Sandy – Regsiter at http://conta.cc/x86JM5
May 10	7:00-8:00 p.m.	Summer Programs for Children with Disabilities
		Location: Cyprus High School, Magna - Register at http://conta.cc/yYzecP

If you have questions about any of the upcoming events listed please call the Utah Parent Center at 801.272.1051 or toll-free in Utah at 1.800.468.1160 or email <u>info@utahparentcenter.org</u>

MONTHLY MEETINGS AND SUPPORT GROUPS

- Big MAKS (Mothers of Autistic Kids) Support Groups and Activities for the whole family! Visit http://utahmaks.blogspot.com for upcoming and monthly events.
- CHADD of Utah (Children and Adults with Attention-Deficit/Hyperactivity Disorder) Meetings and Classes Visit www.chaddofutah.com for meetings and classes in your area.
- Family to Family Network Monthly Meetings and Classes Visit www.facebook.com/utahfamilytofamilynetwork
- Learning Disabilities Association of Utah Monthly Meetings Visit www.ldau.org for information and contacts.
- Legislative Coalition for Disabilities Monthly Meetings and Legislative Updates Visit www.lcpdut.org for updates and calendar of events.
- Utah Down Syndrome Foundation has chapters across the state. Visit www.udsf.org to find information about local events.



WORKSHOP DESCRIPTIONS:

Parents as Partners in the IEP Process Workshop

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student. Information will be presented by trainers who are parents of children with disabilities. Also available online at: http://www.utahparentcenter.org/training/videos/iep-training-2009/

From NO Where to KNOW Where - Transition to Adult Life Workshop

As families of youth and young adults with disabilities, we have learned many things, but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are "NO Where"-- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

Also available online at http://www.utahparentcenter.org/training/videos/transition-training-2009/

Section 504 Services in Public Schools

What do parents need to know about Section 504? It is important for parents of students with disabilities and special needs to have information and understanding of Section 504 of the Rehabilitation Act. This workshop will help parents understand their role and responsibilities in working with school personnel.

Also available online at http://www.utahparentcenter.org/training/videos/section-504-training-modules/

Early Transition

This workshop will offer information about transition from early intervention to pre-school and then the move to kindergarten. We will also discuss the basics of the IEP process.

Effective Advocacy Skills

This workshop will teach parents how to be a great advocate for their child. It will also discuss how you can help your child become a self-advocate.

Getting and Keeping the First Job

This workshop will offer information about preparing for employment for your youth or young adult with disabilities.

Guardianship

Come learn all about the process of gaining guardianship of your young adult child with disabilities. You will learn about the different options and what to expect during the process. Guardianship Associates of Utah will be presenting this workshop.

Positive Behavioral Supports

The purpose of this workshop is to introduce families to a new way of thinking about their child's behaviors and about the need to advocate for behavioral instruction. The workshop introduces and provides an overview of the concepts of functional assessment and positive interventions. It is not designed to teach how-to skills in these areas.



Phone: 801-272-1051 Toll-Free in Utah: 1-800-468-1160 Spanish: 801-272-1067 www.utahparentcenter.org

SEARCH THE INTERNET AND SHOP ONLINE AND YOU CAN HELP THE UTAH PARENT CENTER!

What if the Utah Parent Center earned a penny every time you searched the Internet or earned a percentage of your online purchase at hundreds of different online vendors? Well, now we can!



GoodSearch.com is a search engine that donates half of its revenue – approximately a penny per search – to the charities its users designate. You use it just as you would any other search engine – and it's powered by Yahoo!, so you get great results! Just visit www.goodsearch.com to start searching and download their toolbar. Be sure to enter "Utah Parent Center" as the charity you want to support! Just 500 of us searching four times a day will raise about \$7,300 in a year without anyone spending a dime!

GoodSearch.com also has a feature called "GoodShop". If you visit www.goodsearch.com and enter "Utah Parent Center" as your charity and then click the link to one of the GoodShop vendors, they will donate up to 37% of your purchase to the Utah Parent Center. Some of the vendors include: Amazon.com, Dell, eBay, Target, Nike, Staples, PetSMart, HP, Wal-Mart, Apple, Expedia, and Overstock. There are hundreds of other stores that participate in this program – check it out today!

SHOP AND HELP THE UTAH PARENT CENTER

GiveBackAmerica is America's online charity mall. It was created to raise money for charities and nonprofits at no additional costs



to their supporters and volunteers. The website and concept was created to make a difference in people's lives. 100% of listed commission is donated directly to the Utah Parent Center. Shop vendors including Amazon.com, Target, The Home Depot, JetBlue and more! Shop and support us today!

Utah Parent Center Information Disclaimer

Utah Parent Center ● Celebrating OVER 26 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Autism Information Resources at the Utah Parent Center

Family to Family Network – Serving families eligible for services from DSPD and more!

Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907 Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listsery. To be removed, please contact the Utah Parent Center at info@utahparentcenter.org