230 West 200 South, Suite 1101 Salt Lake City, UT 84101

# **E-Connections**

September 13, 2011

### SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

Would you be ready if there were an emergency? Be prepared: assemble an emergency supply kit, make your emergency plans, stay informed, and get involved in helping your family, your business, and your community be ready for emergencies. **GET A KIT. MAKE A PLAN. BE INFORMED.** 

#### **EMERGENCY PREPAREDNESS RESOURCES:**

Utah Special Needs Registry: <u>www.specialneedsutah.org</u> Utah Department of Public Safety: <u>http://bereadyutah.org</u> Center for Persons with Disabilities: <u>http://sites.cpd.usu.edu/epau</u> Emergency Management and Homeland Security: <u>www.ready.gov</u> Centers for Disease Control: <u>www.cdc.gov/features/beready/</u>

#### **ROCKY MOUNTAIN ACCESS AND FUNCTIONAL NEEDS CONFERENCE**

Phone: 801-272-1051 Toll-Free in Utah: 1-800-468-1160 Spanish: 801-272-1067 www.utahparentcenter.org

## **UPC Open House**

Thursday, September 15 4:00-6:30 p.m. 230 West 200 South, Suite 1101 Salt Lake City, UT 84101

Please join the Utah Parent Center and the Utah Personnel Development Center at our new shared location for an open house.

Parking: Park in the lot on the south side of the Royal Wood Office Plaza. Enter off of 200 South between 200 and 300 West.

Validations will be provided for our guests.

Planning for the Whole Community in Emergency Management, Hosted by Utah Department of Health, Utah Emergency Management Association, Utah Division of Emergency Management and enableUS. Date: September 28-29, 2011 Location: Salt Lake City, UT More info: http://www.enableus.org/upcoming-events/RMPP/RMPP.html

#### OFFICE OF SPECIAL EDUCATION AND REHABILITATION ANNOUNCES FINAL PART C REGULATIONS, 9/6/2011

The U.S. Department of Education today released the final regulations for the early intervention program under Part C of the Individuals with Disabilities Education Act (IDEA). These final regulations will help improve services and outcomes for America's infants and toddlers with disabilities and their families. Part C is a \$436 million program administered by states that serves infants and toddlers through age 2 with developmental delays or who have diagnosed physical or mental conditions with high probabilities of resulting in developmental delays.

The final Part C regulations incorporate provisions in the 2004 amendments to Part C of the IDEA. Additionally, the final regulations provide states with flexibility in some areas, while ensuring state accountability to improve results and providing needed services for infants and toddlers with disabilities and their families. The regulations focus on measuring and improving outcomes for the approximately 350,000 children served by the Part C program with the goal of ensuring that such children are ready for preschool and kindergarten.

"As everyone who works in education understands, one of the most important things we can offer children is a highquality early learning experience that prepares them for kindergarten," said U. S. Secretary of Education, Arne Duncan. "This is true for all children—but it's especially important for infants and toddlers with disabilities to have access to high-quality early intervention services that prepare them to successfully transition to preschool and kindergarten. The Part C regulations will support the Education Department's commitment to the goal of preparing more children with high needs with a strong foundation for success in school and beyond." The Part C regulations are posted on the department's website at <u>http://www2.ed.gov/about/offices/list/osers/news.html</u>. The regulations should be published in the *Federal Register* in the next couple of weeks.

Today, the department is also releasing a notice of proposed rulemaking to amend the IDEA Part B regulations. Changes are being proposed to the regulations regarding when a state or local educational agency seeks to use a child's or parent's public benefits or insurance (e.g., Medicaid) to pay for Part B services. These proposed amendments to the Part B regulations would ensure the protection of the rights of parents and children and ensure that children with disabilities receive a free appropriate public education (FAPE) while addressing concerns raised by State educational agencies and local educational agencies regarding the burdens imposed by the current regulation. The Part B notice of proposed rulemaking is posted at

<u>http://www2.ed.gov/about/offices/list/osers/news.html</u>. The notice of proposed rulemaking is expected to be published in the Federal Register on the same date as the Part C regulations.

**E-Connections** 

#### UTAH PARENT CENTER PRESENTS: CONSTRUCTIVE COMMUNICATION: TOOLS TO BUILD EFFECTIVE IEP TEAMS

Some of the most important skills needed by IEP team members are good communication skills. This workshop will provide participants with 5 basic skills that can lay the foundation for effective exchange of ideas and information. ★Date: Tuesday, September 13, 2011

Time: 6:30 – 8:30 p.m. Location: Eastmont Middle School, 10100 South 1300 East, Sandy, Utah 84070 RSVP: Required. Call Lynda Hansen at 801-708-1840 or email <u>lyndah@utahparentcenter.org</u> **There is no charge for the Utah Parent Center workshops, but pre-registration is requested.** 

#### WEEKLY CLASS FOR YOUNG ADULTS WITH ASPERGER OR HFA AGES 17-22 IN JORDAN SCHOOL DISTRICT DATES: TUESDAY EVENINGS, BEGINNING SEPTEMBER 13, 2011

#### TIME: 7:00 – 9:00 P.M.

Location: Jordan Family Education Center, River's Edge School, 319 West 11000 South, South Jordan, Utah Topic: Confident, Successful & Independent: A Group for Young Adults with High Functioning Autism or Asperger Syndrome (Ages 17 thru 21). It will focus on self-esteem, anxiety, relationships, seeking employment, college, survival skills, and career choices. Contact Karen Sonntag at <u>karen.peer@jordan.k12.ut.us</u> or the Jordan Family Education Center at 801-565-7442 for more information and to register.

#### **DAYTIME FAMILY TO FAMILY NETWORK FALL MEETINGS BEGIN**

Topic: Sibling Issues Date: Wednesday, September 14, 2011 Time: 10:00 a.m. – 12:00 p.m. \*\*\*New Location \*\*\*: 4444 South 700 East, Suite 203. Salt Lake City, Utah In addition, the Daytime Family to Family Network will be collecting gently used athletics shoes for Special Olympics athletes in support of the Eunice Kennedy Shriver's Play On Movement and Special Olympics.

#### EASY TO LOVE, HARD TO RAISE - SUPPORT GROUP FOR FAMILIES RAISING CHALLENGING KIDS - SALT LAKE

Including ASD, Sensory Processing Disorders, ADD/ADHD, Anxiety and more. Topic: Sensory Processing Disorder presented by Katie Mangus, OT Date: Wednesday, September 14, 2011 Time: 7:00 p.m. Location: The Sharing Place, 1695 East 3300 South, Salt Lake City

#### NAMI BASICS AND PROGRESSION CLASSES START THIS WEEK

Free classes and support for families of children with mental illness. BASICS is a FREE 6-week course covering the fundamentals of caring for you, your family and your child with mental illness (depression, anxiety, bipolar disorder, ADD/ADHD, etc.). This class is taught by trained individuals who have personal experience in living with a child who has a mental illness. PROGRESSION is a FREE 6-week education course for youth ages 13-18 living with mental illness. Dates: Wednesdays, September 14 – October 19, 2011 Time: 6:30-9:00 p.m. Location: University Health Care Building, 650 Komas Dr., Salt Lake City, Utah To register: Contact NAMI State Office at 801-323-9900

#### POSITIVE PARENTING PRACTICES FOR THE CHILD WITH ADHD IN JORDAN SCHOOL DISTRICT

Dates: Wednesdays, Beginning September 14, 2011(9 Weeks) Time: 7:00-9:00 p.m. Location: Jordan Family Education Center, River's Edge School, 319 West 11000 South, South Jordan, Utah RSVP: Jordan Family Education Center, 801-565-7442

#### **Reading Your Environment:**

#### A SOCIAL SKILLS GROUP FOR STUDENTS WITH ASPERGERS OR HFA IN JORDAN SCHOOL DISTRICT

Dates: Thursday, Beginning September 15, 2011(Enrollment is limited) Time: 7:00-9:00 p.m. Location: Jordan Family Education Center, River's Edge School, 319 West 11000 South, South Jordan, Utah RSVP: Jordan Family Education Center, 801-565-7442

#### MADDY'S RUN

Maddy's Run is a 5k run/walk benefiting the Cornelia de Lange Syndrome Foundation (<u>WWW.CDLSUSA.ORG</u>) and honoring the life of Madelyn (Maddy) Jackson who passed away in August of 2010 at the age of 18 in Salt Lake City. Maddy was a pure spirit and a bright light in the lives of so many she touched. Date: Saturday, September 17, 2011

Time: 8:00 a.m.

Location: Liberty Park, 600 East 1300 South, Salt Lake City, Utah More information: <u>www.firstgiving.com/4322/maddys-run</u>

#### TRANSFORMING THE DIFFICULT CHILD/TEEN USING THE NURTURED HEART APPROACH - ONE DAY WORKSHOP

The Nurtured Heart Program is more than a behavior management strategy. It is a new way of thinking, seeing and being that will enhance all your relationships but works especially well with children who have behavioral challenges. Date: Saturday, September 17, 2011

Time: 9:00 a.m. - 3:00 p.m.

Location: Maggie's Barn, 8850 Redden Road, Park City, Utah

**COST**: \$50 per person, \$60 per couple (one set of materials), \$25 for returning parent, \$30 for returning couple. RSVP Required: Contact Wendy Mair at 435-503-0432 or by email at nurturedheart@yahoo.com

#### LOOKING BACK, LOOKING FORWARD... UTAH DEVELOPMENTAL DISABILITIES COUNCIL CELEBRATES 40 YEARS!

Date: Tuesday, September 20, 2011

Time: 12:00 – 2:0.0 p.m.

Location: The Show Barn at Thanksgiving Point, Lehi

REGISTRATION REQURED. Email <u>bemartin@utah.gov</u> or call 801-533-3965 to register today! Come enjoy a meal, connect or reconnect with colleagues and friends, look at what has been accomplished in the past 40 years and a look toward what the future holds.

#### **UTAH PARENT CENTER PRESENTS: PARENTS AS PARTNERS IN THE IEP PROCESS**

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

Date: Tuesday, September 20, 2011

Time: 6:30 - 8:30 p.m.

Location: Eastmont Middle School, 10100 South 1300 East, Sandy, Utah 84070

RSVP: Required. Call Lynda Hansen at 801-708-1840 or email lyndah@utahparentcenter.org

There is no charge for the Utah Parent Center workshops, but pre-registration is requested.

#### **DISABILITY LAW CENTER PUBLIC HEARING**

The Disability Law Center invites you to share your thoughts about the Disability Law Center's services, legal issues impacting the disability community and what you think we should be doing about them. A copy of your comments will be given to our staff, Board of Trustees and federal funders to help us prioritize and improve our services. The hearing will be held on September 21, 2011 from 4:00 pm to 6:00 pm at the Community Legal Center 205 North 400 West, Salt Lake City. We encourage you to sign up ahead of time, as space is limited. Speakers will have up to five minutes to provide comments. If you are unable to attend in person, you may submit written comments. If you have questions or need accommodations, please call 1-800-662-9080. Written comments should be submitted to Peter Christensen at 205 North 400 West, Salt Lake City, Utah 84103 by mail, by FAX at (801) 363-1437 or by e-mail at pchristensen@disabilitylawcenter.org

#### EASY TO LOVE, HARD TO RAISE - SUPPORT GROUP FOR FAMILIES RAISING CHALLENGING KIDS - DAVIS COUNTY

Including ASD, Sensory Processing Disorders, ADD/ADHD, Anxiety and more. Topic: Sensory Processing Disorder presented by Katie Mangus, OT Date: Wednesday, September 21, 2011 Time: 7:00 p.m. Location: Davis Behavioral Health, 934 South Main St., #6, Layton, Utah

#### UTAH PARENT CENTER PRESENTS: PARENTS AS PARTNERS IN THE IEP PROCESS

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

Date: Thursday, September 22, 2011 Time: 6:30-8:30 p.m. Location: Davis Professional Development Center, 70 East 100 North, Farmington, Utah **RSVP: REQUIRED. CALL ROZ WELCH AT 801-402-5120 OR EMAIL** rozw@utahparentcenter.org

There is no charge for the Utah Parent Center workshops, but pre-registration is requested.

#### **SPECIAL NEEDS SENSORY STORY TIME AT KEARNS LIBRARY**

Dates: September 24, October 15. November 19 and December 17. 2011 Time: 10:30 AM-11:30 AM Location: Kearns Library, 5350 South 4220 West, Kearns, Utah A unique story time for children with special needs. These story times will be geared to autistic children but any child of any age is welcome. The attendance of a participating adult is required. Attendance is limited. Pre-registration is requested. <u>Click here</u> to register now. Please contact Carrie Rogers-Whitehead at Kearns Library for more information at 801-944-7611.

## CATHOLICS CAN... ANNUAL MASS CELEBRATING THE MANY GIFTS AND CONTRIBUTIONS MADE BY PEOPLE WITH DISABILITIES IN OUR DIOCESE

Catholics can serve each other, Catholics can share their gifts, Catholics just can. Celebrated with The most reverend John C. Wester Saturday, September 24<sup>th</sup> at 2:00 pm St. Joseph the Worker, 7405 South Redwood Road, West Jordan, Utah Sponsored by the Diocesan commission for people with disabilities For additional information or to request accommodations Dolores Lopez at 801.328.8641 ext 333 or Carol Ruddell at 801-440-8729

#### **DEAF AND HARD OF HEARING FESTIVAL**

Date: Saturday, September 24, 2011 Time: 11:00 a.m. – 6:00 p.m. Location: Sanderson Center for the Deaf and Hard of Hearing, 5709 South 1500 West, Taylorsville, UT Food Court, Arts and Crafts, Information and Technology, and Evening ASL Film Contact: Sanderson Center for the Deaf and Hard of Hearing,

#### UTAH PARENT CENTER PRESENTS: FROM NO WHERE TO KNOW WHERE: TRANSITION TO ADULT SERVICES

As families of youth and young adults with disabilities, we have learned many things, but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are "NO Where"-- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

Date: Tuesday, September 27, 2011

Time: 6:30 - 8:30 p.m.

Location: Eastmont Middle School, 10100 South 1300 East, Sandy, Utah 84070

RSVP: REQUIRED. CALL LYNDA HANSEN AT 801-708-1840 OR EMAIL lyndah@utahparentcenter.org

There is no charge for the Utah Parent Center workshops, but pre-registration is requested.

#### **UTAH STATE DEVELOPMENT CENTER ANNUAL FALL CONFERENCE**

Keynote: Dr. William McMahon, M.D. "Autism/Epidemiology, Genetics and Outcome" Other topics include, social skills, caring for the caregiver, post traumatic stress disorder, weight management and motiviation."

Date: Wednesday, September 28, 2011

Time: 8:00 a.m. – 3:30 p.m.

Location: Utah State Development Center, 895 North 900 East, American Fork, Utah

Questions or to register: Contact Stephanie Nelson at 801-763-4150

#### AMERICAN DIABETES ASSOCIATION, SAFE AT SCHOOL, FREE PARENT ADVOCACY WEBINAR

This webinar will focus on the rights of K-12 students with diabetes and will discuss strategies parents can use to protect those rights:

- Parent Advocacy Workshop Wednesday, September 28th, 8:00 p.m. ET.
  - Parents or guardians can register from this link: **<u>REGISTER HERE.</u>**

Special note: Space in this webinar is limited to 300 participants, so please register today. One of the most effective ways we fight discrimination and ensure safe care at school is to teach parents and guardians how to advocate for their child with diabetes.

#### **BRAIN INJURY ASSOCIATION FAMILY AND PROFESSIONAL CONFERENCE**

Thursday, October 13, 2011 Featured Presenter: Michael Ballum, DM, Utah State University South Towne Exposition Center, Sandy, Utah For more information and to register: www.biau.org

#### **OCTOBER EVENTS INCLUDE:**

10.04.2011:	Help! My Child's Backpack Ate the Homework! Executive Functioning Skills in Canyons District
10.06.2011:	Utah Parent Center, From No Where to Know Where, Transition to Adult Services in Davis District
10.11.2011:	Guardianship, What is it and why is it important? In Canyons District
10.13.2011:	Utah Parent Center, Parents as Partners in the IEP Process Workshop in Granite School District
10.18.2011:	Section 504 Services in Schools in Canyons District
10.19.2011:	Utah Parent Center, Journey to Adulthood in Granite School District
10.25.2011:	Keeping It Safe: Managing Escalating Behaviors at Home in Canyons District

#### **ORGANIZATION SPOTLIGHT: UTAH HANDS AND VOICES**

Who are we? We are parents of ASL signers, cued speech users.... parents of kids with cochlear implants or total communicators... we are people who have common interests connected through the community of deafness. Hands & Voices is a safe place to explore options, get unemotional support, learn from one another and share what we have in common. We value diversity and honor the role of parents and family as the single greatest factor in raising a well adjusted successful kid.

There is room in the community of deafness for an organization like Hands & Voices, and in fact parents and many professionals, have been crying out for a group like this. Somehow parents connecting to other parents provides an element of credibility; there's a level of 'knowing & feeling' that only a parent experiences. And parents, especially parents of babies newly identified with deafness or hearing loss, need a way to connect like this without being wary of a sponsoring agenda from a service provider.

Hands & Voices is a non-profit, parent-driven national organization dedicated to supporting families of children who are deaf or hard of hearing. We are non-biased about communication methodologies and believe that families can make the best choices for their child if they have access to good information and support. Our membership includes families who communicate manually and/or orally. From American Sign Language to cochlear implants, our organization represents people from all different approaches to, and experiences with, deafness or hearing loss. We have state chapters comprised mainly of parents along with professionals.

- National Hands & Voices Executive Director, Leeanne Seaver Stop by our exhibitor booth at the Deaf and Hard of Hearing Festival on September 24 and see what's new with the Utah Hands and Voices organization.

Utah Hands & Voices P.O. Box 624 Providence, UT 84332 (435) 216-9716 president@handsandvoicesutah.org www.handsandvoicesutah.org

#### **RESEARCH STUDY ON HEALTH AND DISABILITIES**

A research student is being conducting by faculty at the University of Utah looking at health and disabilities. If you or your family member is over the age of 22 and has an intellectual disability and would be willing to take photos of your life you may be eligible to receive a free digital camera. If you are interested or have questions, please contact Beth Cardell by email at <u>beth.cardell@hsc.utah.edu</u> or by phone at 801-580-7258.

#### SEARCH THE INTERNET AND SHOP ONLINE AND YOU CAN HELP THE UTAH PARENT CENTER!

What if the Utah Parent Center earned a penny every time you searched the Internet or earned a percentage of your online purchase at hundreds of different online vendors? Well, now we can! GoodSearch.com is a search engine that donates half of its revenue – approximately a penny per search – to the charities its users designate. You use it just as you would any other search engine – and it's powered by Yahoo!, so you get great results! Just visit <u>www.goodsearch.com</u> to start searching and download their toolbar. Be sure to enter "Utah Parent Center" as the charity you want to support! Just 500 of us searching four times a day will raise about \$7,300 in a year without anyone spending a dime!

GoodSearch.com also has a feature called "GoodShop". If you visit <u>www.goodsearch.com</u> and enter "Utah Parent Center" as your charity and then click the link to one of the GoodShop vendors, they will donate up to 37% of your purchase to the Utah Parent Center. Some of the vendors include: Amazon.com, Dell, eBay, Target, Nike, Staples, PetSMart, HP, Wal-Mart, Apple, Expedia, and Overstock. There are hundreds of other stores that participate in this program – check it out today!

#### CITYDEALS.COM - BUY GIFT CARDS OR GIFT CERTIFICATES AND HELP THE UTAH PARENT CENTER!

What is CityDeals.com? CityDeals.com is a leading online retailer of discount gift certificates, gift cards, tickets, passes, and travel itineraries. It's as easy as 1...2...3!

- Shop. Go to <u>www.citydeals.com</u> and browse their online listings of over 300 restaurants, entertainment venues, travel destinations, and more. You will save up to 50% off retail prices! The venues that are available change, so check back often! Your transactions are completely secure and CityDeals.com offers a 100% money-back guarantee on every product they sell.
- 2. Save. You will save up to 50% on your purchase and the Utah Parent Center will receive 2% of all revenues generated from orders placed using our special promotion code.
- 3. Enter. Before you check out, enter our special promotion code utparentcenter into the designated area in your shopping cart. You will receive your order by mail within 3 5 working days or you can pick up your order at one of CityDeals.com convenient locations.

#### UTAH PARENT CENTER INFORMATION DISCLAIMER

 Utah Parent Center • Serving families since 1983!

 Projects of the Utah Parent Center:

 Utah Family Voices - Family to Family Health Information Center

 Autism Information Resources at the Utah Parent Center

 Family to Family Network – A Network Supported by the Utah Parent Center

 Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907

 Email: info@utahparentcenter.org

 Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support.

The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Only approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact info@utahparentcenter.org